

TIPS TO IMPROVE STUDYING

- 1. Study in frequent sessions.**
- 2. Take rest to refresh, relax.**
- 3. Honour your emotions & work to overcome emotions.**
- 4. Summarise in same session.**
- 5. Revise same day.**
- 6. Prepare your study environment.**
- 7. Discipline – Attitude – Schedule.**
- 8. Set reasonable – Smart Goals.**
- 9. Avoid frustration.**
- 10. Plan my work.**
- 11. Work my plan. (just do it & Observe)**
- 12. Steps out of your comfort zone (30 minutes) max.**
- 13. Focus is power.**
- 14. Help your friend learn what you know.**
- 15. Libraries.**
- 16. Take help.**
- 17. Keep an open mind.**
- 18. Ask questions.**
- 19. Get out of the past.**
- 20. SWOT Analysis.**