

# Assignment: Identity Integration Plan

🕒 Module	Module 2: Builder Identity Work
# Unit Number	6.2
🕒 Types	Assignment
📌 Mandatory	<input checked="" type="checkbox"/>
📁 Archive	<input type="checkbox"/>

## Assignment: Identity Integration Plan

Module 2: Builder Identity Work | Unit 6.2

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### Assignment Overview

You've completed Module 2. You've created your Identity MVP, practiced your affirmations, and collected evidence.

Now it's time to create your **Identity Integration Plan**—a clear plan for how you'll continue living your builder identity as you move into Module 3 and beyond.

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### Learning Objectives

By completing this assignment, you will:

1. Reflect on your transformation through Module 2
  2. Identify specific ways to integrate your Identity MVP into daily life
  3. Create accountability structures with your tribe
  4. Set intentions for continuing builder identity work
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# Instructions

## Part 1: Transformation Snapshot (10 minutes)

Answer the following:

1. **What was my shame narrative at the beginning of Module 2?**
    - What scripts was I telling myself?
  2. **What's my builder identity now?**
    - What Identity Statement am I living into?
  3. **What's the biggest shift I've made?**
    - How has my language, behavior, or self-perception changed?
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## Part 2: Evidence Review (15 minutes)

Look back at your Evidence Tracker from the past 2-4 weeks.

List 5-10 pieces of evidence that you've been living your builder identity:

1. 

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2. 

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3. 

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4. 

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5. 

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6. 

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7. 

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8. 

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9. 

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10. 

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**Reflection:** What pattern do you notice in this evidence? What behaviors are showing up most consistently?

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## Part 3: Daily Integration Plan (20 minutes)

**Create a plan for how you'll continue practicing your Identity MVP daily.**

### **Morning Practice (5-10 minutes):**

- Affirmations: \_\_\_\_ (time)
- Evidence review: \_\_\_\_ (time)
- Intention-setting: \_\_\_\_ (time)

### **Throughout the Day:**

- How will you catch shame scripts in real-time?
- How will you redirect with builder affirmations?
- What triggers should you watch for?

### **Evening Practice (5-10 minutes):**

- Evidence logging: \_\_\_\_ (time)
- Reflection: \_\_\_\_ (time)
- Gratitude/wins: \_\_\_\_ (time)

### **Weekly Practice:**

- Evidence Tracker update: \_\_\_\_ (day/time)
  - Tribe check-in: \_\_\_\_ (day/time)
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## Part 4: Tribe Accountability Plan (15 minutes)

**Your tribe is critical for holding your Identity MVP. Create a plan for ongoing accountability.**

### **Weekly Check-Ins:**

- Who in my tribe will I check in with weekly? \_\_\_\_
- What day/time? \_\_\_\_
- What will we discuss? (Evidence, challenges, redirects)

### **Shame Script Accountability:**

- Who will I ask to redirect me when I slip into shame language? \_\_\_\_
- How will I ask them to do it? (e.g., "Hey, call me out gently when you hear shame language")

### **Evidence Sharing:**

- Will I share my weekly evidence with my tribe? Yes / No
- How? (Group chat, weekly meeting, forum post)

### **Mutual Support:**

- How will I support my tribe members in living their Identity MVPs?
  - What's one specific way I can show up for them this week?
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## **Part 5: Integration with Module 3 (10 minutes)**

**Module 3 will focus on Finding Your Why and designing your venture.**

**How will your Identity MVP inform Module 3?**

### **1. What values from my Identity MVP will guide my "why"?**

- Example: "Dignity over shame" means I want to build something that creates dignity for others

### **2. What behaviors will I need to sustain as I start designing my venture?**

- Example: "A builder asks for help" means I'll need to reach out when I'm stuck in Module 3

### **3. What non-negotiables will protect me as I move into venture work?**

- Example: "I will not sacrifice my wiring for an opportunity" means I'll check every idea against my BPEP
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## **Part 6: 30-Day Commitment (5 minutes)**

**Make a public commitment to your tribe.**

**For the next 30 days, I commit to:**

1. \_\_\_\_\_

2. \_\_\_\_\_

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3.

**Example Commitments:**

- "I will practice my affirmations every morning for 30 days"
- "I will log evidence at least 5 days per week for 30 days"
- "I will redirect shame language whenever I hear it (from myself or others) for 30 days"

**I will share my 30-day progress with my tribe on: \_\_\_\_ (date)**

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## Submission Requirements

Submit the following:

1. **Part 1: Transformation Snapshot**
2. **Part 2: Evidence Review** (5-10 pieces of evidence)
3. **Part 3: Daily Integration Plan**
4. **Part 4: Tribe Accountability Plan**
5. **Part 5: Integration with Module 3**
6. **Part 6: 30-Day Commitment**

**Format:** PDF, Google Doc, or Notion page

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## Grading/Feedback Criteria

**You'll receive feedback on:**

- **Specificity:** Are your plans concrete and actionable?
  - **Accountability:** Have you set up clear accountability structures?
  - **Integration:** Have you connected your Identity MVP to Module 3?
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## Why This Matters

**Module 2 doesn't end when you finish the last unit. Your builder identity is a daily practice.**

This Integration Plan ensures you:

- Continue practicing your Identity MVP beyond Module 2
- Have accountability structures to sustain the work
- Carry your builder identity into venture design (Module 3)

**Your identity is the foundation. Everything you build rests on it.**

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**Builder Reminder:** Your Identity MVP will evolve. Revisit it every few months and update as you collect more evidence. This is version 1.0—there will be 2.0, 3.0, and beyond.