

Name: FARAZANA M

Gender: Female

Age: 33 Y

LabourId: 40081

SI No	Lastname of Test conducted	Page No.
1	Doctors Consultation - Detailed Physical Test	1 to 3
2	Lung Function Test	4
3	Audiometry Screening Test	5
4	Vision Screening Test	6
5	CBC Test	7 to End of Report
6	ESR	
7	Blood Sugar Test(Random)	
8	Liver Function Test	
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11	Malaria Parasite	
12	Urine Routine	
13	Urine Routine	
14	Serum Iron	
15	Serum magnesium	
16	GGTP	
17	CRP Quantitative	
18	Serum Ferritin	
19	Serum Ferritin	
	HIV	
	Hepatitis B	
	Hepatitis C	
	VDRL	
20	Blood Grouping	

Jan 28, 2023

Basic Health Checkup Report

Name	FARAZANA M	Phone No	8618743984	Height	147 Cm
Gender	Female	Labour Id	40081	Weight	- Kg(s)
Location	Chikmagalur,Chickmagalur(577101)	MRN no	KA-2300509	Age	33 Y

BODY STATS

			< 18	18-27	27-30	> 30
BMI	- Kg/m2	Underweight	Underweight	Normal	Overweight	Obese
			< 50%	50%-65%		>65%
Hydration	-	Unknown	Low	Normal		Good
			< 12%	12-20%	20-26%	26-29% >29%
Fat	-	Unknown	Athletic	Good	Acceptable	Overweight Obese
			< 3.4%	3.4%-5%		>5%
Bone Mass	-	Unknown	Low	Normal		Good
			< 43.1%	43.1-56.5%		>56.5%
Muscle	-	Unknown	Low	Normal		Good
			1-12.5%		13-59%	
Visceral Fat	-	Unknown	Good		High	
			<20		>20	
Metabolic Age	-	Unknown	Good		High	

BLOOD PRESSURE

			< 90	90-130	130-140	>140
Systolic	- mmHg	Low	Low	Normal	Pre-Hyper	High
			< 60	60-90	90-100	>100
Diastolic	- mmHg	Low	Low	Normal	Pre-Hyper	High

TEMPERATURE

			93-99°F (33-37°C)	>99#8457 (37°C)
Temperature	32.00 F° F	Unknown	Normal	High

PULSE

			< 60	60-90	>90
Pulse	91 %	High	Low	Normal	High
			< 90%	90-100%	>100%
Oxygen Sat	0 %	Low	Low	Normal	Good

RECOMMENDATIONS

BMI -

Eat five to six times a day (3 large meals and 3 mid meal snacks) Eat foods with Full fat and avoid low calorie diet.
Recommended food options: Banana, Milk, Consult a Dietician to help you gain weight.

Fat -

No recommendations

Muscle -

No recommendation

Hydration -

No recommendations

Bone mass -

No Recommendation

Metabolic Range -

No recommendation

Visceral Fat -

No recommendation

Metabolic Age -

No recommendations

Muscle Quality Score -

No recommendations

Systolic -

Eat more salt,avoid alcoholic beverages,cross legs while sitting. Drink water,eat small meals frequently or discuss medications with a doctor.

Diastolic -

Eat a diet higher in salt. Drink lots of non-alcoholic fluids.Limit alcoholic beverages. Get regular exercise to promote blood flow. Consult the doctor.

Pulse -

Ideally pulse measurement is done on a resting body. High Beating Pulse suggests an underlying cause, we suggest to consult the doctor if it is persistent.

Jan 28, 2023

Basic Health Checkup Report

Name	FARAZANA M	Phone No	8618743984	Height	147 Cms
Gender	Female	Labour Id	40081	weight	- Cms
Location	Chikmagalur,Chickmagalur(577101)	MRN no	KA-2300509	Age	33 Y

Stethoscopy

Normal-SiS2 heart (+)

Normal- B/L NVBS

Normal-P/A soft BS Non Tender

Dermascopy

Vitalograph®

COPD Screening Report

Subject Information

Subject Name	FARAZANA M	Subject ID:	KA-2300509
Gender	Female	Age:	33 Y
Height	147	Regression Set:	ERS93/Polgar
Weight	-	BMI:	-

