Specific Goal

The goal is visiting Warsaw to see the Warsaw Uprising Museum using a tour guide.

I will be analysing and answering the following questions of my goal using what, who, where, why"?

Why

There are several reasons why i want to use a tour guide to visit the Warsaw Uprising Museum in Warsaw. Some of the reasons are as follows: As a students, I visited the museum to learn about the Warsaw Uprising's history, significance, and impact on Poland and the world.

Personal interest: I am interested in learning more about the Warsaw Uprising and its impact on Polish history and culture.

I used the opportunity to pay tribute to the victims and heroes of the uprising, as well as to honour their bravery and sacrifice.

Cultural exploration: The museum offers a one-of-a-kind opportunity for visitors to explore and learn about Poland's history and culture.

Where

The goal of visiting the Warsaw Uprising Museum with a tour guide will be accomplished at the museum, which is located in Warsaw's Wola district.

What

The goal of touring the Warsaw Uprising Museum with a tour guide is to gain knowledge and understanding of the Warsaw Uprising's history, significance, and impact on Poland and the world. It also pays tribute to the uprising's victims and heroes, commemorating their bravery and sacrifice in the fight for freedom and independence. It could also be for personal curiosity, cultural exploration, or educational enrichment.

\A/ho

Anyone interested in learning about history, culture, and the events surrounding the Warsaw Uprising can use a tour guide to visit Warsaw and see the Warsaw Uprising Museum. It could be for tourists, history buffs, students, researchers, or anyone else who wants to learn more about the past.

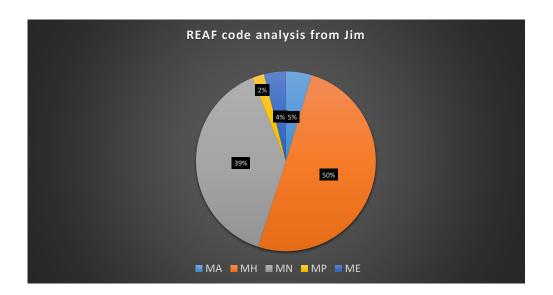
/No	List of activities	From	to	Duration	Code
1	Wake up in the morning	6:30am	6:35am	5 minutes	МН
2	Sit on the bed and meditate	6:35am	6:45am	10 minutes	MN
3	Go to the bathroom and wet my face	6:45am	6:47am	2 minutes	MN
4	Apply face cleaner	6:47am	6:50am	3 minutes	МН
5	Rinse my face	6:50am	6:52am	2 minutes	МН
6	Pat dry my face	6:52am	6:55am	3 minutes	МН
7	Take out my tooth brush and paste then brush my teeth.	6:55am	7:00am	5 minutes	MN
8	Go back to the room and then do some stretching.	7:00am	7:05am	5 minutes	MN
9	Go to the bathroom take off my sleep wear and have a hot bath using my shower gel	7:05am	7:20am	15 minutes	MN
0	Dry my body with my soft towel	7:20am	7:22am	2 minutes	MN
11	Put on a clean short and shirt	7:22am	7:25am	3 minutes	MN
12	Put some cereals in a bowl with yoghurt and have breakfast	7:25am	7:35am	10 minutes	MN
=	Then I comb my hair and brush my beards	7:35am	7:40am	5 minutes	МН
=	Put on my pants, T shirt and my face cap.	7:40am	7:45am	5 minutes	МН
=	Grab my jacket and my backpack	7:45am	7:50am	5 minutes	MH
=	Walk to the tram stop	7:50am	8:00am	10 minutes	MH
7	Wait for my tram that will take me to the train station	8:00am	8:05am	5 minutes	MA
=#	Enter the tram and buy the tram ticket	8:05am	8:10am	5 minutes	MH
9	Get to my stop and walk into the train station	8:10am	8:15am	5 minutes	MH
0	Locate the train going to Warsaw, verify my ticket and enter the train	8:15am	8:30am	15 minutes	MH
1	Wait for the train to move and text my colleagues that I am on my way.	8:30am	8:35am	5 minutes	MA
=	The train moves and heads to Warsaw	8:35am	11:25am	170 minutes	MH
=			ii 	ii———	-
3	Get to Warsaw glowna and find a taxi to hard rock café to meet up with my colleagues	11:25am	11:35am	10 minutes	MH
4	Have a small coffee break while connecting with tour guide to get precise location	11:35am	11:45am	10 minutes	ME
=	We Walk down to the museum	11:45am	11:50am	5 minutes	MH
=	Meet with the tour guide and prepare for the tour.	11:50am	12:00pm	10 minutes	MH
27	First stop is the multimedia display	12:00pm	12:20pm	20 minutes	MH
=	Next is artefacts and documents	12:20pm	12:40pm	20 minutes	MH
=#	Then the reconstruction of the city	12:40pm	1:00pm	20 minutes	МН
:0	Next up is the memorial wall	1:00pm	1:20pm	20 minutes	МН
1	Then The B-24 Liberator bomber	1:20pm	1:50pm	30 minutes	МН
32	The symbol of the uprising	1:50pm	2:05pm	15 minutes	МН
3	The Warsaw Rising Panorama	2:05pm	2:20pm	15 minutes	МН
34	Listen and sawthe Historical accounts	2:20pm	2:35pm	15 minutes	MH
35	See The Building right round	2:35pm	2:45pm	10 minutes	МН
36	Lunch break at the Park Wolności (Freedom Park) with my colleagues and other people from the tour	2:45pm	3:30pm	45 minutes	ME
37	Took some pictures and walk around the park.	3:30pm	4:00pm	30 minutes	МН
38	Book a bolt ride to the train station from the park	4:00pm	4:10pm	10 minutes	МН
9	Wait for the bolt ride	4:10pm	4:25pm	15 minutes	MA
10	Say our goodbyes to everyone	4:25pm	4:30pm	5 minutes	MN
11	Enter the taxi and head straight to the train station	4:30pm	4:45pm	15 minutes	MN
12	Get down from the taxi and go to the board to find my train back to Poznan.	4:45pm	5:00pm	15 minutes	MN
13	Go to the platform where the train is and enter.	5:00pm	5:05pm	5 minutes	MN
14	Search for my wagon and sit.	5:05pm	5:20pm	15 minutes	MN
15	Wait for the train IC 18100 to move	5:20pm	5:30pm	10 minutes	MA
۱6	The train moves from Warsaw to Poznan Glowny	5:30pm	8:45pm	195 minutes	МН
17	We get to Poznan, came down from the train and walked to the tram stop	8:45pm	9:00pm	15 minutes	МН
18	Wait for tram 18 going to kornicka	9:00pm	9:15pm	15 minutes	MA
19	The tram arrives and I entered and sat for it to get to kornicka	9:15pm	9:30pm	15 minutes	МН
=#	come down and walked to my Dom	9:30pm	9:45pm	15 minutes	МН
1	Got to my room door, took out my key from pocket and opened the door	9:45pm	9:50pm	5 minutes	MN
=	Take off my jacket, face cap and shoes	9:50pm	9:55pm	5 minutes	MN

