



# Turning Off The Lights

## Light pollution

Is largely the result of bad lighting design, which allows artificial light to shine outward and upward into the sky, where it's not wanted, instead of focusing it downward, where it is. Ill-designed lighting washes out the darkness of night and radically alters the light levels and light rhythms to which many forms of life, including ourselves, have adapted. Wherever human light spills into the natural world, some aspect of life migration, reproduction, feeding is affected.

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