

1/8 Rock Beats

Beginner

1

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Exercise 1: A 4/4 time signature. The first four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The next four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The pattern repeats twice.

2

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Exercise 2: A 4/4 time signature. The first four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The next four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The pattern repeats twice.

3

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Exercise 3: A 4/4 time signature. The first four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The next four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The pattern repeats twice.

4

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Exercise 4: A 4/4 time signature. The first four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The next four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The pattern repeats twice.

5

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

Exercise 5: A 4/4 time signature. The first four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The next four beats are: 1 (quarter), 2 (quarter), 3 (quarter), 4 (quarter). The pattern repeats twice.

2
6

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

7

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

8

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

9

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

10

1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +