365 days of Inspiration for the year 2012

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Take charge of your day!

Everyone has those days that challenge personal equilibrium. They're the days when it seems like everyone around us is breathing dragon fire. The boss is yelling, the kids are screaming, a friend is having a hormonal crisis, and we are standing in the middle of them all.

We try to remain detached, reminding ourselves that their problems are not ours. We physically remove ourselves from the source of discontent only to wind up the captive audience of right vs left, fear-mongering, news telecast.

By the time the sun has set, so has our ability to withstand the blitz of negativity. We're agitated, nervous, cranky, and generally unhappy. It isn't always easy, but we can protect ourselves from the energies we don't want to be influenced by.

Start your day by making a point to not lose your cool till 10am in the morning, after that the day will take care of itself.

This practice has helped people immensely and when you think you are going to lose it read something motivational, positive or inspirational. You will soon realize that there is more to life...

<u>January</u>

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"Take risks: if you win, you will be happy; if you lose, you will be wise."
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[&]quot;Leap and the net will appear."

[&]quot;We must use time wisely and forever realize that the time is always ripe to do right."

[&]quot;Fate is for those too weak to determine their own destiny."

[&]quot;You only live once, but if you do it right, once is enough."

[&]quot;To measure the man, measure his heart."

[&]quot;Learn as if you were going to live forever. Live as if you were going to die tomorrow."

[&]quot;You can't do anything about the length of your life, but you can do something about its width and depth."

[&]quot;We are all born originals - why is it so many of us die copies?"

[&]quot;Remember, people will judge you by your actions, not your intentions. You may have a heart of gold - but so does a hard-boiled egg."

[&]quot;Some people dream of success... while others wake up and work hard at it."

[&]quot;Life is like a coin. You can spend it any way you wish, but you only spend it once."

[&]quot;Time you enjoy wasting, was not wasted."

[&]quot;One problem with gazing too frequently into the past is that we may turn around to find the future has run out on us."

[&]quot;Dream as if you'll live forever. Live as if you'll die today."

[&]quot;Life is what happens to us while we are making other plans."

[&]quot;Happiness walks on busy feet."

[&]quot;Anyone who has never made a mistake has never tried anything new."

[&]quot;The self is not something that one finds. It is something one creates."

[&]quot;The value of life lies not in the length of days, but in the use we make of them ..."

[&]quot;The grand essentials of happiness are: something to do, something to love, and something to hope for."

[&]quot;The smallest deed is better than the greatest intention."

[&]quot;If you think you can, you can. And if you think you can't, you're right."

[&]quot;One can never consent to creep when one feels an impulse to soar."

[&]quot;The tragedy of life doesn't lie in not reaching your goal. The tragedy lies in having no goal to reach."

[&]quot;Don't hurry, don't worry. You're only here for a short visit. So be sure and stop to smell the flowers."

[&]quot;Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don't turn up at all."

[&]quot;For all sad words of tongue and pen, the saddest are these, 'It might have been.' "

[&]quot;Shun idleness. It is a rust that attaches itself to the most brilliant metals."

[&]quot;The brighter you are, the more you have to learn."

[&]quot;Most people live and die with their music still unplayed. They never dare to try."

February

- 1. "Tomorrow is often the busiest day of the week."
- 2. "Happiness is not a state to arrive at, but a manner of traveling."
- 3. "Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence."
- 4. "The follies a man regrets most in his life are those which he didn't commit when he had the opportunity."
- 5. "Use what talents you have; the woods would have little music if no birds sang their song except those who sang best."
- 6. "I wish I could have known earlier that you have all the time you'll need right up to the day you die."
- 7. "'I can't do it' never yet accomplished anything; 'I will try' has performed wonders."
- 8. "The best way to predict your future is to create it."
- 9. "Do not wait for ideal circumstances, nor the best opportunities; they will never come."
- 10. "A man's worth is no greater than his ambitions."
- 11. "Every man is the architect of his own fortune."
- 12. "If we did all the things we are capable of, we would literally astound ourselves."
- 13. "Life isn't about finding yourself. Life is about creating yourself."
- 14. "Doubt whom you will, but never yourself."
- 15. "Lazy people work double."
- 16. "Selfishness is not living as one wishes to live, it is asking others to live as one wishes to live "
- 17. "The most common cause of insufficient results is insufficient action."
- 18. "Make no little plans; they have no magic to stir men's blood...Make big plans, aim high in hope and work."
- 19. "Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young."
- 20. "Age is something that doesn't matter, unless you are a cheese."
- 21. "Dying seems less sad than having lived too little."
- 22. "You're as old as you behave."
- 23. "He who has nothing to die for has nothing to live for."
- 24. "The secret of getting ahead is getting started."
- 25. "If your ship doesn't come in, swim out to it."
- 26. "Most people would rather be certain they're miserable, than risk being happy."
- 27. "Joy in one's heart and some laughter on one's lips is a sign that the person down deep has a pretty good grasp of life."
- 28. "The gem cannot be polished without friction, nor man perfected without trials."

