Some Definitions

• Quasistatic: Uniform pressure and temperature

Adiabatic: No heat exchange (fast volume changes)

• Isothermal: Constant temperature (slow volume changes)

*CHAPTER 1: Energy in Thermal Dynamics**

The Ideal Gas:

The ideal gas approximation assumes every gas particle to be point particle (having only translational degrees of freedom), and doing perfect elastic col lisions (weak bonds between particles). This holds as long as the pressure isn't too high, and the temperature isn't too low. These particles will then according to the equipartition of energy, have a kinetic energy: $\overline{K}_{trans} = \frac{3}{2}kT$ They are also governed by the ideal gas law, and have heat capacities:

(Ideal Gas Law)
$$PV = NkT$$
 $C_V = \frac{3}{2}Nk$ $C_P = \frac{5}{2}Nk$

$$Nk \qquad C_P = \frac{5}{2}Nk$$

Equipartition of Energy

A degree of freedom is a dimension where a particle can store energy, as some function of position (potential energy) of velocity (kinetic energy). Exam ples are translational: $\frac{1}{2}mv^2$ (any temp.), rotational: $\frac{1}{2}I\omega^2$ (medium temp.) and vibrational: $\frac{1}{2}kx^2$ (high temp.). These degrees are usually quadratically dependent on their coordinates. The energy of a particle is store equally in each quadratic degree if freedom. We therefore have the

Equipartition Theorem: At a temperature T, each quadratic degree of freedom holds an energy of $\frac{1}{2}kT$, giving the total energy of a system as

$$U_{\text{thermal}} = N \cdot f \cdot \frac{1}{2}kT$$

Heat and Work

There are two ways of changing the energy of a system

- Heat: Spontanious flow of energy from a system with highter, to one with lower temperature.
 - \star Conduction: Contact between two systems.
 - * Convection: Flow of particles between two systems.
 - * Radiation: E.M. waves emitted due to temperature.
- Work: Any other form of energy transfer.

They combine to form the The First Law of Thermodynamics:

$$\Delta U = Q + W$$

Compression Work

The work of a piston of area A, quasistatically compressing a gas a distance

$$W = F\Delta x = PA\Delta x = -P\Delta V \qquad (= -\int_{V_i}^{V_f} P(V) \, dV)$$

where the last term is the general case for larger volume changes

We divide compression into two idealized categories, Isothermal and Adiabatic

Heat Capacities

The heat capacity C of a system is the amount of heat required to change it's temperature with one degree: The specific heat capacity c also takes the

$$C = \frac{Q}{\Delta T} \; = \frac{\Delta U - W}{\Delta T} \quad , \qquad c = \frac{C}{m} \label{eq:constraint}$$

Constant Volume:
$$C_V = \left(\frac{\Delta U}{\Delta T}\right)_V = \left(\frac{\partial U}{\partial T}\right)_V$$

Constant Pressure: The constant pressure case is simply the constant volume

$$C_P = \left(\frac{\Delta U - \left(-P\Delta V\right)}{\Delta T}\right)_P = \left(\frac{\partial U}{\partial T}\right)_P + P\left(\frac{\partial V}{\partial T}\right)_P = \left(\frac{\partial H}{\partial T}\right)_P$$

DEF - Microstate: An entirely unique configuration of the system, distin guishable from every other microstate

DEF - Macrostate: A collection of microstates that have some chosen prop erty in common, like a particle configuration, a given temperature, energy, or total spin.

