

Module 6: Financial Foundations

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| ↗ Course Units | <u>Unit 0: Money as Recovery Protection</u> , <u>Unit 10: Module 6 Wrap & Integration</u> , <u>Unit 1: Money Patterns Map (Tribe Mirror)</u> , <u>Unit 2: Money Mindset Audit</u> , <u>Unit 3: Budget Reality Check</u> , <u>Unit 4: Credit Crash Course</u> , <u>Unit 5: Saving & Emergency Funds</u> , <u>Unit 6: Wealth-Building Basics (Investing 101)</u> , <u>Unit 7: Financial Load-Bearing Map (Tribe Integration)</u> , <u>Unit 8: Cohort Savings Streak & Tribe Resource Bank</u> , <u>Unit 9: Financial Vision & Commitment</u> |
| ≡ Description | Money patterns by Builder Type, money mindset audit, Builder's Budget Framework (7-day spending log), credit action plan, savings strategies (\$5 minimum), wealth-building basics (compound interest, micro-investing), Financial Load-Bearing Map, Cohort Savings Streak (days not dollars), Tribe Resource Bank (contribute 1 verified resource), financial vision board. |
| # Duration (min) | 330 |
| # Module Number | 6 |
| ⌚ Status | Not Started |

Objective

Build financial dignity. Understand money patterns by Builder Type, take control of your credit, start saving (even \$5), and create your wealth-building vision.

Overview

Money patterns mirror all the patterns from earlier modules—obsession (Module 1), identity (Module 2), and regulation (Module 3). This module gives you **financial agency without shame**.

- Money mindset audit by Builder Type

- Builder's Budget Framework (7-day spending log)
 - Credit crash course and action plan
 - Savings strategies (start with \$5 minimum)
 - Wealth-building basics (compound interest, micro-investing)
 - Financial Load-Bearing Map
 - Cohort Savings Streak (days, not dollars)
 - Tribe Resource Bank (contribute 1 verified resource)
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Exercises



Reflections



Example Prompt:

"What money stories am I carrying?"

"What would financial dignity look like for me?"



Submissions



Resources

- 💰 Money Mindset Audit by Builder Type
- 📊 Builder's Budget Framework
- 📈 Credit Action Plan Template
- 📈 Financial Load-Bearing Map
- 🎨 Financial Vision Board Guide



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