53	Take off my clothes and enter the bathroom	9:55pm	10:00pm	5 minutes	MH
54	Have a hot bath with my shower gel and wipe my body with a soft towel	10:00pm	10:15pm	15 minutes	MH
55	Come back to my room and put on my pyjamas	10:15pm	10:20pm	5 minutes	MN
56	Take out my pan and two packs of noddle's	10:20pm	10:25pm	5 minutes	MN
57	Head to the kitchen to make dinner	10:25pm	10:30pm	5 minutes	MH
58	Put the pan on the electric cooker and added water.	10:30pm	10:35pm	5 minutes	MN
59	I let it boil then add my instant noddle's and seasoning.	10:35pm	10:40pm	5 minutes	MN
60	Let it cook and serve on a plate	10:40pm	10:45pm	5 minutes	MN
61	Go to my room and eat	10:45pm	11:00pm	15 minutes	MH
62	After eating I go to the kitchen sink to wash the pan and plate.	11:00pm	11:05pm	5 minutes	MN
63	Return to my room dropped the pan and plate in the rack.	11:05pm	11:10pm	5 minutes	MH
64	Then I lay on the bed	11:10pm	11:15pm	5 minutes	MH
65	Check the messages on my phone and surf the internet	11:15pm	11:45pm	30 minutes	MP
66	Then I sleep.	11:45pm	6:30am	405 minutes	MN
	Total			1440 minutes	