DEF - Multiplicity (Ω) : Number of microstates in a given macrostate

In an isolated system in thermal equilibrium, all accessible microstates are equally

The two-state paramagnet is a system of N particles, which may align their

magnetization with or against an outside magnetic field. We call these states

This system will offer a total of 2^N unique configurations. If we look at a case where N_{\uparrow} of the particles are in the up state, and $N = N_{\uparrow} + N_{\downarrow}$, the

Consider a system of N harmonic oscilators, sharing between them q energy

two-state system where the N-1 borders between the oscilators, and the

Consider a system of two interacting einstein solids of size N_A and N_B , sharing

a total of q_{tot} energy units freely between them. The combined multiplicity

 $\Omega_{tot}(N_A, N_B, q_A, q_B) = \Omega_A(N_A, q_A) \cdot \Omega_B(N_B, q_B)$

This system will tend towards the configuration making Ω_{tot} largest, according

the the 2. law. For very large systems, we can consider it to be at the most

Small numbers (6, 42...) are ignored when added to large numbers. Large

When dealing with large factorials (or logarithms of factorials), a useful

 $N! \approx N^N e^{-N} \sqrt{2\pi N} \approx N^N e^{-N}$

where the first term is quite accurate for large numbers, and the second for

 $\Omega(U, V, N) = f(N) \cdot V^N \cdot U^{3N/2}$

Since N is usually a very large number we introduce the large number

 $S = k \ln \Omega$

Entropy-increase from mixing two different gases is $\Delta S_{\rm tot} = \Delta S_a + \Delta S_b$

 $S = Nk \left[\ln \left(\frac{V}{N} \left[\frac{4\pi MU}{3Nh^2} \right] \right)^{3/2} + \frac{5}{2} \right]$

numbers (10⁴²,...) are ignored when added to Very large numbers (10¹⁰

We can calculate the multiplicity of this system by looking at it as a

multiplicity of this macrostate becomes: $\Omega(N, N_{\uparrow}) = \binom{N}{N} = \frac{N!}{N_{\downarrow} N_{\downarrow}}$

The Fundamental Assumption of Statistical Mechanics:

The Second Law of Thermodynamics:

The Two-State Paramagnet

The Einstein Model of a Solid

Interacting Systems

probable macrostate.

approximation is

very large numbers.

Stirling's Approximations

which is accurate for large number Ns.

Adiabatic Equation: $V^{\gamma}P = \text{const.}$, $\gamma = (f+2)/f$

 $2Nk\ln(2)$. Entropy of Monoatomic Ideal gas:

Large Systems

energy units are the two states: o | o o o | | o o o o

The multiplicity then becomes: $\Omega(N,q) = \binom{q+N-1}{q} = \frac{(q+N-1)!}{q!(N-1)!}$

tends to increase.

DEF - Equation of State: Relation between P. V. T. and N.

Quantity

Summary of Thermodynamic Potentials

An isolated system will tend towards the most probable macrostate. / Entropy Exchanged Governing

> Thermal Energy (U)Temperature (T Mechanical Volume (VPressure (P Checmical Diffusive Particles (N) Potential (µ)

Variable

CHAPTER 3: Interaction and Implications:

Temperature

Interaction

According to the second law, when two systems are in thermal equilibrium, their entropies are maximiced. Systems must therefore have their most probable macrostate when their temperatures are equal. We introduce the definition of

$$\frac{1}{T} = \left(\frac{\partial S}{\partial U}\right)_{N,V} \tag{1}$$

Formula

The temperature is the inverse of how much energy is needed to raise the entropy. Since systems always try to maximize their total entropy, a system with a higher temperature (shallower entropy/energy graph, entropy doesn't increase that much for each energy unit) will give away energy to a system of lower temperature (steeper entropy/energy graph, entropy increases more for each unit of enery given).

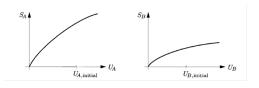


Figure 1: B has a shallower entropy/energy graph(higher temperature), and the total system will gain entropy if it gives away energy to A.

