

Assignment: Identity Integration Plan

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| ⌚ Module | Module 2: Builder Identity Work |
| # Unit Number | 6.2 |
| ⌚ Types | Assignment |
| ⌚ Mandatory | <input checked="" type="checkbox"/> |
| 📁 Archive | <input type="checkbox"/> |

Assignment: Identity Integration Plan

Module 2: Builder Identity Work | Unit 6.2

Assignment Overview

You've completed Module 2. You've created your Identity MVP, practiced your affirmations, and collected evidence.

Now it's time to create your **Identity Integration Plan**—a clear plan for how you'll continue living your builder identity as you move into Module 3 and beyond.

Learning Objectives

By completing this assignment, you will:

1. Reflect on your transformation through Module 2
 2. Identify specific ways to integrate your Identity MVP into daily life
 3. Create accountability structures with your tribe
 4. Set intentions for continuing builder identity work
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Instructions

Part 1: Transformation Snapshot (10 minutes)

Answer the following:

- 1. What was my shame narrative at the beginning of Module 2?**
 - What scripts was I telling myself?
 - 2. What's my builder identity now?**
 - What Identity Statement am I living into?
 - 3. What's the biggest shift I've made?**
 - How has my language, behavior, or self-perception changed?
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Part 2: Evidence Review (15 minutes)

Look back at your Evidence Tracker from the past 2-4 weeks.

List 5-10 pieces of evidence that you've been living your builder identity:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Reflection: What pattern do you notice in this evidence? What behaviors are showing up most consistently?

Part 3: Daily Integration Plan (20 minutes)

Create a plan for how you'll continue practicing your Identity MVP daily.

Morning Practice (5-10 minutes):

- Affirmations: __ (time)
- Evidence review: __ (time)
- Intention-setting: __ (time)

Throughout the Day:

- How will you catch shame scripts in real-time?
- How will you redirect with builder affirmations?
- What triggers should you watch for?

Evening Practice (5-10 minutes):

- Evidence logging: __ (time)
- Reflection: __ (time)
- Gratitude/wins: __ (time)

Weekly Practice:

- Evidence Tracker update: __ (day/time)
 - Tribe check-in: __ (day/time)
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Part 4: Tribe Accountability Plan (15 minutes)

Your tribe is critical for holding your Identity MVP. Create a plan for ongoing accountability.

Weekly Check-Ins:

- Who in my tribe will I check in with weekly? __
- What day/time? __
- What will we discuss? (Evidence, challenges, redirects)

Shame Script Accountability:

- Who will I ask to redirect me when I slip into shame language? __
- How will I ask them to do it? (e.g., "Hey, call me out gently when you hear shame language")

Evidence Sharing:

- Will I share my weekly evidence with my tribe? Yes / No
- How? (Group chat, weekly meeting, forum post)

Mutual Support:

- How will I support my tribe members in living their Identity MVPs?
 - What's one specific way I can show up for them this week?
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Part 5: Integration with Module 3 (10 minutes)

Module 3 will focus on Finding Your Why and designing your venture.

How will your Identity MVP inform Module 3?

1. What values from my Identity MVP will guide my "why"?

- Example: "Dignity over shame" means I want to build something that creates dignity for others

2. What behaviors will I need to sustain as I start designing my venture?

- Example: "A builder asks for help" means I'll need to reach out when I'm stuck in Module 3

3. What non-negotiables will protect me as I move into venture work?

- Example: "I will not sacrifice my wiring for an opportunity" means I'll check every idea against my BPEP
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Part 6: 30-Day Commitment (5 minutes)

Make a public commitment to your tribe.

For the next 30 days, I commit to:

1.

2.

3.

Example Commitments:

- "I will practice my affirmations every morning for 30 days"
- "I will log evidence at least 5 days per week for 30 days"
- "I will redirect shame language whenever I hear it (from myself or others) for 30 days"

I will share my 30-day progress with my tribe on: ___ (date)

Submission Requirements

Submit the following:

- 1. Part 1: Transformation Snapshot**
- 2. Part 2: Evidence Review** (5-10 pieces of evidence)
- 3. Part 3: Daily Integration Plan**
- 4. Part 4: Tribe Accountability Plan**
- 5. Part 5: Integration with Module 3**
- 6. Part 6: 30-Day Commitment**

Format: PDF, Google Doc, or Notion page

Grading/Feedback Criteria

You'll receive feedback on:

- **Specificity:** Are your plans concrete and actionable?
- **Accountability:** Have you set up clear accountability structures?
- **Integration:** Have you connected your Identity MVP to Module 3?

Why This Matters

Module 2 doesn't end when you finish the last unit. Your builder identity is a daily practice.

This Integration Plan ensures you:

- Continue practicing your Identity MVP beyond Module 2
- Have accountability structures to sustain the work
- Carry your builder identity into venture design (Module 3)

Your identity is the foundation. Everything you build rests on it.



Builder Reminder: Your Identity MVP will evolve. Revisit it every few months and update as you collect more evidence. This is version 1.0—there will be 2.0, 3.0, and beyond.