March

- 1. "Luck is when preparation meets opportunity."
- 2. "He not busy being born is busy dying."
- 3. "Things are only impossible until they're not."
- 4. "What you do today can change the course of your life far into the future. Today is critical. Today really counts."
- 5. "Why not learn to enjoy the little things there are so many of them."
- 6. "The defining function of the artist is to cherish consciousness."
- 7. "You cannot build a reputation on what you are going to do."
- 8. "Most people are about as happy as they make their minds up to be."
- 9. "Let me tell thee, time is a very precious gift of God; so precious that it is only given to us moment by moment."
- 10. "Every man dies. Not every man really lives."
- 11. "There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
- 12. "Be happy while you're living, for you're a long time dead."
- 13. "Everything comes too late for those who only wait."
- 14. "Don't be too timid and squeamish about your actions. All life is an experiment."
- 15. "What a man thinks of himself, that is what determines, or rather indicates his fate."
- 16. "Burning desire to be or do something gives us staying power a reason to get up every morning or to pick ourselves up and start in again after a disappointment."
- 17. "Keep true to the dreams of thy youth."
- 18. "A great deal of talent is lost to the world for want of a little courage. Every day sends to their graves obscure men whose timidity prevented them from making a first effort."
- 19. "What you are afraid to do is a clear indicator of the next thing you need to do."
- 20. "The real person you are is revealed in the moments when you're certain no other person is watching. When no one is watching, you are driven by what you expect of yourself."
- 21. "The door of opportunity won't open unless you do some pushing."
- 22. "If I had my life to live over again, I'd dare to make more mistakes the next time."
- 23. "Everything's in the mind. That's where it all starts. Knowing what you want is the first step toward getting it."
- 24. "Very often a change of self is needed more than a change of scene."
- 25. "Real difficulties can be overcome; it is only the imaginary ones that are unconquerable."
- 26. "Action may not always bring happiness; but there is no happiness without action."
- 27. "Readiness is all."
- 28. "The proper function of man is to live, not to exist. I shall not waste my days in trying to prolong them. I shall use my time."
- 29. "If you reject the food, ignore the customs, fear the religion and avoid the people, you might better stay at home."
- 30. "Wisdom knows what to do next; virtue is doing it."
- 31. "When the world says, 'Give up,' / Hope whispers, 'Try it one more time."

April

- 1. "If there were dreams to sell, what would you buy?"
- 2. "It is not because things are difficult that we do not dare, it is because we do not dare that they are difficult."
- 3. "There's only one thing more painful than learning from experience, and that is not learning from experience."
- 4. "Nothing happens unless first a dream."
- 5. "Later never exists."
- 6. "Concentrate on finding your goal, then concentrate on reaching it."
- 7. "Life is what we make it, always has been, always will be."
- 8. "If you're going through hell, keep going."
- 9. "About the only thing that comes to us without effort is old age."
- 10. "The question is not whether we will die, but how we will live."
- 11. "To say yes, you have to sweat and roll up your sleeves and plunge both hands into life up to the elbows. It is easy to say no."
- 12. "Determine never to be idle. No person will have occasion to complain of the want of time who never loses any. It is wonderful how much can be done if we are always doing."
- 13. "Life is not holding a good hand. Life is playing a poor hand well."
- 14. "Four things come not back: the spoken word, the spent arrow, the past, the neglected opportunity."
- 15. "Just living is not enough. One must have sunshine, freedom, and a little flower."
- 16. "Enjoy the little things, for one day you may look back and realize they were the big things."
- 17. "Never let yesterday use up today."
- 18. "A person can grow only as much as his horizon allows."
- 19. "To conquer without risk is to triumph without glory."
- 20. "Freedom is not worth having if it does not include the freedom to make mistakes."
- 21. "The only real mistake is the one from which we learn nothing."
- 22. "To be nobody but yourself in a world that's doing its best to make you somebody else, is to fight the hardest battle you are ever going to fight. Never stop fighting."
- 23. "The aging process has you firmly in its grasp if you never get the urge to throw a snowball."
- 24. "The men who have done big things are those who were not afraid to attempt big things, who were not afraid to risk failure in order to gain success."
- 25. "You cannot always have happiness, but you can always give happiness."
- 26. "Courage is the power to let go of the familiar."
- 27. "Give me a man who sings at his work."
- 28. "I postpone death by living, by suffering, by error, by risking, by giving, by losing."
- 29. "I have found that if you love life, life will love you back."
- 30. "We cannot do everything at once, but we can do something at once."