Test Information

Test Date	Jan 25, 2023 6:28 PM	Values at BTPS:	
Device ID:	197911	Device Software	40913 V1.03
		Ref:	
Number of Blows:	1	Number of Good Blows:	1
Best FEV1 within	2.4	Best FEV6 Within:	6.4

Result

Parameter	Predicted	Test 1	Test 2	Test 3	Best	%Pred
FEV1 (L)	-	2.4			2.4	-
FEV6 (L)	-	6.4			6.4	-
FEV1/FEV6 (ration)	-	0.37			0.37	-

Obstructive Index

COPD (GOLD) classification

FEV1 Pred./FEV6 Pred. \geq 80%

Normal

Normal

Pred. FEV1/Pred. FEV6 \geq 0.70

FEV1 Pred./FEV6 Pred. < 80%

Mild

Stage I

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 \geq 80% Pred

FEV1 Pred./FEV6 Pred. < 50%

Moderate

Stage II

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 80% pred.

FEV1 Pred./FEV6 Pred. < 30%

Severe

Stage III

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 50% Pred.

Stage IV

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 30% Pred.

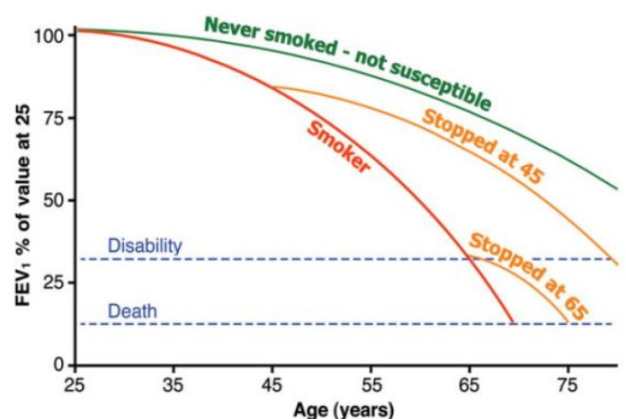
Interpretation



Lung Age: -

Obstructive Index: -

Interpretation: -





Labour Id	40081	Screening Date	Jan 25, 2023 6:28 PM		
Patient ID	KA-2300509	Screening Location			
Name	FARAZANA M	Chikmagalur,Chickmagalur(577101)			
Age	33 Y				
Gender	Female				
Contact	8618743984				
Provisional Diagnosis	No issues found				
Is Hearing Screening Done?	No				
Hearing Screening	500Hz	1000Hz	2000Hz	4000Hz	
Left Ear	28	36	40	44	
Right Ear	28	36	40	44	
Recommendation	1.Pure tone Audiometry(PTA)		Comments		
	2. Impedence Audiometry				
	3. Hearing Aid Trail(HAT)				
	4. Other				
	5. Ent Consultation				

Subject Name	FARAZANA M	Subject ID:	KA-2300509
Gender	Female	Age:	33 Y
Height	147	Regression Set:	ERS93/Polgar
Weight	-	BMI:	-

Eye Examination: Normal

Visual Acuity

RE	LE
6/18	6/12

Prescription:

	SPH	CYL	Axis	ADD
RE	-1.25	0	0	0
LE	-1.00	0	0	0

Diagnosis:

NA

Name: FARAZANA M

Gender: Female

Age: 33 Y

LabourId: 40081

SI No	Lastname of Test conducted	Page No.
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18	Serum Ferritin	
19	Serum Ferritin	
	HIV	
	Hepatitis B	
	Hepatitis C	
	VDRL	
20	Blood Grouping	

Jan 28, 2023

Basic Health Checkup Report

Name	FARAZANA M	Phone No	8618743984	Height	147 Cm
Gender	Female	Labour Id	40081	Weight	- Kg(s)
Location	Chikmagalur,Chickmagalur(577101)	MRN no	KA-2300509	Age	33 Y

BODY STATS

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BMI	- Kg/m2	Underweight	Underweight	Normal	Overweight	Obese
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Fat	-	Unknown	Athletic	Good	Acceptable	Overweight Obese
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Bone Mass	-	Unknown	Low	Normal		Good
			< 43.1%	43.1-56.5%		>56.5%
Muscle	-	Unknown	Low	Normal		Good
			1-12.5%		13-59%	
Visceral Fat	-	Unknown	Good		High	
			<20		>20	
Metabolic Age	-	Unknown	Good		High	

