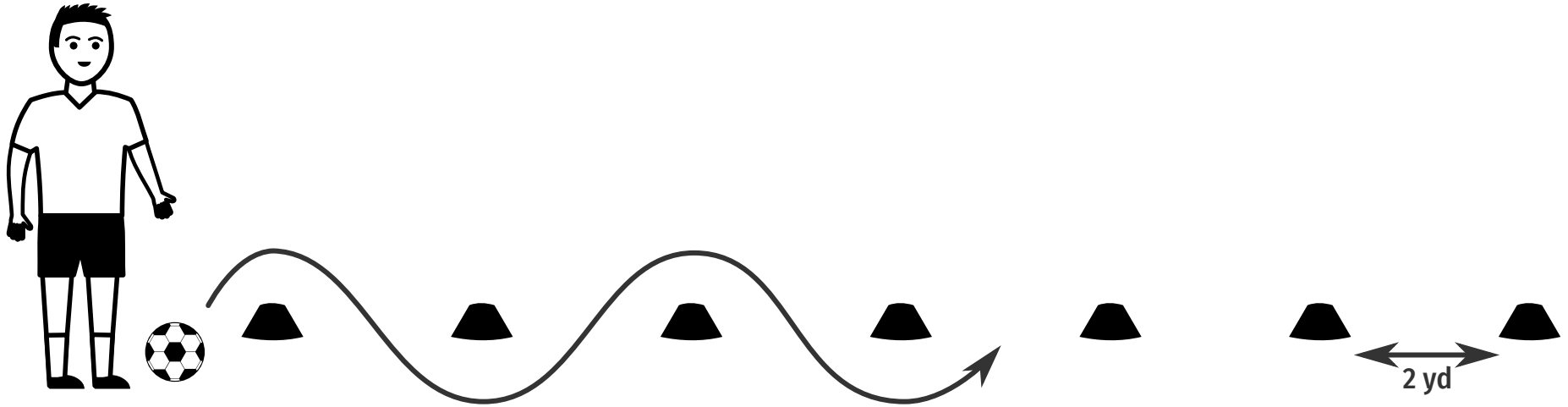


Dribble Left Foot

7 Cones, 1 Ball

OBJECTIVE: Dribble with Left foot around as many cones as possible in 30 seconds.



Rules

1. Start with ball behind 1st cone.
2. Weave through each cone in one direction.
3. Go around last cone & reverse direction.
4. If you touch or miss a cone, keep going. That cone just won't count.