



# STANDARD FIRST AID AND CPR LEVEL C

Course Outline

## BRIEF COURSE DESCRIPTION

This 16-hour training program is designed to meet workplace first-aid requirements. This course is taught by highly skilled professionals, including Fire Fighters and Paramedics, ensuring a comprehensive and practical learning experience in a supportive environment. This course aims to equip students with the essential skills and knowledge needed to effectively respond to emergencies, thereby enhancing safety and preparedness in their respective environments.

## COURSE PREREQUISITES

None

## LEARNING OBJECTIVES

By the end of this course, students will be able to:

- Explain how to effectively manage an emergency scene.
- Outline the basic concepts of anatomy and physiology.
- Demonstrate critical interventions for maintaining airway, breathing, and cardiac functions.
- Demonstrate techniques for managing minor wounds.
- Demonstrate management strategies for musculoskeletal injuries, including head and spinal trauma.
- Administer appropriate care to patients experiencing diverse medical emergencies.
- Handle emergencies caused by environmental factors proficiently.
- Describe the treatment procedures for patients suffering from poisoning.
- Describe the treatment approaches for various childhood illnesses.

- Describe the responsibilities of a First-Aid attendant in protecting children from multiple hazards.

## REQUIRED COURSE MATERIALS

- Laboratory materials will be provided
- *First Aid & CPR* Canadian Red Cross

## COURSE DURATION

2 days of 8 hours sessions for a total of 16 hours

## DELIVERY METHODS

In-class delivery

## TEACHING METHODS

Lectures and lab demonstration

## METHODS OF STUDENT EVALUATION

quizzes and exam

## COMPLETION REQUIREMENTS

- Successfully demonstrate skills and critical steps
- Min. 75% mark for written knowledge evaluation
- Attend and participate in 100% of the course