



# Legacy Rising Course Units (OpenEdX Structure)

Tags								
Aa Unit Title	Components	Delivery Date	Duration	Notes	SOUEvidence	Section	Status	Subsection
<u>Unit 1: Welcome to Module 1 - Creating Sacred Space</u>	Discussion Forum Reading Video		10 min	Facilitator welcome video (3-5 min), Community Guidelines, Introduction forum post	✓	Module 1	Not Started	Introduction
<u>Unit 2: Eulogy for the Old Self - The Grief Work</u>	Discussion Forum Reading Video Written Assignment		30-45 min	Includes Stoplight Check-In, Letter to Old Self assignment (300 + words),	✓	Module 1	Not Started	Grief Work

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				one-sentence sharing forum				
<u>Unit 3: Ritual of Release</u>	Activity Instructions Video		15 min	Includes Stoplight Check-In, physical release ritual (fire/burial/shredding/sealed envelope), reflection upload	☑️	Module 1	Not Started	Grief Work
<u>Unit 4: Obsessed or Inspired? - Shifting the Energy</u>	Discussion Forum Video		15 min	From grief to curiosity transition, share obsession stories, respond to 2	☐	Module 1	Not Started	Reframing Obsession

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				other s				
<u>Unit 5: Obs essi on Ma ppi ng Exe rcis e</u>	Video Worksheet Written Assignment		20 min	Obse ssion -to- Fuel Work sheet , 300+ word reflec tion on patter ns, trigge rs, need s	☑️	Module 1	Not Starte d	Reframing Obsession
<u>Unit 6: Fire Inve ntor y- Ass essi ng You r Pas sion</u>	Assessment/Quiz Reading Written Assignment		25 min	Lega cy Risin g Passi on Profil e (12 quest ions), Valler and frame work readi ng, Top 2 Redir ectio n Rules outpu t, 200+	☑️	Module 1	Not Starte d	Reframing Obsession

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				word reflec tion				

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Unit 7: Red irec t Wor ksh op - Fro m Obs essi on to Fuel	<div>Case Study</div> <div>Discussion Forum</div> <div>Reading</div> <div>Video</div> <div>Worksheet</div> <div>Written Assignment</div>		35 min	Case studies (10-12 min video), Redirect Plan with 4 constraints (7 days, \$0-20, <2 hrs/day, observable output), Replacement Adequacy Test, Obsession-to-Fuel Worksheet, forum feedback	☑️	Module 1	Not Started	Redirection

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<u>Unit 8: Module 1 Assessment &amp; Commitment</u>	Assessment/Quiz Discussion Forum		20 min	Knowledge Check quiz (10 questions, 80% to pass, unlimited attempts), Weekly Commitment forum post, respond to 2 others, Certificate unlocked	☑️	Module 1	Not Started	Completion
<u>Untitled</u>					☐	Module 1		
<u>Unit 0: Why You Keep Breaking the</u>	Discussion Forum Reading Video		10 min	Reframe repeated failure as OS mismatch. Video (5-7	☐	Module 1.5	Not Started	Introduction

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<u>Same Way.</u>				min): The Wron g Oper ating Syste m, Readi ng on mism atch patter ns				
<u>Unit 1: The Buil der Per son ality &amp; Ene rgy Prof ile (BP EP)</u>	Assessment/Quiz Reading Video		30 min	BPEP Asse ssme nt (35 quest ions), 4 axes: Struc ture, Stimu lation , Socia l Energy, Contr ol. Auto- score d with Build er Type output	☑️	Module 1.5	Not Starte d	Assessme nt

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<u>Unit 2: Your Builder Type Breakdown</u>	Discussion Forum Reading Video Written Assignment		20 min	8 Builder Types profiles, interpretation video (8-10 min), profile reflection assignment (300+ words)	☑️	Module 1.5	Not Started	Interpretation
<u>Unit 3: Mismatch Patterns — Where You've Been Fighting. You're Wiring</u>	Discussion Forum Reading Video Worksheet		20 min	Mismatch Inventory worksheet, identify 3 times in mismatched systems (150+ words each)	☑️	Module 1.5	Not Started	Pattern Recognition