S/No	List of activities	From	to	Duration	Code
1	Wake up in the morning	6:30am	6:35am	5 minutes	МН
4	Apply face cleaner	6:47am	6:50am	3 minutes	МН
5	Rinse my face	6:50am	6:52am	2 minutes	МН
6	Pat dry my face	6:52am	6:55am	3 minutes	МН
13	Then I comb my hair and brush my beards	7:35am	7:40am	5 minutes	МН
14	Put on my pants, T shirt and my face cap.	7:40am	7:45am	5 minutes	МН
15	Grab my jacket and my backpack	7:45am	7:50am	5 minutes	МН
16	Walk to the tram stop	7:50am	8:00am	10 minutes	МН
18	Enter the tram and buy the tram ticket	8:05am	8:10am	5 minutes	МН
19	Get to my stop and walk into the train station	8:10am	8:15am	5 minutes	МН
20	Locate the train going to Warsaw, verify my ticket and enter the train	8:15am	8:30am	15 minutes	МН
22	The train moves and heads to Warsaw	8:35am	11:25am	170 minutes	МН
23	Get to Warsaw glowna and find a taxi to hard rock café to meet up with my colleagues	11:25am	11:35am	10 minutes	МН
25	We Walk down to the museum	11:45am	11:50am	5 minutes	МН
26	Meet with the tour guide and prepare for the tour.	11:50am	12:00pm	10 minutes	МН
27	First stop is the multimedia display	12:00pm	12:20pm	20 minutes	МН
28	Next is artefacts and documents	12:20pm	12:40pm	20 minutes	МН
29	Then the reconstruction of the city	12:40pm	1:00pm	20 minutes	МН
30	Next up is the memorial wall	1:00pm	1:20pm	20 minutes	МН
31	Then The B-24 Liberator bomber	1:20pm	1:50pm	30 minutes	MH
32	The symbol of the uprising	1:50pm	2:05pm	15 minutes	MH
33	The Warsaw Rising Panorama	2:05pm	2:20pm	15 minutes	MH
34	Listen and sawthe Historical accounts	2:20pm	2:35pm	15 minutes	MH
35	See The Building right round	2:35pm	2:45pm	10 minutes	МН
37	Took some pictures and walk around the park.	3:30pm	4:00pm	30 minutes	МН
38	Book a bolt ride to the train station from the park	4:00pm	4:10pm	10 minutes	МН
46	The train moves from Warsaw to Poznan Glowny	5:30pm	8:45pm	195 minutes	МН
47	We get to Poznan, came down from the train and walked to the tram stop	8:45pm	9:00pm	15 minutes	МН
49	The tram arrives and I entered and sat for it to get to kornicka	9:15pm	9:30pm	15 minutes	MH
50	come down and walked to my Dom	9:30pm	9:45pm	15 minutes	МН
53	Take off my clothes and enter the bathroom	9:55pm	10:00pm	5 minutes	МН
54	Have a hot bath with my shower gel and wipe my body with a soft towel	10:00pm	10:15pm	15 minutes	МН
57	Head to the kitchen to make dinner	10:25pm	10:30pm	5 minutes	МН
61	Go to my room and eat	10:45pm	11:00pm	15 minutes	МН
63	Return to my room dropped the pan and plate in the rack.	11:05pm	11:10pm	5 minutes	МН
64	Then I lay on the bed	11:10pm	11:15pm	5 minutes	МН
	Total			705	

S/No	List of activities	From	to	Duration	Code
2	Sit on the bed and meditate	6:35am	6:45am	10 minutes	MN
3	Go to the bathroom and wet my face	6:45am	6:47am	2 minutes	MN
7	Take out my tooth brush and paste then brush my teeth.	6:55am	7:00am	5 minutes	MN
8	Go back to the room and then do some stretching.	7:00am	7:05am	5 minutes	MN
9	Go to the bathroom take off my sleep wear and have a hot bath using my shower gel	7:05am	7:20am	15 minutes	MN
10	Dry my body with my soft towel	7:20am	7:22am	2 minutes	MN
11	Put on a clean short and shirt	7:22am	7:25am	3 minutes	MN
12	Put some cereals in a bowl with yoghurt and have breakfast	7:25am	7:35am	10 minutes	MN
40	Say our goodbyes to everyone	4:25pm	4:30pm	5 minutes	MN
41	Enter the taxi and head straight to the train station	4:30pm	4:45pm	15 minutes	MN
42	Get down from the taxi and go to the board to find my train back to Poznan.	4:45pm	5:00pm	15 minutes	MN
43	Go to the platform where the train is and enter.	5:00pm	5:05pm	5 minutes	MN
44	Search for my wagon and sit.	5:05pm	5:20pm	15 minutes	MN
51	Got to my room door, took out my key from pocket and opened the door	9:45pm	9:50pm	5 minutes	MN
52	Take off my jacket, face cap and shoes	9:50pm	9:55pm	5 minutes	MN
55	Come back to my room and put on my pyjamas	10:15pm	10:20pm	5 minutes	MN

