








Unit 1: The Science of You - Energy, Frequency & Vibration

 Components	<div>Discussion Forum</div> <div>Reading</div> <div>Video</div>
 Duration	30 min
 Notes	Tesla quote, heart coherence research, cymatics, Fibonacci. Video 10-12 min. Energy awareness forum
 SOU Evidence	<input type="checkbox"/>
 Section	Module 3
 Status	Not Started
 Subsection	Foundations