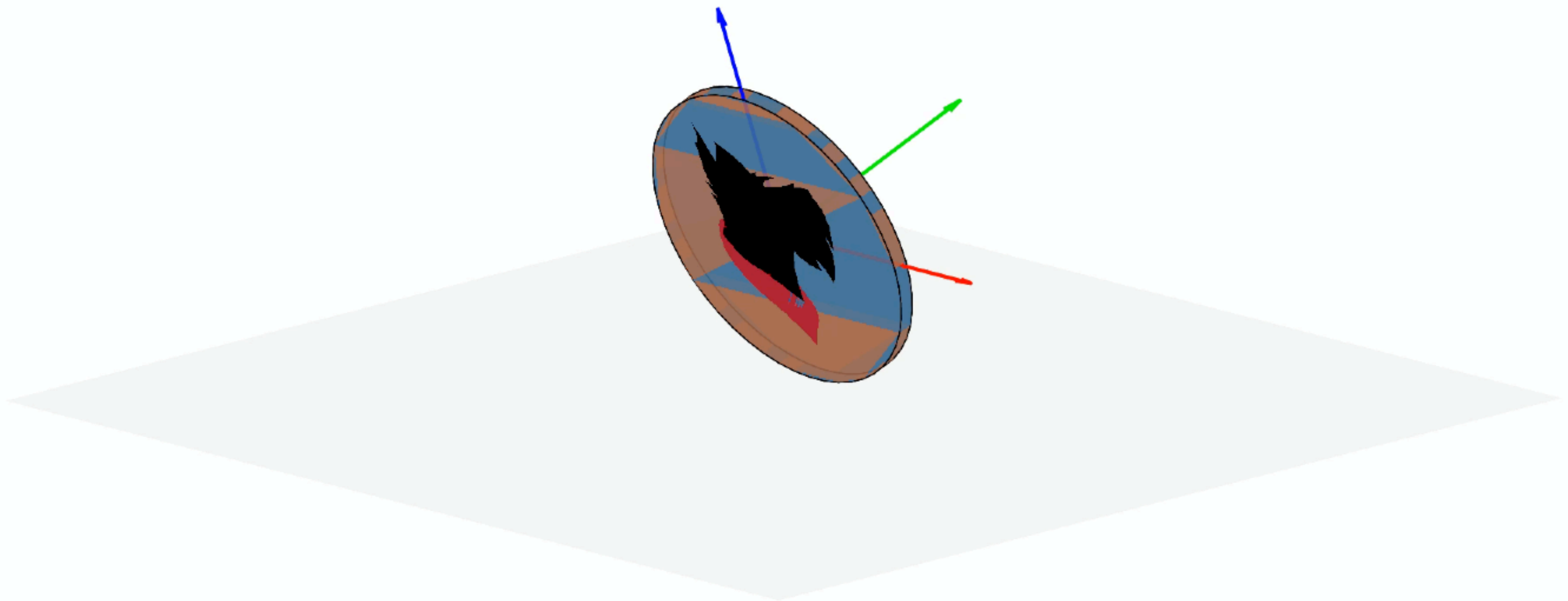
