

# How Home Treatment for Trigger Fingers Eliminate the need of Surgery?

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<https://triggerfingercure.com/what-are-the-risks-of-trigger-finger-surgery/>

If you are a victim of a trigger finger, medically known as stenosing tenosynovitis, you might be aware of the trouble and pain it generally causes. Your finger or thumb gets stuck in a bent position and causes pain with or without hand movement. Additionally, you will not be able to do daily activities that involve hand movement or gripping actions.

Flexor tendons in the finger get activated by the muscles to pull on the finger bones, allowing the fingers to bend and flex. While going through the condition and **best treatment for trigger finger**, surgery is the most recommended option. It increases the space for the flexor tendon to promote ease in movement. As a result, the finger can be straightened and bent without any pain.

## Who are the Good aspirants for surgery?

Surgery must be the last option and considered by seeing the patient's severe symptoms and when the other **natural remedies for trigger finger** fail to cure the condition. The non-surgical treatment includes resting the hand for a few weeks, wearing a splint to keep your finger in a straight position, or taking the over-the-counter non-steroidal anti-inflammatory medicines. You can also go for steroid injections to reduce the inflammation of tendon sheaths, which is a regular treatment due to its effective results, but not for diabetic patients.

Surgery is the option as **trigger finger treatment** for diabetic patients or who have symptoms such as restricted finger or hand movement, pain in the finger or thumb, difficulty to do daily activities or tasks, stress over time while dropping or picking up the things.

### **Overview of Surgical Procedure**

There are two types of surgery processes available for the condition – open and percutaneous release. Though the recovery period is shorter and you will be able to move the affected finger on the day of the surgery after the apathy fades and get a full range of motion. The patient may have to wear a bandage on the finger and keep the wound dry for a few days. Also, you may feel the ache in the finger and palm for a few days post-surgery. Surgery will likely cure the problem and restores the full movement of the finger or thumb of the patient.

### **Complications Involved in the Surgical Procedure**

Mainly, the surgical process is safe. But still, there are some common complications related to surgery include infection, nerve injury, and bleeding. Also, the list of complications may include nerve damage, bowstringing, persistent triggering, steady triggering, and partial extension. You need to pay high costs for getting the trigger finger treated. In severe cases, surgery may not be able to straighten the finger, and thus patient has to go for other treatment options such as **natural remedies for trigger finger**.

### **Try New Home Treatment for Trigger Finger!**

There is an inexpensive alternative to surgery available in the market. Trigger Finger Wand is an innovative device that reduces the pain, discomfort, catching, and locking of trigger fingers. It is a new, safe, and effective trigger finger treatment that gives you the ease of using it at your

home. Designed with a completely natural approach, it has gained recognition as the **best home treatment for the trigger finger**.

Trigger Finger Wand is a quick and painless solution for the condition and is very effective in restoring the movement of the hand. If you are at the earlier stages of the trigger finger, this device is a must-try! Affordable prices, ease of use, and portable feature make it the best choice among patients.

### **Trigger Finger Tape**

Trigger Finger tape is the best **home treatment for trigger fingers** which cures the symptoms associated with the trigger finger. It acts as a second skin that holds the finger in a place to avoid the extreme use of tendons and further inflammation. Both Trigger Finger Wand and tape are the perfect solution that does not cause any side effects and deliver a scar-free treatment. Try 20-30 minutes of the session, and it will provide relief from the trigger finger condition, and it is reusable for multiple fingers as well.

This home treatment is one of its kind and gaining huge popularity among patients who do not want to go for surgical procedures. You will soon get visible results with these natural remedies for the trigger finger. You will get your effective trigger finger treatment under budget with this **home treatment for trigger fingers** and can be purchased online. Give it a try! You will be amazed by the quick and effective results without any complications or risks like surgery!