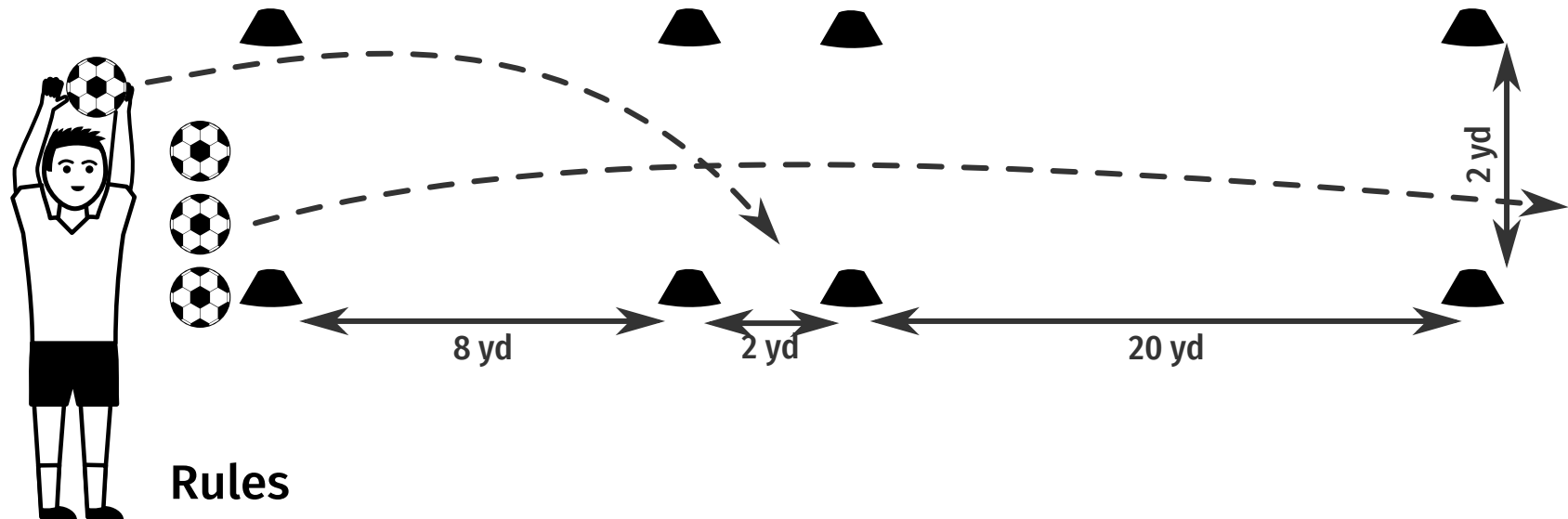


# Pass Throw-In

8 Cones, 4 Balls

**OBJECTIVE:** Land 2 balls in box & throw 2 balls through far 2 cones in 30 seconds.



## Rules

1. Ball behind head before release.
2. Feet on ground behind or at starting line at release.

## Exceptions

1. U5: Throw 4 ball through 1st pair of cones.