

Module 1.5: Personality & Energy Profile (BPEP)

↗ Course Units	<u>Unit 0: Why You Keep Breaking the Same Way</u> , <u>Unit 1: The Builder Personality & Energy Profile (BPEP)</u> , <u>Unit 2: Your Builder Type Breakdown</u> , <u>Unit 3: Mismatch Patterns — Where You've Been Fighting Your Wiring</u> , <u>Unit 4: Building Your Operating Rules</u> , <u>Unit 5: Integration with Module 2 & Beyond</u> , <u>Unit 6: Group Normalization & Peer Matching</u> , <u>Unit 7: Module 1.5 Wrap & Handoff</u>
= Description	Explain the machine. Participants complete Builder Personality & Energy Profile assessments (Big Five, PsyCap, Passion Scale, Locus of Control) and receive personalized wiring reports. Introduces Normalizer Tribe role and Type Clustering.
# Duration (min)	180
# Module Number	1.5
⌚ Status	Not Started

Objective

Understand your wiring. Complete your Builder Personality & Energy Profile to discover how you're built and how to work *with* your operating system, not against it.

Overview

This module **explains the machine**. You'll complete personality and energy assessments (Big Five, PsyCap, Passion Scale, Locus of Control) and receive a personalized wiring report.

- Discover your Builder Type and energy patterns
 - Learn why you've struggled in systems not built for you
 - Identify mismatches between your wiring and past environments
 - Introduce the **Normalizer Tribe role** and Type Clustering
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Exercises



Reflections



Example Prompt:

"What parts of my wiring have I been fighting?"
"What environments have felt like home vs. friction?"



Submissions



Resources

- BPEP Assessment (35 Questions)
- Mismatch Inventory Worksheet
- Builder Operating Rules Worksheet



Embed links or files here.