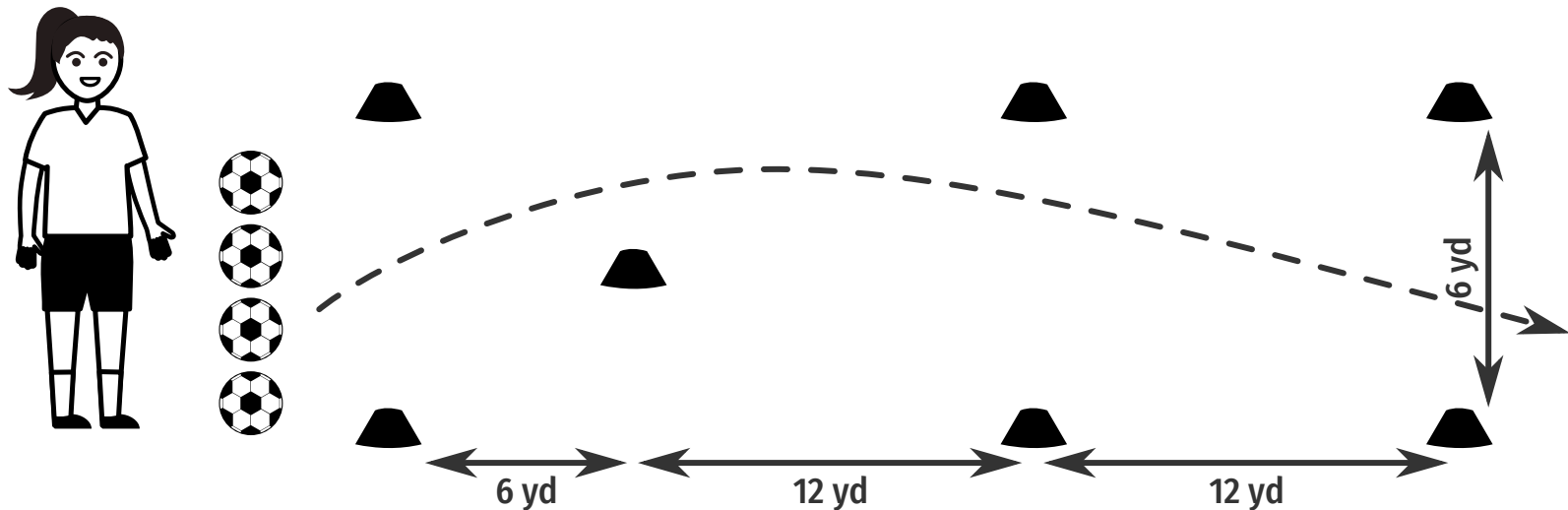


Pass Long

7 Cones, 4 Balls

OBJECTIVE: Pass 4 balls past target in 30 seconds.



Rules

1. Pass stationary ball from behind starting cones.
2. Ball must pass through last pair of cones in air.
3. Pass 2 Right-footed & 2 Left-footed.

Exceptions

1. U8: Ball must pass through 1st pair of cones in air.
2. U6: Ball must pass over 1st cone in air and land between sidelines.