	Take out my pan and two packs of noddle's	10:20pm	10:25pm	5 minutes	MN
	Put the pan on the electric cooker and added water.	10:30pm	10:35pm	5 minutes	MN
	59 I let it boil then add my instant noddle's and seasoning.	10:35pm	10:40pm	5 minutes	MN
	60 Let it cook and serve on a plate	10:40pm	10:45pm	5 minutes	MN
	After eating I go to the kitchen sink to wash the pan and plate.	11:00pm	11:05pm	5 minutes	MN
	66 Then I sleep.	11:45pm	6:30am	405 minutes	MN
	Total			545	
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S/I	No List of activities	From	to	Duration	Code
	17 Wait for my tram that will take me to the train station	8:00am	8:05am	5 minutes	MA
	Wait for the train to move and text my colleagues that I am on my way.	8:30am	8:35am	5 minutes	MA
	39 Wait for the bolt ride	4:10pm	4:25pm	15 minutes	MA
4	Wait for the train IC 18100 to move	5:20pm	5:30pm	10 minutes	MA
4	48 Wait for tram 18 going to kornicka	9:00pm	9:15pm	15 minutes	MA
	Total			65	
					-
S/I	No List of activities	From	to	Duration	Code
	Check the messages on my phone and surf the internet	11:15pm	11:45pm	30 minutes	MP
	Total			30	
					-
S/I	No List of activities	From	to	Duration	Code
	Have a small coffee break while connecting with tour guide to get precise location	11:35am	11:45am	10 minutes	ME
3	Lunch break at the Park Wolności (Freedom Park) with my colleagues and other people from the tour	2:45pm	3:30pm	45 minutes	ME
	Total			55	
		-		N.	-



Total	1400	minutes
ME	55	minutes
MP	30	minutes
MN	545	minutes
MH	705	minutes
MA	65	minutes
refa codes	Time durat	ion
refa codes	Time durat	ion

S:NO	List of activities	From	То	Duration	Code
1	Wake up in the morning	06:00:00	06:05:00	00:05:00	mn
2	make my bed	06:05:00	06:10:00	00:05:00	MZ
3	stretching body /yoga	06:10:00	06:25:00	00:15:00	MN
4	I am going to Washroom.	06:25:00	06:35:00	00:10:00	MN
5	Go to the bathroom and wet my face	06:35:00	06:37:00	00:02:00	MN

