Noosa Style LIVING

WINTER
JUNE - SEPT 2016
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ISSUE 64

Interview with
Russell Crowe &
Ryan Gosling

Bonjour...
Sofitel
Noosa
Pacific
Resort

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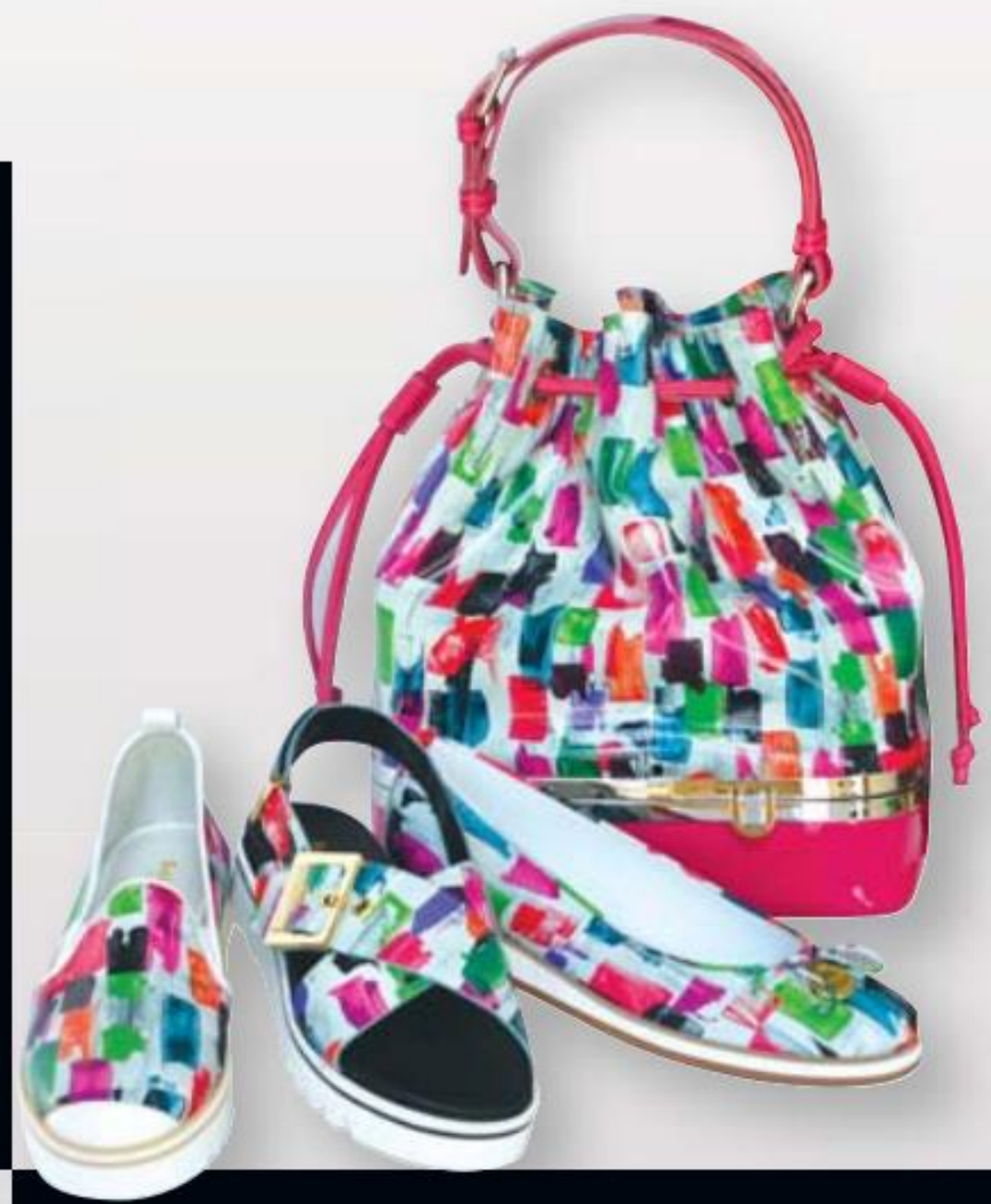

