

# Module 1.5: Personality & Energy Profile (BPEP)

➤ Course Units	<u><a href="#">Unit 0: Why You Keep Breaking the Same Way</a></u> , <u><a href="#">Unit 1: The Builder Personality &amp; Energy Profile (BPEP)</a></u> , <u><a href="#">Unit 2: Your Builder Type Breakdown</a></u> , <u><a href="#">Unit 3: Mismatch Patterns — Where You've Been Fighting Your Wiring</a></u> , <u><a href="#">Unit 4: Building Your Operating Rules</a></u> , <u><a href="#">Unit 5: Integration with Module 2 &amp; Beyond</a></u> , <u><a href="#">Unit 6: Group Normalization &amp; Peer Matching</a></u> , <u><a href="#">Unit 7: Module 1.5 Wrap &amp; Handoff</a></u>
≡ Description	Explain the machine. Participants complete Builder Personality & Energy Profile assessments (Big Five, PsyCap, Passion Scale, Locus of Control) and receive personalized wiring reports. Introduces Normalizer Tribe role and Type Clustering.
# Duration (min)	180
# Module Number	1.5
🕒 Status	Not Started

## Objective

Understand your wiring. Complete your Builder Personality & Energy Profile to discover how you're built and how to work *with* your operating system, not against it.

## Overview

This module **explains the machine**. You'll complete personality and energy assessments (Big Five, PsyCap, Passion Scale, Locus of Control) and receive a personalized wiring report.

- Discover your Builder Type and energy patterns
  - Learn why you've struggled in systems not built for you
  - Identify mismatches between your wiring and past environments
  - Introduce the **Normalizer Tribe role** and Type Clustering
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## Exercises

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### Reflections

#### Example Prompt:




"What parts of my wiring have I been fighting?"  
"What environments have felt like home vs. friction?"

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## Submissions

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### Resources

-  BPEP Assessment (35 Questions)
-  Mismatch Inventory Worksheet
-  Builder Operating Rules Worksheet

 Embed links or files here.