Ministries 2018
Annual Report

Annual Report - 2018 Spiritual Fitness Ministries

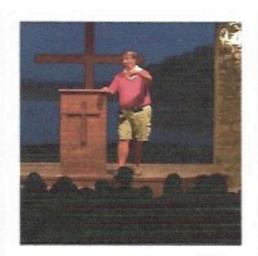
As a Chaplain serving others is my primary focus. I have selected a number of ways to serve as a community chaplain. Through Spiritual Fitness Ministries I've attempted to love, serve and care for others through the following activities: Being an On-Site Chaplain, maintaining an Intercessory Prayer Ministry and through Social Media.

I have based my work on a verse in 1 Timothy 4:8 which says: "Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come."

I believe that my work has impacted those that the Lord put in my path. I also believe that I may never know just how others were impacted. Thanks be to God for giving me the opportunity to do the following good works.

On-Site Chaplain Services

I have served two local business clients during the year by being on-site at their place of business. Over a dozen employees interacted with me while I was on site. I also served as Camp Chaplain at a summer resident camp and served on average 200 campers and 40-45 staff per week. The local Domestic Violence agency, Meg's House, asked me to become a trainer for



their interfaith guide to domestic violence. I accepted the invitation and am ready, willing and able to answer their call to provide this training. My relationship with the Pathway House continues as I provide a chapel message twice per month at the Men's Shelter. A new initiative in 2018 has been with the Greater Greenwood United Ministries. On many Tuesday mornings, when they have a physician available for their clients, you will find me in their medical clinic lobby. After giving out a devotion, I always offer to pray for each client who comes into the lobby. I've had many conversations about spiritual matters, prayed with many clients and encouraged many who just want to chat.

Intercessory Prayer Ministry

When it comes to where have I spent most of my time in my chaplaincy ministry, there's no doubt! I've spent it in prayer. This part of my ministry started immediately upon retirement from the YMCA and has remained important to me ever since. In 2018, my multiple prayer lists included over 130 individuals. I've prayed for each person by name four times during the year. I reach out to every individual each time to let them know I've prayed for them and to offer them

words of encouragement.
Roughly 50% of those
individuals are local leaders (law
enforcement, non-profit
executives and head coaches for
example) and the others are
YMCA leaders in communities all
over the country. In addition,
there are three members of a
prayer team who have each
agreed to join me and to pray
for men who are at the Pathway



House in the Men's Shelter. I've managed this team for two years and they are wonderful prayer warriors! While men come and go through the halls of the Pathway House, the prayer team remains on a daily prayer vigil!

Do I feel confident that the time spent is benefitting others? Absolutely! Here's why:

"Thank you so much. It has been a difficult week....Your prayers are deeply appreciated."

"Thanks so much. Your prayers and thoughts mean a lot to me."

"Your continued prayer presence in my life makes me so thankful. Knowing that someone has or is intending to pray for me for no reason is like a warm, cozy blanket on a chilly night!"

Social Media

Asa Stallworth has helped tremendously in managing our social media. Throughout 2018, we maintained a daily inspirational post on Facebook. With input from our followers, we developed a Christian Music Playlist on



Spotify. It's great music for working out!

A new project remains in development even as the year came to a close. We recorded 5 phone interviews and have developed a podcast program we will call "Training for Godliness." We are set to launch in January of 2019. Writing a blog was a stimulating challenge in 2018. I did publish 27 blog post during the year, an increase over what I did in the previous year.

Funding

My wife and I fund this ministry on our own. While I do have some fees for service, most of what I do is our way of giving back to those we serve.

Highlights

I want to conclude by naming two specific highlights for me in 2018. First of all I had numerous opportunities to lead campers and staff to a new relationship with Jesus Christ. Throughout the summer, God put people in my path and gave me a chance to make a difference in their lives by helping them with their questions about salvation. It was a special moment when I would tell a camper "The angels in heaven are rejoicing right now!"

Lastly, there was another special moment during the summer when local artist Denise Waldrep and I presented a drawing to the Pathway House. A



resident at the shelter had told me of a vision he had one night while in the men's dorm. He described how he looked up from his bed and saw men in a kneeling/praying position over each of the beds in the dorm and a bright light at the end of the row of beds. Denise was able to capture the image and recreate it in a drawing.

When Inman saw the drawing he was clearly moved! He couldn't believe how it fit so well with his memory of that vision. I believe that God affirmed for us all that the prayer team's faithful prayers over the men at the Pathway House are heard each and every day.

Coming in 2019...

"A Long Answer to Prayer" blog will continue. As many resolutions are created early in the new year, I'll be focusing on a new 'spiritual fitness workout program' in 2019.

"Training for Godliness -A Podcast Program of Spiritual Fitness Ministries" will launch in January. We have two series already developed - Walk the Walk and Faith and Fitness.

The "Spiritual Fitness Ministries Prayer Room" will be open on a few occasions during the first quarter of the year. Local emergency personnel and law enforcement leaders as well as our Lander University Athletic Coaches will have an opportunity to find a few minutes of quiet time during their hectic day. I love praying "for" these men and women, but would love the chance to pray "with" them as well.

"His faithful love endures forever."

Until next time...

Chaplain Gray