MUSCLE SONG

Your **BICEPS** go on top of your **TRICEPS**

But your HAMSTRINGS are under your **QUADRICEPS**

PECTORALS when you **rest** your **chest,**

On your head TEMPORALIS and **MASSETERS**

TRAPEZIUS very vicious on your **back**

“I don’t care” so my deltoids **act,**

On my tummy my **ABDOMINALS**

I eat something and I feel **phenomenal,**