

Module 6: Financial Foundations

↗ Course Units	Unit 0: Money as Recovery Protection , Unit 10: Module 6 Wrap & Integration , Unit 1: Money Patterns Map (Tribe Mirror) , Unit 2: Money Mindset Audit , Unit 3: Budget Reality Check , Unit 4: Credit Crash Course , Unit 5: Saving & Emergency Funds , Unit 6: Wealth-Building Basics (Investing 101) , Unit 7: Financial Load-Bearing Map (Tribe Integration) , Unit 8: Cohort Savings Streak & Tribe Resource Bank , Unit 9: Financial Vision & Commitment
≡ Description	Money patterns by Builder Type, money mindset audit, Builder's Budget Framework (7-day spending log), credit action plan, savings strategies (\$5 minimum), wealth-building basics (compound interest, micro-investing), Financial Load-Bearing Map, Cohort Savings Streak (days not dollars), Tribe Resource Bank (contribute 1 verified resource), financial vision board.
# Duration (min)	330
# Module Number	6
⦿ Status	Not Started

Objective

Build financial dignity. Understand money patterns by Builder Type, take control of your credit, start saving (even \$5), and create your wealth-building vision.

Overview

Money patterns mirror all the patterns from earlier modules—obsession (Module 1), identity (Module 2), and regulation (Module 3). This module gives you **financial agency without shame**.

- Money mindset audit by Builder Type

- Builder's Budget Framework (7-day spending log)
 - Credit crash course and action plan
 - Savings strategies (start with \$5 minimum)
 - Wealth-building basics (compound interest, micro-investing)
 - Financial Load-Bearing Map
 - Cohort Savings Streak (days, not dollars)
 - Tribe Resource Bank (contribute 1 verified resource)
-

Exercises

Reflections

 **Example Prompt:**

"What money stories am I carrying?"

"What would financial dignity look like for me?"

Submissions

Resources

- 💰 Money Mindset Audit by Builder Type
- 📊 Builder's Budget Framework
- 📄 Credit Action Plan Template
- 📈 Financial Load-Bearing Map
- 🎨 Financial Vision Board Guide

 Embed links or files here.