Time Management Hacks I Wish I'd Known at 20

Etienne Garbugli Product Design & Marketing Consultant

How I spend my Day



How I wish I'd spend my Day



There's always time. Time is priorities.

66 Only plan for 4-5 hours of real work per day.

- David Heinemeier Hansson, 37 Signals

Days always fill up.

It's normal to have days where you just can't work and days where you'll work 12 hours straight.

- Alain Paquin, Whatsnexx

Work more when you're in the zone.

Relax when you're not.

Your time is \$1000/hour, and you need to act accordingly.

- Jason Cohen, @asmartbear

Respect your time and make it respected.

Multi-tasking like a big shot

Answer emails

Work on a big presentation

Call clients

Feel productive

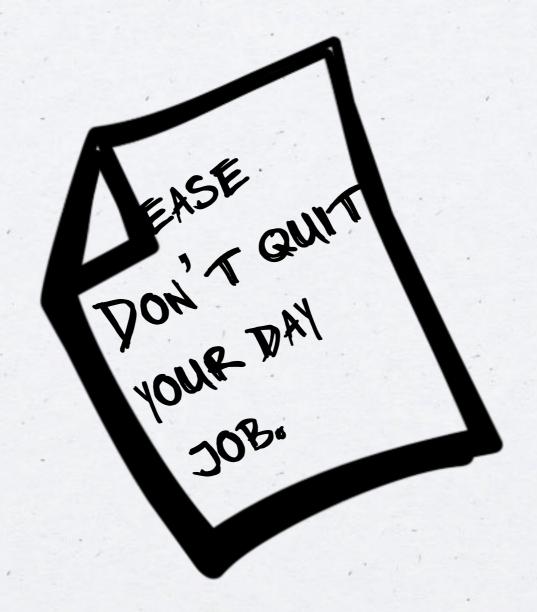
Single-threading and home at 5pm

Answer emails Work on a big presentation Call clients Feel productive

Stop multi-tasking. It merely kills your focus.



Set up a work routine and stick to it.
Your body will adapt.



We're always more focused and productive with limited time.

SEND EMAIL
TO DESIGN
TEAM

CREATE BUSINESS PLAN

ORGANIZE HOME OFFICE

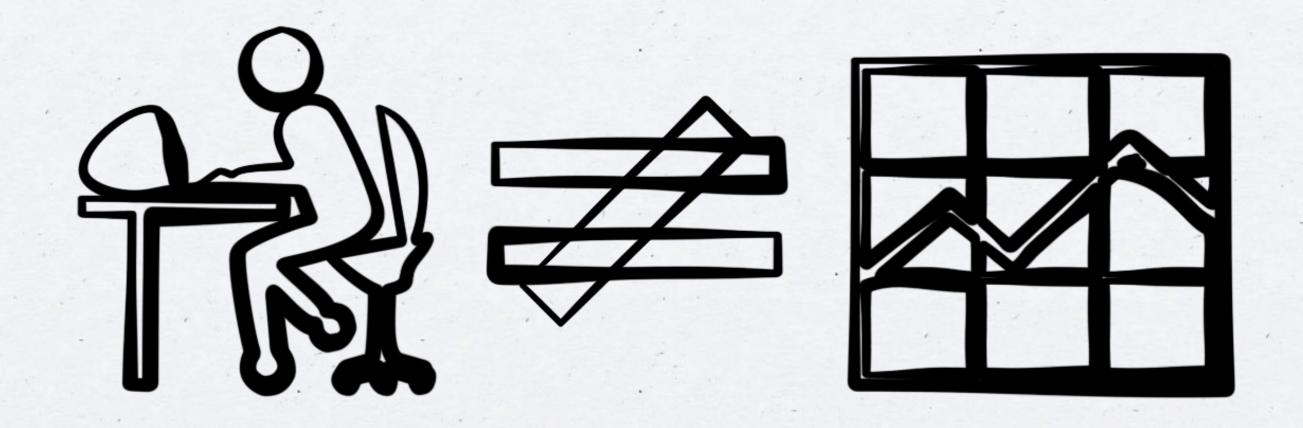
Start here

Work is the best way to get working. Start with short tasks to get the ball rolling.

66 Doing is better than perfect.

- Facebook company motto

Work iteratively. Expectations to do things perfectly are stifling.