_	Disease with a second	06.27.00	06:42:00	00.05.00	
6	Rinse my face	06:37:00	06:42:00	00:05:00	MN
7	Pat dry my face	06:42:00	06:44:00	00:02:00	MN
8	I will retrieve my toothbrush and toothpaste, and proceed to brush my teeth.	06:44:00	06:49:00	00:05:00	MN
_	I will take off my sleepwear and then go to the bathroom to have a relaxing bath using hot water and	00.40.00	07.04.00	00:15:00	
9	my preferred shower gel.	06:49:00	07:04:00	00:15:00	MN
10	After taking a bath, I will use a soft towel to dry my body.	07:04:00	07:07:00	00:03:00	MN
11	I will apply hair oil to my hair and use body lotion on my body.	07:07:00	07:12:00	00:05:00	MN
12	I will comb my hair and brush my beard.	07:12:00	07:17:00	00:05:00	MN
13	After drying off and applying hair oil and body lotion, I will put on clean clothes	07:17:00	07:22:00	00:05:00	MN
14	After putting on clean clothes, I will proceed to clean the soaked chickpeas.	07:22:00	07:27:00	00:05:00	MN
15	After soaking the chickpeas, the next step is to chop up some lettuce and mix it in with the chickpeas.	07:27:00	07:32:00	00:05:00	MN
13	Arter Soaking the Chickpeas, the next step is to chop up some lettuce and mix it in with the Chickpeas.	07.27.00	07.32.00	00.03.00	IVIIN
16	I am eating my breakfast.	07:32:00	07:37:00	00:05:00	MN
17	Then, I check my messages and emails	07:37:00	07:40:00	00:03:00	MN
18	Once I'm finished with my meal, I wash up the dishes.	07:40:00	07:42:00	00:02:00	MN
19	Next, I organize my things for school and pack my bag.	07:42:00	07:47:00	00:05:00	MZ
20	I then retrieve my jacket from my wardrobe.	07:47:00	07:49:00	00:02:00	MN
21	I am going to walk to the university	07:49:00	08:00:00	00:11:00	MZ
22	After arriving at the university, I attend my scheduled Math class.	08:00:00	09:00:00	01:00:00	MZ
23	Once I finish my Math class, I walk to the tram station.	09:00:00	09:05:00	00:05:00	MN
24	I wait for my tram, which will transport me to the bus station	09:05:00	09:27:00	00:22:00	ME
25	Upon arriving at the Poznan tram station, I walk to the main bus station	09:22:00	09:27:00	00:05:00	MN
26	After reaching the Poznan tram station, I make my way to the main bus station to locate my bus, and	09:27:00	09:32:00	00:05:00	MZ
	subsequently purchase a ticket to travel from the bus station to the Poznan airport.				
27	After purchasing my ticket, i started my journey to the airport	09:32:00	09:52:00	00:20:00	MN
20	Upon arriving at the Poznan airport, I proceed to the check-in area and wait in line for my turn to	00.53.00	10:00:00	00.00.00	F 4.5
28	check-in for my flight	09:52:00	10:00:00	00:88:00	ME
29	"After checking in at the Poznan airport, I board my flight from Poznan to Warsaw.	10:00:00	11:00:00	01:00:00	MH
	I arrive at the Warsaw airport and complete the check-out process, I exit the airport and search for a				
30	taxi to take me to the Hard Rock Cafe to meet my friends	11:00:00	11:35:00	00:35:00	MH
21	· · · · · · · · · · · · · · · · · · ·	11,25,00	11.45.00	00:10:00	0.401
31	After meeting up with my friends, we took a short coffee break	11:35:00	11:45:00	00:10:00	MN
32	After the coffee break, we walk down to the museum	11:45:00	11:50:00	00:05:00	MN
33	We meet up with the tour guide and get ready for the tour by reviewing the itinerary and any other	11:50:00	12:00:00	00:10:00	МН
55	necessary preparations	11.50.00	12.00.00	00.10.00	14111
34	Our first stop on the tour is the multimedia display, where we will learn about the history and	12:00:00	12:20:00	00:20:00	МН
34	significance of the museum's exhibits through interactive exhibits	12.00.00	12.20.00	00.20.00	IVIII
	Next on the tour, we will explore the museum's collection of artifacts and documents, which provide	40.00.00	40.40.00		
35	further insights into the history and culture of the region	12:20:00	12:40:00	00:20:00	MH
	After viewing the museum's collection of artifacts and documents, we move on to the reconstruction				
36	exhibit, where we can see a detailed representation of the city's historical architecture and	12:40:00	13:00:00	00:20:00	МН
	infrastructure.				
	Our next stop on the tour is the memorial wall, where we can pay our respects and honour the				
37	memory of those who suffered during the city's difficult past	13:00:00	13:20:00	00:20:00	MH
20	Then Following the memorial wall, we move on to see the B-24 Liberator bomber exhibit, which	12.20.00	12.50.00	00.20.00	
38	showcases the aircraft used during World War II and provides insight into the role that the region	13:20:00	13:50:00	00:30:00	MH
	played in the war effort.				
39	Our last stop on the tour is the symbol of the uprising, a monument that commemorates the bravery	13:50:00	14:05:00	00:15:00	МН
33	and sacrifice of those who fought for the city's freedom during the historic uprising."	13.30.00	14.03.00	00.15.00	
40	Finally, we visit the Warsaw Rising Panorama exhibit, a powerful artistic depiction of the city's historic	14:05:00	14:20:00	00:15:00	МН
40	uprising and a tribute to those who fought for freedom and independence.	14.05.00	14.20.00	00.13.00	IVIII
41	Listen and sawthe Historical accounts	14:20:00	14:35:00	00:15:00	MH
42	Saw The Building right round	14:35:00	14:45:00	00:10:00	MH
43	Lunch break at the Park Wolności (Freedom Park) with my colleagues and other people from the tour	14:45:00	15:30:00	00:45:00	ME
44	Took some pictures and walk around the park	15:30:00	16:00:00	00:30:00	MI
	Took some pictures and walk around the park.				MH
45	are ready to leave the park and head to the train station	16:00:00	16:10:00	00:10:00	MN
46	Wait for the bolt ride	16:10:00	16:25:00	00:15:00	ME
47	Say our goodbyes to everyone	16:25:00	16:30:00	00:05:00	MZ
48	me and my friend enter the taxi together and head straight to the train station.	16:30:00	16:45:00	00:15:00	MN
49	buy tickets for the train ride from Warsaw to the main station in Poznan.	16:45:00	17:00:00	00:15:00	MN
50	Go to the platform where the train is and enter.	17:00:00	17:05:00	00:05:00	MN
51	search for our train wagon and then take a seat	17:05:00	17:20:00	00:05:00	MN
52	wait for the train IC 18100 to start moving	17:20:00	17:30:00	00:10:00	ME
53	The train IC 18100 begins its journey from Warsaw and heads towards Poznan Glowny	17:30:00	18:45:00	01:15:00	MH
54	$\label{thm:local_problem} \mbox{Upon arrival at Poznan Glowny, my friend and I disembarked from the train and walked to the nearby}$	18:45:00	19:00:00	00:15:00	MN
	tram stop				
55	Say our goodbyes to my friend	19:00:00	19:05:00	00:05:00	MN
56	Wait for tram 12 going to serafitke	19:05:00	19:10:00	00:05:00	ME
57	The tram arrives and I entered and sat for it to get to serafitke	19:10:00	19:25:00	00:15:00	MN
58	After arriving at the Serafitek tram stop, I got off the tram and walked to my dormitory.	19:25:00	19:32:00	00:07:00	MN
55		13.23.00	25.52.00	55.57.00	.**
59	As I approached my dormitory room, I fished out my key from my pocket and unlocked the door. With	19:32:00	10.27.00	00:05:00	MN
J	a gentle push, I entered the room, feeling relieved to be back after a long day of travel and touring.	19.32:00	19:37:00	00.05.00	IVIIV
60	Took off my include and above and placed there is their designment of and	10.27.00	10.47.00	00.10.00	N.451
60	Took off my jacket and shoes and placed them in their designated spots	19:37:00	19:47:00	00:10:00	MN
61	Took my off my clothes and went to the bathroom	19:47:00	19:52:00	00:05:00	MN
62	I took a hot bath using my shower gel and then dried myself off with a soft towel.	19:52:00	20:12:00	00:20:00	MN
63	After finishing my bath, I dried off with a soft towel and changed into my shorts	20:12:00	20:20:00	00:08:00	MN
64	I took out a pan and two packs of Maggi	20:20:00	20:22:00	00:02:00	MN

