

KABADDI (BOYS)

- Each team will consist of 12 players, with 7 players on the court and 5 substitutes.
- Each team is allowed two timeouts per half, each lasting 30 seconds.
- If three or fewer defenders successfully stop the raider, it is called a Super Tackle, earning the defending team an extra point.
- The referee's decision is final and binding; no further arguments will be entertained.
- Any intentional violation or misconduct by a player may result in the disqualification of the entire team.
- Jersey Pulling:

First offense: Warning.

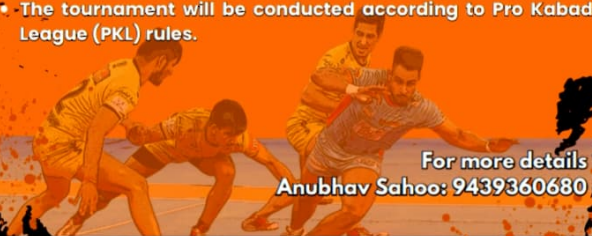
Second offense: The player is out, and the opponent scores a point.

- No Nail Policy:

First offense: Warning to trim nails.

Failure to comply: The player will be removed from the game until the issue is resolved.

- Eligibility Criteria: 85 KG weight restrictions.
- The tournament will be conducted according to Pro Kabaddi League (PKL) rules.



For more details
Anubhav Sahoo: 9439360680

VSS CUP 2025 : THE PRARAMBH

KABADDI (GIRLS)

- Each team will consist of 12 players, with 7 players on the court and 5 substitutes.
- Each team is allowed two timeouts per half, each lasting 30 seconds.
- If three or fewer defenders successfully stop the raider, it is called a Super Tackle, earning the defending team an extra point.
- The referee's decision is final and binding; no further arguments will be entertained.
- Any intentional violation or misconduct by a player may result in the disqualification of the entire team.
- Jersey Pulling:

First offense: Warning.

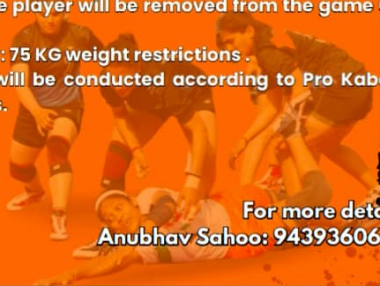
Second offense: The player is out, and the opponent scores a point.

- No Nail Policy:

First offense: Warning to trim nails.

Failure to comply: The player will be removed from the game until the issue is resolved.

- Eligibility Criteria*: 75 KG weight restrictions.
- The tournament will be conducted according to Pro Kabaddi League (PKL) rules.



For more details
Anubhav Sahoo: 9439360680

VSS CUP 2025 : THE PRARAMBH