



Vision Board Prompt Worksheet

Owner	A Ashley Zeck
Tags	

Vision Board Prompt Worksheet

Use this worksheet to plan your vision board before you create it. Answer these questions to clarify your vision, then gather images and words that represent your answers.

Part 1: Your Future Builder Self

Who are you becoming?

Describe your future builder self in detail:

In 6 months, I am someone who...

-
-
-

In 1 year, I am someone who...

-
-
-

In 3 years, I am someone who...

- -
 -
-

What are your core values?

Circle or list 5-7 values that will guide your decisions:

Integrity • Creativity • Community • Independence • Family • Service • Innovation • Courage • Authenticity • Growth • Justice • Abundance • Freedom • Connection • Impact • Discipline • Joy

My top 5 values:

- 1.
 - 2.
 - 3.
 - 4.
 - 5.
-

What does success look and feel like?

Success looks like:

- (What you see - business, relationships, home, lifestyle)
-
-
-

Success feels like:

- (How you feel in your body and mind)
 -
 -
 -
-

Part 2: What You're Building

Your Business/Project Vision

What problem are you solving?

Who are you serving?

What makes your solution unique?

What will this business make possible for you and your family?

Skills & Strengths

Skills I already have:

-
-
-

Skills I'm developing:

-
-
-

Strengths that make me a powerful builder:

- -
 -
-

Part 3: SMART Goals

Translate your vision into 3 concrete SMART goals:

Goal 1:

Specific: What exactly will you accomplish?

Measurable: How will you know you've achieved it?

Achievable: What resources/support do you need?

Relevant: Why does this matter to your bigger vision?

Time-bound: By when will you complete this?

Goal 2:

Specific: What exactly will you accomplish?

Measurable: How will you know you've achieved it?

Achievable: What resources/support do you need?

Relevant: Why does this matter to your bigger vision?

Time-bound: By when will you complete this?

Goal 3:

Specific: What exactly will you accomplish?

Measurable: How will you know you've achieved it?

Achievable: What resources/support do you need?

Relevant: Why does this matter to your bigger vision?

Time-bound: By when will you complete this?

Part 4: Releasing the Old

What must you release to become this person?

Beliefs to release:

-
-
-

Behaviors to release:

-
-

-

Relationships or environments to release:

-

-

Part 5: Daily Practices

What will your future builder self do daily?

Morning routine:

-

-

-

Work/creation time:

-

-

-

Evening routine:

-

-

-

Non-negotiables:

-

-

-

Part 6: Visual Elements to Include

Now that you've clarified your vision, brainstorm images, words, and colors to represent it:

Images that represent:

- **Your values:**
- **Your business/work:**
- **Your lifestyle:**
- **Your community:**
- **Your growth:**

Words to include:

- Power words:
- Affirmations:
- Your builder identity:

Colors that resonate:

- (What emotions/energy do you want your vision board to evoke?)
-

Part 7: Creation Plan

Format: (Circle one) Digital (Canva) | Physical (poster board) | Collage app | Pinterest board | Other: _

When will you create it?

Where will you display it?

How often will you review it?

Reflection After Creation

Once your vision board is complete, answer these:

How is this version of you different from who you used to be?

What surprised you about this process?

What are you most excited about?

What feels scary or challenging?

Who will support you in becoming this person?