<u>May</u>

- 1. "Never believe that a few caring people can't change the world. For, indeed, that's all who ever have."
- 2. "It's not that some people have willpower and some don't. It's that some people are ready to change and others are not."
- 3. "Even if you are on the right track, you'll get run over if you just sit there."
- 4. "Man is free at the moment he wishes to be."
- 5. "Don't let life discourage you; everyone who got where he is had to begin where he was."
- 6. "Whether you believe you can do a thing or not, you are right."
- 7. "If you wait, all that happens is that you get older."
- 8. "Anyone who limits her vision to memories of yesterday is already dead."
- 9. "The best way to cheer yourself up is to try to cheer somebody else up."
- 10. "..a man may live long, yet live very little. Satisfaction in life depends not on the number of your years, but on your will."
- 11. "Here is the test to find whether your mission on Earth is finished: if you're alive, it isn't."
- 12. "One should count each day a separate life."
- 13. "I like the dreams of the future better than the history of the past."
- 14. "To think too long about doing a thing often becomes its undoing."
- 15. "A man must be obedient to the promptings of his innermost heart."
- 16. "Wheresoever you go, go with all your heart."
- 17. "You are your own raw material. When you know what you consist of and what you want to make of it, then you can invent yourself."
- 18. "If we are facing in the right direction, all we have to do is keep on walking."
- 19. "Nothing in the world can take the place of persistence and determination."
- 20. "This very moment is a seed from which the flowers of tomorrow's happiness grow."
- 21. "Men are born to succeed, not fail."
- 22. "The most powerful thing to believe in is yourself and your own abilities."
- 23. "He who is outside his door has the hardest part of his journey behind him."
- 24. "What a wonderful life I've had! I only wish I'd realized it sooner."
- 25. "When I was young, I observed that nine out of ten things I did were failures. So I did ten times more work."
- 26. "Life is a great big canvas, and you should throw all the paint on it you can."
- 27. "It simply comes down to this, Get Busy Living, or Get Busy Dying."
- 28. "Time is the most valuable thing a man can spend."
- 29. "The bitterest tears shed over graves are for words left unsaid and deeds left undone."
- 30. "Delay not to seize the hour!"
- 31. "Reach high, for stars hidden in your soul. Dream deep, for every dream precedes the goal."

June

"A mind once stretched by a new idea never regains its original dimension."

"God help those who do not help themselves."

"The greatest discovery of my generation is that a man can alter his life simply by altering his attitude of mind."

"The ideal never comes. Today is ideal for him who would make it so."

"I'm always thinking about creating. My future starts when I wake up every morning. Every day I find something creative to do with my life."

"Determine that the thing can and shall be done, and then we shall find the way."

"The future belongs to those who live intensely in the present."

"Don't let the fear of the time it will take to accomplish something stand in the way of your doing it. The time will pass anyway; we might just as well put that passing time to the best possible use."

"For the happiest life, days should be rigorously planned, nights left open to chance."

"If you don't know where you are going, how can you expect to get there?"

"Write it on your heart that every day is the best day of the year."

"What we love to do we find time to do."

"We only do well the things we like doing."

"Be a life long or short, its completeness depends on what it was lived for."

"Age is nothing to a live man."

"The future belongs to those who believe in the beauty of their dreams."

"Many people take no care of their money till they come nearly to the end of it, and others do just the same with their time."

"All serious daring starts from within."

"The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark."

"To accomplish great things we must not only act, but also dream, not only plan, but also believe."

"If you rest, you rust."

"Freedom is that instant between when someone tells you to do something and when you decide how to respond."

"I think in terms of the day's resolutions, not the year's."

"History will be kind to me, for I intend to write it."

"Follow your bliss. Find where it is and don't be afraid to follow it."

"As I grow to understand life less and less, I learn to live it more and more."

"It's not the size of the dog in the fight, but the size of the fight in the dog."

"If you always do what interests you, at least one person is pleased."

