

Mob Programming Quick Start Guide

Version 1.1
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Use a Mob Programming Timer – Mobster or others



Short switching intervals – Five to seven minutes



Take disciplined breaks via the Pomodoro Technique



Pair Mob Programming with Test-Driven Development



Rely on Llewellyn Falco's Strong-Style Pairing Model



Invite the entire team to participate



Find the Driver's level



Track waste and waits with a Waste Snake



Document team learning on a Learnings Board



Avoid runaway Drivers



Maintain shared team settings



Debate in code



Invite your leadership



Invite the experts

Additional Resources:

Industrial Logic's Modern Agile [Mob Programming Cheat Sheet](#)

Jay Bazuzi's [Mob Programming Pattern Language](#)

Dillon Kearn's [Mobster \(mob programming tool\)](#)

Tim Ottinger's [A Few Tips For Mob Programming](#)

Anthony Sciamanna's [Practices for Effective Mob Programming](#)

Credits:

This guide distills the advice I've given in talks and a blog post on starting teams with mob programming. The ideas have come from coaching with colleagues from [Industrial Logic](#) Tim Ottinger, Michael Rieser, Bill Wake, Steve Ropa, and long-time colleague Nick Goede.

Llewellyn Falco's Strong-Style Pairing Model image by Derek Graham ([@deejaygraham](#))

Reminder:

These are recipes to get a team started. As you gain experience with mobbing adopt and adapt the practices that work best for your team.