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				, video on cost of mism atch				
<u>Unit 4: Buil din g_ You r_ Ope rati ng_ Rul es</u>	Discussion Forum Reading Video Worksheet		25 min	Build er Oper ating Rules work sheet (200 + word s), non- negot iables , boun darie s, early warni ng signs	☑️	Module 1.5	Not Starte d	Operating Manual
<u>Unit 5: Inte grat ion with Mo dule 2 &amp; Bey ond</u>	Discussion Forum Reading Video Written Assignment		15 min	How Build er Type conn ects throu gh entire curric ulum, Path Forw ard reflec	☑️	Module 1.5	Not Starte d	Forward Integration

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				tion (300 + word s)				
<u>Unit 6: Gro up Nor mali zati on &amp; Pee r Mat chin g</u>	Activity Instructions Discussion Forum Reading		20 min	Build er Type Mixer activi ty, oppo site- type regul ation budd y prep for Modu le 3, video introd uctio ns	<input type="checkbox"/>	Module 1.5	Not Starte d	Tribe Building
<u>Unit 7: Mo dule 1.5 Wra p &amp; Han doff</u>	Video		10 min	Reca p video (5-7 min): You'r e Not Broke n, You'r e Speci fic. Previ ew Modu le 2, certifi	<input type="checkbox"/>	Module 1.5	Not Starte d	Completi on

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				cate unloc ked				
<u>Unit 1: The Pow er of Lan gua ge — Wor ds Tha t Buil d and Bre ak</u>	Discussion Forum Reading Video Written Assignment		20 min	Lang uage Inven tory: sham e word s vs build er word s (300 + word s), neuro scien ce of self- talk video (5-7 min)	☑️	Module 2	Not Starte d	Language Audit
<u>Unit 2: Sha me Scri pts &amp; Nar rati ve Rew rite</u>	Reading Video Written Assignment		30 min	Rewri te 3 sham e scrip ts to build er scrip ts with evide nce (400 + word s), recor	☑️	Module 2	Not Starte d	Identity Reframe

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				d yours elf sayin g new script s (1-2 min audio /vide o)				
<u>Unit 3: Build der' s Cod e Wor ksh op - Creatin g Our Co mm unit y Agr eem ent</u>	Discussion Forum Reading Video		25 min	Co- creat e cohor t Build er's Code, enfor ceme nt ladde r (3- step: Spot +Na me, Rewri te Requ est, Boun dary), practi ce using enfor ceme nt	☑️	Module 2	Not Starte d	Shared Values
<u>Unit 4: Iden</u>	Discussion Forum Reading Video		40 min	Identi ty MVP	☑️	Module 2	Not Starte d	Identity Design

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<u>Identity</u> <u>MVP - Designing Your Builder Self as a Product</u>	Written Assignment			One-Pager : Mission, KPIs (5-7 measurable behaviors) , Launch Date. 300+ word reflection, treat as business artifact				
<u>Unit 5: Builder Affirmations - Claiming Your Identity</u>	Activity Instructions Discussion Forum Video		20 min	Create 5 builder affirmations, record yourself saying them (audio/video), daily practice	<input checked="" type="checkbox"/>	Module 2	Not Started	Affirmation Practice

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				ce com mitm ent plan				
<u>Unit 5.5: Typ e Clu ster ing Mo men t — TRI BE AS NO RM ALI ZER</u>	Activity Instructions Discussion Forum		10 min	Grou p by Build er Type, discu ss: What have we been sham ed for? What do we need prote cted? Share one insigh t	<input type="checkbox"/>	Module 2	Not Starte d	Tribe Building
<u>Unit 6: Mo dule 2 Ass ess men t &amp; Inte grat ion</u>	Assessment/Quiz Discussion Forum Written Assignment		20 min	Know ledge Chec k quiz (10 quest ions, 80% pass) , Identi ty Integr ation	<input checked="" type="checkbox"/>	Module 2	Not Starte d	Completi on

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				Plan (1-week action plan), accountability partners				
Unit 7: Building Language Spotting — TRIBE AS CULTURE HOLDER	Activity Instructions Discussion Forum Reading Video		20 min	Practice spotting shame/hustle/borrowed language in small groups. Use 3-step enforcement: interrupt, rewrite, affirm. Reflection 200+ words	☑️	Module 2	Not Started	Culture Enforcement