"Possessions dwindle; I mourn their loss. But I mourn the loss of time much more, for anyone can save his purse, but none can win back lost time."

"There are two things to aim at in life: first, to get what you want; and after that, to enjoy it. Only the wisest of mankind achieve the second."

July

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"You have all eternity to be cautious in when you're dead."
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"To live your life in the fear of losing it is to lose the point of life."

"No one grows old by living, only by losing interest in living."

"What one has not experienced, one will never understand in print."

"That which does not kill us makes us stronger."

"If a man knows not what harbor he seeks, any wind is the right wind."

"Dying is no big deal. The least of us will manage that. Living is the trick."

"Rhetoric is a poor substitute for action..."

"Conditions are never just right. People who delay any action until all factors are favorable, do nothing."

"Life is either a daring adventure or nothing."

"Most of us spend our lives as if we had another one in the bank."

"Wherever you go, go with all your heart."

"The aim of life is to live, and to live means to be aware, joyously, drunkenly, serenely, divinely aware."

"Spend some time alone every day."

"No matter how far you have gone on a wrong road, turn back."

"You can't turn back the clock. But you can wind it up again."

"I finally figured out the only reason to be alive is to enjoy it."

"There is nobody who totally lacks the courage to change."

"With ordinary talent and extraordinary perseverance, all things are attainable."

"What humbugs we are, who pretend to live for Beauty, and never see the Dawn!"

"The roots of true achievement lie in the will to become the best that you can become."

"Never confuse movement with action."

"Avoid the crowd. Do your own thinking independently. Be the chess player, not the chess piece."

"But' is a fence over which few leap."

"All men who have achieved great things have been great dreamers."

"Of all our human resources, the most precious is the desire to improve."

"Every man's life lies within the present; for the past is spent and done with, and the future is uncertain."

"You can take no credit for beauty at sixteen. But if you are beautiful at sixty, it will be your souls own doing."

"You've got to find the force inside you."

"The best helping hand that you will ever receive is the one at the end of your own arm."

"All the so-called 'secrets of success' will not work unless you do"

<u>August</u>

- 1. "Life will reward you precisely to the extent that you express yourself, in your own unique way, to the world."
- 2. "We each have all the time there is; our mental and moral status is determined by what we do with it."
- 3. "What makes life dreary is want of motive."
- 4. "The greater part of our happiness or misery depends on our dispositions and not our circumstances."
- 5. "The world belongs to the energetic."
- 6. "I'd rather have roses on my table than diamonds on my neck."
- 7. "Obstacles are things a person sees when he takes his eyes off his goal."
- 8. "One of the pleasantest things in the world is going on a journey."
- 9. "My favorite thing is to go where I've never been"
- 10. "Oh, a day in the city-square, there is no such pleasure in life!"
- 11. "The mere sense of living is joy enough"
- 12. "To accomplish great things, we must dream as well as act."
- 13. "If we cannot live so as to be happy, let us at least live so as to deserve it."
- 14. "Do not dare to live without some clear intention toward which your living shall be bent. Mean to be something with all your might."
- 15. "Don't be fooled by the calendar. There are only as many days in the year as you make use of."
- 16. "Don't let what you can't do interfere with what you can do."
- 17. "The reward for conformity was that everyone liked you except yourself."
- 18. "It is better to fail in originality than to succeed in imitation."
- 19. "Genuine beginnings begin within us, even when they are brought to our attention by external opportunities."
- 20. "Men and women everywhere must exercise deliberate decision to live wisely."
- 21. "He who would have fruit must climb the tree."
- 22. "To attain happiness in another world we need only to believe something, while to secure it in this world, we must do something."
- 23. "To have that sense of one's intrinsic worth which constitutes self-respect is potentially to have everything."
- 24. "It takes courage to lead a life. Any life."
- 25. "All acts performed in the world begin in the imagination."
- 26. "The method of the enterprising is to plan with audacity and execute with vigor."
- 27. "Once you say you are going to settle for second, that's what happens to you."
- 28. "It doesn't hurt to be optimistic. You can always cry later."
- 29. "Opportunities multiply as they are seized; they die when neglected. Life is a long line of opportunities."
- 30. "Believe that life is worth living, and your belief will help create the fact."

