Unit 5: Integration with Module 2 & Beyond

☰ Components	Discussion Forum Reading Video Written Assignment
☰ Duration	15 min
☰ Notes	How Builder Type connects through entire curriculum, Path Forward reflection (300+ words)
☑ SOU Evidence	☑
⊙ Section	Module 1.5
⋇ Status	Not Started
☰ Subsection	Forward Integration

Overview

Duration: 20 minutes

Components: Video, Reading, Written Assignment, Discussion Forum

This unit shows how Module 1.5 insights will be applied throughout the entire Legacy Rising curriculum.

Learning Objectives

- Understand how Builder Type influences Module 2 identity work
- Preview how wiring affects regulation strategies in Module 3
- See how personality fit filters venture selection in Module 4
- Connect your profile to peer roles in Modules 5-8

Video Content (5-7 min): How This Follows You

Key applications:

- **Module 2:** Builder identity that fits your wiring

- **Module 3:** Regulation strategies by Builder Type

- **Module 4:** Venture selection filtered through personality fit

- **Module 5:** Peer roles matched to your strengths

- **Modules 6-8:** All personalized to your operating system

Reading: Using Your Profile Throughout the Program

In Module 2 (Builder Identity)

- **Firestarters:** Identity language emphasizes adaptability, idea generation

- **Architects:** Identity language emphasizes planning, systems thinking

- **Don't build an identity that fights your engine**

In Module 3 (Energy & Regulation)

- **High Stimulation:** Shorter, movement-based coherence practices

- **High Structure:** Routine-based regulation with clear steps

- **External Processors:** Co-regulation, buddy systems

- **Internal Processors:** Solo practices, journaling

In Module 4 (Entrepreneurship)

- **Firestarters:** Fast-iteration ventures, creative work

- **Architects:** Process-heavy, planning-intensive ventures

- **Operators:** High-accountability, structured execution roles

- **Lone Wolves:** Solo consulting, independent contractor work

In Module 5 (Peer Leadership)

- **External Processors:** Mentorship, facilitation, outreach

- **Internal Processors:** Content creation, research, systems building

Written Assignment: My Path Forward

Answer these questions (300+ words):

1. Now that you know your wiring, what changes about how you approach Module 2?

2. What identity language will *not* work for you? (What have you been forcing?)

3. What regulation strategies will you skip? (What's incompatible with your type?)

4. What kind of venture are you **not** building? (Based on your profile)

5. One way you'll use your Operating Rules to stay on track:

Discussion Forum

Prompt: *"What's one thing you're going to do differently now that you know your wiring?"*

Instructions:

- Share one specific change you're making

- Respond to 2 others

- Notice how different types need different approaches

Submission

Upload your Path Forward reflection (300+ words).