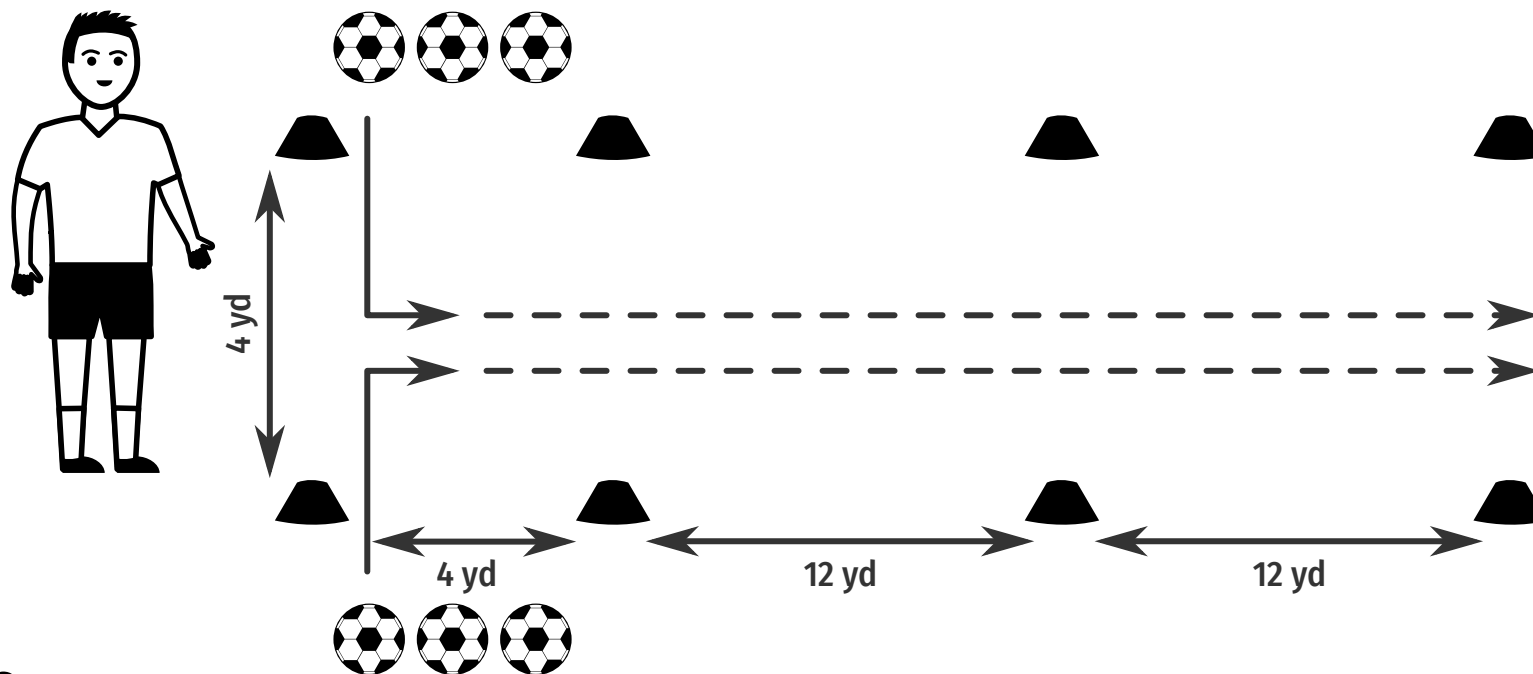


Pass Side

8 Cones, 6 Balls

OBJECTIVE: Pass 6 balls through far 2 cones in 30 seconds.



Rules

1. Start with 3 balls behind the 1st pair of cones on each side.
2. Dribble ball toward center of lane and pass from behind 2nd cone on each side on ground through the last cones on each side of the lane.
3. The ball must be rolling when passed. Pass 3 Right-footed & 3 Left-footed.

Exceptions

1. U6: Target is 1st pair of cones.