

WARD	ROOM
NAME	


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NAME	

Monday

lunch

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

STARTERS (please choose one)

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Cream of Chicken Soup	♥ S D	<input type="checkbox"/>	2

MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Chicken & Stuffing	♥ GF S D	<input type="checkbox"/>	15

SALADS

Ham Salad	♥ GF D	<input type="checkbox"/>	16
Cheese Salad	♥ GF D V	<input type="checkbox"/>	17
Tuna Salad	♥ GF D	<input type="checkbox"/>	18

JACKET POTATOES

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

SANDWICHES

Egg & Cress - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Ham Salad - White Bread	♥ D	<input type="checkbox"/>	23
Tuna & Cucumber - White Bread	♥ S D	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

POTATOES (Please choose one)

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

SIDE ORDERS

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Green Beans	♥ GF S D V	<input type="checkbox"/>	32
Sliced Carrots	♥ GF D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

DESSERTS (Please choose one dessert)

Apple Crumble & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Fruit Jelly	♥ GF S V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Apple Pie & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Rice Pudding	♥ S D V	<input type="checkbox"/>	42
Apple	♥ GF D V	<input type="checkbox"/>	43


AFTERNOON SNACK (Afternoon snack will be delivered with lunch) ☐ 44

Monday

supper

Please choose your portion size

Small ☐ Medium ☐ Large ☐

FILL IN the boxes like this - 

STARTERS (please choose one)

Orange Juice	♥ GF D V	<input type="checkbox"/>	1
Spring Vegetable Soup	♥ S D V	<input type="checkbox"/>	2

MAIN COURSES (Please choose one from Main Courses, Salads, Sandwiches or Jacket Potatoes)

Chicken & Vegetable Pie	S D	<input type="checkbox"/>	3
Cheese Omelette	♥ GF S D V	<input type="checkbox"/>	4
Minced Beef & Dumpling	S D	<input type="checkbox"/>	5
Tuna Pasta Bake	♥ S D	<input type="checkbox"/>	6
Sausage Hotpot	♥ S D	<input type="checkbox"/>	7
Roast Loin of Pork	♥ GF D	<input type="checkbox"/>	8
Vegetable Pasta	♥ S D V	<input type="checkbox"/>	9
Braised Liver & Onions	♥ GF S D	<input type="checkbox"/>	10
Chilli Con Carne	♥ GF S D	<input type="checkbox"/>	11
Fried Fish	S D	<input type="checkbox"/>	12
Chicken in Red Wine Sauce	♥ GF S D	<input type="checkbox"/>	13
Cold Sliced Ham & Coleslaw	♥ GF S D	<input type="checkbox"/>	14
Pureed Lancashire Hotpot	♥ GF S D	<input type="checkbox"/>	15

SALADS

Turkey Salad	♥ GF D	<input type="checkbox"/>	16
Ploughman's Salad	♥ D V	<input type="checkbox"/>	17
Salmon Salad	♥ GF D	<input type="checkbox"/>	18

JACKET POTATOES

Jacket Potato with Baked Beans	♥ GF D V	<input type="checkbox"/>	19
Jacket Potato with Grated Cheese	♥ GF S D V	<input type="checkbox"/>	20
Jacket Potato with Coleslaw	GF D V	<input type="checkbox"/>	21

SANDWICHES

Cheese Savoury - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	22
Beef Salad - White Bread	♥ D	<input type="checkbox"/>	23
Egg & Tomato - Wholemeal Bread	♥ S D V	<input type="checkbox"/>	24
		<input type="checkbox"/>	25

POTATOES (Please choose one)

Creamed Potatoes	♥ GF S D V	<input type="checkbox"/>	26
Roast Potatoes	GF D V	<input type="checkbox"/>	27
Chipped Potatoes	GF S D V	<input type="checkbox"/>	28
Jacket Potato	♥ GF S D V	<input type="checkbox"/>	29

SIDE ORDERS

Side Salad	♥ GF D V	<input type="checkbox"/>	30
Boiled Rice	♥ GF D V	<input type="checkbox"/>	31
Garden Peas	♥ GF S D V	<input type="checkbox"/>	32
Parsnip & Swede	♥ GF S D V	<input type="checkbox"/>	33
Gravy	GF S D	<input type="checkbox"/>	34

DESSERTS (Please choose one dessert)

Fruit Sponge & Custard	S V	<input type="checkbox"/>	35
Rice Pudding	♥ GF S V	<input type="checkbox"/>	36
Sliced Peaches	♥ GF D V	<input type="checkbox"/>	37
Ice Cream	S D V	<input type="checkbox"/>	38
Fruit Yoghurt	GF S D V	<input type="checkbox"/>	39
Cheese & Biscuits	D V	<input type="checkbox"/>	40
Diabetic Fruit Crumble & Custard	♥ S D V	<input type="checkbox"/>	41
Pureed Chocolate Sponge	♥ S D V	<input type="checkbox"/>	42
Banana	♥ GF S D V	<input type="checkbox"/>	43