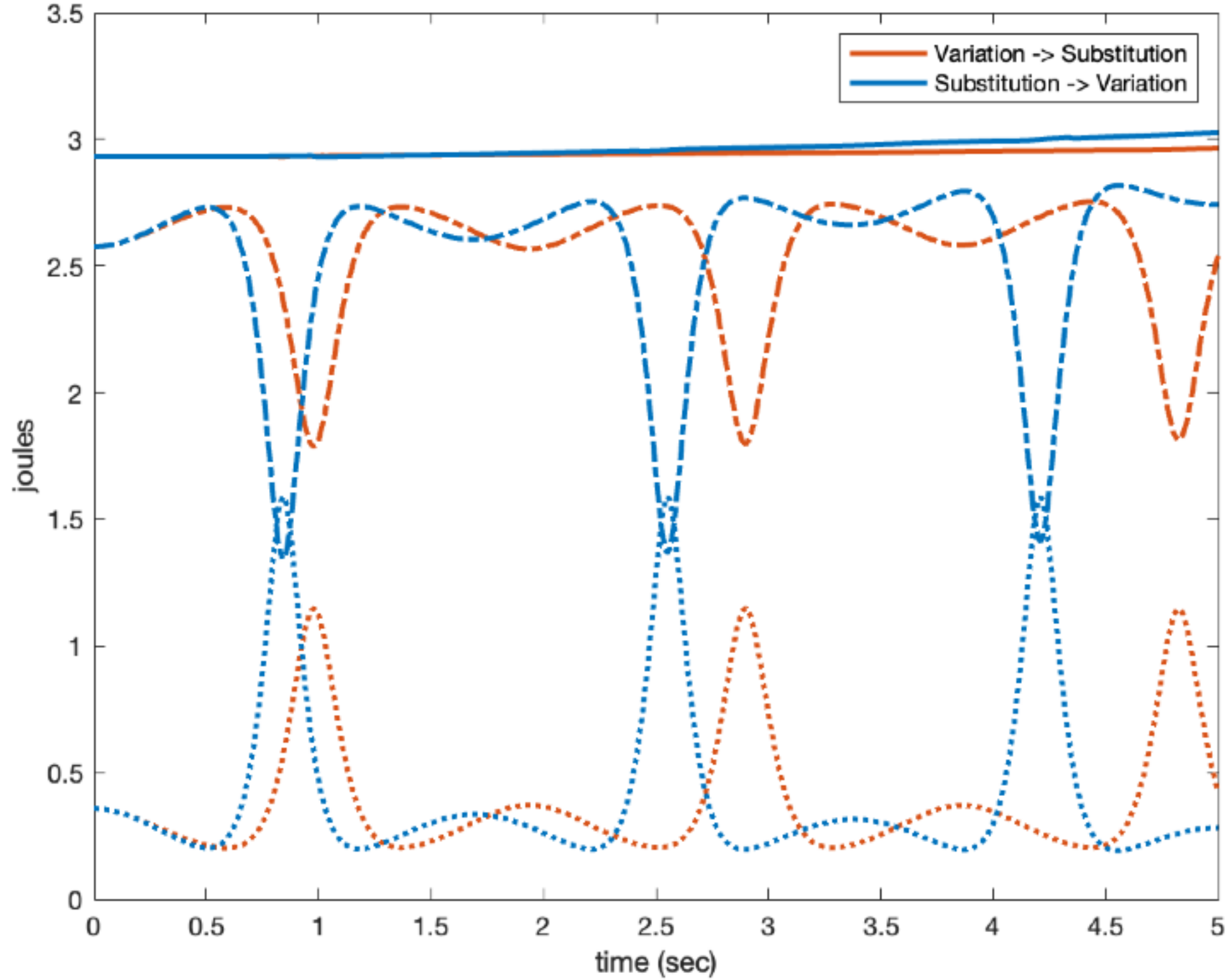