65	Head to the kitchen to make dinner	20:22:00	20:23:00	00:01:00	MN
66	Put the pan on the electric cooker and added water.	20:23:00	20:33:00	00:10:00	MN
67	I cut some vegetables to add to the Maggi noodles	20:33:00	20:37:00	00:04:00	MN
68	I let the water boil and then added my maggi noodles and seasoning	20:37:00	20:39:00	00:02:00	MN
69	And mixed my vegetables into the noodles and seasoning.	20:39:00	20:47:00	00:08:00	MN
70	I let it cook and then served it on a plate.	20:47:00	20:50:00	00:03:00	MN
71	Went to my room to eat maggi	20:50:00	21:05:00	00:15:00	MN
72	After finishing my meal, I headed to the kitchen sink to wash the pan and plate	21:05:00	21:15:00	00:10:00	MN
73	Returned to my room and placed the pan and plate in the dish rack	21:15:00	21:20:00	00:05:00	MN
74	I then soaked my chickpeas in water for tomorrow's breakfast	21:25:00	21:30:00	00:05:00	MN
75	Then I lay down on the bed	21:30:00	06:00:00	08:30:00	ME
	Total hours			24:00:00	
				·	

S:NO	List of activities	From	То	Duration	Code
1	I wait for my tram, which will transport me to the bus station	09:05:00	09:27:00	00:22:00	ME
2	Upon arriving at the Poznan airport, I proceed to the check-in area and wait in line for my turn to check-in for my flight	09:52:00	10:00:00	00:08:00	ME
3	Lunch break at the Park Wolności (Freedom Park) with my colleagues and other people from the tour	14:45:00	15:30:00	00:45:00	ME
4	Wait for the bolt ride	16:10:00	16:25:00	00:15:00	ME
5	wait for the train IC 18100 to start moving	17:20:00	17:30:00	00:10:00	ME
6	Wait for tram 12 going to serafitke	19:05:00	19:10:00	00:05:00	ME
7	Then I lay down on the bed	21:30:00	06:00:00	08:30:00	ME