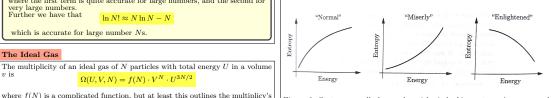


Figure 2: Systems usually have a logarithmic looking entropy/energy graph but it might also be exponential, meaning the temperature and willingness to give up energy decreases as it gains more energy

Entropy and Heat

Measuring entropy from heat or heat capacity We can measure the entropy by applying some heat to the system (volume held constant, and no work done). Using the definition of temperature 1, and applying the definition of heat capacity at constant volume, we can rewrite this as a functions of temperature and heat capacity:

$$\frac{\mathrm{d}S}{\mathrm{d}S} = \frac{\mathrm{d}S}{T} = \frac{Q}{T} = \frac{\mathrm{d}U}{T} = \frac{C_V}{T} \,\mathrm{d}T$$

This might seem troublesome when $T \to 0$. Therefore, we introduce the Third Law of Thermodynamics:

$$C_V \to 0$$
 as $T \to 0$

Entropy of a Two-State Paramagnet

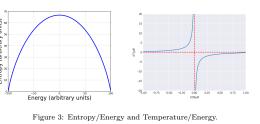
We remember that the two-state paramagnet is a system of N particles, oriented up or down, with or against an external magnetic field. We now introduce the magnetization

$$M = \mu(N_{\uparrow} - N_{\downarrow}) = -\frac{c}{I}$$

Looking at the multiplicity ?? of the paramagnet, we see that it has its maximum entropy at $N_{\uparrow}=N_{\perp}~\to~U=0$

increasing, positive temperature.

- U = 0, N_↑ = N_↓: Constant entropy/energy graph, infinite temperature. U > 0, N_↑ < N_⊥: Negative entropy/energy graph, negative, and increas
- ing temperature



An infinite temperature system is at its max possible entropy, and will give up energy to any positive temperature system. A negative temperature system will gain entropy by giving away energy, and therefore acts as having "more than infinite" energy.

Mechanical Equilibrium and Pressure

We've looked at the equilibrium state of systems exchanging energy. Now we will look at systems exchanging volume (and indirectly, energy). Corresponding to the temperature definition derived from entropy, we have another for pressure

$$P = T \left(\frac{\partial S}{\partial V}\right)_{U,N} \tag{2}$$

Diffusive Equilibrium and Chemical Potential

The third type of equilibrium comes from the exchange of particles Chemical potential is the thing that's the same for two systems in diffu sive equilibrium, meaning that they can gain no more entropy by exchanging particles. A system with larger chemical potential will give up particles to a system with lower chemical potential, increasing the systems total energy

$$\mu \equiv -T \left(\frac{\partial S}{\partial N}\right)_{U,V} = \left(\frac{\partial U}{\partial N}\right)_{S,V} \tag{3}$$

From the second definition we see that chemical potential has units of energy. and is the change in energy when adding one particles, holding the volume and entropy constant. Since the entropy must remain fixed, you must usually remove energy, and μ is negative.

Note that everything we talked about slopes of entropy/energy graphs also applies to mechanical and diffusive equilibrium, just with entropy/pressure. and entropy/particles.

The Thermodynamic Identity

Imagine we change a systems entropy by first changing its energy, then volume then number of particles, each while holding the others fixed. Using the equilibrium identities, we get:

$$\begin{split} \Delta S &= (\Delta S)_{N,V} + (\Delta S)_{N,U} + (\Delta S)_{U,V} \\ &= \left(\frac{\partial S}{\partial U}\right)_{N,V} \mathrm{d}U + \left(\frac{\partial S}{\partial V}\right)_{N,U} \mathrm{d}V + \left(\frac{\partial S}{\partial N}\right)_{U,V} \mathrm{d}N \\ &= \frac{1}{T} \mathrm{d}U \, + \frac{P}{T} \mathrm{d}V - \frac{\mu}{T} \mathrm{d}N \end{split}$$

Rewriting as a function of dU, this becomes

The Thermodynamic Identity

$$dU = T dS - P dV + \mu dN$$

dH = dU + V dP + P dV

dF = dU - S dT - T dS

CHAP 5: Free Energy and Chemical Thermodyn.*

The Thermodynamic Potentials

(Helmholtz Free Energy)

(Gibbs Free Energy)

dG = dF + P dV + V dF

(Enthalpy) $H \equiv U + PV$

 $G \equiv U - TS + PV$

= F + PV = H - TS

Enthalpy = Energy of system + energy to make room for it. Helmholtz = Energy of system - energy we can lend from reservoar at temp T

By inserting the thermodynamic identity for dU, we derive the thermodynamic identities for each potential:

 $M = \mu(N_{\uparrow} - N_{\downarrow}) = 0$

$$M = \mu(N_{\uparrow} - N_{\downarrow}) = -\frac{\sigma}{E}$$

U < 0, N_↑ > N_↓: Positive entropy/energy graph, with positive, and

$$\mathrm{d} H \,= T\,\mathrm{d} S + V\,\mathrm{d} P + \mu\,\mathrm{d} N$$

 $dF = -S dT - P dV + \mu dN$ $dG = -S dT + V dP + \mu dN$

Setting some of these parameters constant, we can derive:

$$\begin{split} S &= -\left(\frac{\partial F}{\partial T}\right)_{V,N} \quad P = -\left(\frac{\partial F}{\partial V}\right)_{T,N} \quad \mu = \left(\frac{\partial F}{\partial N}\right)_{T,V} \\ S &= -\left(\frac{\partial G}{\partial T}\right)_{P,N} \quad V = -\left(\frac{\partial G}{\partial P}\right)_{T,N} \quad \mu = \left(\frac{\partial G}{\partial N}\right)_{T,P} \end{split}$$

By switching the order of derivations, and setting them equal, we get the

$$\begin{split} &\frac{\partial^2 U}{\partial S \partial V} = \left(\frac{\partial T}{\partial V}\right)_S = -\left(\frac{\partial P}{\partial S}\right)_V & \frac{\partial^2 H}{\partial S \partial P} = \left(\frac{\partial V}{\partial S}\right)_P = \left(\frac{\partial T}{\partial P}\right)_S \\ & -\frac{\partial^2 F}{\partial T \partial V} = \left(\frac{\partial P}{\partial T}\right)_V = \left(\frac{\partial S}{\partial V}\right)_T & \frac{\partial^2 G}{\partial T \partial P} = \left(\frac{\partial V}{\partial T}\right)_P = -\left(\frac{\partial S}{\partial P}\right)_T \end{split}$$

When dealing with all these derivatives, the subscripts indicate what parameters are to be held constant during the derivation. We are not allowed to use an identity of one of these values depend on the derivative. For example, if V is a function of N, but P is not, we can use $\mu = \left(\frac{\partial G}{\partial N}\right)_{T \in \mathcal{D}}$ but not $\mu = \left(\frac{\partial F}{\partial N}\right)_{T, V}$

We also have the very usefull relation $G = \mu N$

Free Energy as a Force toward Equilibrium

Systems in contact with some reservoar is often of interest. Here, we can't use the 2. law on the system, because it's the entropy of the system + the environment that tends to increase. It turns out that

- At constant energy and volume, S tends to increase.
- At constant temperature and volume, F tends to decrease. This happens when we can exchange temperature with a reservoar, but the volume
- At constant temperature and pressure, G tends to decrease. This happens when our volume can change, and we are held at the same pressure

we can do the assumptions that these values are then at their minimum in a equilibrium system.

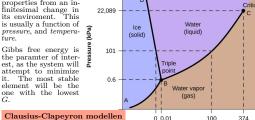
Extensive and Intensive Quantities Extensive properties double when we double the size of the system, while

- intensive properties stay the same. • Extensive: V, N, S, U, H, F, G, mass
- Intensive: T, P, μ, density

Multiplying an intensive and extensive property creates an extensive one Multiplying two extensive is undefined, and might be an error.

Phase Transformations

A phase transformation is a discontinious change in a substance properties from an in finitesimal change in its environment. This



Entropi bestemmer temperaturavhengigheten til Gibbs, og volum bestem-

mer trykkavhengigheten her dynamic relations (se identitier ved potensialene). At a phase boundry, both gas and liquid will be stable, and we have $G_q = G_l$, inserting the thermodynamic relations gives $\frac{dP}{dT} = \frac{S_g - S_l}{V_o - V_l} = \frac{L}{T\Delta V}$ (remember that $V_g \gg V_l$).

Temperature (°C)

Wan der Waal Model Approxtion model for atomic interaction forces:

$$\left(P + \frac{aN^2}{V^2}\right)(V - Nb) = NkT$$

As we have already seen, we often wish to explore a system in contact with an environment. We can then not directly use neither the 2. law, or the assumption that every microstate is equally probable, because these are the entropies and

We will now instead delevop a powerful tool for calculating the probability of

The Boltzmann Factor of a microstate s, is the relative probability of finding the system in that microstate, as a function of its energy and temperature:

Boltzmann Factor = $e^{-E(s)/kT}$ The absolute probability will then come from normalizing the Boltzmann $P(s) = \frac{1}{\pi} e^{-E(s)/kT}$

where the **Partition Function** Z is the sum of all possible states: $Z = \sum e^{-E(s)/kT}$

This statement is very powerful, requiring only knowledge of the energy of

DEF - Degeneracy: When an energy level corresponds to more than one microstate, it is called degenerate. When calculating the probability of that energy, we must multiply by the number of microstates with that energy.

First, let's introduce a shorthand notation: $\beta = 1/kT$ Calculating expectation values (average values) are done the usual way, since the probability distribution is known. For a property X(s), we have the

expectation value
$$\overline{X} = \sum_{s} X(s) \mathcal{P}(s) = \frac{1}{Z} \sum_{s} X(s) e^{-\beta E(s)}$$

It can be shown that for the energy, this average becomes

$$\overline{E} = -\frac{1}{Z} \frac{\partial Z}{\partial \beta} = -\frac{\partial}{\partial \beta} \ln Z$$

The Equipartition Theorem

The equipartition theorem has been a useful tool. Turns out it's provable with Boltzmann factors. The proof is however dependent on the assumption that the spacing between energy levels is somewhat continious (much less than kT) This mean the equipartition theorem can not be used in quantum

Maxwell Speed Distribution

Partition Functions and Free Energy

System Type	Isolated	Contact with reservoar
Fixed Parameter	Energy (U)	Temperature (T)
Governing Property	Multiplicity (Ω)	$\begin{array}{c} {\rm Partition} \\ {\rm Function} \\ (Z) \end{array}$
Tendency	$S = k \ln \Omega$ (increases)	$F = -kT \ln Z$ (decreases)

As we can see from the table above, the partition function (Z) plays some of the same role in a non-isolated system as the the multiplicity (Ω) does in an isolated same role in a non-isolated system as the one mutiplicity (as) does in a system, telling us something about the total amount of available microstates. We can also establish a similar definition to the entropy/multiplicity one, using the Helmholtz Energy, which is the parameter destined to decrease in a non-

isolated system: $F = -kT \ln Z$ or $Z = e^{-F/kT}$

Looking back at section 5.1, we can see that if we know the partition function of a system, we know all its thermodynamic properties, since they can be calculated from the Helmholtz energy.

Partition Function for Composite Systems

A nice property the partition function shares with multiplicity is that it's

If we look at a system of several, non-interacting, distinguishable particles, the total partition function is merely the product of the individuals: $Z_{\text{total}} = Z_1 Z_2 ... Z_N$ (noninteracting, distinguishable)

as interchanging two particles yields the same state. The partition functions of the particles must also be identical if they are identical, and the total partition $Z_{\text{total}} = \frac{1}{N} Z_1^N$ (noninteracting, indistinguishable)

$$Z_{\text{total}} = \frac{1}{N!} Z_1^N$$
 (noninteracting, indistinguishabl

The factor N! is actually slightly too high, as some of the states in Z involves

some of the particles in the same state, meaning they weren't double-counted

We decompose the partition function into a "translatoric energy" and "internal energy" (like atomic bonds) parts: $Z = Z_{\rm tr} Z_{\rm int}$.