BLOOD PRESSURE

			< 90	90-130	130-140	>140
Systolic	- mmHg	Low	Low	Normal	Pre-Hyper	High
			< 60	60-90	90-100	>100
Diastolic	- mmHg	Low	Low	Normal	Pre-Hyper	High

TEMPERATURE

			93-99°F (33-37°C)	>99#8457 (37°C)
Temperature	32.00 F° F	Unknown	Normal	High

PULSE

			< 60	60-90	>90
Pulse	91 %	High	Low	Normal	High
			< 90%	90-100%	>100%
Oxygen Sat	0 %	Low	Low	Normal	Good

RECOMMENDATIONS

BMI -

Eat five to six times a day (3 large meals and 3 mid meal snacks) Eat foods with Full fat and avoid low calorie diet.

Recommended food options: Banana, Milk, Consult a Dietician to help you gain weight.

Fat -

No recommendations

Muscle -

No recommendation

Hydration -

No recommendations

Bone mass -

No Recommendation

Metabolic Range -

No recommendation

Visceral Fat -

No recommendation

Metabolic Age -

No recommendations

Muscle Quality Score -

No recommendations

Systolic -

Eat more salt,avoid alcoholic beverages,cross legs while sitting. Drink water,eat small meals frequently or discuss medications with a doctor.

Diastolic -

Eat a diet higher in salt. Drink lots of non-alcoholic fluids.Limit alcoholic beverages. Get regular exercise to promote blood flow. Consult the doctor.

Pulse -

Ideally pulse measurement is done on a resting body. High Beating Pulse suggests an underlying cause, we suggest to consult the doctor if it is persistent.

Jan 28, 2023

Basic Health Checkup Report

Name	FARAZANA M	Phone No	8618743984	Height	147 Cms
Gender	Female	Labour Id	40081	weight	- Cms
Location	Chikmagalur,Chickmagalur(577101)	MRN no	KA-2300509	Age	33 Y

Stethoscopy

Normal-SiS2 heart (+)

Normal- B/L NVBS

Normal-P/A soft BS Non Tender

Dermascopy



COPD Screening Report

Subject Information

Subject Name	FARAZANA M	Subject ID:	KA-2300509
Gender	Female	Age:	33 Y
Height	147	Regression Set:	ERS93/Polgar
Weight	-	BMI:	-

Test Information

Test Date	Jan 25, 2023 6:28 PM	Values at BTPS:	
Device ID:	197911	Device Software	40913 V1.03
		Ref:	
Number of Blows:	1	Number of Good Blows:	1
Best FEV1 within	2.4	Best FEV6 Within:	6.4

Result

Parameter	Predicted	Test 1	Test 2	Test 3	Best	%Pred
FEV1 (L)	-	2.4			2.4	-
FEV6 (L)	-	6.4			6.4	-
FEV1/FEV6 (ration)	-	0.37			0.37	-

Obstructive Index

COPD (GOLD) classification

FEV1 Pred./FEV6 Pred. \geq 80%

Normal

Normal

Pred. FEV1/Pred. FEV6 \geq 0.70

FEV1 Pred./FEV6 Pred. < 80%

Mild

Stage I

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 \geq 80% Pred

FEV1 Pred./FEV6 Pred. < 50%

Moderate

Stage II

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 80% pred.

FEV1 Pred./FEV6 Pred. < 30%

Severe

Stage III

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 50% Pred.

Stage IV

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 30% Pred.

