SPORTS

OLYMPICS

- Olympics games were started in 776 BC on Mount Olympics in the honour of Greek God 'Zeus'.
- They were stopped by a royal order of the Roman Emperor Theodosius in AD 394.
- The modern Olympic Games were started in **Athens** the capital of Greece on **6th April, 1896** with great afforts made by French nobleman, **Baron Pierre de Coubertin.**
- Separate Winter Olympic Games began in 1924.
- Women have been participating in the Olympics since 1912.
- The Olympic Games are organised after every four years.
- The Olympic Flag is made up of White Silk and contains five interwined rings as the Olympic Emblem.
- The five interlaced rings are arranged in 3-2 pattern on a white background, with the blue ring to the extreme left, followed by yellow black, green and red. The blue represented Europe, Black for Africa red for Americas (North and South America both), yellow for Asia and green for Oceania (Australia and New Zealand).
- The official Olympic Motto is *Citius, Altius, Fortius*, a Latin phrase meaning swifter, higher and stronger.
- The Head Office of International Olympic Committee (IOC) is at Lausanne (Switzerland).
- 31st Olympic Games of 2016 was conducted at Rio-de-janeiro.
- 2018 winter olympics were held at Pyeonchang county, South Korea. Norway topped the medal tally. The 2022 winter olympic will be held in Beijing, China.
- Tokyo, will host 2020 summer olympic (postponed) to 2021 due to COVID-19 pandemic.

Indian Medal Winners at 2016 Rio Olympics

Silver	PV Sindhu	Badminton	Women's single
Bronze	Sakshi Malik	Wrestling	Women's free style 58 kg

Olympic Flame

- The Olympic flame symbolises the continuity between ancient and modern games.
- It was at the Amsterdam Games in 1928 that for the first time an Olympic flame was ceremonially lighted and burned in a giant torch at the entrance of the stadium. The modern version of the flame was adopted in 1936 at the Berlin Games.

Some Facts Related to Olympics

- ''Norman Pritchard'' was the first Indian player to participate in Olympic (2nd Olympic Games in 1900) and won two silver medals in athletics.
- Marrie Lila Rao is 1st Indian woman participant in the Olympics after independence.
- India officially participated in the Olympics for the first time in the Sixth Olympic Games (1920) at Antwerp (Belgium).
- The Indian Olympic Council was established in 1927.
- Sir Dorabji Tata was its first President.
- Sonia Denancord (Canada) was the 1st woman referee in football in Atlanta Olympics.
- Maximum number of medal winner sports women is Larissa Lavyanina (18 medals including 9 gold medals).
- Maximum gold medal winner sports woman is Christina Otty. She got 6 gold medals in swimming in Seoul Olympic of 1986.

Commonwealth Games

- The Commonwealth games are a festival of sports of the Commonwealth countries.
- The first Commonwealth Games were held in 1930 in Hamilton, Canada.
- Since 1930, the games have been conducted every four years except for 1942 and 1946.
- The Commonwealth Games Federation (CGF) is the organisation which is responsible for the direction and control of the Commonwealth Games.
- There are currently 53 members of the Commonwealth of Nations and 71 team participated in the games.
- The 2010 Commonwealth Games were held in New Delhi, India.
- 20th Commonwealth Games of 2014 were held in Glasgow (Scotland-UK).
- 21st Commonwealth Games of 2018 was held in Gold Coast Australia (where Australia topped the medal tally while India ranked 3rd with 26 Gold).
- 22nd Commonwealth Games 2022 will be held in Birmingham, England.

Asian Games

- The Asian Games, also called the Asiad, are a multi-sport event held every four years among athletes from all over Asia.
- The games are regulated by the Olympic Council of Asia (OCA), under the supervision of the International Olympic Committee (IOC).
- The first Asian Games were held in 1951 in New Delhi (India). The 2010 Asian Games were held in Guangzhou, China.
- 2014 Asian Games were held in Incheon, South Korea.
- 2018 Asian Games were held in Jakarta (Indonesia). India finished at 8th position with 15 golds.
- The 2022 Asian Games is scheduled to be held in Hangzhou, China.

South Asian Federation (SAF) Games

- Like the Commonwealth Games, the South Asian Federation (SAF) Games is a sports festival of South Asian countries.
- The South Asian Sports Federation was formed in New Delhi on 26th November, 1982.
- The first South Asian Federation Games were held at Kathmandu (Nepal) in 1984.
- No SAF Game were staged in 1986 as it was the year of commonwealth and Asian Games.
- The SAF Games have been rechristened South Asian Games on 2nd April, 2004. Afghanistan joined the Games in 2006.
- The 2016, SAF Games were held in, India.
- SAF game 2019 was held in Nepal (Winner-India) while SAF games, 2022 is scheduled to be held in Lahore, Pakistan.

Cricket World Cup

- The first Cricket World Cup was organised in England in 1975. A separate women's Cricket World Cup has been held every four years since 1973.
- The Cricket World Cup Tournament is organised by the International Cricket Council (ICC).
- The ICC was founded in 1909 and its headquarter is located in Dubai, United Arab Emirates.
- In 1877, the first cricket test match was played in Melbourne between England and Australia.
- The first one day International cricket match was played in the year 1971 between England and Australia in Melbourne.
- The Board of Control for Cricket in India (BCCI) was formed in 1927.

List of Cricket World Cups

Year	Final Match	Result	Year	Final Match	Result
1975	Lord's, England	West Indies beat Australia	**1999**	Lord's, England	Australia beat Pakistan
1979	Lord's, England	West Indies beat England	**2003**	Johannesburg, SA	Australia beat India
1983	Lord's, England	India beat West Indies	**2007**	Bridgetown, WI	Australia beat Sri Lanka
1987	Kolkata, India	Australia beat England	**2011**	Mumbai, India	India beat Sri Lanka
1992	Melbourne, (Australia)	Pakistan beat England	**2015**	Australia/New Zealand	Australia beat New Zealand
1996	Lahore, Pakistan	Sri Lanka beat Australia	**2019**	England	England beat New Zealand

T20 World Cup

It is organised by the International Cricket Council (ICC). It is held every two years.

ICC Twenty-20 Cricket World Cup

Year	Host Nation	Final Venue	Winner	Runner-up
2007	South Africa	Johannesburg	India	Pakistan
2009	England	Lord's, London	Pakistan	Sri Lanka
2010	West Indies	Barbados	England	Australia
2012	Sri Lanka	R Premdasa Stadium, Colombo	West Indies	Sri Lanka
2014	Bangladesh	Sher-e-Bangla Cricket Stadium, Dhaka	Sri Lanka	India
2016	India	Kolkata, Eden Garden	West Indies	England
2021	India*	—	—	—

• The 2020 ICC Twenty-20 Cricket World Cup (scheduled to held in Australia) was postponed to 2021 and now India will host the tournament in October-November 2021.

IPL (Indian Premier League)

It was initiated by Board of Control for Cricket in India (BCCI). It is Headquartered in Mumbai. The first IPL tournament was started in 2008. Seventh IPL Tournament held in Bangalore, Kolkata Knight Riders defeated. King XI Punjab.

Football World Cup

• The Football World Cup is organised by FIFA (Federation of International Football Association).
• The headquarters of FIFA is located in Zurich, Switzerland.
• The World Cup is called 'Jules Rimet Cup' named after the name of FIFA President Jules Rimet.
• The first Football World Cup was organised in Uruguay in 1930.
• In 1942 and 1946, the Football World Cup was not played because of the II World War.
• Brazil is the only nation to have parti- cipated in every World Cup so far.
• The 20th Fifa World Cup held in Brazil. Germany defeated Argentina.
• The 2018 Football World Cup was hosted by Russia in 2018 (winner France) and Qatar will be the host city in 2022.

Hockey World Cup

- The Hockey World Cup is organised by the International Hockey Federation (FIH) once in four years. The headquarters of FIH is located in Lausanne, Switzerland.
- The first Hockey World Cup was organised in Barcelona (Spain) wa 1971 and winner was Pakistan.
- Women's Hockey World Cup is being held since 1974.
- The 13th Women's Hockey World Cup in 2014, was held in The Hague, Netherlands. Netherlands won the tournament for a record seventh time after defeating Australia. The 14th Women's Hockey World Cup of 2018, was held in London, England.
- The 14th Men's Hockey World Cup 2018 was held at Kalinga stadium in Bhubaneswar, India. Belgium became champion defeating Netherland.
- The 15th Men's Hockey World Cup 2023, will be held at the Kalinga Stadium in Bhubaneswar and in Rourkela, Odisha.