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<u>Unit</u> <u>7.5:</u> <u>Buil</u> <u>der</u> <u>Fee</u> <u>dba</u> <u>ck</u> <u>Fra</u> <u>me</u> <u>wor</u> <u>k —</u> <u>STA</u> <u>NDI</u> <u>NG</u> <u>PRA</u> <u>CTI</u> <u>CE</u>	Activity Instructions Discussion Forum Reading Video		15 min	4- step frame work: I notic e, I wond er, Have you tried, What you did well. Mand atory for all futur e group work. Practi ce in group s of 3-4. Refle ction 200+ word s	☑️	Module 2	Not Starte d	Feedback Infrastruct ure
<u>Unit</u> <u>7.6:</u> <u>Buil</u> <u>der</u> <u>Rec</u> <u>eipt</u> <u>s</u> <u>Log</u> <u>—</u> <u>Ide</u> <u>ntit</u>	Discussion Forum Reading Video Written Assignment		Daily, 7 days	Daily log: one actio n that prove s build er word is	☑️	Module 2	Not Starte d	Evidence Building



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<u>Y_</u> <u>Pro</u> <u>of</u> <u>Tra</u> <u>ckin</u> <u>g</u>				real. 7 cons ecuti ve days, 60 seco nds per entry. Creat es beha vioral evide nce, not just affirm ation s				
<u>Unit</u> <u>0:</u> <u>You</u> <u>r</u> <u>Wiri</u> <u>ng.</u> <u>Und</u> <u>er</u> <u>Pre</u> <u>ssur</u> <u>e</u> <u>Cali</u> <u>brat</u> <u>ion</u>	Activity Instructions Worksheet		15 min	Energy Calibr ation Sheet using BPEP result s. Identi fies dysre gulati on patter ns, defau lt hindr ance s, regul ation	☑️	Module 3	Not Starte d	Pre-Work

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				entry point s				
<u>Unit 1: The Scie nce of You = Ene rgy, Fre que ncy &amp; Vibr atio n</u>	Discussion Forum Reading Video		30 min	Tesla quote , heart coher ence resea rch, cyma tics, Fibon acci. Video 10-12 min. Energ y awar eness forum	<input type="checkbox"/>	Module 3	Not Starte d	Foundatio s
<u>Unit 2: Hea rt Coh ere nce = You r Buil t-In Sup erpo se</u>	Reading Video Written Assignment		35 min	Heart Math appro ach, Quick Cohe rence Tech nique . 7- day practi ce log: 3 days exper iment ing entry styles + 4	<input checked="" type="checkbox"/>	Module 3	Not Starte d	Regulation Practice

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				days com mitte d practi ce				
<u>Unit 3: The Five Hin dra nce s - Wh at Sto ps You Fro m Clar ity.</u>	Discussion Forum Reading Video Written Assignment		35 min	Shi Heng Yi frame work: sens ual desir e, ill will, sloth/ torpo r, restle ssnes s, doubt . Hindr ance Inven tory + Build er Type mapp ing (250 + word s per hindr ance)	☑️	Module 3	Not Starte d	Pattern Recognitio n
<u>Unit 4: The RAI N</u>	Discussion Forum Reading Video Written Assignment		30 min	Reco gnize , Acce pt,	☑️	Module 3	Not Starte d	Obstacle Removal

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<u>Method - Removing obstacles in Real Time</u>				Investigate , Non-identification. 7-day RAIN journal (mix of long-form + 90-second micro-drills, 100+ words each)				
<u>Unit 4.5: Regulation of the Bud System - TRIBES AS NERVOUS SYSTEM SUP</u>	Activity Instructions Reading Video		15 min	Match with opposite Builder Type. Weekly check-ins: Are you regulated? What do you need	☑️	Module 3	Not Started	Co-Regulation

