

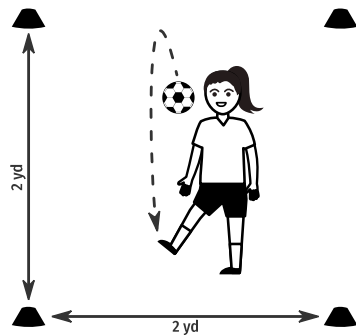
Control Juggling

4 Cones, 1 Ball

Date: _____

Referee: _____

OBJECTIVE: Control ball in air in box as many times in a row as possible in 30 seconds.



Rules

1. Toss ball above head.
2. Tap ball with any part of body except arm or hand.
3. If ball touches ground or goes outside plane of box, start over.

Exceptions

1. U6: Toss ball above waist.
2. U6: Ball may bounce between taps.

Minimums

Age	A	B	C	D	E
12+	50	35	20	5	0
U12	40	30	15	5	0
U8	30	20	10	5	0
U6	5	4	3	2	0

SportTech IQ™

#	Player #	Player Name	Age	Score				
1.				A	B	C	D	E
2.				A	B	C	D	E
3.				A	B	C	D	E
4.				A	B	C	D	E
5.				A	B	C	D	E
6.				A	B	C	D	E
7.				A	B	C	D	E
8.				A	B	C	D	E
9.				A	B	C	D	E
10.				A	B	C	D	E
11.				A	B	C	D	E
12.				A	B	C	D	E
13.				A	B	C	D	E
14.				A	B	C	D	E
15.				A	B	C	D	E
16.				A	B	C	D	E
17.				A	B	C	D	E
18.				A	B	C	D	E
19.				A	B	C	D	E
20.				A	B	C	D	E
21.				A	B	C	D	E
22.				A	B	C	D	E
23.				A	B	C	D	E
24.				A	B	C	D	E
25.				A	B	C	D	E
26.				A	B	C	D	E
27.				A	B	C	D	E
28.				A	B	C	D	E
29.				A	B	C	D	E
30.				A	B	C	D	E