<u>September</u>

- 1. "Changes are not only possible and predictable, but to deny them is to be an accomplice to one's own necessary vegetation."
- 2. "You must change in order to survive."
- 3. "Why always, 'not yet?' Do flowers in spring say, 'not yet?"
- 4. "If I had to live my life again, I'd make the same mistakes, only sooner."
- 5. "First say to yourself what you would be, and then do what you have to do."
- 6. "Monotony is the awful reward of the careful."
- 7. "Never desert your own line of talent. Be what nature intended you for, and you will succeed."
- 8. "Everyone hears what you say. Friends listen to what you say. Best friends listen to what you don't say."
- 9. "Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen."
- 10. "To live is to choose. But to choose well, you must know who you are and what you stand for, where you want to go and why you want to get there."
- 11. "Laugh when you can, apologize when you should, and let go of what you can't change. Life's too short to be anything... but happy."
- 12. "If a man speaks or acts with a pure thought, happiness follows him, like a shadow that never leaves him."
- 13. "Every man is said to have his peculiar ambition."
- 14. "Between the great things we cannot do and the small things we will not do, the danger is that we shall do nothing."
- 15. "There is no sadder sight than a young pessimist."
- 16. "Boldness be my friend."
- 17. "The most unhappy of all men is he who believes himself to be so."
- 18. "Life shrinks or expands in proportion to one's courage."
- 19. "Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, "I will try again tomorrow."
- 20. "A day is a span of time no one is wealthy enough to waste."
- 21. "The secret of success is constancy of purpose."
- 22. "The indispensable first step to getting the things you want out of life is this: decide what you want."
- 23. "Education is not the answer to the question. Education is the means to the answer to all questions."
- 24. "The most wasted of all days is that on which one has not laughed."
- 25. "Redeem the misspent time that's past: Live this day, as if were your last."
- 26. "A man can succeed at almost anything for which he has unlimited enthusiasm."
- 27. "Sometimes success is due less to ability than to zeal."
- 28. "A life that hasn't a definite plan is likely to become driftwood."
- 29. "There are some people who live in a dream world, and there are some who face reality; and then there are those who turn one into the other."
- 30. It is time to make new choices and take this moment to turn what is sour into something sweet.

October

- 1. "I'm not interested in age. People who tell their age are silly. You're as old as you feel."
- 2. "I'll walk where my own nature would be leading; it vexes me to choose another guide."
- 3. "If we don't change, we don't grow. If we don't grow, we aren't really living."
- 4. "The longer I live the more beautiful life becomes."
- 5. "To avoid criticism, do nothing, say nothing, and be nothing."
- 6. "The beginning is half of every action."
- 7. "We are the hero of our own story."
- 8. "There are three ingredients to the good life; learning, earning, and yearning."
- 9. "You must have control of the authorship of your own destiny. The pen that writes your life story must be held in your own hand."
- 10. "Tomorrow is the only day in the year that appeals to a lazy man."
- 11. "The grand essentials to happiness in this life are something to do, something to love and something to hope for."
- 12. "Do it big or stay in bed."
- 13. "Go confidently in the direction of your dreams. Live the life you have imagined."
- 14. "My future is one I must make myself."
- 15. "Few people even scratch the surface, much less exhaust the contemplation of their own experience."
- 16. "It is necessary to try to surpass oneself always; this occupation ought to last as long as life."
- 17. "If you do not express your own original ideas, if you do not listen to your own being, you will have betrayed yourself."
- 18. "Courage is very important. Like a muscle, it is strengthened by use."
- 19. "It is a most mortifying reflection for a man to consider what he has done, compared to what he might have done."
- 20. "If you play it safe in life you've decided that you don't want to grow anymore."
- 21. "Life is enthusiasm, zest."
- 22. "Enthusiasm is the most important thing in life."
- 23. "To be free is to have achieved your life."
- 24. "The difference between one man and another is not mere ability... it is energy."
- 25. "Everyone believes that their beliefs are the right ones that is why they are called beliefs."
- 26. "What lies behind us and what lies before us are tiny matters compared to what lies within us."
- 27. "It is our choices ... that show what we truly are, far more than our abilities."
- 28. "The invariable mark of wisdom is to see the miraculous in the common."
- 29. "In every seed is the promise of a thousand forests. In every today is hidden a promise that can make a man. How true, 'today' has in it such a sense of possibility."
- 30. "The purpose of certain relationships is to come with you till the end. Certain relationships will come, serve a purpose and then end."
- 31. "The best preparation for a better life next year is a full, complete, harmonious, joyous life this year."

