365 inspiring bible verses to change your life

# a little daily wisdom

joel fotinos & august gold



#### A Little Daily Wisdom: 365 Inspiring Bible Verses to Change Your Life

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#### contents

Introduction • v

january

february

march

april

may

june

july

august

september

october

november

december

My Favorite Verses • 369 Translation Guide • 370

Permissions • 374

#### introduction

Letting the Bible Change Your Life

Several years ago, I was working in a job in San Francisco that was, to say the least, unsettling. The corporation that owned our company was in the midst of several rounds of lay-offs—in less than two years, we had gone from a staff of over 200 people to now just 40. Morale was low, and each day every staff member would wonder if this was the day they would get laid off.

I clearly remember one morning, as I was on the bus going to my job feeling depressed and scared, a thought suddenly came to my mind: all things work together for good to those who love God. It was a Bible verse I had memorized years earlier and hadn't thought about since, and yet, here it was, right when I needed those very words. I immediately felt better, gained strength from this Bible promise, and faced my day with new strength—or, I should say, using God's strength as my own. I repeated it throughout that day, and the days that followed, and what once had been a difficult, dark time became a spiritual quest that brought me closer to God.

I decided to memorize more Bible verses. In fact, the more Bible verses I memorized, the more they "spontaneously" would pop up in my mind, seemingly at the very moment that I needed them most. I came to realize that memorizing Bible verses was like taking spiritual vitamins. Vitamins are supplements we take in order to improve our health and give us more well-being. We don't usually see results of the vitamins on the first day we take them, and their positive effect may be subtle, occurring over a long period of time. Likewise, memorizing Bible verses—our spiritual vitamins—may or may not profoundly affect our lives the day we memorize the verse. But like good vitamins, they stay in our system, providing nutrients and help as we need it. And then, no matter what happens in our lives, these verses will provide comfort, strength, and joy.

We've designed A Little Daily Wisdom: 365 Inspiring Bible Verses to Change Your Life so that you can begin using it immediately. The verses are nearly all short, inspiring, easy to memorize, and every book of the Bible is represented. In some cases, we've taken just a portion of a verse or a paragraph, pulling out the essential message so that it is

easier to memorize. We looked up each verse in the nine translations we used, to find the one that had the clearest message. Since the purpose of this book is specifically to uplift you and to help you in memorizing the words, feel free to let these verses lead you back to the Bible for deeper study and to see each verse in its fullness and in context. You can use this book, then, as a powerful supplement to your life, and allow it to nourish and uplift you.

Try to begin each day with this book, spending a few moments learning that day's Bible verse. Read it several times, and even read it aloud. Read it with feeling. Close your eyes and repeat it until you feel you can remember it. For each verse, you may want to ask yourself some questions that will help you to internalize the verse you've read.

What does the verse say to me? How is it applicable in my life? How does the verse make me feel?

Throughout the day, repeat this verse over and over to yourself so that you can stay present in its promise. You might even take this book with you, or, if that isn't handy, you may want to write out the verse on a card or a Post-it Note and keep it where you can see if over and over.

You'll find that certain verses stick in your mind immediately, that their message is one you need right away. Other verses that you memorize won't be as obvious in their connection to your life—but memorize these verses anyway. A time may come when one of these very verses can offer you its help and hope.

After each Bible verse is included a daily affirmative prayer, which is a way to activate the power of the verse in your life. As you memorize the verse, use the prayer then to seal the promise of the verse between you and God. Memorizing the verses and then following it up with a prayer will, if you let it, have a profound impact in your life. And there are even pages at the end where you can write in your own favorite verses.

So begin your journey today. Memorize your first Bible verse, and begin this new habit that can and will yield amazing results in your life. Think of each new verse you memorize as another vitamin that will bring health and energy to your spiritual life. And allow the many promises of God to become true and present for you.

# a little daily wisdom

So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them.

GENESIS 1:27-28A

Today I give thanks to God for creating me.

I will present to God a tenth of everything he gives me.

GENESIS 28:22B

Today I give back to God, with gratitude.

I will not let You go unless You bless me.

GENESIS 32:26B

Today I find the blessing in everything in my life.

God has been very gracious to me.

I have more than enough.

GENESIS 33:11B

Today I am grateful for all that I have.

You meant evil against me; but God meant it for good.

GENESIS 50:20B

Today I realize that everything that happened to me can bless me.

The Lord answered, "Who makes people able to speak or makes them deaf or unable to speak? Who gives them sight or makes them blind? Don't you know that I am the one who does these things? Now go! When you speak, I will be with you and give you the words to say."

Exopus 4:11-12

## • january 7 •

Don't be afraid! Be brave, and you will see the Lord save you today.

Exodus 14:13B

Today I will be brave in my faith.

#### • january 8 •

God will direct you, you will be able to endure.

Exodus 18:23A

Today I believe in divine guidance, and follow where it leads.

My presence will go with you, and I will give you rest.

Exodus 33:14

Today I rest in the divine peace of God.

## • january 10 •

 $\label{eq:You shall be holy,} You shall be holy, for I the Lord your God am holy.$ 

LEVITICUS 19:2B

Today I am in complete unity with God the Good.

A tithe of everything from the land, whether grain from the soil or fruit from the trees, belongs to the Lord; it is holy to the Lord.

LEVITICUS 27:30

Today I give to God, knowing God returns what I give tenfold.

The Lord bless you and keep you; the Lord make his face shine upon you and be gracious to you; the Lord turn his face toward you and give you peace.

Numbers 6:24-26

Today good flows through me to all that I come in contact with.

#### • january 13 •

Love the Lord your God with all your heart and with all your soul and with all your strength.

Deuteronomy 6:5

Today God shines through my thoughts and my actions.

#### • january 14 •

Always remember that it is the Lord your God who gives you power to become rich.

Deuteronomy 8:18a

#### • january 15 •

Be strong and courageous!

Do not be afraid of them!

The Lord your God will go ahead of you.

He will neither fail you nor forsake you.

Deuteronomy 31:6

Today I am strong and courageous.

## • january 16 •

Whatever you have commanded us we will do, and wherever you send us we will go.

JOSHUA 1:16

Today the Spirit within me makes my way clear and easy.

You know with all your heart and soul that not one of all the good promises the Lord your God gave you has failed. Every promise has been fulfilled; not one has failed.

JOSHUA 23:14B

## • january 18 •

But as for me and my house, we will serve the Lord.

Joshua 24:15c

Today I will serve the Lord in all that I do.