

# THE TRUTH ABOUT

## **NEGOTIATIONS**

SECOND EDITION

"Crack the code, and use it with anyone at any time..."

Leigh Thompson

Author of Creative Conspiracy: The New Rules of Breakthrough Collaboration

### Praise for The Truth About Negotiations

"Armed with cutting-edge research, Thompson offers up the definitive answers that propel even seasoned negotiators to reach the next level of negotiation success. Each chapter provides a clear answer to a burning question, and the return-on-investment is monumental."

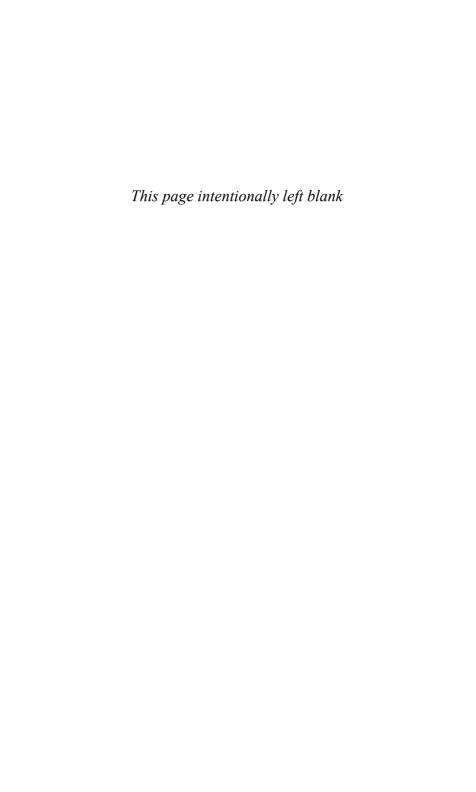
—**Tanios Viviani**, President-Americas, Amway Corp.

"Conflict and adversarial situations are unavoidable, particularly in the security industry. Thompson's lessons, however, offer a roadmap to navigating those interactions successfully. I found myself using her lessons the same day I learned from her, turning potential conflict into a win/win for all parties involved. You need these tools in your toolbox!"

-Ben Keller, CPP, Senior Director, Corporate Security Services, Capital One

"Being successful in today's highly competitive business environment requires being committed to helping customers reach their goals as much as we're trying to reach our own. This very insightful and powerful book makes clear that a consultative approach is fundamental to a successful negotiation. It shows how we can actually expand the pie—with both sides receiving more than expected—if we take the time to really understand the interests of the other."

—Tony Likovich, Vice President, Business Development, Truven Health Analytics



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	Introduction	. vii
Part 1: N	Negotiation: A 30,000-foot view	1
Truth 1:	Negotiation: A natural gift?	
Truth 2:	The magic bullet: Preparation	7
Truth 3:	Your industry is unique (and other myths)	.11
Truth 4:	Win-win, win-lose, and lose-lose negotiations	. 15
Truth 5:	Four sand traps in the golf game of negotiation	. 19
Truth 6:	If you have only one hour to prepare	. 23
Part 2: 7	The bottom line on bottom lines	. 27
Truth 7:	Identify your BATNA	. 29
Truth 8:	Develop your reservation price	.33
Truth 9:	It's alive! Constantly improve your BATNA	. 37
Truth 10:	Don't reveal your BATNA	. 41
Truth 11:	Don't lie about your BATNA	. 45
Truth 12:	Signal your BATNA	.49
Truth 13:	Research the other party's BATNA	. 53
Part 3: E	Black belt negotiation skills	. 55
Truth 14:	Set optimistic but realistic aspirations	. 57
Truth 15:	The power of making the first offer	.61
Truth 16:	What if the other party makes the first offer?	. 65
Truth 17:	Plan your concessions	. 69
Truth 18:	Be aware of the "even-split" ploy.	. 73
Truth 19:	Reveal your interests	. 77
Truth 20:	Negotiate issues simultaneously, not sequentially	. 81
Truth 21:	Logrolling (I scratch your back, you scratch mine)	. 85
Truth 22:	Make multiple offers of equivalent value simultaneously $\ldots$	.89
Truth 23:	Postsettlement settlements	. 93
Truth 24:	Contingent agreements	. 97
Part 4: I	Psychology	101
Truth 25:	The reciprocity principle	103
Truth 26:	The reinforcement principle	107
Truth 27:	The similarity principle	111
Truth 28:	The anchoring principle	115
Truth 29:	The framing principle	119

