

Your

# Hollies

## à la carte menu

### Dear Patient

The Catering Team hope that you enjoy your meals during your stay with us. Our menus have been designed to allow you to choose appetising and nutritious food. Should you wish to discuss any aspect of the Catering or Domestic Services or even visit the premises from where the food is produced please ask a member of the ward staff to speak to the Catering Team or contact us on 01325 743307 / 3310.

Each morning you will be able to choose from the breakfast menu served on the ward.

During your stay your meals will be served approximately at the following times:

**Breakfast - 8am - 9am**

**Lunch - 12 noon**

**Supper - 5pm**

**Afternoon snack order can be made along with your lunch order.**

### SPECIAL PRESCRIBED DIETS

If you are on a special diet, dietary codes have been used to help you choose from the menu. If you have specific concerns about dietary requirements (for example allergies) please speak to a member of ward staff.



### Diet codes

- S** Soft option
- D** Diabetic
- GF** Gluten free
- ♥** Healthy option
- V** Vegetarian

### HEALTHY EATING

Healthy option dishes are indicated by ♥. General healthy eating guidelines suggest:

- **More fruit and vegetables, bread and cereals**
- **Fewer fried and fatty foods**
- **Moderate sugar, less salt**
- **A variety of different foods**

Drinking enough water is just as important as eating the right foods.

**Think Water, Stay Healthy, Stay Hydrated**

### PREVENTION FIRST

If you would like to know more about healthy eating, nutrition and sustaining these skills with confidence please ring the Food and Health Team and ask about **Cook 4 Life** on 01325 746133 or 01207 523618.

You can also email us on: **cdda-tr.foodandhealth@nhs.net**

### MULTICULTURAL MENU

A full menu with translation is available; please ask your ward hostess or ward staff if you require a copy.

### HIGH PROTEIN MEALS

If you are on a high protein diet both high protein soups and desserts are available please ask your Housekeeper or a member of staff.



### FOOD BROUGHT IN BY VISITORS

For health and safety reasons no food should be brought in by visitors unless by prior agreement with the Ward Sister. Where consent has been given, food cannot be kept in bedside lockers. All food must be kept in the ward kitchen fridge and will be removed once the expiry date has been reached.

Don't forget to tell your family and friends about

## Hollies Restaurant

Offering a varied range of meals, snacks and drinks.

### Opening times:

Monday to Friday	8.00am - 5.30pm
Saturday and Sunday	8.00am - 2.00pm

**Located on lower ground floor.**

## Cafe Quick

Offering a wide range of snack and drinks

### Opening times:

Monday - Friday	7.30am - 7.30pm
Saturday and Sunday	2.00pm - 7.30pm

**Located in the main entrance**

### PROTECTED PATIENT MEALTIMES

Protected mealtimes are periods when all relevant ward based activities stop to enable nurses and ward based teams, including volunteers and relatives (where appropriate) to serve food and give assistance and support to patients.

### CLEAN HANDS POLICY

We encourage all patients and visitors to wash their hands before eating. Please ask a member of ward staff if you require assistance.

### SUPPORT FOR LOCAL FOOD PRODUCERS

As a public sector organisation the Trust must follow public sector purchasing rules. Whenever possible we will use local suppliers & producers so that the money we spend on food helps support the local economy.

*A full menu is available in Braille and pictorial, please inform a member of staff for assistance.*

Tees Valley Food Hygiene Award



For Excellent Standards of Hygiene



### Have you missed a meal? Are you still hungry?

In addition to regular meal service, snack boxes and hot meals are available.

**Please ask your Housekeeper or Nursing Staff who will be happy to assist.**

WARD	ROOM
NAME	


WARD	ROOM
NAME	

Monday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Cream of Chicken Soup	♥ S D	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Chicken & Stuffing	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Green Beans	♥ GF S D V	<input type="checkbox"/>	32
Sliced Carrots	♥ GF D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Apple Pie & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Rice Pudding	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43

**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)**


☐ 44

Monday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Spring Vegetable Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Lancashire Hotpot	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Garden Peas	♥ GF S D V	<input type="checkbox"/>	32
Parsnip & Swede	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Fruit Crumble & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Chocolate Sponge	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43

WARD	ROOM
NAME	


WARD	ROOM
NAME	

Tuesday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Scotch Broth Soup	♥ S D	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Beef Stew & Dumpling	♥ S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Cabbage	♥ GF S D V	<input type="checkbox"/>	32
Mixed Vegetables	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Bread & Butter Pudding & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Semoilna	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43