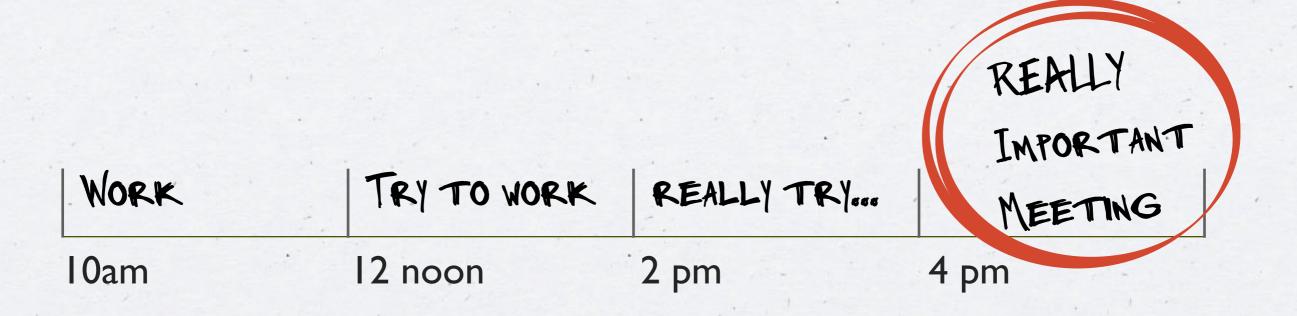


More work hours doesn't mean more productivity. Use constraints as opportunities.

Separate thinking and execution to execute faster and think better.

- Sol Tanguay, Imarklab

Separate brainless and strategic tasks to become more productive.



Organize meetings early during the day. Time leading up to an event is often wasted.

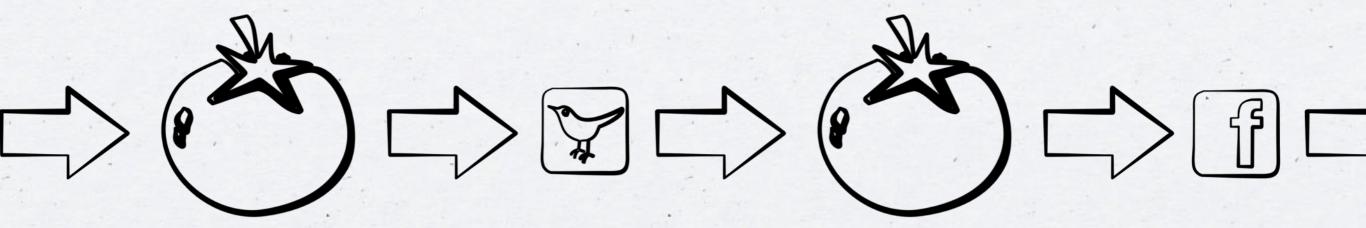
A single meeting can blow a whole afternoon, by breaking it into two pieces each too small to do anything hard in.

- Paul Graham, YCombinator

Group meetings and communication (email or phone) to create blocks of uninterrupted work.

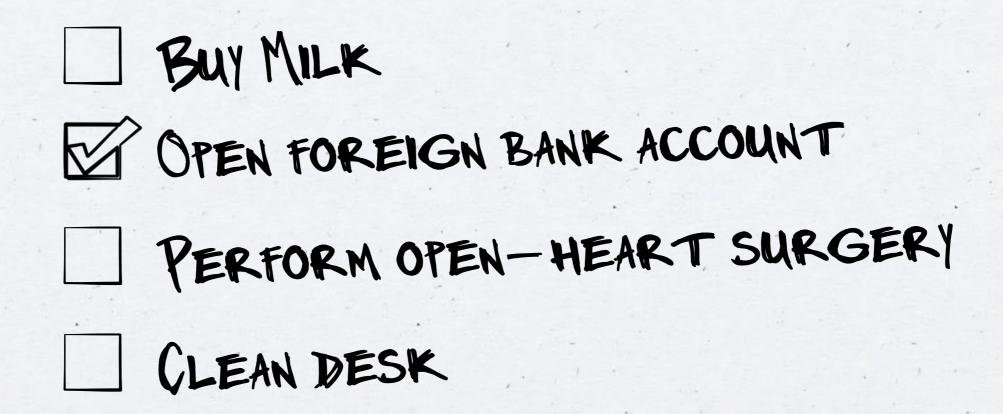


Keep the same context throughout the day. Switching between projects/clients is unproductive.



Work around procrastination. Procrastinate between intense sprints of work (Pomodoro).

Break the unreasonable down into little reasonable chunks. A big goal is only achieved when every little thing that you do everyday, gets you closer to that goal.

