

DISCHARGE SUMMARY

Summary No: DS/2025/008234

Date: 10/10/2025

SECTION 1: HOSPITAL & PATIENT INFORMATION

HOSPITAL DETAILS

Name: Vision Eye Care Center

Address: 23, Residency Road, Bengaluru - 560025

Contact: 080-26305060 | medical.records@visioneyecare.com

Registration No: KA/BLR/2006/23456

PATIENT DETAILS

Name: Lakshmi Devi

Age/Gender: 68 Years / Female

Patient ID: VEC2025008234

Address: 23, Residency Road, Bangalore - 560025

Contact: +91-9876512345

INSURANCE DETAILS

TPA Name: Star Health Insurance TPA Ltd.

Policy Number: STAR/COMP/2021/456789

Authorization Number: AUTH-2025-78901

SECTION 2: ADMISSION & DISCHARGE DETAILS

Date & Time of Admission: 10/10/2025 at 07:00 hrs

Date & Time of Discharge: 10/10/2025 at 16:30 hrs

Total Duration of Stay: 1 Day (Day Care)

Type of Admission: Planned/Elective

Room Category: Day Care Bed

Treating Consultant: Dr. Anil Kumar

Qualification: MS Ophthalmology, DNB

Registration Number: KMC/67890/2015

Specialty: Ophthalmology

SECTION 3: CLINICAL SUMMARY

PRESENTING COMPLAINTS:

Patient presented with progressive diminution of vision in right eye for the past 8 months. Complaints of glare and halos around lights, especially at night. Difficulty in reading newspaper and recognizing faces at a distance.

RELEVANT MEDICAL HISTORY:

Known case of systemic hypertension for 10 years, controlled on Tab. Amlodipine 5mg OD. No diabetes mellitus. No history of previous ocular surgery or trauma.

PRE-OPERATIVE EXAMINATION & INVESTIGATIONS:

1. **Visual Acuity:** Right Eye - 6/36 improving to 6/24 with pinhole; Left Eye - 6/12.
2. **Slit Lamp Examination:** Right Eye - Grade 3 nuclear sclerosis with posterior subcapsular component (NS3 PSC2).
3. **Dilated Fundus Examination:** Both eyes showed a clear view of the retina, healthy optic disc, and normal macula.
4. **Intraocular Pressure:** Right Eye - 14 mmHg; Left Eye - 15 mmHg (within normal limits).
5. **A-scan Biometry:** IOL power calculation +21.5D for emmetropia.

SECTION 4: DIAGNOSIS

Provisional Diagnosis (at admission): Bilateral Senile Cataract (Immature), Right Eye > Left Eye (ICD-10: H25.9)

Final Diagnosis (at discharge): Post-operative status following uncomplicated right eye phacoemulsification with posterior chamber IOL implantation for senile cataract (ICD-10: H25.9)

SECTION 5: PROCEDURE PERFORMED

Procedure Name: Right Eye Phacoemulsification with Posterior Chamber IOL Implantation

ICD-10 PCS Code: 08DJ3ZZ

Date & Time of Surgery: 10/10/2025 at 09:30 hrs

Duration: 25 minutes

Anesthesia: Peribulbar block

Surgical Technique: Standard clear corneal phacoemulsification was performed. A foldable hydrophobic acrylic IOL (+21.5D) was implanted in the capsular bag with good centration. The wound was sealed with stromal hydration.

SECTION 6: POST-OPERATIVE COURSE

The patient was comfortable post-procedure. At discharge, 4 hours post-surgery, visual acuity had significantly improved to 6/18. Examination showed a clear cornea and a well-positioned IOL. There were no complications, and the patient was declared fit for discharge with topical medications.

SECTION 7: COMPLICATIONS

None. Uncomplicated phacoemulsification surgery with an excellent post-operative course.

SECTION 8: CONDITION AT DISCHARGE

Stable and comfortable. Visual acuity improved to 6/18 from a pre-operative 6/36. No pain, redness, or discharge. Vitals stable.

SECTION 9: DISCHARGE MEDICATIONS

1. **Moxifloxacin 0.5% Eye Drops:** 1 drop in the right eye, four times daily for 7 days.
2. **Prednisolone Acetate 1% Eye Drops:** 1 drop in the right eye on a tapering schedule over 4 weeks.
3. **Nepafenac 0.1% Eye Drops:** 1 drop in the right eye, three times daily for 3 weeks.
4. **Carboxymethylcellulose 0.5% Eye Drops:** 1 drop in the right eye, 4-6 times daily as needed for 4 weeks.
5. **Tab. Paracetamol 500mg:** 1-2 tablets as needed for discomfort for 3 days.

SECTION 10: FOLLOW-UP INSTRUCTIONS

Follow-up Schedule:

- Day 1 post-op (11/10/2025): Morning review for vision and IOP check.
- Day 7 post-op (17/10/2025): Wound assessment and refraction check.
- Week 4 post-op (07/11/2025): Final assessment and glasses prescription if needed.

Activity Restrictions: Avoid rubbing the eye, strenuous exercise, and heavy lifting (>5kg) for 2 weeks. Do not allow water to enter the eye for 1 week.

Warning Signs: Seek immediate medical attention for a sudden decrease in vision, severe eye pain, increasing redness, or discharge.

Emergency Contact: 080-26305060 (24x7 Emergency Helpline)

SECTION 11: PLAN FOR FUTURE TREATMENT

Patient counseled regarding left eye cataract surgery, which can be planned after 4-6 weeks. Continue management of systemic hypertension with regular physician follow-up.

SECTION 12: TREATING DOCTOR'S DECLARATION

I certify that the patient was under my care, the treatment provided was medically necessary, and the information in this summary is true and correct to the best of my knowledge. The surgery was uncomplicated with an excellent post-operative recovery.

Dr. Anil Kumar

MS Ophthalmology, DNB

Consultant Ophthalmologist

Registration: KMC/67890/2015

Date: 10/10/2025