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<u>POR</u> <u>I</u>				? Co- regul ation practi ce, not thera py				
<u>Unit</u> <u>5:</u> <u>Min</u> <u>d-</u> <u>Bod</u> <u>y_</u> <u>Bala</u> <u>nce</u> <u>-</u> <u>Usi</u> <u>ng_</u> <u>You</u> <u>r_</u> <u>Bod</u> <u>y as</u> <u>Inte</u> <u>nde</u> <u>d</u>	Reading Video Written Assignment		25 min	Soma tic awar eness , polyv agal theor y. 7- day move ment practi ce matc hed to Build er Type (200 + word s reflec tion)	☑️	Module 3	Not Starte d	Embodime nt
<u>Unit</u> <u>6:</u> <u>Tru</u> <u>stin</u> <u>g_</u> <u>You</u> <u>r_</u> <u>Gut</u> <u>-</u> <u>Intui</u>	Reading Video Written Assignment		30 min	Intuiti on vs Dopa mine vs Fear Sortin g Drill. 3	☑️	Module 3	Not Starte d	Intuition

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tion as Data				retroactive + 3 prospective decisions (150+ words each retroactive)				
Unit 7: Breaking Patterns - Letting Go to Move Forward	Discussion Forum Reading Video Written Assignment		35 min	Childhood trauma patterns, change approach or let go. Pattern-Breaking Plan (400+ words)	<input checked="" type="checkbox"/>	Module 3	Not Started	Pattern Interruption
Unit 8: Connection to Source -	Reading Video Written Assignment		25 min	Yin/yang mother, Source connection.	<input type="checkbox"/>	Module 3	Not Started	Spiritual Foundation

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<u>The</u> <u>One</u> <u>Beh</u> <u>ind</u> <u>the</u> <u>Two</u>				Buildi ng from whol eness vs lack. Sourc e reflec tion (300 + word s)				
<u>Unit</u> <u>9:</u> <u>Ene</u> <u>rgy</u> <u>&amp;</u> <u>Entr</u> <u>epre</u> <u>ne</u> <u>urs</u> <u>hip</u> <u>-</u> <u>App</u> <u>lyin</u> <u>g</u> <u>Inne</u> <u>r</u> <u>Wor</u> <u>k to</u> <u>Buil</u> <u>din</u> <u>g</u>	Reading Video Written Assignment		30 min	Build er Oper ating Agre emen t (BOA) - Modu le 3 exit artifa ct. Pre- Build Readi ness Chec k (500 + word s total). Requi red befor e	☑️	Module 3	Not Starte d	Integration

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				Module 4				
<u>Unit 9.5: Builder Reading Gate</u> (MANDATORY).	Activity Instructions Reading		20 min	Must answer YES to 3 of 4 criteria. Prevents dysregulated entry into entrepreneurship. Self-assessment submission required	☑️	Module 3	Not Started	Gate
<u>Unit 9.6: Problem Selection Filter</u> (Pre-Module 4)	Activity Instructions Reading Written Assignment		25 min	Dopamine vs gut vs fear for 3 problems. Must discard at least one idea	☑️	Module 3	Not Started	Restraint Practice



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<u>Brid</u> <u>ge</u> ).				on purpo se. Teac hes restra int (200 + word s reflec tion)				
<u>Unit</u> <u>10:</u> <u>Mo</u> <u>dule</u> <u>3</u> <u>Ass</u> <u>ess</u> <u>men</u> <u>t &amp;</u> <u>Inte</u> <u>grat</u> <u>ion</u>	Assessment/Quiz Discussion Forum Written Assignment		25 min	Know ledge Chec k (15 quest ions, 80% pass) . 30- day practi ce com mitm ent + Modu le 4 prep (400 + word s total)	☑️	Module 3	Not Starte d	Completio n
<u>Unit</u> <u>0:</u> <u>Fro</u> <u>m</u> <u>"Ent</u> <u>repr</u> <u>ene</u> <u>ur"</u>	Discussion Forum Reading Video		15 min	Entre prene urshi p = build er DNA you	☐	Module 4	Not Starte d	Reframe

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to "Bui lder "				alrea dy have. Reso urcef ulnes s > resou rces. Video 8-10 min				
Unit 1: Myt h- Bus ting = Wh at Entr epre ne urs hip Isn't	Discussion Forum Reading Video Written Assignment		20 min	5 myth s: need mone y, must inven t new, only extro verts, need degre e, no room if done befor e. Myth Inven tory (300 + word s)	☑️	Module 4	Not Starte d	Myth Busting
Unit 2: Pro ble m	Discussion Forum Reading Video Written Assignment		30 min	List 10+ probl ems with	☑️	Module 4	Not Starte d	Problem Finding

