

## **Mindful Massage & Bodywork**

### **Precautionary Coronavirus Liability Release Form**

As a result of the Covid-19 pandemic, Mindful Massage & Bodywork will be taking extra precautions to ensure the safety and security of our clients and therapists from Covid-19, cold, and flu.

While we are increasing our sanitation and disinfecting practices and requiring our clients and staff to wear masks, we ask that you to read and fill out this form and sign below. This is to ensure that everyone is doing their part in decreasing the spread of Covid-19, colds, and flus.

I, \_\_\_\_\_, agree to the following:  
(please print your name)

- I have not experienced ANY symptoms of Covid-19, cold, flu, or severe allergy symptoms within the last 14 days.
  - Symptoms include: cough, fever, difficulty breathing, runny nose, and sneezing
- I have not been diagnosed or been exposed to anyone who has been diagnosed with Covid-19 within the last 30 days.
- I am not a main caregiver or in constant contact with someone who is elderly or immunocompromised.
- I am not immunocompromised.
- I will wear a mask during my stay at Mindful Massage & Bodywork, except during those portions of the treatment protocol where this is impracticable (e.g., lying in a prone position).
- I understand that Mindful Massage & Bodywork and my Licensed Massage Therapist cannot be held liable for any exposure to Covid-19 or any other contagion by misinformation on this form or the health history provided by each client.

By signing below, I agree to each above statement and release Mindful Massage & Bodywork and the Licensed Massage Therapist from any and all liability for the unintentional exposure or harm due to COVID-19, cold, or flu.

Signature \_\_\_\_\_ Date \_\_\_\_\_