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**Keywords:**

**adolescents**  
**adolescent development**

**Abstract:**

This article presents a review of the literature on adolescent development, focusing on the role of the family and the impact of cultural factors on adolescent development.

#### **Adolescent Development: A Review of the Literature**

Adolescence is a period of rapid physical, cognitive, and emotional development. It is a time when the body is changing, the mind is maturing, and the emotions are becoming more complex. The family plays a crucial role in the adolescent's development, providing a supportive environment and guiding the child through the challenges of adolescence. Cultural factors also have a significant impact on adolescent development, shaping the child's beliefs, values, and behaviors. This review of the literature examines the role of the family and the impact of cultural factors on adolescent development, drawing on research from psychology, sociology, and anthropology.

The family is the primary socialization agent for the adolescent, providing a sense of identity and belonging. The family also plays a key role in the adolescent's emotional development, providing a safe haven for the child to express their feelings and seek support. The family's structure and functioning can have a profound impact on the adolescent's development, with research showing that families with high levels of warmth and support tend to have children who are more emotionally stable and socially competent.

Cultural factors also have a significant impact on adolescent development, shaping the child's beliefs, values, and behaviors. Culture influences the family's role in the adolescent's development, as well as the adolescent's expectations for themselves and others. Research has shown that adolescents from different cultural backgrounds may experience different challenges and opportunities during adolescence, and that these experiences can have a lasting impact on their development.