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Scavenger Hunt - Finding Ideas Close to Home				nervous system filter. Pain point vs preference. Problem list (400+ words)				
Unit 3: Idea Generation Jam - Brainstorming Solutions	Activity Instructions Discussion Forum Reading Video		30 min	SCAMPER technique, How might we questions. Generate 20+ solution ideas (10 per problem). Collaborative ideation forum	<input checked="" type="checkbox"/>	Module 4	Not Started	Solution Generation

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<u>Unit 4: Choosing Your Problem—Making the Commitment</u>	Discussion Forum Reading Video Written Assignment		25 min	3 circles framework, Builder Type alignment check. Idea selection + BOA alignment (500 + words)	☑️	Module 4	Not Started	Problem Selection
<u>Unit 5: Customer Discovery — Talk to Real People</u>	Discussion Forum Reading Video Written Assignment		40 min	The Mom Test, conduct 3 customer interviews. Interview notes (200 + words each) + summary reflection	☑️	Module 4	Not Started	Validation

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				(300 + word s)				
<u>Unit 6: MVP Des ign = Buil din g. You r Firs t Ver sion</u>	Discussion Forum Reading Video Written Assignment		35 min	Lean Start up Build- Meas ure- Learn . MVP Canv as with regul ation chec k (500 + word s). Must fit BOA	☑️	Module 4	Not Starte d	MVP Creation
<u>Unit 7: Lau nch Wit nes s Sys tem = Trib e as Mo men tum Hol der</u>	Activity Instructions Reading Video		25 min	MVP Sprint Grou ps (3-4 peopl e). Lau nch Witne ss befor e/afte r chec k-ins. Celeb rate	☑️	Module 4	Not Starte d	Launch Support

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				completion not outcome				
Unit 8: Pricing Your MVP What to Charge	Discussion Forum Reading Video Written Assignment		25 min	Cost-plus, market rate, value-based pricing. Pricing plan + script (300 + words)	☑️	Module 4	Not Started	Pricing
Unit 9: MVP Launch Week = Test Your Idea	Activity Instructions Discussion Forum Reading Video		1-2 weeks	LAUNCH MVP with 3+ customers. Launch report (500 + words) + evidence + Launch	☑️	Module 4	Not Started	Launch

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				Witne ss confir matio n. THIS IS THE WIN				
<u>Unit 10: Pitc h Wor ksh op = Selli ng You r Visi on</u>	Discussion Forum Reading Video Written Assignment		40 min	4- part pitch: Hook, Soluti on, Proof, Ask. Recor d 60- seco nd pitch + regul ation reflec tion (200 + word s)	☑️	Module 4	Not Starte d	Pitching
<u>Unit 11: Mo dule 4 Wra p &amp; Nex t Ste ps</u>	Assessment/Quiz Discussion Forum Reading Video Written Assignment		15 min	30- day busin ess plan (500 + word s). Know ledge Chec k (15	☑️	Module 4	Not Starte d	Completi on

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				quest ions, 80% pass) . Certif icate requir es MVP launc h evid ence				
<u>Unit 0: The Infr astr uct ure You 've Alre ady Buil t</u>	<div>Discussion Forum</div> <div>Reading Video</div> <div>Written Assignment</div>		20 min	You've e been leadi ng since Modu le 1: Witne ss, Mirro r, Cultu re Holde r, Regul ator, Exec utor. Lead ershi p Inven tory (400 + word s)	☑️	Module 5	Not Starte d	Recognitio n



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<u>Unit 1: Alumni Panel — "What I Wish I Knew"</u>	Discussion Forum Reading Video		30 min	2-3 alumni interviews (5-7 min each) · Post-graduation challenges and wins. Alumni Q&A forum	<input type="checkbox"/>	Module 5	Not Started	Alumni Voices
<u>Unit 2: Building Quality Feedback</u>	Activity Instructions Discussion Forum Reading Video		30 min	Build Feedback Framework: I noticed, Here's what I observed, Have you considered · Practice pairs. Refle	<input checked="" type="checkbox"/>	Module 5	Not Started	Feedback Skills

