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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Dropdown Navigation Menu</title>
  <style>
    /* General Styles */
    body {
      font-family: Arial, sans-serif;
      margin: 0;
      padding: 0;
      background-color: #f4f4f4;
    }

    /* Navigation Bar Styles */
    nav {
      background-color: #333;
      padding: 10px 20px;
      box-shadow: 0 4px 6px rgba(0, 0, 0, 0.1);
    }

    nav ul {
      list-style: none;
      margin: 0;
      padding: 0;
      display: flex;
      justify-content: center;
    }

    nav ul li {
      position: relative;
    }

    nav ul li a {
      color: white;
      text-decoration: none;
      padding: 10px 20px;
      display: block;
      font-weight: bold;
      transition: background-color 0.3s ease;
    }

    nav ul li a:hover {
      background-color: #575757;
      border-radius: 5px;
    }

    /* Dropdown Menu Styles */
    nav ul li ul {
      display: none;
      position: absolute;
      top: 100%;
      left: 0;
      background-color: #444;
      padding: 0;
      border-radius: 5px;
      box-shadow: 0 4px 6px rgba(0, 0, 0, 0.1);
    }

    nav ul li ul li {
      width: 200px;
  
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      padding: 10px;
      font-weight: normal;
    }

    nav ul li ul li a:hover {
      background-color: #575757;
      border-radius: 5px;
    }

    /* Show Dropdown on Hover */
    nav ul li:hover > ul {
      display: block;
    }

    /* Transition for Smooth Appearance */
    nav ul li ul {
      transition: opacity 0.3s ease;
      opacity: 0;
    }

    nav ul li:hover > ul {
      opacity: 1;
    }

    /* Welcome Message Styles */
    .welcome {
      display: flex;
      justify-content: center;
      align-items: center;
      height: calc(100vh - 60px); /* Adjust height considering the nav bar */
      text-align: center;
      background-color: #f4f4f4;
      color: #333;
    }

    .welcome h1 {
      font-size: 3em;
      font-weight: bold;
      margin: 0;
    }
  }
</style>
</head>
<body>
  <nav>
    <ul>
      <li><a href="#">Home</a></li>
      <li><a href="#">About</a></li>
      <li>
        <a href="#">Services</a>
        <ul>
          <li><a href="#">Web Design</a></li>
          <li><a href="#">SEO Services</a></li>
          <li><a href="#">Content Writing</a></li>
        </ul>
      </li>
      <li><a href="#">Contact</a></li>
    </ul>
  </nav>
  <div class="welcome">
    <h1>Welcome to My Website</h1>
  </div>
</body>

```

</html>