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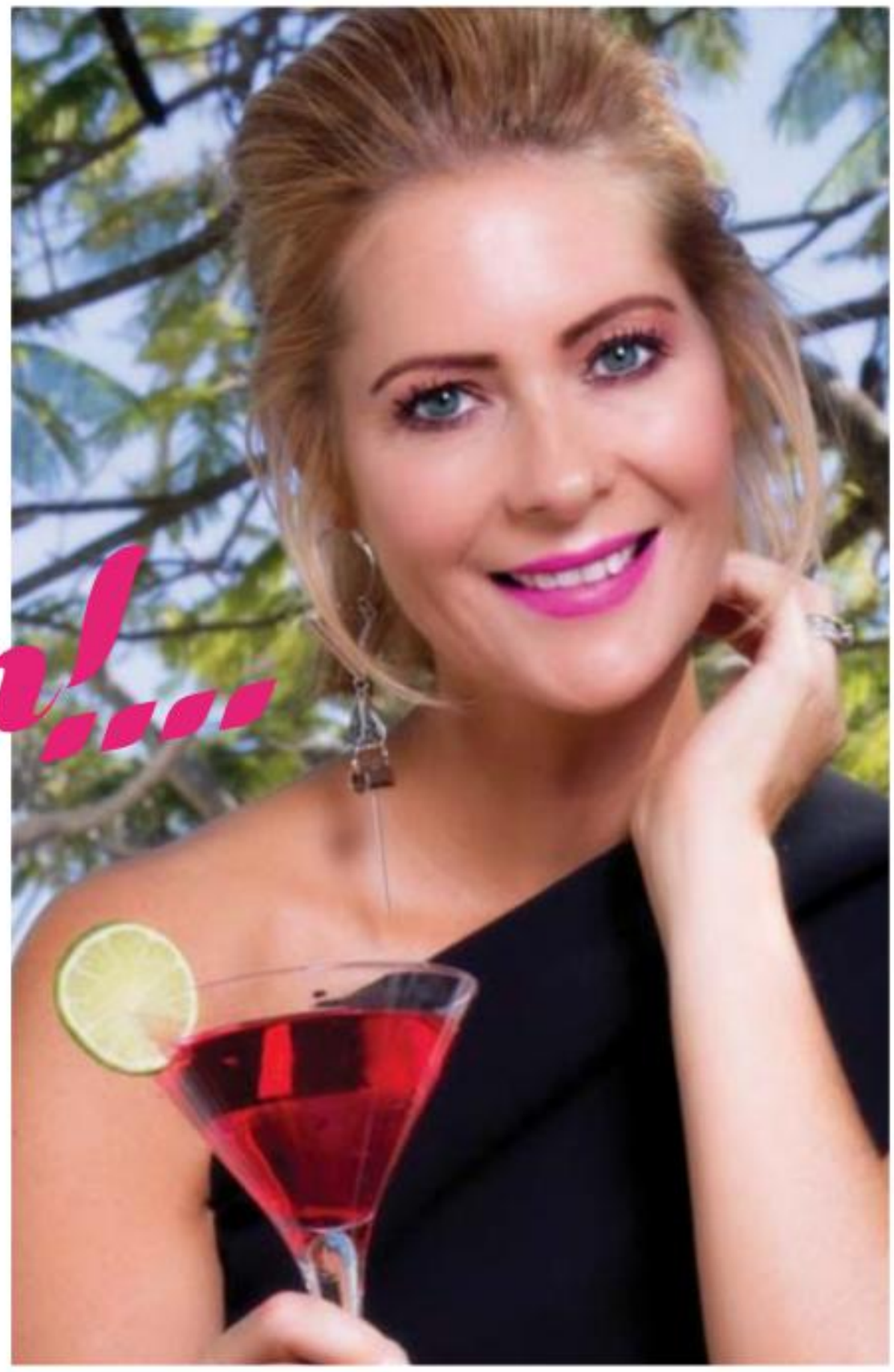

Sofitel...

It's an exciting time for Noosa, as AccorHotels rebrand the iconic Sheraton Noosa Resort & Spa property in Hastings Street, and open their luxury Sofitel Noosa Pacific Resort.

The resort is the premier hotel on Queensland's Sunshine Coast, with its iconic position right in the heart of Hastings Street and close to everything the Sunshine Coast has to offer; from stunning beachfront and tropical landscapes, top-class restaurants and tropical climes.

Noosa's only 5-star luxury hotel boasts 176 spacious and beautifully appointed studios, suites and villas featuring views of Noosa Village, Noosa River, the resort pool or the ocean.

Sofitel will introduce the brand's distinctive style to the property, which blends local culture with the art of French living, celebrating the elements of design, gastronomy, culture, events and well-being.

Guests at Sofitel Noosa Pacific Resort can expect to be greeted with a welcoming 'Bonjour', along with tailor-made services that complement the local Noosa ambience with French touches, from luxury amenities to food and wine offerings.