Part 5:	People problems (and solutions)	123
Truth 30:	Responding to temper tantrums	125
Truth 31:	How to negotiate with someone you hate	129
Truth 32:	How to negotiate with someone you love	133
Truth 33:	Of men, women, and pie-slicing	137
Truth 34:	Your reputation	141
Truth 35:	Building trust	145
Truth 36:	Repairing broken trust	149
Truth 37:	Saving face	153
Part 6: I	-negotiations and E-negotiations	157
Truth 38:	Negotiating on the phone	159
Truth 39:	Negotiating via email and the Internet	163
Truth 40:	When negotiations shift from relational to highly transactional	167
Truth 41:	Negotiating across generations	171
Truth 42:	Negotiating with different organizational cultures .	175
Truth 43:	Negotiating with different demographic cultures	179
Part 7: I	Negotiation Yoga	183
Truth 44:	What's your sign? (Know your disputing style)	185
Truth 45:	Satisficing versus optimizing	189
Truth 46:	Are you an enlightened negotiator?	193
	References	197
	Acknowledgments	203
	About the Author	204

#### Introduction

You spend more time negotiating than you do driving to work each day. Most of us take our driving seriously: We've studied, practiced, and taken a driving test. We have a license, insurance, a car, and a fancy navigation system; we know the rules of the road, and we hope that people who disobey those rules will get pulled over and ticketed. These investments mean that we don't sit up at night worrying about how we are going to drive ourselves to work. We have the equipment, we know what we are doing, and we get there. We feel ready, prepared.

Negotiating every day should be the same way. Yet, if you are like most other people, you spend countless hours fretting about upcoming negotiations. "What should I say?" "Should I open first or not?" "What do I do if they don't accept my offer?" and so on.

This book is about how to make sure you are prepared and ready to negotiate on the roughest of terrain, with the most daunting road conditions.

The need to negotiate can happen at any time—sometimes once a day, and sometimes more than once a day. Any time you cannot reach your goals without the cooperation of someone else, you are propelled headlong into negotiation. You may not be engaged in a hostage negotiation, or striking a deal for millions of dollars' worth of a product or service for a company, but the importance of arriving at a point where you and the other party both feel you win is vital to your peace, sanity, and productivity. For example, if your goal is to eat dinner in peace, and your young child is demanding that you fix a toy or play a game, you must negotiate.

If your goal is to sell your house and upgrade to a nicer house with a heftier mortgage, you must negotiate with your penny-pinching spouse, who may not be up for the move. You sometimes are thrown into negotiations when you least expect it—such as when somebody has the nerve to claim what you thought was yours. Imagine that a coworker announces he or she wants to "reconsider" the project responsibilities that you thought you both

already agreed to. Or say that your neighbor claims it is your job to repair a fence that fell down after a freak thunderstorm.

The simple question I ask in this book is "Are you ready to negotiate at the drop of a hat?" If your answer is anything but "Yes, certainly," then please read on. One false move in negotiations of major importance, such as salary negotiations, house buying, and car buying, can have a dramatic negative consequence on your economic welfare for years to come. Given that your quality of life is affected by your ability to bring home the bacon as well as eat it in quiet dignity, knowing how to negotiate in the corporate world and in the kitchen is essential for peace of mind and retirement.

This book does three things: First, it provides a game plan that works in any negotiation situation. I dispel the faulty belief that negotiations in boardrooms or real estate deals are fundamentally different from salary negotiations, school and community negotiation, and, yes, negotiations with spouses and kids. Chances are, if you are great at making real estate deals, then you also will be great at negotiating with a caterer for your local charity's fundraiser.

Second, this book focuses on the two key tasks of any negotiation: creating win–win deals by leveraging information carefully collected from the other party and effectively laying claim to part of the win–win goldmine.

Finally, this book talks about how to handle less-than-perfect situations, such as when you make a threat (that you did not really mean), how to establish trust with someone you don't trust, how to walk away at the right time, and how to negotiate with people you don't really like and, at the other end of the spectrum, people you love very much.

Negotiation may sound daunting, but if you are informed, practiced, and prepared, even you can do it. And that's the truth.