

```
===== MEMBERS =====  
1. Show All Members  
2. Add New Member  
3. Update Member  
4. Delete Member  
0. Back
```

```
===== EQUIPMENT =====  
1. Show Equipment Details  
2. Insert New Equipment  
3. Update Equipment Info  
4. Delete Equipment  
0. Back
```

1

Details :

ID, Name, Type, Quantity, GymID

```
(1, 'Sprint Machine I', 'Cardio', 1, 1)  
(2, 'The Muscle Builder', 'Strength', 2, 2)  
(3, 'The Flexinator', 'Flexibility', 99, 3)  
(4, "Rest n' Recover", 'Recovery', 3, 4)  
(5, 'Sprint Machine II', 'Cardio', 4, 5)
```

```
Enter name for this EquipmentSuperSprinter
Enter type for this Equipment. : 'Cardio', 'Flexibility', 'Recovery'Cardio
Enter quantity1
Enter Gym ID for this Equipment1
```

```
===== EQUIPMENT =====
```

1. Show Equipment Details
2. Insert New Equipment
3. Update Equipment Info
4. Delete Equipment
0. Back

2. Add New Class
3. Update Class Info
4. Delete Class
5. List All members in Class
0. Back

```
5
```

```
Enter a class ID3
```

```
Class:
```

```
Students in Class:
```

```
('Berl',)
```

```
===== Select An Option =====
```

1. Members Menu
2. Classes Menu
3. Equipment Menu
0. Exit