The property will also join AccorHotels' global loyalty program, Le Club AccorHotels which offers special privileges for its members. All existing bookings will be honoured and Starwood Preferred Guest loyalty members will receive their equivalent tier rewards benefits when checking-in to the resort.

Sofitel Noosa Pacific Resort will be the first Sofitel resort in Australia and complement the existing Sofitel luxury hotels located in Sydney, Melbourne, Gold Coast and Brisbane, as well as the new-build Sofitel Sydney Darling Harbour and Sofitel Adelaide, expected to open in 2017 and 2018 respectively.

AccorHotels is now the most dominant operator of luxury and upscale hotels in the Pacific region, with 35 hotels across its Sofitel, MGallery by Sofitel and Pullman brands.

Exciting times are ahead for lovers of fine food, wine and luxury with a little dash of French romance!

Sweet 16...

"It has been a wonderful journey creating Secrets Shhh...and it was such a pleasure to take a moment to celebrate the journey at our first store destination in Noosa." said co-founder and managing director Jane Meredith

Secrets Shhh celebrated their milestone 16th Birthday in Noosa, with guests indulging in a tempting array of delicious cupcakes and treats, as well as a little retail therapy - amidst a stunning array of jewels that offered a sparkling backdrop to the celebratory morning tea.

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ROLEX BOUTIQUE

Editors desk

Kaylene Murray - Editor

Welcome to our wonderful Winter issue…

Quote of the season…
"What good is the warmth of Summer, without the cold of Winter to give it sweetness."

And, there is definitely a lot of sweetness to Winter…eating comfort food; drinking rich red wines while snuggled up under a blanket; lying in bed late on a cold weekend morning; contemplating the decadent chocolate desserts on offer at the local restaurants; checking out the Sales in the boutiques - and working around the garden in preparation for the coming Spring.
Although this season has finally shown us it's chillier side… there's no need to overcompensate - this is the Sunshine State, so it will be a short visit.

Noosa has been so exciting lately.

Noosa Style Magazine was thrilled to have been given the opportunity to organise the 'Best of British' prestige motoring spectacular in Hastings Street at the French Quarter recently for Sunshine Automotive Prestige, the S. E. Queensland dealerships for Rolls Royce, Aston Martin and McLaren (check out the feature page 16). The event gave lovers of luxury cars the opportunity to walk around and see them up-close and personal. Many fathers were overheard telling their excited young children that the McLaren was actually a Transformer! And, many a young man was rethinking his career choices and dreaming of the car he would own in the future.

Locals and visitors also flocked into Noosa to feast and party at the new-look Noosa Food & Wine 2016; and we've seen the passing of the baton between luxury hotel brands Sheraton and Sofitel in Hastings Street.

This town is definitely pumping!
New players, new advantages, new horizons…
Noosa is a town that continues to grow, prosper and evolve.

This issue we introduce you a couple of young adventurers Ben, Rebekah and their little daughter Leilani, who have just returned from a trip to India; we also catch up with the 'designing women' at Bistro C, owner Lorraine and daughter Chloe, whose eye for detail shapes the polished decor of the restaurant; we visit award-winning, grand make-up artist, Elizabeth Kramar and take a glimpse into her 'beautiful' life; and just for a little bit of 'Hollywood' Australian style - we talk to Aussie star Russell Crowe and Ryan Gosling about their newfound friendship, and the fun they had working together on their new movie, The Nice Guys.

For lovers of art we take you on a journey with Noosa Open Studios this August, a new initiative that affords art aficionados the opportunity to visit artists and craftsmen at work in their own studios and properties.

Sit back, snuggle up, relax, sip a glass of wine and read…
Winter is wonderful.

Kaylene

what's on in noosa?... read our mag**E**zines @ **www.STYLEliving.com.au**

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Contents

8 **The Odd Couple…**
Russell Crowe and Ryan Gosling team up to become one of Hollywoods most unlikely duos

12 **Events**
What's on this season around Noosa

16 **Luxury Life**
Best of British in Noosa recap

22 **Fashion, Shopping & Beauty**
Create your personal Noosa Style

28 **A Place in the Sun…**
A haven of design, good times and salty vibes

32 **Latest goodies & styles for Little Ones**
The rise of the mini fashionistas

36 **Where the Boys Are…**
Stylish men in Noosa

40 **Noosa Marina**
Waterfront location with all you desire.

46 **Peregian Beach**
The fashion, food & homeware village!