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				ction (250 + word s)				
<u>Unit 3: Peer Coaching Skills— Asking Powerful Questions</u>	Activity Instructions Discussion Forum Reading Video		30 min	Coaching vs advising. Practice triads (coach, coachee, observer). Coaching reflection (300 + word s)	☑️	Module 5	Not Started	Coaching Practice
<u>Unit 4: Pay-It-Forward Pledge— Graduation Threshold</u>	Discussion Forum Reading Video Written Assignment		30 min	NON-NEGOTIABLE graduation requirement. Minimum 1 hr/month for 6 months.	☑️	Module 5	Not Started	Commitment

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				Pay-It-Forward Pledge (300 + words). Posted to Pay-It-Forward Wall				
<u>Unit 5: Co-Designing the Alumni Network</u>	<div>Activity Instructions</div> <div>Discussion Forum</div> <div>Reading</div>		25 min	Vote on network structure: Slack /Discord, Monthly Circle s, In-Person, Pods, 1:1 Matching, Combo. Nominate peer leads	☑️	Module 5	Not Started	Network Design

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<u>Unit 6: Mentorship Matching Expected Progression</u>	Discussion Forum Reading Video Written Assignment		25 min	Every graduate: Mentor, Near-Peer, or Pod Member. No spectators. Role claim + availability (300 + words)	☑️	Module 5	Not Started	Role Assignment
<u>Unit 7: Module 5 Wrap &amp; Graduation Commitment</u>	Assessment/Quiz Reading Video Written Assignment		15 min	Graduation Commitment: Pledge summary, Network vote, Role, First action, Who you're lifting	☑️	Module 5	Not Started	Completion

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				Knowledge Check (10 questions, 80% pass)				
<u>Unit 0: Money as Recovery Protection</u>	Discussion Forum Reading   Video		15 min	Financial instability as relapse trigger. Money as tool not morality. Economic mobility research. Video 8-10 min	<input type="checkbox"/>	Module 6	Not Started	Foundation
<u>Unit 1: Money Patterns Map (Tribes)</u>	Activity Instructions Discussion Forum Reading   Video Written Assignment		20 min	Money patterns by Builder Type. Money Pattern	<input checked="" type="checkbox"/>	Module 6	Not Started	Pattern Recognition

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<u>Mirr or</u> .				Inven tory (250 + word s). Optio nal live Mone y Patter ns Circle				
<u>Unit 2: Mo ney_ Mind set Audit</u>	<div>Discussion Forum</div> <div>Reading Video</div> <div>Written Assignment</div>		20 min	Limiti ng belief s about mone y. Chall enge and refra me. Mone y Mind set Audit (300 + word s)	☑️	Module 6	Not Starte d	Beliefs
<u>Unit 3: Bud get Real ity_ Che ck</u>	<div>Activity Instructions</div> <div>Discussion Forum</div> <div>Reading Video</div> <div>Written Assignment</div>		30 min	Build er's Budg et Fram ewor k by Build er	☑️	Module 6	Not Starte d	Budgeting

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				Type. Budg et draft + 7- day spen ding log + reflec tion (200 + word s). Optio nal Budg et Realit y Partn ers activi ty				
<u>Unit 4: Credit Crash Course</u>	Discussion Forum Reading Video Written Assignment		25 min	Credi t is trust score not moral ity. How to build/ repair credit . Credi t Actio n Plan (250 +	☑️	Module 6	Not Starte d	Credit

Unit Title	Components	Delivery Date	Duration	Notes	<input checked="" type="checkbox"/> SOU Evidence	Section	Status	Subsection
				word s)				
<u>Unit 5: Saving &amp; Emergency Funds</u>	Discussion Forum Reading Video Written Assignment		25 min	Start with \$5. Saving strategies by Builder Type. Savings plan + 30-day log	<input checked="" type="checkbox"/>	Module 6	Not Started	Saving
<u>Unit 6: Wealth - Building Basics (Investing 101)</u>	Discussion Forum Reading Video Written Assignment		25 min	Compound interest, retirement accounts, index funds, micro-investing. Wealth-Building Starter Plan (250 +	<input checked="" type="checkbox"/>	Module 6	Not Started	Investing



Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				word s)				
<u>Unit 7: Fina ncia l Loa d- Bea ring Ma p (Tri be Inte grat ion).</u>	Discussion Forum Reading Video Written Assignment		25 min	Finan cial stres s isolati on. Tribe load- shari ng strate gies. Finan cial Load- Beari ng Map + reflec tion (300 + word s)	☑️	Module 6	Not Starte d	Tribe Support
<u>Unit 8: Coh ort Savi ngs Stre ak &amp; Trib e Res our ce Ban k</u>	Activity Instructions Discussion Forum Reading Video		20 min	Grou p savin gs tracki ng (days not dollar s). Contr ibute 1 verifi ed finan cial	☑️	Module 6	Not Starte d	Collective Finance

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				resource to Tribe Resource Bank				
<u>Unit 9: Financial Vision &amp; Commitment</u>	<div>Discussion Forum</div> <div>Reading Video</div> <div>Written Assignment</div>		20 min	Money as legacy. Financial Vision Board + Money Commitment (200 + words each)	☑️	Module 6	Not Started	Vision
<u>Unit 10: Module 6 Wrap &amp; Integration</u>	<div>Video</div>		10 min	Money as dignity not morality. Progress > perfection. Video 5-7 min. Certificate requires all assign	☐	Module 6	Not Started	Completion

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				nmen ts				
<u>Sec tion 1: "Wh at's Leg acy ?" Visi onin g_ Iceb rea ker</u>	Activity Instructions Discussion Forum		15 min	Lega cy word assoc iation . Share -out and patter n recog nition . Broad en defini tion beyo nd famo us/w ealth y	☐	Module 7	Not Starte d	Introductio n
<u>Sec tion 2: Leg acy_ Inve ntor y- Wh at You 're Alre ady_ Buil din g</u>	Activity Instructions Written Assignment		20 min	Solo reflec tion: Who have you helpe d? What have you creat ed? What woul d peopl e	☑️	Module 7	Not Starte d	Current Legacy

Aa Unit Title	☰ Components	📅 Delivery Date	≡ Duration	≡ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	≡ Subsection
				remember? You're already building legacy				
<u>Section 2.5: Community Overview - Breaking "Us vs The M"</u>	Discussion Forum Reading		15 min	Chetty social capital research. Peer-led models break helper/helped barriers. No fixed/broken people, only builders at different stages	<input type="checkbox"/>	Module 7	Not Started	Anti-Stigma
<u>Section 3:</u>	Discussion Forum Video		35 min	Craft purpose	<input checked="" type="checkbox"/>	Module 7	Not Started	Purpose

Aa Unit Title	☰ Components	📅 Delivery Date	≡ Duration	≡ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	≡ Subsection
<u>Personal Purpose Statement Workshop</u>	Written Assignment			statement. Purpose + Role Micro-Activity: Who are you responsible to? How will you show up? (inside/outside community)				
<u>Section 4: Legacy Mapping – Ripple Effects &amp; Community Network</u>	Activity Instructions Discussion Forum Reading		30 min	Ripples diagram (Me → Immediate → Wider → Future). Legacy Claim Ceremony :	☑️	Module 7	Not Started	Network Mapping

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
<u>works</u>				Point to 1 person, say 'Part of what I'm building is for you'				
<u>Section 5: Tribe Commitment – Named Roles &amp; Obligations</u>	Activity Instructions Written Assignment		25 min	REQUIRED Tribe Commitment Card. Select 1 role for 6 months: Near-Peer Mentor, Pod Lead, Resource Connector, Story Contributor, Event Support. NON-NEG	☑️	Module 7	Not Started	Commitment

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				OTIA BLE				
<u>Sec tion 6: Leg acy Tra nsfe r – "Fro m Me to We"</u>	Written Assignment		15 min	Write: 1 mista ke don't repea t, 1 truth learn ed hard way, 1 thing tribe must prote ct. Com piled into Lega cy Playb ook for futura l cohor ts	☑️	Module 7	Not Starte d	Knowledg e Transfer
<u>Sec tion 7: Stor ytell ing for Leg acy</u>	Activity Instructions		10 min	1-min legac y mess age for futura l partic ipant/ famil y/co	☐	Module 7	Not Starte d	Story

