

Unit 6: Module 2 Assessment & Integration

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Unit 6: Module 2 Assessment & Integration

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Assessment Overview

You've completed Module 2: Builder Identity Work.

This final assessment helps you integrate everything you've learned and ensures you're ready to move forward with a solid builder identity.

Learning Objectives

By completing this assessment, you will:

1. Demonstrate mastery of builder language
 2. Synthesize your builder identity components
 3. Show evidence of practicing your Identity MVP
 4. Reflect on your transformation through Module 2
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Assessment Components

Part 1: Builder Language Mastery (20 points)

Rewrite each of the following shame scripts using builder language:

1. "I'm such a mess."
2. "I always screw things up."
3. "I can't stick with anything."
4. "I'm too broken to build something that matters."
5. "I'm just an ex-addict."

Example:

Shame script: "I'm such a mess."

Builder script: "I'm rebuilding. It's messy because I'm in the middle of it."

Part 2: Identity MVP Integration (30 points)

Submit your completed Identity MVP One-Pager, including:

1. Identity Statement (2-3 sentences)
2. Core Values (3-5 values)
3. Identity-Aligned Behaviors (5-7 behaviors)
4. Non-Negotiables (3 boundaries)
5. Evidence Tracker (with at least 2 weeks of logged evidence)

You must show evidence that you've been living your Identity MVP for at least 2 weeks.

Part 3: Builder Affirmations Practice (20 points)

Submit:

1. Your 5-7 Builder Affirmations
2. Evidence of daily practice:
 - Morning practice log (at least 10 days)
 - Examples of redirecting shame scripts in real-time (at least 3 examples)

- Evening evidence log (at least 10 days)

Example of evidence:

Day 1:

- Morning: Recited affirmations at 7:30am
 - Redirect example: Caught myself saying "I'm such a disaster" and redirected to "I'm learning what works for me"
 - Evening evidence: I asked for help instead of isolating (evidence of builder behavior)
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Part 4: Transformation Reflection (30 points)

Write a 500-750 word reflection answering the following:

1. What was your shame narrative at the beginning of Module 2?

- What scripts were you telling yourself?

2. How has your narrative shifted?

- What builder language do you use now?
- What evidence have you collected?

3. What's been hardest about this module?

- Where did you struggle?
- What helped you push through?

4. How has your tribe supported you?

- Give specific examples of how your tribe held you accountable or affirmed your identity

5. What's your next step as a builder?

- How will you continue living your Identity MVP as you move into Module 3?
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Submission Requirements

Submit the following:

1. **Part 1: Builder Language Mastery** (5 shame scripts rewritten)
2. **Part 2: Identity MVP One-Pager** (with 2 weeks of evidence)
3. **Part 3: Builder Affirmations** (affirmations + practice logs)
4. **Part 4: Transformation Reflection** (500-750 words)

Format: Compiled into a single PDF, Google Doc, or Notion page

Grading Criteria

Builder Language Mastery (20 points)

- 4 points per shame script rewritten
- Full points for clear, dignified builder language
- Partial credit for weak or vague rewrites

Identity MVP Integration (30 points)

- 10 points: Completeness (all 5 components present)
- 10 points: Alignment (behaviors/values aligned with identity)
- 10 points: Evidence (at least 2 weeks of logged evidence)

Builder Affirmations Practice (20 points)

- 5 points: Quality of affirmations (specific, grounded, identity-based)
- 10 points: Evidence of practice (morning, redirect, evening logs)
- 5 points: Consistency (at least 10 days of practice)

Transformation Reflection (30 points)

- 10 points: Depth of analysis (thoughtful, specific, vulnerable)
- 10 points: Evidence of transformation (clear shift from shame to builder)
- 10 points: Integration with tribe (specific examples of support)

Total: 100 points

Pass/Fail Criteria

To pass Module 2 and move to Module 3:

- You must score at least 70/100 points
- You must complete all four parts
- You must show at least 2 weeks of evidence for Identity MVP and affirmations

If you don't pass: You'll receive feedback and can resubmit within 1 week.

Why This Matters

Module 2 is the foundation of your builder identity.

Everything that comes next—finding your why, designing your MVP, building your venture—requires a solid builder identity.

This assessment ensures:

- You've internalized builder language
- You've designed and practiced your Identity MVP
- You're collecting evidence of transformation
- You're ready to build

If you don't have the identity, the venture won't be sustainable.

Common Challenges

"I don't have 2 weeks of evidence yet."

Start now. Log evidence daily for 2 weeks before submitting. Don't rush this—the evidence is what makes your identity real.

"My reflection feels too vulnerable."

Vulnerability is transformation. If it feels vulnerable, you're doing it right. Your tribe is here to witness, not judge.

"I'm still struggling with shame language."

That's normal. You're not expected to be perfect. You're expected to be practicing. Show evidence of catching and redirecting.



Builder Reminder: This assessment is not about perfection—it's about progress. Show evidence that you're living your builder identity, even imperfectly. That's what matters.