

ALANNAH SHELBY RIVERS

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EDUCATION

Baylor University	Waco, TX
Ph.D. , Psychology (Social Psychology track)	expected 2021
<i>Dissertation Prospectus</i> : Social Relationships and Patient Perceptions of Adherence to Diabetes and Hypertension Treatment: A Longitudinal Study	
M.A. , Psychology	2019
Wesleyan College	Macon, GA
B.A. , Psychology, <i>summa cum laude, cum honore</i>	2016

PEER-REVIEWED JOURNAL ARTICLES

- Rivers, A. S.**, & Sanford, K. (2020). When we say “perceived support,” what do we mean? Contexts and components of support among people with serious medical conditions. *Journal of Social and Personal Relationships*, 37, 2758-2778. <https://doi.org/10.1177/0265407520937350>
- Sanford, K., & **Rivers, A. S.** (2020). Treatment Adherence Perception Questionnaire: Assessing patient perceptions regarding their adherence to medical treatment plans. *Psychological Assessment*, 32, 227-238. <https://doi.org/10.1037/pas0000782>
- Rivers, A. S.**, & Sanford, K. (2020). Both trusting and understanding medical advice: Assessing patient alliance and confusion after medical consultations. *Patient Education and Counseling*, 103, 376-384. <https://doi.org/10.1016/j.pec.2019.09.028>
- Sanford, K., **Rivers, A. S.**, Braun, T. L., Schultz, K. P., & Buchanan, E. P. (2018). Medical Consultation Experience Questionnaire: Assessing perceived alliance and experienced confusion during medical consultations. *Psychological Assessment*, 30, 1499-1511. <https://doi.org/10.1037/pas0000594>
- Rivers, A. S.**, & Sanford, K. (2018). Negative relationship behavior is more important than positive: Correlates of outcomes during stressful life events. *Journal of Family Psychology*, 32(3), 375-384. <https://doi.org/10.1037/fam0000389>
- Sanford, K., & **Rivers, A. S.** (2017). The Parting Parent Concern Inventory: Parents’ appraisals correlate with divorced family functioning. *Journal of Family Psychology*, 31(7), 867-877. <https://doi.org/10.1037/fam0000340>

ADDITIONAL PUBLICATIONS

- Rivers, A. S.**, & Sanford, K. (2018). Family Environment Scale. In J. Lebow, A. Chambers, & D. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. https://doi.org/10.1007/978-3-319-15877-8_396-1

SELECTED AWARDS, GRANTS, AND SCHOLARSHIPS

Baylor Graduate School Presidential Scholarship, 2016-2021
Psi Chi Graduate Research Grant, 2020
Herbert J. & Avnell T. Reynolds Psychology Endowed Scholarship Award, 2019
Wesleyan College Award for Academic Excellence in Psychology, 2016
Georgia Collegiate Honor Council Paper Award, First Place for Social Sciences, 2016
Psi Chi Undergraduate Research Grant, 2015
CEPO Student Research Award, First Place for Minority Research, 2015

RESEARCH EXPERIENCE

Lab Member, Interpersonal Relationships and Health Laboratory, 2016 – present
Primary Investigator: Dr. Keith Sanford, Baylor University
Conducting literature reviews and designing studies; assisting in writing internal and external (e.g., National Cancer Institute) grants; submitting IRB proposals; mentoring junior lab members (undergraduate and graduate); collecting data using Amazon Mechanical Turk, Qualtrics, and CloudResearch; analyzing data using R, MPlus, SPSS, Stata, LISREL, HLM, and JASP; writing manuscripts and abstracts for submission to journals and conferences.

Project Research Intern, Baylor, Scott, & White Medical Center – Hillcrest, 2018 – 2019
Supervisor: Dr. Wendy Hegefeld
Assisted in study design, IRB submission, and data analysis for a well-being intervention for breast cancer survivors.

Research Assistant, Wesleyan College, 2015 – 2016
Supervisor: Dr. Brooke Bennett-Day
Conducted literature review and preliminary research for a database of court case summaries; coded data for Interactivity Foundation assessments.

TEACHING EXPERIENCE

Teaching Assistant, Advanced Statistics (upper-level), Baylor University, 2018 – present
Professor: Dr. Keith Sanford
Assisting in design for student projects using R and other course materials; grading projects, quizzes, and exams; meeting with students for feedback and guidance opportunities.

Teacher of Record, Lifespan Human Development (intermediate), Baylor University, 2019
Designed and administered all aspects of course, including materials, activities, and assessments.

Teaching Assistant, Research Methods (introductory), Baylor University, 2016 – 2018
Professor: Dr. Shawn Latendresse
Designed materials, led lectures and activities, and graded lab section focusing on research design, statistics, and academic writing; graded final research paper projects.

Teaching Assistant, Research Preparation (introductory), Wesleyan College, 2015
Professor: Dr. Brooke Bennett-Day
Conducted student workshops on plagiarism and other key topics; graded student assessments.