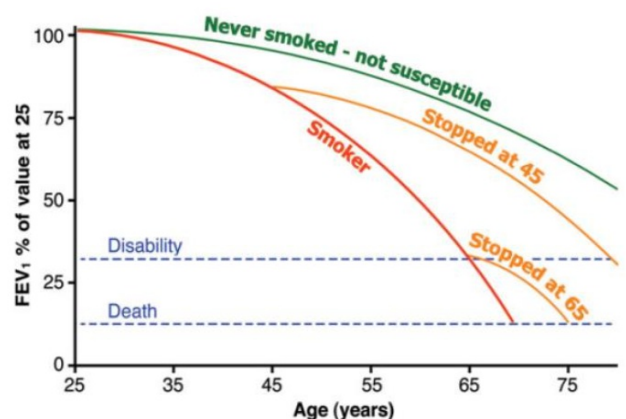
Interpretation



Lung Age: -

Obstructive Index: -

Interpretation: -





Labour Id	40081	Screening Date	Jan 25, 2023 6:28 PM		
Patient ID	KA-2300509	Screening Location			
Name	FARAZANA M	Chikmagalur,Chickmagalur(577101)			
Age	33 Y				
Gender	Female				
Contact	8618743984				
Provisional Diagnosis	No issues found				
Is Hearing Screening Done?	No				
Hearing Screening	500Hz	1000Hz	2000Hz	4000Hz	
Left Ear	28	36	40	44	
Right Ear	28	36	40	44	
Recommendation	1.Pure tone Audiometry(PTA)		Comments		
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	3. Hearing Aid Trail(HAT)				
	4. Other				
	5. Ent Consultation				

Subject Name	FARAZANA M	Subject ID:	KA-2300509
Gender	Female	Age:	33 Y
Height	147	Regression Set:	ERS93/Polgar
Weight	-	BMI:	-

Eye Examination: Normal

Visual Acuity

RE	LE
6/18	6/12

Prescription:

	SPH	CYL	Axis	ADD
RE	-1.25	0	0	0
LE	-1.00	0	0	0

Diagnosis:

NA

Name: FARAZANA M

Gender: Female

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BLOOD PRESSURE

			< 90	90-130	130-140	>140
Systolic	- mmHg	Low	Low	Normal	Pre-Hyper	High
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Diastolic	- mmHg	Low	Low	Normal	Pre-Hyper	High

TEMPERATURE

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PULSE

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RECOMMENDATIONS

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Recommended food options: Banana, Milk, Consult a Dietician to help you gain weight.

Fat -

No recommendations

Muscle -

No recommendation

Hydration -

No recommendations

Bone mass -

No Recommendation

Metabolic Range -

No recommendation

Visceral Fat -

No recommendation

Metabolic Age -

No recommendations

Muscle Quality Score -

No recommendations

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Basic Health Checkup Report

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Subject Information

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Gender	Female	Age:	33 Y
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FEV6 (L)	-	6.4			6.4	-
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COPD (GOLD) classification

FEV1 Pred./FEV6 Pred. \geq 80%

Normal

Normal

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FEV1 Pred./FEV6 Pred. < 80%

Mild

Stage I

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FEV1 Pred./FEV6 Pred. < 50%

Moderate

Stage II

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 80% pred.

FEV1 Pred./FEV6 Pred. < 30%

Severe

Stage III

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 50% Pred.

Stage IV

Pred. FEV1/Pred. FEV6 < 0.70 & FEV1 < 30% Pred.

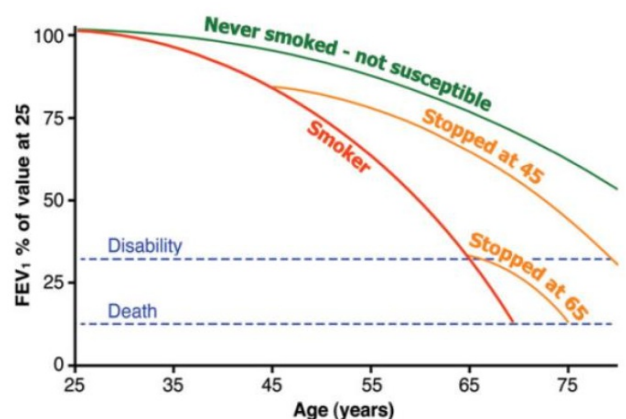
Interpretation



Lung Age: -

Obstructive Index: -

Interpretation: -





Labour Id	40081	Screening Date	Jan 25, 2023 6:28 PM		
Patient ID	KA-2300509	Screening Location			
Name	FARAZANA M	Chikmagalur,Chickmagalur(577101)			
Age	33 Y				
Gender	Female				
Contact	8618743984				
Provisional Diagnosis	No issues found				
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	3. Hearing Aid Trail(HAT)				
	4. Other				
	5. Ent Consultation				

Subject Name	FARAZANA M	Subject ID:	KA-2300509
Gender	Female	Age:	33 Y
Height	147	Regression Set:	ERS93/Polgar
Weight	-	BMI:	-

Eye Examination: Normal

Visual Acuity	RE	LE
	6/18	6/12

Prescription:

	SPH	CYL	Axis	ADD
RE	-1.25	0	0	0
LE	-1.00	0	0	0

Diagnosis:

NA