

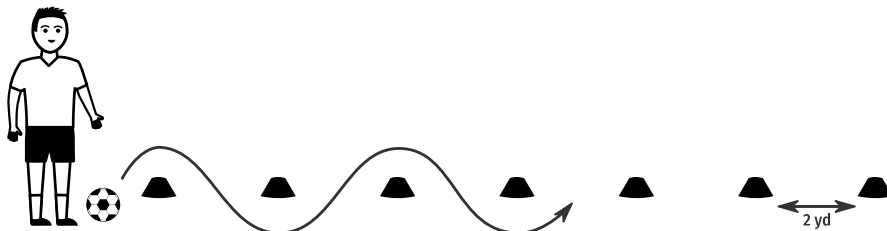
Dribble Left Foot

Date: _____

7 Cones, 1 Ball

Referee: _____

OBJECTIVE: Dribble with Left foot around as many cones as possible in 30 seconds.



Minimums

Age	A	B	C	D	E
12+	30	25	20	15	0
U12	25	20	15	10	0
U8	20	15	10	5	0
U6	10	8	5	3	0

Rules

1. Start with ball behind 1st cone.
2. Weave through each cone in one direction.
3. Go around last cone & reverse direction.
4. If you touch or miss a cone, keep going. That cone just won't count.

SportTech IQ™

#	Player #	Player Name	Age	Score				
1.				A	B	C	D	E
2.				A	B	C	D	E
3.				A	B	C	D	E
4.				A	B	C	D	E
5.				A	B	C	D	E
6.				A	B	C	D	E
7.				A	B	C	D	E
8.				A	B	C	D	E
9.				A	B	C	D	E
10.				A	B	C	D	E
11.				A	B	C	D	E
12.				A	B	C	D	E
13.				A	B	C	D	E
14.				A	B	C	D	E
15.				A	B	C	D	E
16.				A	B	C	D	E
17.				A	B	C	D	E
18.				A	B	C	D	E
19.				A	B	C	D	E
20.				A	B	C	D	E
21.				A	B	C	D	E
22.				A	B	C	D	E
23.				A	B	C	D	E
24.				A	B	C	D	E
25.				A	B	C	D	E
26.				A	B	C	D	E
27.				A	B	C	D	E
28.				A	B	C	D	E
29.				A	B	C	D	E
30.				A	B	C	D	E