ME 10:15:00

S:NO	List of activities	From	To	Duration	Code
1	"After checking in at the Poznan airport, I board my flight from Poznan to Warsaw.	10:00:00	11:00:00	01:00:00	MH
2	I arrive at the Warsaw airport and complete the check-out process, I exit the airport and search for a taxi to take me to the Hard Rock Cafe to meet my friends	11:00:00	11:35:00	00:35:00	МН
3	We meet up with the tour guide and get ready for the tour by reviewing the itinerary and any other necessary preparations	11:50:00	12:00:00	00:10:00	МН
4	Our first stop on the tour is the multimedia display, where we will learn about the history and significance of the museum's exhibits through interactive exhibits	12:00:00	12:20:00	00:20:00	МН
5	Next on the tour, we will explore the museum's collection of artifacts and documents, which provide further insights into the history and culture of the region	12:20:00	12:40:00	00:20:00	МН
6	After viewing the museum's collection of artifacts and documents, we move on to the reconstruction exhibit, where we can see a detailed representation of the city's historical architecture and infrastructure.	12:40:00	13:00:00	00:20:00	МН
7	Our next stop on the tour is the memorial wall, where we can pay our respects and honour the memory of those who suffered during the city's difficult past	13:00:00	13:20:00	00:20:00	МН
8	Then Following the memorial wall, we move on to see the B-24 Liberator bomber exhibit, which showcases the aircraft used during World War II and provides insight into the role that the region played in the war effort.	13:20:00	13:50:00	00:30:00	МН
9	Our last stop on the tour is the symbol of the uprising, a monument that commemorates the bravery and sacrifice of those who fought for the city's freedom during the historic uprising."	13:50:00	14:05:00	00:15:00	МН
10	Finally, we visit the Warsaw Rising Panorama exhibit, a powerful artistic depiction of the city's historic uprising and a tribute to those who fought for freedom and independence.	14:05:00	14:20:00	00:15:00	МН
11	Listen and sawthe Historical accounts	14:20:00	14:35:00	00:15:00	MH
12	Saw The Building right round	14:35:00	14:45:00	00:10:00	MH
13	Took some pictures and walk around the park.	15:30:00	16:00:00	00:30:00	MH
14	The train IC 18100 begins its journey from Warsaw and heads towards Poznan Glowny	17:30:00	18:45:00	01:15:00	MH

МН 06:15:00 06:00:00 06:05:00 Wake up in the morning 00:05:00 MN 1 stretching body /yoga 06:10:00 06:25:00 00:15:00 MN 3 06:25:00 06:35:00 I am going to Washroom. 00:10:00 MN 4 Go to the bathroom and wet my face 06:35:00 06:37:00 00:02:00 Rinse my face 06:37:00 06:42:00 00:05:00 MN 6 Pat dry my face 06:42:00 06:44:00 00:02:00 MN I will retrieve my toothbrush and toothpaste, and proceed to brush my teeth. 06:44:00 06:49:00 00:05:00 MN I will take off my sleepwear and then go to the bathroom to have a relaxing bath using hot water and 8 06:49:00 07:04:00 00:15:00 MNmy preferred shower gel. 9 After taking a bath, I will use a soft towel to dry my body. 07:04:00 07:07:00 00:03:00 07:07:00 07:12:00 10 00:05:00 MN I will apply hair oil to my hair and use body lotion on my body 11 I will comb my hair and brush my beard. 07:12:00 07:17:00 00:05:00 MN 12 After drying off and applying hair oil and body lotion, I will put on clean clothes 07:17:00 07:22:00 00:05:00 MN 07:22:00 07:27:00 00:05:00 MN 13 After putting on clean clothes, I will proceed to clean the soaked chickpeas 14 After soaking the chickpeas, the next step is to chop up some lettuce and mix it in with the chickpeas. 07:27:00 07:32:00 00:05:00 MN 07:32:00 07:37:00 MN 00:05:00 15 I am eating my breakfast 16 Then, I check my messages and emails 07:37:00 07:40:00 00:03:00 MN 17 Once I'm finished with my meal, I wash up the dishes. 07:40:00 07:42:00 00:02:00 MN 18 I then retrieve my jacket from my wardrobe. 07:47:00 07:49:00 00:02:00 MN 19 Once I finish my Math class, I walk to the tram station. 09:00:00 09:05:00 00:05:00

