



AS CARE SERVICES
Love | Care | Support

Swan Menu

Week 1

DAY

BREAKFAST

LUNCH

DINNER

MONDAY

Various Cereal
Porridge
Toast with various spreads
Crossaint/Pain Au
Chocolate/Brioche

Beef and sweet potato stew
with Brocoli Chicken kiev.
curly fries and spaghetti
hoops Cornflake tart and
custard

Selection of sandwiches,
Pizza
Cake
Crisps

TUESDAY

Various Cereal
Toast with various spreads
Pancake with various spreads

Chicken & Chorizo pasta bake
Sausage surprise, cabbage
and peas Bananas & Custard

Selection of sandwiches
Stuffed Yorkies
Cake
Crisps

WEDNESDAY

Various Cereal
Toast with various spreads
Waffles with various spread

Steak Pie with buttered herby
potatoes with mixed veg
Cornbeef hash with baked
beans
Tiramisu

Selection of sandwiches
Homemade Soup
Cake
Crisps

THURSDAY

Various Cereal
Toast with various spreads
Porridge
Cheese on toast

Quiche, hash browns, corn
and peas Chicken stew,
dumplings with bread and
butter Spotted dick and
custard

Selection of sandwiches,
Beans on toast
Cake
Crisps

FRIDAY

Various Cereal
Toast with various spreads
Porridge
Full english breakfast

Fish, chips & peas
Ham, egg & chips.
Homemade biscoff
cheesecake

Selection of sandwiches
Hot dog
Cake
Crisps

SATURDAY

Various Cereal
Toast with various spreads
Toast with scrambled egg
Porridge

Spaghetti Bolognese with
garlic bread Chicken breast,
wedges and peas Hit & Miss

Selection of sandwiches,
cake, crisps etc Picky bits

SUNDAY

Various Cereal
Toast with various spreads
Omlette

Honey roasted gammon with
roasted veg Gateaux

Selection of sandwiches
Crumpets
Cake
Crisps

Other Comments

Tea, yogurt, fresh fruit, fruit
juices, biscuits etc available
throughout the day.

Homemade variety of fresh food

FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD