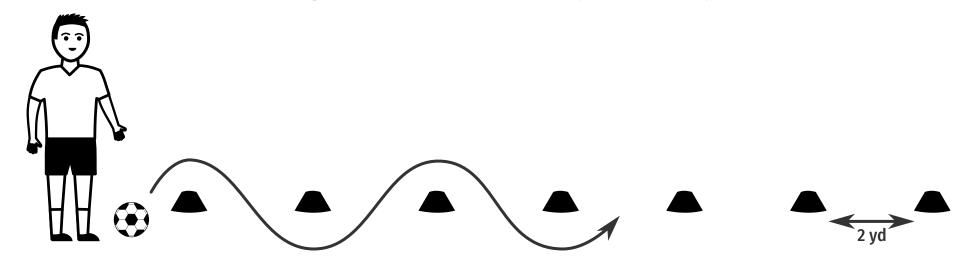
## **Dribble Right Foot**

7 Cones, 1 Ball

OBJECTIVE: Dribble with Right foot around as many cones as possible in 30 seconds.



## Rules

- 1. Start with ball behind 1st cone.
- 2. Weave through each cone in one direction.
- 3. Go around last cone & reverse direction.
- 4. If you touch or miss a cone, keep going. That cone just won't count.