# **Ashish Pokharel**

# Mechanical Engineer, E.I.T

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# **Professional Profile:**

Mechanical engineer with 5+ years of hands-on experience with product development and engineering design in fast-paced and multi-disciplinary settings. Passionate about personal/professional development, fostering collective growth and tackling complex challenges using creative and efficient solutions for the improvement of human lives.

## **Education:**

## The Cooper Union

M.S Mech. Eng (2019) B.S Mech. Eng (2017)

### **Skills:**

#### **CAD**

SolidWorks
3D Experience
AutoCAD
Mastercam
RapidForm (Geomagic)
ANSYS (CAE)
FLUENT (CFD)
Hypermesh
DFA
DFM

# Rapid Prototyping

CNC Milling (Haas) G-code Generation 3D Printing (SLA/FDM) Laser-cutting Turning (manual lathe) Drill Press

#### Quality

cGMP ISO Standards Technical Writing MasterControl Lab Notebook (GDP)

#### General

Microsoft Office Suite Windows MATLAB Python

#### **Hobbies:**

Fantasy Writing Hiking/Trail Running Spartan Races Martial arts Meditation

# **Work Experience:**

# EpiBone, Jersey City, NJ

Mechanical Engineer

January 2020 – Present

- Develops EpiBone's tissue-maturation system and subsystems from conception to use in the cGMP production of a class III bio-engineered cartilage graft with FDA IND approval for a first-in-human phase I/IIb clinical trial.
- Leads the iterative design process for developing and testing graft geometries, perfusion bioreactors, and mechanical loaders using CAD, CAM, DFA, and DFM.
- Achieves aggressive project timelines utilizing rapid prototyping methods including but not limited to CNC machining, SLA 3D printing, laser cutting, and supplementary machine shop equipment.
- Developed the product life management process to ensure traceability through rapid design iterations by utilizing SolidWorks 3DExperience and quality documents such as "Work Instructions" and "Design History Files".
- Optimized perfusion bioreactor design using CFD simulations to successfully grow bone and cartilage grafts suitable for human implantation.
- Designed and tested the bioreactor and electro-mechanical loading systems with real-time graft monitoring features and micron-precision mechanical graft loading.
- Utilized best milling practices to improve part precision and to achieve an accuracy of 50 microns for non-homogenous trabecular bone.
- Authors, revises, and releases documentation for quality management system (QMS) files including protocols, reports, IQ/OQ/PQ, and batch records.
- Co-inventor on two filed IPs (pending): "Bioreactor system for maturation and maintenance of osteochondral tissue" and "Bioengineered cartilage for rhinoplasty composition, method, and apparatus".

#### Mechanical Design Engineer

September 2019 – December 2019

- Generated CAD designs, g-code, 3D print files, and bioreactor components to fabricate patient-specific jawbone grafts for the first-in-human phase I/IIa clinical trials to implant 6 patients with tissue-engineered bone successfully.
- Used CNC mill and 3D printed jigs to machine bone into anatomic geometries.
- Generated designs of silicone insert to perfuse and sterilely secure bone grafts.
- Optimized insert flow channels using CFD to deliver ideal flow rates for growth.
- Designed and 3D printed molds to cast silicone inserts.

### Totem Power, Bedford Hill, NY

Mechanical Engineer

July 2017 - January 2018

- Used SolidWorks to generate models and technical drawings of the Totem Tower.
- Conducted thermal analysis of various compartments of the Totem Tower to assess airflow and temperature gradients using ANSYS, Hypermesh, and FLUENT.
- Utilized simulation data to determine optimal locations to place 200 CFM fans to cool the air inside the unit to operable temperatures.