

The Better You Take Care of Your Hearing Aids, the Better They Will Take Care of You

Establish a regular cleaning routine.

Setting up a simple cleaning routine, which you do automatically every day, is one of the best ways to keep your hearing aids in working order. Each morning, wipe the hearing aids gently with a soft, dry cloth to clean away any grime, oil, or wax that accumulated the previous day. Use a soft brush to clean the microphone cover, and use a wax pick to remove any wax from the receiver tube. You can clean earmolds of behind-the-ear hearing aids with a wax pick, or you can remove the earmolds from the tube and wash them in soapy water. At night, store your hearing aids in the same location to make sure they are not lost or damaged accidentally. Avoid keeping your hearing aids in the bathroom. It is best to store them in a cool and dry place. If you will not be wearing your hearing aids for a while, make sure they are switched off and remove the batteries.

Keep earwax in its place.

Earwax is completely natural and healthy, but it belongs in your ear and not in your hearing aids. A wax pick will help you remove wax from the delicate inner parts of your hearing aid. To avoid excess wax build up in your ears, practice good ear hygiene by washing out your ears periodically with an at-home irrigation kit.

Minimize moisture.

Moisture build up is one of the most common reasons why hearing aids need repair. To avoid this problem, you can invest in a hearing aid dehumidifier or drying container. Simply remove your hearing aid batteries and place the hearing aids in the container. Overnight, the dehumidifier will dry them out.

Consultant of the Month

Rory Conrad



Rory has been a Hearing Aid Consultant since June 2016. Rory had a couple of friends working for Miracle Ear and they recommended he look into the industry. Once he learned more about the company, he decided it was the right move for his family. Rory said, "We occasionally will ask for a testimonial from a patient. One of my recent patients went into great detail on how her new hearing aids saved her life. Her husband had passed and her children were all out of state. She couldn't understand them on the phone so she stopped calling them. She had quit going to the church. She was only leaving the house for doctor's appointments and grocery shopping. She didn't communicate with any friends or family members for months at a time. A neighbor had referred her to come see us in Nampa. Since being fit with Miracle Ear hearing aids she has started going to church again and has started volunteering with multiple organizations. She has joined the a group and attends weekly get togethers and is back in touch with her loved ones. She has thanked us for changing her quality of life and giving her back the communication she missed for so long."



PCC of the Month

Lee Ann Johnson

Lee Ann started with Miracle Ear in January, 2017. What got Lee Ann into the hearing aid business is her family has a history of hearing impairment in their older years. She said, "In reality, you become marginalized by the problem. It reminds people that you are "old" and they realize you are not really participating in conversations because you cannot keep up with the dialogue. Happy thoughts often are conveyed by kids and

adults alike in rapid, happy tones while the hearing impaired person can only guess or try to interpret what they are saying. Where you once were vital and interesting and contributing in a social setting, you become invisible and find yourself nodding your head like you are understanding when you are not. If you are not just nodding your head, you might be constantly interrupting someone's train of thought by asking if they can repeat themselves. In time, the person with the hearing loss quits asking and simply begins to fade away into their own silent world. I sympathize with those families facing that challenge of helping a member restore their hearing. It is my first job in my entire life where I can directly and positively impact the wellness of another human being. I love this job, I really like helping our customers."

Riesling-Peach Glazed Ham

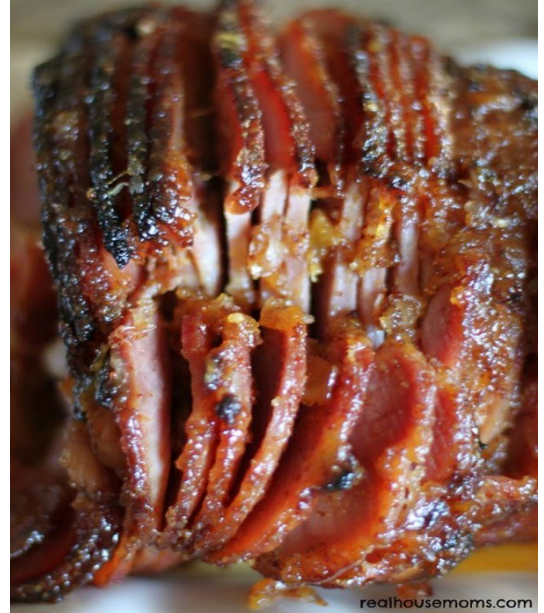
Ingredients

- 1 fully cooked smoked bone-in half ham (6-8 lb)
- 1 cup Riesling wine
- 2 sprigs fresh thyme
- 1 shallot, finely chopped
- 1 18oz jar peach preserves
- 1/2 cup packed light brown sugar
- 1/2 cup stone-ground mustard

Instructions

1. Preheat oven to 350 degrees
2. Line a shallow roasting pan with foil
3. Place ham on the rack in the roasting pan
4. Put ovenproof meat thermometer in ham so tip is in center of thickest part of meat and does not touch bone
5. In a 1 quart saucepan, heat wine, thyme sprigs and shallot to boiling over medium-high heat
6. Reduce heat and simmer uncovered until the wine is reduced to 1/2 cup
7. Remove from heat and discard thyme sprigs
8. Stir in peach preserves, brown sugar and mustard
9. Brush half of glaze mixture over ham
10. Bake uncovered for 1 hour and 30 minutes, basting with remaining glaze mixture every 30 minutes
11. Cover loosely with foil
12. Bake for an additional 30 minutes or until thermometer reads at least 140 degrees
13. Let stand for 15 minutes before slicing and serving

Riesling-Peach Glazed Ham



<http://realhousemoms.com/riesling-peach-glazed-ham/>

Happy Easter!

