# **Sample Medical Record: Monica Latte**

WeServeEveryone Clinic	
1111 First Street California 111-111-11111 Fax: 111-1111	Chart Summary

### **Monica Latte**

Home: 444-4444 Female DOB: 04/04/1950	0000-44444	Ins: Commercial xxxxx	
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### **Patient Information**

Name: Monica Latte	Home Phone: 444-4444
Address: 4444 Coffee Ave Chocolate, California	Office Phone:
Patient ID: 0000-44444	Fax:
<b>Birth Date</b> : 04/04/1950	Status: Active
Gender: Female	Marital Status: Divorced

Contact By: Phone	Race: Black
Soc Sec No: 444-444-4444	Language: English
Resp Prov: Carl Savem	<b>MRN:</b> MR-111- 1111
Referred by:	Emp. Status: Full-time
Email:	Sens Chart: No
Home LOC:WeServeEveryone	<b>External ID:</b> MR-111-1111

# **Problems**

**DIABETES MELLITUS (Z9481)** 

Dangerous Disease (X79XXXA)

### **Medications**

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd

Last Refill: #30 x 2 : Carl Savem MD (08/27/2010)

HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast

Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

### **Directives**

Allergies and Adverse Reactions (! = critical)

#### **Services Due**

### FLU VAX, PNEUMOVAX, MICROALB URN

3/18/2011 - Office Visit: F/u Diabetes

**Provider: Carl Savem MD** 

**Location of Care: WeServeEveryone Clinic** 

#### **OFFICE VISIT**

**History of Present Illness** 

**Reason for visit:** Routine follow up **Chief Complaint:** No complaints

### History

Diabetes Management Hyperglycemic Symptoms

Polyuria: no
Polydipsia: no
Blurred vision: no

### **Sympathomimetic Symptoms**

**Diaphoresis:** no **Agitation:** no **Tremor:** no

**Palpitations:** no **Insomnia:** no

### **Neuroglycopenic Symptoms**

Confusion: no
Lethargy: no
Somnolence: no
Amnesia: no

**Stupor:** no **Seizures:** no

# **Review of Systems**

**General:** denies fatigue, malaise, fever, weight loss **Eyes:** denies blurring, diplopia, irritation, discharge

**Ear/Nose/Throat:** denies ear pain or discharge, nasal obstruction or discharge, sore

throat

**Cardiovascular:** denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema Respiratory: denies coughing, wheezing, dyspnea, hemoptysis **Gastrointestinal:** denies abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

**Genitourinary:** denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain

**Skin:** denies rashes, itching, lumps, sores, lesions, color change

**Neurologic**: denies syncope, seizures, transient paralysis, weakness, paresthesias **Psychiatric**: denies depression, anxiety, mental disturbance, difficulty sleeping, suicidal ideation, hallucinations, paranoia

Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

**Heme/Lymphatic:** denies easy or excessive bruising, history of blood transfusions, anemia, bleeding disorders, adenopathy, chills, sweats

**Allergic/Immunologic:** denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

# **Vital Signs**

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Ht: **64 in.** Wt: **140 lbs.**T: **98.0** degF. T site: **oral** P: **72** Rhythm: **regular** R: **16** BP: **158/90** 

# **Physical Exam**

**General Appearance:** well developed, well nourished, no acute distress

Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL

**Respiratory:** clear to auscultation and percussion, respiratory effort normal

**Cardiovascular:** regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities

**Skin:** clear, good turgor, color WNL, no rashes, lesions, or ulcerations

**Problems (including changes):** Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

**Impression:** Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

### **Home Glucose Monitoring:**

AC breakfast 110 to 220 AC breakfast mean 142 AC dinner 100 to 250 AC dinner mean 120

### Plan

#### **Medications:**

HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

**Treatment:** Will have annual foot exam at next visit.

### Orders:

UA

Metabolic Panel

**Education/Counseling (time):** 5 minutes

**Coordination of Care (time):** 20 minutes

Follow-up/Return Visit: 3 months

# **Disposition:** return to clinic

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# 03/18/2011 - Lab Report: Metabolic Panel Provider: Carl Savem MD

### Tests:

# (1) Metabolic Panel(ML-03CHEM)

ALK PHOS	72	35-100
BG RANDOM	125 mg/dl	70-125
BUN	16 mg/dl	7-25
CALCIUM	9.6 mg/dl	8.2-10.2
CHLORIDE	101 mmol/l	96-109
CO2	27 mmol/l	23-29
CREATININE	0.7 mg/dl	0.6-1.2

PO4	2.9 mg/dl	2.5-4.5
POTASSIUM	4.5 mmol/l	3.5-5.3
SGOT (AST)	31 U/L	0-40
BILI TOTAL	0.7 mg/dl	0.0-1.3
URIC ACID	4.8 mg/dl	3.4-7.0
LDH, TOTAL	136 IU/L	0-200
SODIUM	135 mmol/l	135-145

(2) HbA1c Test

HbA1c level 6.0%

(3) Lipid Profile

Cholesterol, Total 210 mg/dl

Triglycerides 236 mg/dl

HDL Cholesterol 36 LDL Cholesterol 107

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Inc	Comm	ercial	VVVVV
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	Date 03/18/2011
HEIGHT (in)	64
WEIGHT (lb)	140
TEMPERATURE (deg F)	98
TEMP SITE	oral
PULSE RATE (/min)	72
PULSE RHYTHM	
RESP RATE (/min)	16
BP SYSTOLIC (mm Hg)	158
BP DIASTOLIC (mm Hg)	90
CHOLESTEROL (mg/dL)	

HDL (mg/dL)	
LDL (mg/dL)	
BG RANDOM (mg/dL)	125
CXR	
EKG	
PAP SMEAR	
BREAST EXAM	
MAMMOGRAM	
HEMOCCULT	neg
FLU VAX	
PNEUMOVAX	
TD BOOSTER	0.5 ml g

Foot Exam	
Eye Exam	Complete