

**Identity:
Discovered,
Personally
Constructed, or
Socially
Constructed**



Hello!

We are...

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Survey Time!



1. What is Identity?

Is it...

- Discovered or Constructed?
- Personally or Socially Constructed?



Question 2

“My identity is something that I found within myself through self-reflection in my own way.



The Identity as “Discovered”

- One’s potential is already existing
- One’s mission is to find themselves
 - Actualize self potential



Question 1

“My identity is something I constructed,
and before that, I didn’t have one.”



The Identity as “Constructed”

- Before it is constructed, identity does not exist yet
- A person begins with a “blank slate”
- Self-construction may lead to discovery



Question 3

I believe that I have a true self.

What would Vignoles et al. say?



“ The “true” self

Even if subjective, the
“feeling of authenticity”
is what matters, not if it
actually exists or not



Question 4

Anyone can discover and
actualize one's potential.



Question 5

Personal construction has more effect on identity than social construction.

What would Vignoles et al. say?



Personal vs Social Construction

Personal

“Emphasize the active roles of the individual in constructing his/her own identity”



Personal vs Social Construction

Social

“Other perspectives focus more on the role of local or wider social and cultural contexts in constraining which forms of identity are available to the people within those contexts.”



Questions?

