



Legacy Inventory Worksheet

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Tags	

Purpose

Help participants recognize they're already building a legacy—it's not some distant future thing.

Instructions

Take 15-20 minutes to reflect on the following prompts. Write freely—this is for you.

Reflection Prompts

1. Who have you helped in the last year?

Think broadly—even small ways count:

- A conversation that mattered
- A referral or introduction
- Showing up when someone needed you
- Sharing knowledge or a skill
- Being present during a hard time

Your reflection:

2. What have you created or contributed?

Consider all forms of contribution:

- A business or business idea
- Art, music, writing
- A relationship you've built or repaired
- A skill you've developed
- A changed habit or pattern
- A space or community you've helped build

Your reflection:

3. What would someone say about you at your best?

Think of someone who knows you well and sees your strengths. What would they say?

Your reflection:

4. If you disappeared tomorrow, what would people remember?

This isn't morbid—it's clarifying. What mark have you already made?

Your reflection:

Share-Out (Optional)

If you're comfortable, share one thing that surprised you with a partner or the group.