



# Purpose Statement Workshop Worksheet

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## Purpose

Craft a personal purpose statement that connects your journey to a bigger mission and legacy.

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**Time: 30 minutes**

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## Part 1: Inspiration (10 min)

### The Power of "Why"

Listen to stories from alumni or icons who turned pain/passion into purpose.

#### Examples:

- "I want my business to prove that people like me can build wealth and hire others."
  - "I want my recovery to show my kids that change is possible."
  - "I want my story to give hope to someone in the same dark place I was."
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## Part 2: Writing Your Purpose Statement (15 min)

### Choose a Frame

Pick one of these frames (or create your own):

**Option 1:** "I want my life/business/recovery to stand for \_."

**Option 2:** "The legacy I'm building is \_."

**Option 3:** "I'm here to \_."

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## Draft Your Statement

Write freely. Don't edit yourself. This is version 1.0, not forever.

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## Refine (Optional)

Read it aloud to yourself. What feels true? What feels like you're trying too hard?

Revise if needed:

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## Part 3: Sharing (5 min)

### Voluntary Sharing

If you're comfortable, read your statement aloud to the group for feedback and energy.

**Listen for:**

- What resonates?

- What feels authentic?
  - What makes you want to say "yes, that's you"?
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## Remember

**Purpose statements evolve.** This is version 1.0, not forever. Give yourself permission for it to be messy.

You can revisit and revise this as you grow.

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## My Purpose Statement v1.0

**Date:** \_

**Revisit date:** \_