November

- 1. "There are a million ways to lose a work day, but not even a single way to get one back."
- 2. "The best way to get something done is to begin."
- 3. "I know of no more encouraging fact than the unquestionable ability of man to elevate his life by conscious endeavor."
- 4. "The difference between school and life? In school, you're taught a lesson and then given a test. In life, you're given a test that teaches you a lesson."
- 5. "There is perhaps nothing so bad and so dangerous in life as fear."
- 6. "For every minute you remain angry, you give up sixty seconds of peace of mind."
- 7. "The greatest discovery of any generation is that a human being can alter his life by altering his attitude"
- 8. "The opposite of courage in our society is not cowardice, it is conformity."
- 9. "Every thought we think is creating our future."
- 10. "This time, like all times, is a very good one, if we but know what to do with it."
- 11. "Nature does not hurry, yet everything is accomplished."
- 12. "Don't cry because it's over, smile because it happened."
- 13. "Achievement seems to be connected with action. Successful men and women keep moving. They make mistakes, but they don't quit."
- 14. "Life must be lived and curiosity kept alive. One must never, for whatever reason, turn his back on life."
- 15. "Self-pity is our worst enemy and if we yield to it, we can never do anything wise in this world."
- 16. "Courage is doing what you're afraid to do. There can be no courage unless you're scared."
- 17. "There is no passion to be found playing small in settling for a life that is less than the one you are capable of living."
- 18. "Action is a great restorer and builder of confidence. Inaction is not only the result, but the cause, of fear. Perhaps the action you take will be successful; perhaps different action or adjustments will have to follow. But any action is better than no action at all."
- 19. "Courage is the power to let go of the familiar."
- 20. "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."
- 21. "Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible."
- 22. "Happiness depends upon ourselves."
- 23. "If one does not know to which port one is sailing, no wind is favorable."
- 24. "We should not let our fears hold us back from pursuing our hopes."
- 25. "Habit and routine have an unbelievable power to waste and destroy."
- 26. "The trouble with life in the fast lane is that you get to the other end in an awful hurry."
- 27. "O for a life of sensations rather than of thoughts!"
- 28. "Living is a constant process of deciding what we are going to do."
- 29. "Anything worth doing is usually difficult, but seldom impossible."
- 30. "We don't see things as they are, we see things as we are."

December

- 1. "We cannot image a life without gadgets today, yet technology cannot replace humans and human presence"
- 2. "Expressing your feelings can cause hurt in a relationship. But, not expressing will hurt the relationship itself."
- 3. "If your heart believes in an idea, even if no one else believes in it, go ahead. Your conviction and passion will generate the energy required to turn that idea into reality."
- 4. "If your path is right and you pursue it long enough, the destination has to come."
- 5. "Be resolute in your goals, but flexible in your tactics."
- 6. "We take refuge in pride because we are afraid to tell the truth to ourselves."
- 7. "A man's pride shall bring him low, but honor shall uphold the humble in spirit."
- 8. "It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently."
- 9. "If you know what to do to reach your goal, it's not a big enough goal."
- 10. "In all realms of life it takes courage to stretch your limits, express your power, and fulfill your potential."
- 11. "You only have to do a very few things right in your life so long as you don't do too many things wrong."
- 12. "Risk comes from not knowing what you're doing, so it's better to always ask."
- 13. "When we trust in the natural goodness around us, we open ourselves for the blessings of life to flow toward us."
- 14. "Efforts and courage are not enough without purpose and direction."
- 15. "Never get even with people. Get ahead of people. You have nothing to prove. Focus on your life than on other's opinion"
- 16. "Chains of habit are too light to be felt until they are too heavy to be broken."
- 17. "A goal is a dream with a deadline."
- 18. "The indispensable first step to getting the things you want out of life is this: decide what you want."
- 19. "In the confrontation between the stream and the rock, the stream always wins not by strength but by perseverance."
- 20. "Enthusiasm spells the difference between mediocrity and accomplishment."
- 21. "There's a very positive relationship between people's ability to accomplish any task and the time they're willing to spend on it."
- 22. "Everyone who got to where they are had to begin where they were."
- 23. "You have to believe in yourself when no one else does. That's what makes you a winner."
- 24. "Yesterday's failures are today's seeds that must be diligently planted to be able to abundantly harvest tomorrow's successes."
- 25. "All life is a chance. So take it! The person who goes furthest is the one who is willing to do and dare."
- 26. "A wise man will make more opportunities than he finds."
- 27. "Each day is a new life. Seize it. Live it."
- 28. "Sweat plus sacrifice equals success."
- 29. "What worries you, masters you."
- 30. "Nothing can be done except little by little."
- 31. "Life is a great bundle of little things."