20	Upon arriving at the Poznan tram station, I walk to the main bus station	09:22:00	09:27:00	00:05:00	MN
21	After purchasing my ticket, i started my journey to the airport	09:32:00	09:52:00	00:20:00	MN
22	After meeting up with my friends, we took a short coffee break	11:35:00	11:45:00	00:10:00	MN
23	After the coffee break, we walk down to the museum	11:45:00	11:50:00	00:05:00	MN
24	are ready to leave the park and head to the train station	16:00:00	16:10:00	00:10:00	MN
25	me and my friend enter the taxi together and head straight to the train station.	16:30:00	16:45:00	00:15:00	MN
26	buy tickets for the train ride from Warsaw to the main station in Poznan.	16:45:00	17:00:00	00:15:00	MN
27	Go to the platform where the train is and enter.	17:00:00	17:05:00	00:05:00	MN
28	search for our train wagon and then take a seat	17:05:00	17:20:00	00:15:00	MN
29	Upon arrival at Poznan Glowny, my friend and I disembarked from the train and walked to the nearby tram stop	18:45:00	19:00:00	00:15:00	MN
30	Say our goodbyes to my friend	19:00:00	19:05:00	00:05:00	MN
31	The tram arrives and I entered and sat for it to get to serafitke	19:10:00	19:25:00	00:15:00	MN
32	After arriving at the Serafitek tram stop, I got off the tram and walked to my dormitory.	19:25:00	19:32:00	00:07:00	MN
33	As I approached my dormitory room, I fished out my key from my pocket and unlocked the door. With a gentle push, I entered the room, feeling relieved to be back after a long day of travel and touring.	19:32:00	19:37:00	00:05:00	MN
34	Took off my jacket and shoes and placed them in their designated spots	19:37:00	19:47:00	00:10:00	MN
35	Took my off my clothes and went to the bathroom	19:47:00	19:52:00	00:05:00	MN
36	I took a hot bath using my shower gel and then dried myself off with a soft towel.	19:52:00	20:12:00	00:20:00	MN
37	After finishing my bath, I dried off with a soft towel and changed into my shorts	20:12:00	20:20:00	00:08:00	MN
38	I took out a pan and two packs of Maggi	20:20:00	20:22:00	00:02:00	MN
39	Head to the kitchen to make dinner	20:22:00	20:23:00	00:01:00	MN
40	Put the pan on the electric cooker and added water.	20:23:00	20:33:00	00:10:00	MN
41	I cut some vegetables to add to the Maggi noodles	20:33:00	20:37:00	00:04:00	MN
42	I let the water boil and then added my maggi noodles and seasoning	20:37:00	20:39:00	00:02:00	MN
43	And mixed my vegetables into the noodles and seasoning.	20:39:00	20:47:00	00:08:00	MN
44	I let it cook and then served it on a plate.	20:47:00	20:50:00	00:03:00	MN
45	Went to my room to eat maggi	20:50:00	21:05:00	00:15:00	MN
46	After finishing my meal, I headed to the kitchen sink to wash the pan and plate	21:05:00	21:15:00	00:10:00	MN
47	Returned to my room and placed the pan and plate in the dish rack	21:15:00	21:20:00	00:05:00	MN
48	I then soaked my chickpeas in water for tomorrow's breakfast	21:25:00	21:30:00	00:05:00	MN

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S:NO	List of activities	From	То	Duration	Code
1	make my bed	06:05:00	06:10:00	00:05:00	MZ
2	Next, I organize my things for school and pack my bag.	07:42:00	07:47:00	00:05:00	MZ
3	I am going to walk to the university	07:49:00	08:00:00	00:11:00	MZ
4	After arriving at the university, I attend my scheduled Math class.	08:00:00	09:00:00	01:00:00	MZ
5	After reaching the Poznan tram station, I make my way to the main bus station to locate my bus, and subsequently purchase a ticket to travel from the bus station to the Poznan airport.	09:27:00	09:32:00	00:05:00	MZ
6	Say our goodbyes to everyone	16:25:00	16:30:00	00:05:00	MZ
			MZ	01:31:00	