Variation -> Substitution  
Substitution -> Variation

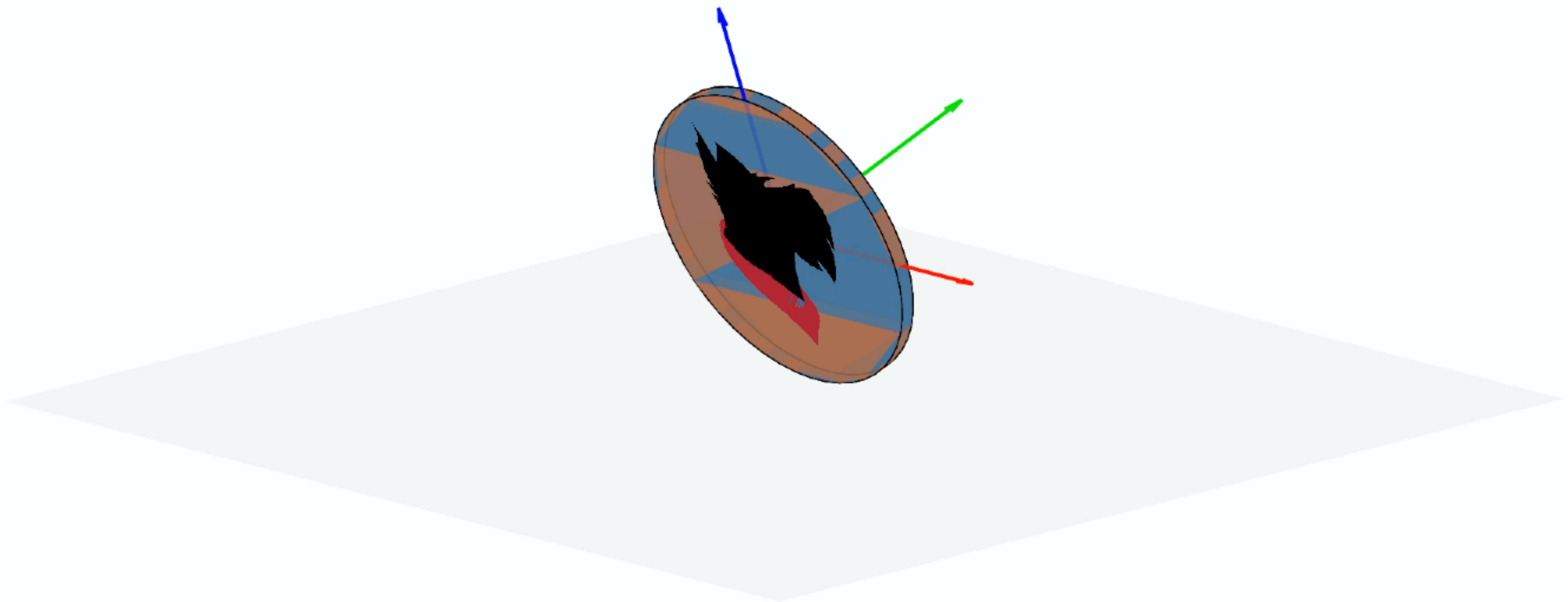


**Rolling disk**

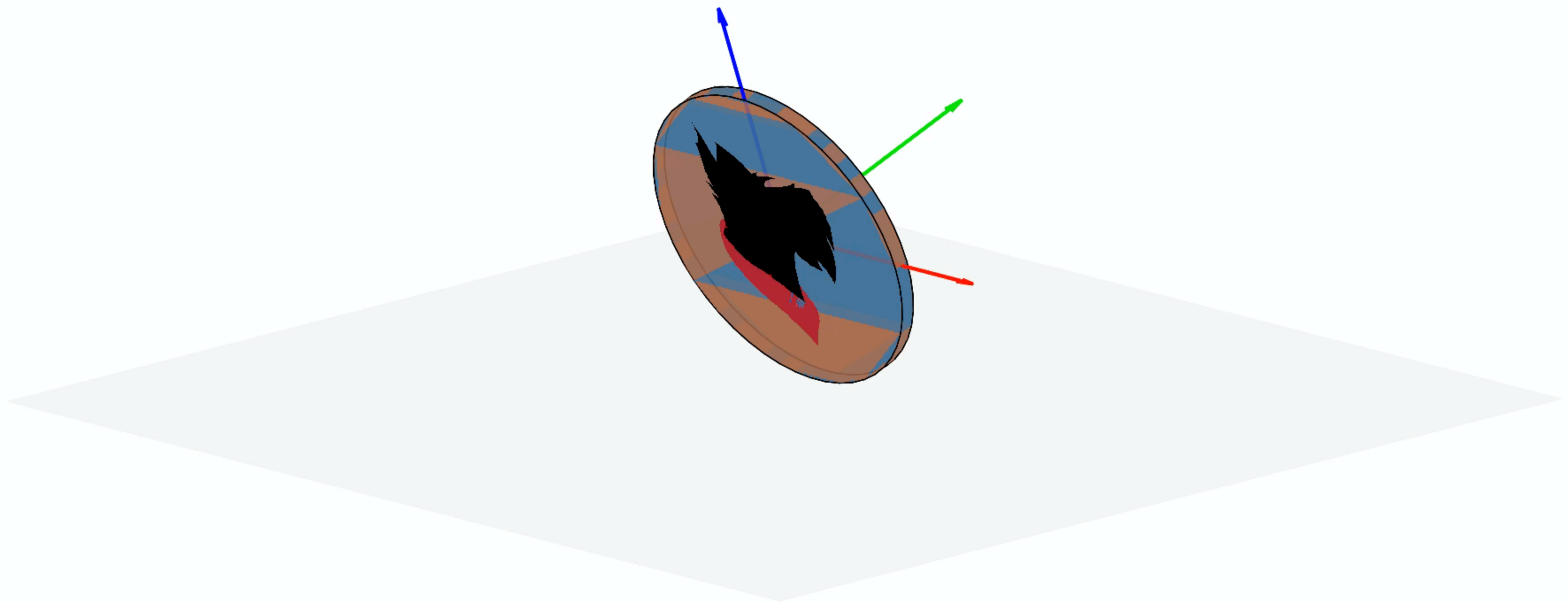