Nickname of Players

Player	Nickname
Major Dhyanchand	Hockey ka Jadugar
Milkha Singh	Flying Sikh
PT Usha	Payyoli Express
PT Usha	Golden Girl
Shoaib Aktar	Rawalpindi Express
Rahul Dravid	The Wall
Harbhajan singh	Bhajji, The Turbanator
Javagal Srinath	Mysore Express
Paes and Bhupati	Indian Express

National Sports of Some Countries

Country	National Sport
Australia	Cricket
Canada	Lacrosse (Ice Hockey)
China	Table Tennis
England	Cricket
India	Hockey
Japan	Sumo
Malaysia	Badminton
Scotland	Rugby/Football
Spain	Bull Fighting
USA	Baseball

Important Sport Terms

Sport	Terms
Basketball	Dunk, Front court, Lay up, Held ball, Pivot, Rebound, Steal
Cricket	Bye, Draw, Googly, Topspin, Over throw, Duck, Hit wicket, Cut, Pull, Full Toss
Football	Bend dribble, Dissent, Dummy, Feint, Free kick, Header, Red card, Throwins
Hockey	Bully, Striking, Circle, Post back
Chess	Castle, Diagonaes, Files, Pawns, Peices, Promote, Gambit, Pawn
Boxing	Jab, laying on Knock, Second out habbit punch, Upper cut
Badminton	Loab, Let, Drive, Drop, Love
Polo	Chuker, Bunker
Baseball	Diamond, Home run, Put out, Strike, Ant-rubber.
Rifle Shooting	Target, Muzzle fulb, Bulls eye
Wrestling	Hold Sager, Rebuts, Hal, Nelson, Free Style
Golf	Fore some, Stymie, T, put hole, Caddy, Nib lick, Iron, The green, Bunkeer
Billiards	Jigger, Pot, Break pot, In off, Cans, Bolting, Long, Hazard, Cue
Swimming	Breast Stroke, Twist, Butterfly, Crawl, Spring Board
Volley Ball	Antennae, Attack hit, Libero, Service, Set up, Blocking, Dribbling
Lawn Tennis	Advantage, Ace, Dence, Volley, Foot Foult, Smash, Grand-Slam, Slice, Love
Table Tennis	End line, Flat hit, Foil, Service, Phnholder grip, Reverse, Top-spin, Couter-hitting, Let

Important Cups and Trophies

Sport	Cup and Trophy
Cricket	Irani Trophy, Duleep Trophy, Ranji Trophy, Vijay Hazare Trophy, Asia Cup, Deodhar Trophy, CK Naidu Trophy, Cooch-Behar Trophy, Gandhi-Mandela Series, The Ashes Series etc.
Football	Durand Cup, Nizam Gold Cup, Rovers Cup, Sanjay Gold Cup, Santosh Trophy, Subroto Mukherjee Cup, Vittal Trophy, Nehru Gold Cup
Hockey	Agha Khan Cup, Azlan Shah Cup, Nehru Trophy, Dhyanchand Trophy, Beighton Cup, Scindia Gold Cup, Modi Gold Cup, Indira Gandhi Gold Cup, Rangaswami Cup, Khan Abdul Gaffar Cup.
Golf	Canada Cup, Muthian Gold Cup, Ryder Cup, Walker Cup
Table Tennis	Corbillion Cup (women), Jayalaxmi Cup (women), Swaythling Cup (men)
Lawn Tennis	Davis Cup, Hamlet Cup, Australian Open, French Open, Wimbledon, US open
Badminton	Thomas Cup (men), Uber Cup (women), Narang Cup, Malaysian open
Boxing	Aspy Adjania Trophy
Rowing	Wellington Trophy
Bridge	Ruia Trophy
Polo	Ezra Cup, Winchestor Cup, Radha Mohan Cup, West Chester Cup

Sports Organisations

Organisation		Game	Headquarter
FIDE	Federation International des Echecs (*World Chess Federation*)	Chess	Athens (*Greece*)
FIFA	Federation International de Football Association	Football	Zurich (*Switzerland*)
IHF	Indian Hockey Federation	Hockey	Lausanne (*Switzerland*)
ICC	International Cricket Council	Cricket	Dubai (*UAE*)
ITTF	International Table Tennis Federation	Table Tennis	Lausanne (*Switzerland*)