**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)**


☐ 44

Tuesday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Leek & Potato Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Salmon in Dill Cream Sauce	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Cauliflower	♥ GF S D V	<input type="checkbox"/>	32
Baked Beans	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Rice Pudding	♥ S D V	<input type="checkbox"/>	41
Pureed Summer Fruit Pudding	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43


WARD	ROOM
NAME	

WARD	ROOM
NAME	

Wednesday

lunch

Please choose your portion size

Small ☐ Medium ☐ Large ☐FILL IN the  
boxes like this - **STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Cream of Mushroom Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Macaroni Cheese	♥ S D V	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Swede	♥ GF S D V	<input type="checkbox"/>	32
Garden Peas	♥ GF D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**


Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Fruit in Natural Juice	♥ S D V	<input type="checkbox"/>	41
Pureed Rice Pudding	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43

**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)** ☐ 44

Wednesday

supper

Please choose your portion size

Small ☐ Medium ☐ Large ☐FILL IN the  
boxes like this - **STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Minestrone Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Chicken & Stuffing	♥ GF S D V	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Sliced Carrots	♥ GF S D V	<input type="checkbox"/>	32
Mixed Vegetables	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Apple Pie & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Spiced Apple & Custard	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43

WARD	ROOM
NAME	


WARD	ROOM
NAME	

Thursday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Vegetable & Herb Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Roast Lamb & Mint	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Sprouts	♥ GF S D V	<input type="checkbox"/>	32
Carrot & Parsnip	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Fruit Crumble & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Semolina	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43

**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)**


☐ 44

Thursday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Tomato Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Tuna Bake	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Baked Beans	♥ GF S D V	<input type="checkbox"/>	32
Broccoli	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Bread & Butter Pudding & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Lemon Sponge	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43



WARD	ROOM
NAME	


WARD	ROOM
NAME	

Friday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Country Vegetable Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Fisherman's Pie	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Mushy Peas	♥ GF S D V	<input type="checkbox"/>	32
Sliced Carrots	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Fruit in Natural Juice	♥ S D V	<input type="checkbox"/>	41
Pureed Rice Pudding	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43


**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)** ☐ 44

Friday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Spring Vegetable Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Chicken & Potato Pie	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Swede & Carrot	♥ GF S D V	<input type="checkbox"/>	32
Green Beans	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Apple Pie & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Chocolate Sponge	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43

WARD	ROOM
NAME	


WARD	ROOM
NAME	

Saturday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Asparagus Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Beef Bolognasie & Pasta	♥ S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Mixed Vegetables	♥ GF S D V	<input type="checkbox"/>	32
Cauliflower	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Fruit Crumble & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Semolina	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43


**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)** ☐ 44

Saturday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Beef & Tomato Soup	♥ S D	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Potato Gratin in Cheese Sauce	♥ S D V	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Sweetcorn	♥ GF D V	<input type="checkbox"/>	32
Cabbage	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Bread & Butter Pudding & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Syrup Sponge	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43

**SUNDAY BREAKFAST (Please tick if you would like a bacon sandwich)** ☐ 44

WARD	ROOM
NAME	


WARD	ROOM
NAME	

Sunday

**lunch**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Chicken & Vegetable Soup	♥ S D	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Roast Beef Dinner	♥ GF S D	<input type="checkbox"/>	15

**SALADS**

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Broccoli	♥ GF S D V	<input type="checkbox"/>	32
Baton Carrots	♥ GF D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Rice Pudding	♥ S D V	<input type="checkbox"/>	41
Pureed Rice Pudding	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43

**AFTERNOON SNACK (Afternoon snack will be delivered with lunch)**


☐ 44

Sunday

**supper**

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

**STARTERS (please choose one)**

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Minestrone Soup	♥ S D V	<input type="checkbox"/>	2

**MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)**

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Vegetable Lasagne	♥ S D V	<input type="checkbox"/>	15

**SALADS**

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

**JACKET POTATOES**

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

**SANDWICHES**

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

**POTATOES (Please choose one)**

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

**SIDE ORDERS**

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Swede	♥ GF S D V	<input type="checkbox"/>	32
Garden Peas	♥ GF D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

**DESSERTS (Please choose one dessert)**

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Apple Pie & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Summer Fruit Pudding	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43