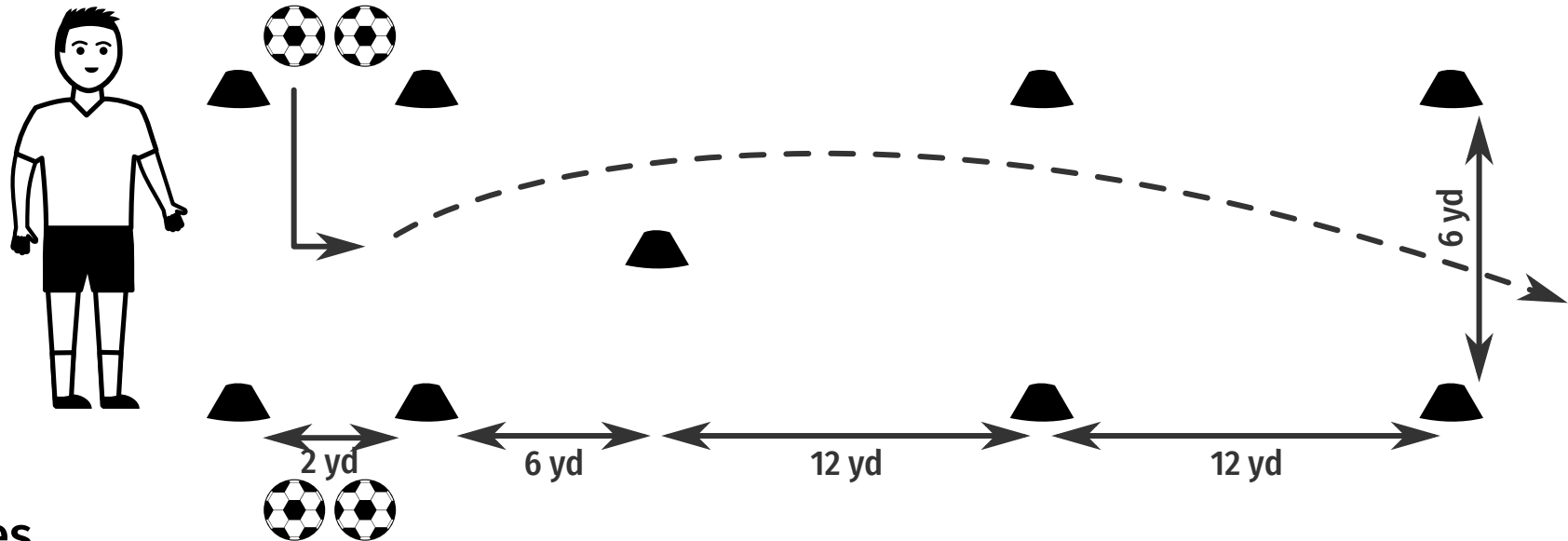


Pass Cross

9 Cones, 4 Balls

OBJECTIVE: Pass 4 balls past target in 30 seconds.



Rules

1. Start with 2 balls behind the 1st pair of cones on each side.
2. Dribble ball toward center of lane and pass from behind 2nd cone on each side through the last cones on each side of the lane.
3. Ball must be rolling when passed & pass through last pair of cones in air.
4. Pass 2 Right-footed & 2 Left-footed.

Exceptions

1. U8: Ball must pass through 1st pair of cones in air.
2. U6: Ball must pass over 1st cone in air and land between sidelines.