Both satisfy conservation of energy!

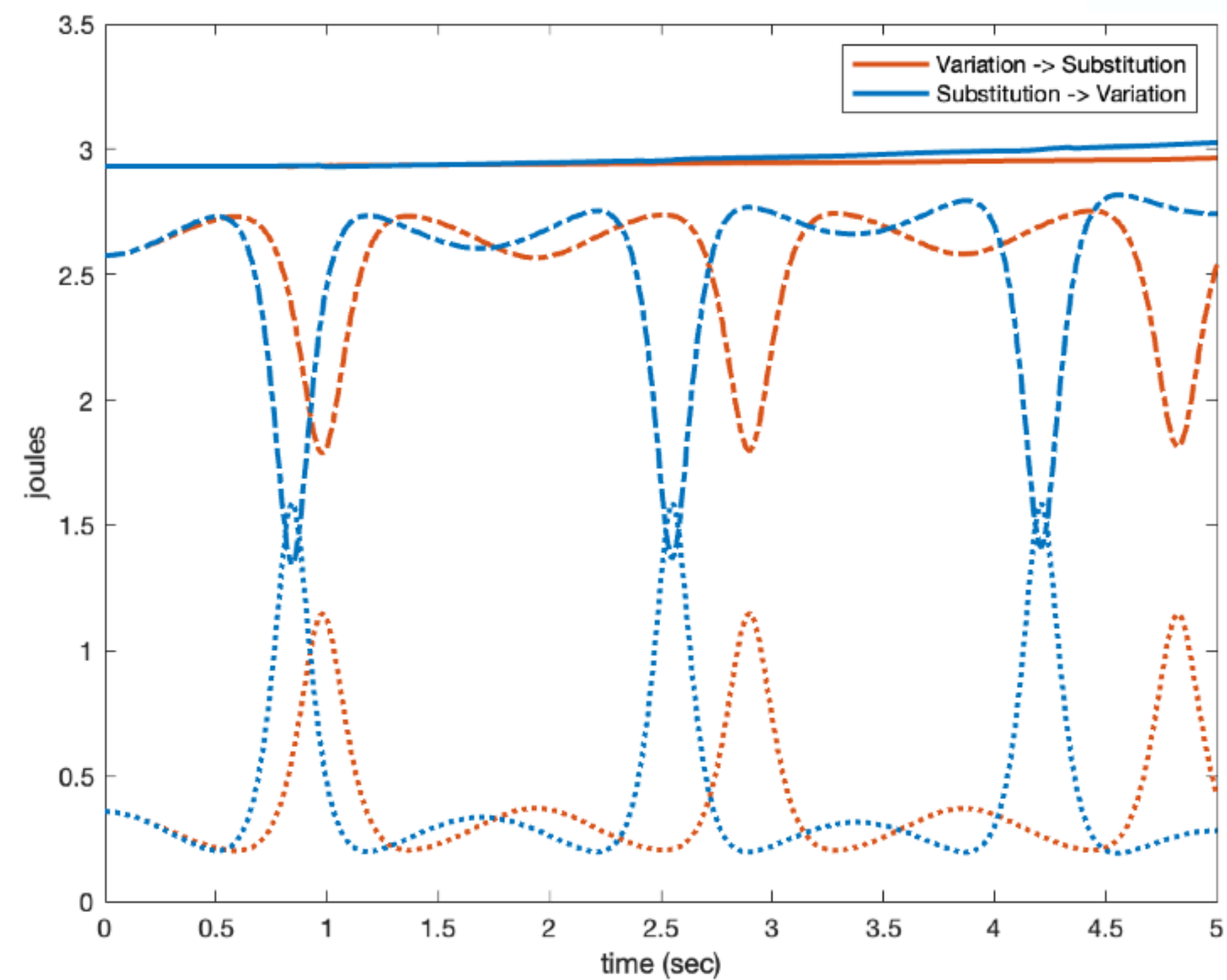
Variation -> Substitution  
Substitution -> Variation