The allowed energies of a single ideal gas particle in a box of size L are

M:
$$E_n = \frac{h^2 n^2}{8mL^2}$$
, $n \in \{1, 2, 3...\}$

$$Z_{\rm tr,\;1D} = \sum_n e^{-h^2 n^2/8mL^2kT} \approx \int e^{-h^2 \cdots} \, \mathrm{d}n = \frac{L}{l_Q}$$

$$l_Q \equiv \frac{\kappa}{\sqrt{2\pi mkT}}$$

is the quantum length, which is just the de Broglie length scaled by π

Upscaling to 3 dimensions gives $Z_{\text{tr, 3D}} = \frac{V}{v_{\text{O}}} = \frac{L_x L_y L_z}{l_{\text{O}}^3}$ Combining this with the internal partition function gives $Z_1 = \frac{V}{v_O} Z_{int}$, which for a system of

$$N$$
 in
distinguishable particles becomes $Z = \frac{1}{N!} \left(\frac{VZ_{\text{int}}}{v_Q} \right)^N$

Maxwell Speed Distribution

Distribution function of ideal gas velocities should be proportional to probability that particle has speedv $(4\pi v^2)$ times number of vectors corresponding to speed $v, 4\pi v^2$, giving $\mathcal{D}(v) \propto \left(e^{-mv^2/2kT}\right) \times \left(4\pi v^2\right)$. Normalizing the integral over it to 1 gives $D(v) = \left(\frac{m}{2\pi kT}\right)^{3/2} 4\pi v^2 e^{-mv^2/2kT}$.

******CHAPTER 7: Quantum Statistics******

DEF - System State: An unique configuration of the entire system

DEF - State: Single particle state (i.e. "in this specific energy level").

Boltzmann statistics was built on the change in entropy when a system goes from a state 1 to 2. Let's do the same, but allow the exchange of particles between the system and reservoar, giving us the Gibbs Factor:

Gibbs factor =
$$e^{-[E(s)-\mu N(s)]/kT}$$
 (7)

which is the equivalent of the Boltzmann factor when exchange of particles is allowed. In other words, it is the relative probability of finding the system in a state s. It is also derived from the thermodynamic identity, assuming $P \, dV$ to be negligible.

be negligible. With it comes a normalization factor called the
Grand Partition Function:
$$\mathcal{Z} = \sum e^{-[E(s) - \mu N(s)]/kT}$$

Bosons and Fermions

In a high-density system where two particles are likely to compete for the same state, the total number of system states depend alot on whether two particles are allowed to occupy the same state. This depends on what kind of particles we are dealing with

- Bosons: Multiple bosons can share the same state.
- Fermions: Only one fermion can occupy one state.

The force keeping fermions from occupying the same state is called the Pauli Exclusion Principle . The principle is, however, only relevant where the density is high enough that two particles are actually likely to occupy the same state. In other words, the total number of avaliable states are in the same order of magnitude as the number of particles. If not we have the

Classical Limit: $Z_1 \gg N$

For an ideal gas, this would be $\frac{V}{N} \gg v_Q$ (Classical limit, ideal gas) which results in $(\epsilon - \mu)/kT \gg 1$.

We will start with an intuition struggle. Imagine that the "system" is simply one possible single particle state (like an energy level in an harmonic oscilator) and that the reservoar is all other possible single particle states (other energy levels). Since the system is free to recieve and give away particles at will, we will need Gibbs, not Boltzmann for this one. If the state's energy is ϵ , the probability that the state is occupied by n particles (considered we're talking about bosons) is $P(n) = \frac{1}{2}e^{-n(\epsilon - \mu)/kT}$

Fermions

If we're talking about fermions, n can only be 0 or 1, and the Grand Parition Function becomes

and the probability that the state is occupied by the one possible particle is

$$\overline{n}_{\rm FD} = \frac{1}{e^{(\epsilon - \mu)/kT} + 1}$$
 (Fermion occupancy)

This is called the Fermi-Diraq Distribution, and decides the probability that a state is occupied (for fermions).