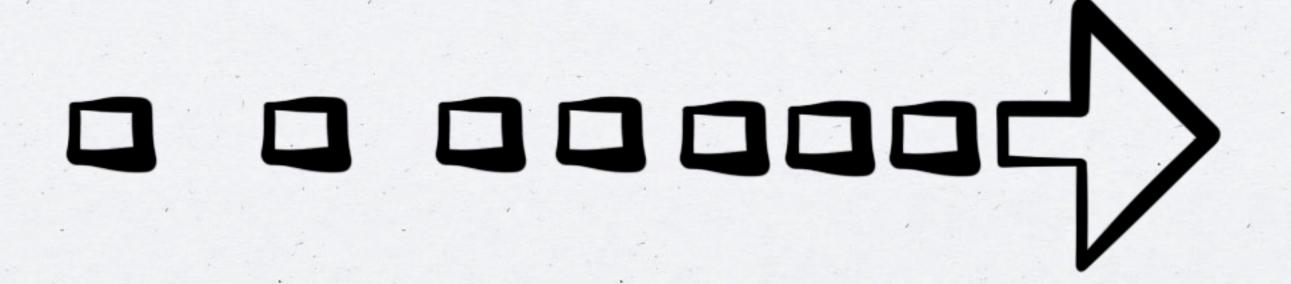


No 2 tasks ever hold the same importance. Always prioritize. Be really careful with to-do lists...

Only ever work on the thing that will have the biggest impact.

- Jason Cohen, @asmartbear

Always know the one thing you really need to get done during the day.



Break tasks into hour increments. Long tasks are hard to get into; feels like it all needs to get done.

If something can be done 80% as well by someone else, delegate!

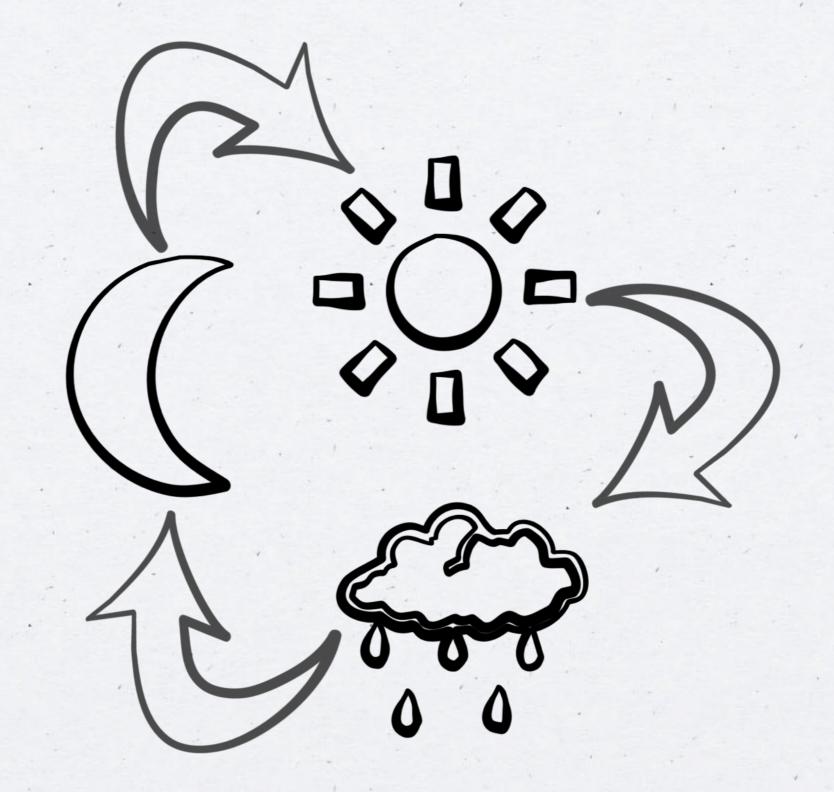
- John C. Maxwell, Author

Delegate and learn to make use of other people.

Yesterday's home runs don't win today's games.

- Babe Ruth, Hall of Fame Baseball player

Turn the page on yesterday. Only ever think about today and tomorrow.



Set deadlines for everything. Don't let tasks go on indefinitely.



Set end dates for intense or stressful activities.

Everything ends at some point.

Get a reminder app for everything. Do not trust your own brain for your memory.

- Julien Smith, Author

Always take notes.

Write down anything that distracts you- google searches, random thoughts, new ideas, whatever. The point is, if you write them down, they'll stop bubbling up when you're in the zone.



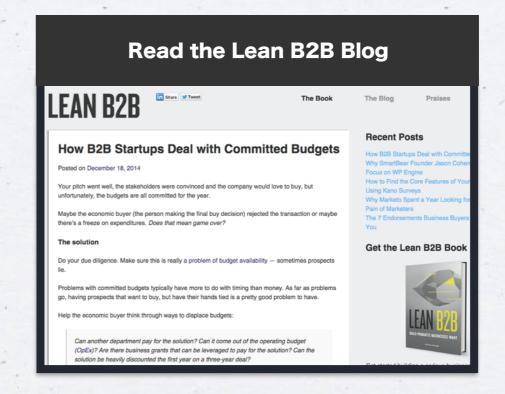
Take breaks.
Sometimes.

Recommended Reading



Next Steps







Étienne Garbugli

Product Design & Marketing Consultant // Author





@egarbugli |in /egarbugli