

Any comments?

The ISS Catering Team hope that you enjoy your meals during your stay with us. Our menus have been designed to allow you to choose appetising and nutritious food. Should you wish to discuss any aspect of the Catering Service with us please ask a member of ward staff to arrange this.

Snack Box

The Snack Box including a roll or a sandwich is available to you if you have missed a meal (due to treatment or tests) or you have been admitted and not had the opportunity of a meal.

If you would like a Snack Box then please speak to your Ward Host or Hostess or Nursing Staff.

Lite Bites are also available.

Breakfast

Menu



Daily Breakfast Menu

Each morning you will be able to make a selection from the Breakfast Menu served on the ward.

- Apple Juice **V NAS**
- Orange Juice **V NAS**
- Pineapple Juice **V NAS**
- Cornflakes **V**
- Weetabix **♥ V NAS**
- Rice Krispies **V**
- Ready Brek **♥ V NAS C**
- Muesli **♥ V NAS**
- Bran Flakes **♥ V**
- Wholemeal Bread **♥ V NAS**
- White Bread **V NAS**
- Butter **V NAS**
- Low Fat Spread **V NAS**
- Jam **V NAS**
- Marmalade **V NAS**

- ♥ Healthier eating
- V Vegetarian
- NAS No added salt
- C Texture C

Monday

Light Lunch

- Starter**
- Orange, Apple or Pineapple Juice **V NAS**
- Hot Main Courses**
- Plain Omelette **V**
- Fish Fingers
- Pork Ravioli Au Gratin
- Cheese & Onion Quiche **V**
- Side Dishes**
- Side Salad **♥ V NAS**
- Baked Beans **V**
- Sliced Bread with Spread or Butter
- Desserts**
- Éclair **V**
- Creamy Yoghurt **V NAS**
- Light Yoghurt **♥ NAS**
- Rice Pudding Pot (cold) **♥ V NAS**
- Jelly **♥ NAS**
- Ice Cream **V NAS**
- Egg Custard Tart **V NAS**
- Peaches in Juice **♥ V NAS**
- Fresh Fruit **♥ V NAS**

- ♥ Healthier eating
- V Vegetarian
- NAS No added salt
- GF Gluten free

Main Supper

- Starter**
- Orange, Apple or Pineapple Juice **V NAS**
- Hot Main Courses**
- Fish in Parsley Sauce **♥ NAS**
- Pork & Leek Sausage
- Cheese & Onion Potato Pie **V NAS**
- Accompaniments**
- Creamed Potatoes **V**
- New Potatoes **♥ V NAS**
- Swede **♥ V NAS**
- Peas **♥ V NAS**
- Gravy **V**
- Side Dishes**
- Side Salad **♥ V NAS**
- Sliced Bread with Spread or Butter
- Desserts**
- Pear & Chocolate Crumble (& Custard) **V NAS**
- Rice Pudding (hot) **♥ V NAS**
- Creamy Yoghurt **V NAS**
- Light Yoghurt **♥ NAS**
- Ice Cream **V NAS**
- Fresh Fruit **♥ V NAS**
- Mandarins in Juice **♥ V NAS**
- Cheese & Biscuits **V**