For bosons, the Grand Parition Function becomes

$$\mathcal{Z} \ = 1 + e^{-(\epsilon - \mu)/kT} + e^{-2(\epsilon - \mu)/kT} + \ldots = \frac{1}{1 - e^{-(\epsilon - \mu)/kT}}$$

giving (after som calculation

$$\overline{n}_{\mathrm{BE}} = \frac{1}{e^{(\epsilon - \mu)/kt} - 1}$$
 (Boson occupancy)

and is called the Bose-Einstein Distribution

Both these distribution approach the Boltzmann Distribution in the high-energy

Degenerate Fermi Gasses

DEF - Degeneracy: Degenerate has a second definition, describing cases where

there is a very hard limit between occupied an unoccupied states

Density of States: $D(\epsilon)$ or D(n) represents the density of avaliable states at an energy ϵ or number $n = \sqrt{n_x^2 + n_y^2 + n_z^2}$, in such a way that

 $N = \int_{\epsilon}^{\epsilon_F} D(\epsilon) d\epsilon$ is the total number of avaliable states up to ϵ_F (or a number

2D: $D(n) = 2 \cdot \frac{1}{4} \cdot 2\pi n_{\text{max}} = \pi n_{\text{max}}$

3D: $D(n) = 2 \cdot \frac{1}{8} \cdot 4\pi n_{max}^2 = \pi n_{max}^2$

$$D(n) dn = D(\epsilon) d\epsilon$$

Zero Temperature

In the zero-temperature case, the particles simply fill up the lowest possible energy states, up to a hard limit

$$\epsilon_F \equiv \mu(T=0)$$
 (Fermi Energy)

and the Fermi-Dirac funtion becomes a step-function.

The allowed energy levels of a particle in a box is know from Q.M. as (in 3D):

$$\epsilon = \frac{h^2}{8mL^2}(n_x^2 + n_y^2 + n_z^2), \quad n \in \{1, 2, 3...\}$$

Instead of a "step-function" this becomes a quarter-sphere with surface n_x^2 $n_y^2 + n_z^2 = n_{\text{max}}^2$, corresponding to the fermi energy:

$$\epsilon_F = \frac{h^2 n_{\text{max}}^2}{8mL^2}$$

The number of such states enclosed is equivalent to the volume of this quarter

$$N=2\cdot\frac{1}{8}\cdot\frac{4}{3}\pi n_{\max}^2=\frac{\pi n_{\max}^3}{3}$$
 giving the fermi-energy
$$\epsilon_F=\frac{h^2}{3}\left(\frac{3N}{V}\right)^{2/3}$$

I can be shown that the total energy in a fermi surface is

$$U = \pi \int_{0}^{n_{\text{max}}} \epsilon(n)n^2 dn = \frac{3}{5}N\epsilon_F$$

Small, non-zero Temperatures In the non-zero case, we need to multiply the density of states with the probability that the state is occupied:

$$N = \int_0^\infty D(\epsilon) \cdot \overline{n}_{\mathrm{FD}}(\epsilon) \, \mathrm{d}\epsilon = \int_0^\infty \frac{D(\epsilon)}{e^{(\epsilon - \mu)/kT} + 1} \, \mathrm{d}\epsilon \qquad (T \neq 0)$$

$$U = \int_0^\infty \epsilon \cdot D(\epsilon) \cdot \overline{n}_{\mathrm{FD}}(\epsilon) \, \mathrm{d}\epsilon = \int_0^\infty \frac{\epsilon \cdot D(\epsilon)}{e^{(\epsilon - \mu)/kT} + 1} \, \mathrm{d}\epsilon \qquad (T \neq 0)$$