

WIRE FRAMES

1. Front page

Logo

About

login

WELCOME /
Track, Train, Triumph

New User?
Tap

Athlete

Coach

2. Login page

Logo

About

login

Username

Password

OR

Continue with Google

Continue with Facebook

☐ Remember Me

Forgot Password

Signin

3. Registration/Signup page

Logo

About

login

Hey There !!!

Username

Password

Confirm Password

OR

Signup with Google

Signup with Facebook

Signup

4. Personal Information Athlete

Logo

About

login

First Name *

Last Name *

DOB *

Personal Medical *

Gender *

☐ Male ☐ Female ☐ Other

Choose Your Sport *

Athlete

Swimming

Football

Boxing

Weightlifting

Submit

4. Personal Information Coach

Logo

About

login

First Name *

Last Name *

DOB *

Personal Medical *

Gender *

☐ Male ☐ Female ☐ Other

Choose Your Sport *

Coach

Swimming

Football

Boxing

Weightlifting

Submit

5. Athlete Profile

Logo

About

login

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

Welcome Back, <Name> :)

5. Coach Profile

Logo

About

login

Edit Profile

Athletes Assigned

Welcome Back, <Name> :)

6. Athlete's Edit Profile

Logo

About

login

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

First Name *

Last Name *

DOB *

Personal Medical *

Gender *

☐ Male ☐ Female ☐ Other

Choose Your Sport *

Athlete

Swimming

Football

Boxing

Weightlifting

Submit

6. Coach's Edit Profile

Logo

About

login

Edit Profile

Athletes Assigned

First Name *

Last Name *

DOB *

Personal Medical *

Gender *

☐ Male ☐ Female ☐ Other

Choose Your Sport *

Coach

Swimming

Football

Boxing

Weightlifting

Submit

7. Athletes Dashboard

Logo

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

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Athletes Performance Dashboard

Average Heart Rate

76 bpm

Total Distance

150 km

Best Speed

15 km/h

Last Training Session

Date: 2024-04-01

Distance: 10 km

Average Speed: 12 km/h

Calories Burned: 600 kcal

Now Distance (km)

Now Average Speed (km/h)

Now Calories Burned (kcal)

Update Metrics

7. Athletes assigned

Logo

Edit Profile

Athletes assigned

About

Login

Athlete

Month

Goal

Remarks

Status

7. Athletes Daily Diet Plan

Logo

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

About

Login

Current weight *

Calories intake *

Height *

Submit

8. Athletes Goal

Logo

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

About

Login

Start weight

Target weight

Daily Calorie

Protein

Submit

9. Coach Assigned

Logo

Edit Profile

Dashboard

Daily Diet Plan

Goal

Coach Assigned

About

Login

Coach ID

Coach Name