Figma shareable link:

https://www.figma.com/design/JnDIDII5vPx9R8zBIovK1j/doms?node-id=0-1&t=NKY4yVnce6wqBJ90-1

The Digital Overload Management System is based on the laboratory 4's activity and the IT-application proposal for a prevalent issue today: **digital overload**. It is when an individual's mind gets overloaded with information in digital spaces, particularly caused by constant notifications or online multitasking. This app was designed for users in the age bracket of 16 to 50 years old, particularly students, young adolescents, and adult professionals. I chose my layout in reference to the Student Information System of Ateneo de Davao University; the colors are a reflection of my personal branding and personality. One of the challenges I faced was selecting the most appropriate and effective layout for this particular application, and I have landed on the layout I mentioned above. Over time, I could definitely brainstorm more features that favor productivity, like implementing the Pomodoro technique within the app or something else.