CONFERENCE PRESENTATIONS

Sanford, K., **Rivers, A. S.**, Elkins, G., Carpenter, J. S., Rand, K. L., & Ellis, R. B. (accepted). An empirically-supported model explaining treatment adherence and treatment decisional distress in breast cancer survivors taking adjuvant hormone therapy. Cancelled due to COVID-19; poster presentation at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Rivers, A. S., & Sanford, K. (2020, February). "Special someones": Are interactions with a relationship partner associated with unique health benefits? Poster presentation at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA. <https://osf.io/vzfjm/>

Rivers, A. S. (2020, February). Social interactions in times of trouble: Positive and negative perceptions are both meaningful for well-being. Online conference presentation for the Baylor University Graduate Student Twitter Conference.

Pizzuto, A., **Rivers, A. S.**, & Sanford, K. (2019, November). In what ways does health-related quality of life motivate people to adhere to medical treatment plans? Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Pederson, J., Hunt, S., Hollingworth, T., Cisneros, T., & **Rivers, A. S.** (2019, April). Effects of Anat Baniel Method® NeuroMovement® lessons on women with breast cancer treated with an aromatase inhibitor. Poster presentation at the annual congress of the Oncology Nursing Society, Anaheim, CA.

Rivers, A. S., & Sanford, K. (2019, February). Perceptions of support are distinct from schemas of support: A study of people with cancer. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR. <https://osf.io/weq7x/>

Sanford, K., & **Rivers, A. S.** (2019, February). Patient adherence to medical advice: Three distinct dimensions of adherence are associated with interpersonal and personality variables. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

Rivers, A. S., & Sanford, K. (2018, July). Intimate partner support in the mind's eye: Using visualization to assess two dimensions of perceived support. Paper presentation at the biannual meeting of the International Association of Relationships Research, Fort Collins, CO.

Rivers, A. S., & Sanford, K. (2018, March). Perceptions of intimate partner support best conceptualized as two dimensions. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Proctor, A. B., **Rivers, A. S.**, Sherrill, B. N., & Sanford, K. (2017, November). A relationship questionnaire with memory prompts: Reducing ceiling effects and increasing scale

distinctiveness. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Rivers, A. S., & Bennett-Day, B. (2017, March). Gender, self-esteem, and parasocial relationships. Paper presentation at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.

Rivers, A. S. (2016, March). Social support, self-esteem, and television viewing motives. Poster presentation at the annual meeting of the Southeastern Psychological Association, New Orleans, LA.

Rivers, A. S. (2016, February). Cross-cultural differences in social media use. Paper presentation at the Georgia Collegiate Honors Conference, Augusta, GA.

Rivers, A. S., Rodriguez, M. I., & Moody, S. L. (2015, March). Analyzing cross-cultural female interpretation of nonverbal expression. Paper presentation at the annual meeting of the Southeastern Psychological Association, Hilton Head, SC.

ORGANIZATIONAL INVOLVEMENT, SERVICE, AND LEADERSHIP

Psychology/Neuroscience Workshop Leader, McNair Scholars, 2018 – 2020

Contributed to poster presentation, mock interview, and graduate school submission workshops for the Baylor McNair Scholars.

Psychology/Neuroscience Mentor, Graduate Undergraduate Mentorship Program, 2016 – 2020
Mentored five Baylor University undergraduates interested in pursuing graduate degrees in related fields.

Graduate Peer Advisor, Society for Personality and Social Psychology, 2020
Mentored one undergraduate and one early career graduate student.

Undergraduate Poster Award Reviewer, Society for Personality and Social Psychology, 2019

Mentoring Advisory Committee, Baylor Women in the Academy, 2018 – 2019
Planned events and topics for faculty-graduate mentorship groups.

Psychology and Neuroscience Representative, Graduate Student Association, 2017 – 2019
Represented department interests in association and university events and meetings; supervised and assisted in planning department interviews and university orientation.

Service Committee, Graduate Student Association, 2017 – 2019
Planned and supervised events for the well-being of graduate students and the local and university community, including mindfulness, mentorship, and outreach activities.

Graduate Mentee, Baylor Women in the Academy, 2017 – 2019

President, Wesleyan College Psi Chi Chapter, 2015 – 2016

ADDITIONAL WORKSHOPS AND TRAINING

Teaching Capstone in Higher Education, Baylor University, 2019 – 2020

Two-semester capstone training course including teaching workshops, peer review, and independent study.

Experience Sampling Methods and Implementation, SPSP, 2020

Half-day workshop with hands-on training at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

Designing for Online Teaching Success, Baylor University, 2019

Semester-long workshop using Canvas, Kaltura, and other online teaching tools to produce an online teaching portfolio.

Theory and Practice of Bayesian Inference Using JASP, SPSP, 2019

Half-day workshop with hands-on training at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.

An Introduction to Longitudinal Dyadic Analyses, SPSP, 2018

Half-day workshop with hands-on training at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.

Portal to the Public, Mayborn Museum, 2017

Multi-session scientific outreach training program.

SCIENTIFIC OUTREACH PRESENTATIONS

Sensory Homunculus, Boys and Girls Club, Waco, TX, 2019

What is a Scientist?, Brain Awareness Week at Mayborn Museum, Waco, TX, 2018

Prune Your Brain, Sic 'Em Science Day at Mayborn Museum, Waco, TX, 2017

Prune Your Brain, Brain Awareness Week at Mayborn Museum, Waco, TX, 2017

Sensory Homunculus, Midway Independent School District, Waco, TX, 2017