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				mmu nity. Writte n, audio , or video . Optio nal shari ng				
<u>Sec tion 8: Pas sing the Tor ch— Gra dua tion Refr ame d</u>	Activity Instructions Discussion Forum		15 min	Grad uatin g INTO tribe not FRO M progr am. Co- desig n cere mony . Torch Cere mony with build er mark er. You are now infras tructu re	<input type="checkbox"/>	Module 7	Not Starte d	Transition
<u>Sec tion</u>	Written Assignment		5 min	One legac	<input checked="" type="checkbox"/>	Module 7	Not	Completi on



Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
<u>9: Final Reflection &amp; Commitment</u>				y move this month. Commitment card. Closing affirmation: Your story matters, you are a builder, build together			Started	
<u>Activity 8.1: Legacy Story Draft (Pre-Work).</u>	Written Assignment		Homework	1-2 page private draft: pattern trapped in, moment realized, what learned about wiring, build differ	☑️	Module 8	Not Started	Story Craft

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				ently now, respo nsible for				
<u>Acti vity_</u> <u>8.2:</u> <u>Stor</u> <u>y_</u> <u>Ste</u> <u>war</u> <u>dshi</u> <u>p_</u> <u>Filte</u> <u>r</u>	Worksheet Written Assignment		20 min	For each story secti on: Serve s other s or just me? Now/ Later/ Neve r? Who is this for? Mark 🟢🟡 🔴. Disce rnme nt not sham e	☑️	Module 8	Not Starte d	Discernme nt
<u>Acti vity_</u> <u>8.3:</u> <u>Wit</u> <u>nes</u> <u>s_</u> <u>Circ</u> <u>le_</u> <u>(Sm</u> <u>all,</u> <u>Stru</u> <u>ctur</u> <u>ed).</u>	Activity Instructions		20 min	Grou ps of 3-4. Share 3 sente nces/ 60 seco nds (🟢 only). Liste	☑️	Module 8	Not Starte d	Witnessing

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				ners respo nd: 'What I hear your story com mittin g you to is ____'. No advic e/prai se/fix ing				

Activity Unit Title	Components	Delivery Date	Duration	Notes	<input checked="" type="checkbox"/> SOU Evidence	Section	Status	Subsection
<u>Activity 8.4: Role Declaration (Public Brief)</u>	Activity Instructions		20 min	THRESHOLD MOMENT. State alumni role + one 30-day action + accountability person. NON-OPTIONAL. Popcorn around circle	<input checked="" type="checkbox"/>	Module 8	Not Started	Threshold
<u>Activity 8.5: The Legacy Ledger (Collective Asset)</u>	Written Assignment		15 min	Submit: 1 mistake don't repeat, 1 truth learned hard way, 1 practice kept	<input checked="" type="checkbox"/>	Module 8	Not Started	Knowledge Base

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				stabl e. Com piled into Lega cy Playb ook. Progr am outliv es you				
<u>Acti vity_</u> <u>8.6:</u> <u>Pas</u> <u>sing_</u> <u>of</u> <u>Cus</u> <u>tom</u> <u>y_</u> <u>(Clo</u> <u>sing_</u> <u>Ritu</u> <u>al).</u>	Activity Instructions		20 min	GRAD UATI ON. Sign Alum ni Ledg er, recei ve token , place name in Playb ook. You are now infras tructu re. Physi cal = mem ory + respo nsibili ty	☑️	Module 8	Not Starte d	Ritual

Assessment Unit Title	Components	Delivery Date	Duration	Notes	SOU Evidence	Section	Status	Subsection
<u>Assignment 8.A: 30-Day Follow-Through (Post-Grad).</u>	Written Assignment		30 days	Complete action from Activity 8.4. Submit 30-Day Check-In Form. Report to accountability person. Integrity through follow-through	✓	Module 8	Not Started	Post-Graduation
<u>Assignment 8.B: First Give-Back (Post-Grad).</u>	Activity Instructions		60 days	One hour service in alumni role. Logged not praised. Belonging required	✓	Module 8	Not Started	Post-Graduation

Aa Unit Title	☰ Components	📅 Delivery Date	☰ Duration	☰ Notes	☑️ SOU Evidence	📍 Section	⚙️ Status	☰ Subsection
				es partic ipatio n. Exam ples: ment or, co- facilit ate, atten d circle , outre ach				