Variation -> Substitution  
Substitution -> Variation

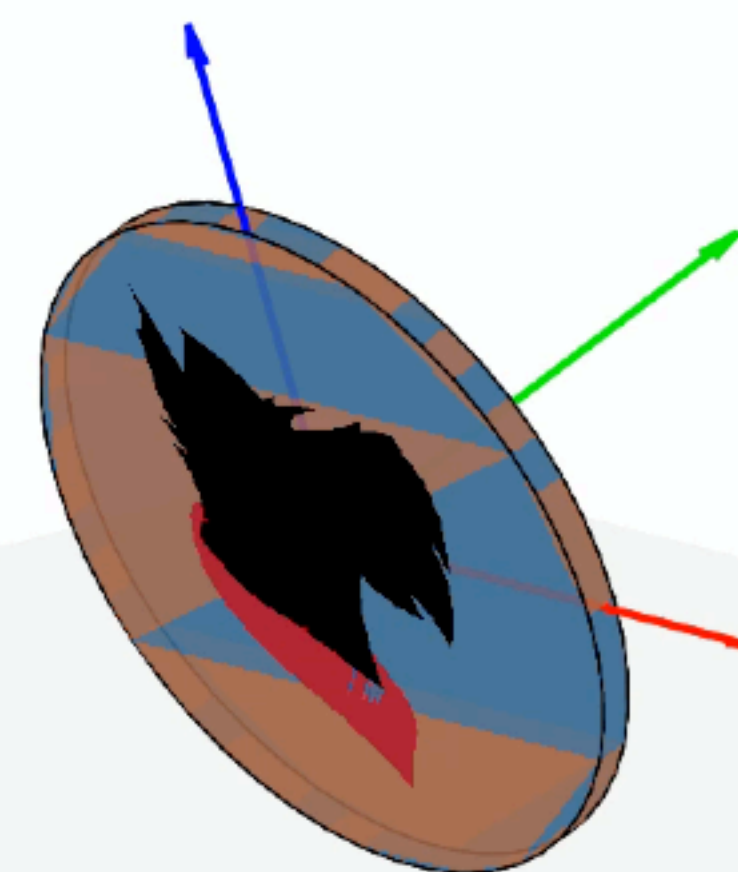


# Rolling disk



Both satisfy conservation of energy!

Variation -> Substitution  
Substitution -> Variation





# Rolling disk

