

DISCHARGE SUMMARY

Summary No: DS/2025/011567

Date: 15/10/2025

SECTION 1: HOSPITAL & PATIENT INFORMATION

HOSPITAL DETAILS

Name: Apollo Specialty Hospital

Address: 45, MG Road, Bengaluru - 560001

Contact: 080-40505050 | medical.records@apollospecialty.com

Registration No: KA/BLR/2003/67890

PATIENT DETAILS

Name: Priya Sharma

Age/Gender: 42 Years / Female

Patient ID: ASH2025011567

Address: 67, Indiranagar, Bangalore - 560038

Contact: +91-9845123456

INSURANCE DETAILS

TPA Name: HDFC ERGO Health Insurance TPA

Policy Number: HDFC/OPT/2022/123456

Authorization Number: AUTH-2025-89012

SECTION 2: ADMISSION & DISCHARGE DETAILS

Date & Time of Admission: 10/10/2025 at 09:00 hrs

Date & Time of Discharge: 15/10/2025 at 14:00 hrs

Total Duration of Stay: 5 Days

Type of Admission: Planned/Elective

Room Category: Single Private AC Room

Treating Consultant: Dr. Rajesh Malhotra

Qualification: MBBS, MS (General Surgery), FMAS

Registration Number: KMC/45678/2008

Specialty: General & Laparoscopic Surgery

SECTION 3: CLINICAL SUMMARY

PRESENTING COMPLAINTS:

Patient presented with recurrent episodes of right upper quadrant abdominal pain for the past 6 months. Pain typically occurred 1-2 hours after fatty meals, lasting 2-4 hours, and was associated with nausea and occasional vomiting.

RELEVANT MEDICAL HISTORY:

No significant past medical history. No chronic illnesses or previous surgeries. No known drug allergies.

PRE-OPERATIVE EXAMINATION & INVESTIGATIONS:

1. **Physical Examination:** Abdomen was soft with mild tenderness in the right hypochondrium and a positive Murphy's sign.
2. **USG Abdomen:** Revealed multiple gallstones (largest 15mm) in the gallbladder with a mildly thickened wall.
3. **Liver Function Tests & Complete Blood Count:** All within normal limits.

SECTION 4: DIAGNOSIS

Provisional Diagnosis (at admission): Symptomatic Cholelithiasis (ICD-10: K80.2)

Final Diagnosis (at discharge): Post-operative status following laparoscopic cholecystectomy with laparoscopic common bile duct exploration for cholelithiasis with choledocholithiasis (intraoperative finding) (ICD-10: K80.5)

SECTION 5: PROCEDURE PERFORMED

Procedure Name: Laparoscopic Cholecystectomy with Laparoscopic Common Bile Duct Exploration and T-tube Insertion

ICD-10 PCS Code: 0FT44ZZ + 0FC98ZZ

Date & Time of Surgery: 10/10/2025 at 11:00 hrs

Duration: 165 minutes

Anesthesia: General Anesthesia

Surgical Technique: Standard 4-port laparoscopic cholecystectomy was initiated. An intraoperative cholangiogram revealed an unexpected stone in the common bile duct (CBD). A laparoscopic CBD exploration was performed to extract the stone, and a T-tube was inserted for drainage.

SECTION 6: POST-OPERATIVE COURSE

The patient's post-operative recovery was monitored closely over 5 days. She was started on IV fluids and antibiotics. Her diet was advanced gradually from sips of water to a regular diet, which she tolerated well. The abdominal drain was removed on Day 2. A T-tube cholangiogram on Day 4 showed a clear bile duct with no retained stones. The patient and her family were trained on T-tube home care. She was declared medically fit for discharge on Day 5 with the T-tube in situ.

SECTION 7: COMPLICATIONS

Intraoperative finding of a common bile duct stone, which was not visualized on pre-operative ultrasound. This was an unanticipated finding that required an unplanned additional procedure (laparoscopic common bile duct exploration with T-tube insertion).

SECTION 8: CONDITION AT DISCHARGE

Stable and comfortable, afebrile, with minimal pain. Tolerating a regular oral diet. All surgical wounds are clean, dry, and healing well. The T-tube is in situ and draining bile normally.

SECTION 9: DISCHARGE MEDICATIONS

1. **Tab. Amoxicillin-Clavulanate 625mg:** 1 tablet, three times daily for 7 days.
2. **Tab. Metronidazole 400mg:** 1 tablet, three times daily for 7 days.
3. **Tab. Pantoprazole 40mg:** 1 tablet, once daily before breakfast for 14 days.
4. **Tab. Paracetamol 500mg:** 1-2 tablets as needed for pain for 7 days.
5. **Tab. Ursodeoxycholic Acid 300mg:** 1 tablet, twice daily for 3 months.

SECTION 10: FOLLOW-UP INSTRUCTIONS

Follow-up Schedule:

- Day 7 post-op (22/10/2025): Wound and T-tube check.
- Day 14 post-op (29/10/2025): Suture removal and T-tube review.
- Week 6 post-op (26/11/2025): T-tube cholangiogram to plan for removal.

Activity Restrictions: Avoid heavy lifting (>5kg) for 4 weeks and strenuous exercise for 6 weeks. Maintain T-tube and bile collection bag as trained.

Warning Signs: Seek immediate medical attention for fever, severe abdominal pain, bile leak around the T-tube, signs of wound infection, persistent vomiting, or jaundice.

Emergency Contact: 080-40505050 (24x7 Emergency)

SECTION 11: PLAN FOR FUTURE TREATMENT

The T-tube will remain in situ for approximately 6 weeks. A repeat T-tube cholangiogram will be performed at the 6-week mark to ensure the bile duct is clear before removing the tube as an outpatient procedure.

SECTION 12: TREATING DOCTOR'S DECLARATION

I certify that the patient was under my care, the treatment provided was medically necessary, and the information in this summary is true and correct to the best of my knowledge. The extended hospital stay and additional procedure were medically warranted due to the unexpected intraoperative finding of a common bile duct stone.

Dr. Rajesh Malhotra

MBBS, MS (General Surgery), FMAS

Consultant General & Laparoscopic Surgeon

Registration: KMC/45678/2008

Date: 15/10/2025