48 **Noosa Junction**
The beating heart of Noosa

54 **Dining, recipes & great eating spots**
Our best dining and cocktail picks

56 **Noosa Food & Wine 2016**
We recap a fantastic weekend

70 **Wine**
Fabulous wines, beers, liqueurs and cocktails to savour this season

72 **Homes of Greater Noosa**
Spectacular homes for sale

76 **Prestige Motoring**
Featuring some of the best motoring on offer

80 **Design, Furniture & Landscaping**
Decorate and rejuvenate your home inside and out this season

86 **Art & Galleries**
The very talented artisans in our midst

90 **Live Theatre & Shows**
Great new live shows and musicals

94 **Travel**
Destinations to whet your appetite

FRONT COVER:
Model:
Mel Radford-Brown
Hair:
Lustre Hair Salon
Photography:
Peter Trainer Icon Studios
Dress:
'Toni Maticevski' from
Toscani Hastings Street
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The odd couple...

Story: Karen Anne Overton

In the recent detective comedy The Nice Guys, Russell Crowe and Ryan Gosling team up to become one of Hollywood's funniest (and most unlikely) duos.

Profile...

Hollywood is full of bright ideas (not all of them good) and when someone suggested that Russell Crowe, in all his sword-wielding, blood-spilling fury and brooding romantic Ryan Gosling ought to team up in a thrilling private eye romp, they were surely met with a few raised eyebrows. But Shane Black's The Nice Guys does just that, and the result is joyous.

Set in Seventies Los Angeles, Crowe plays Jackson Healy, a hired hard man paid to beat up Holland March (Gosling) who is, by his own admission, the world's worst private detective. Somehow the pair become tasked with solving an elaborate mystery involving porn stars, gangsters and sexy mermaids and their friendship, initially bludgeoned, blossoms into the cinematic bromance of the year.

"You know what, I love the guy. I'd do anything for him, really genuinely would. He's one of the nice ones. One of the nice guys. But don't ask me if I have a man crush on him," jokes Crowe on his co-star. "He's a lot of fun to work with. And he's funny – a comic genius. He's got this way about him, a look, that can set you off. Shane [Black] just knew when it would kick off a lengthy period of hysterics and you know [he wasn't] pleased. 'Guys, c'mon, we've blocked off the street for this, we've got 45 minutes – get it together!'"

continues next page...

Hollywood's funniest (and most unlikely) duos

Profile...

Perhaps more surprising than this unlikely pairing is just how hilarious Crowe can be. In his private life he has garnered a reputation for being cantankerous to the extreme, hurling mobile phones at unsuspecting receptionists and general verbal assaults, and onscreen he often plays extremely serious men like his Oscar-nominated performance in A Beautiful Mind. "I've done lots of comedy before," he smiles, playfully. "Gladiator, laugh a minute! All those decapitations – they weren't originally in the script but I improvised them. Hilarious, right?"

Gosling, on the other hand, is known for being as genial as they come. His 'Nice Guy' credentials include saving a journalist from getting hit by a passing taxi, rescuing stray dogs and launching a thousand 'hey girl…' memes. Naturally, Gosling jumps to his co-star's defence: "People will love Russell in this. He rarely shows this lighter side of himself and I think he's going to surprise people by how good he is at comedy. I was laughing all the time on the set... It was so much fun to be part of this crazy world that Shane created and I loved working with Russell."

Another change of pace for Crowe was playing the older, grislier and visibly out-of-shape character. A far cry from his days as the muscle-bound Maximus and fitness fanatic who regularly tweeted updates of his gruelling workouts, Crowe revelled in the opportunity to eat whatever he liked and put on over 27kg for the role.

"With this style of movie, with the buddy movies, historically there's always this marked physical difference as well as everything else between the two people – it made sense to me," he reveals. "Look at Laurel and Hardy, Abbott and Costello – it worked and Shane liked the visual idea. And during the Seventies, these cop shows generally had a lead, like Kojack, Cannon, blokes who were out of shape. It worked for this – and c'mon, why would I ever try to compete with Ryan? Get ripped, get those abs. I'm on a losing battle there!"

For director Black, who has form in the buddy movie genre with Kiss Kiss Bang Bang, it was essential to capture the seedy underbelly of Seventies LA. The film is a blur of neon, dubious facial hair and cartoonish excess. "It was a great script and Shane had a very clear take on the kind of atmosphere he wanted to create and that always makes it so much easier to get into it and enjoy your time working on the film," says Gosling, who admits that while it was rewarding working with Drive and Only God Forgives director Nicolas Winding Refn, it was a good change of pace to do a comedy.

In one scene, Gosling's character March appears soaking wet and Healy asks him why he's been in the pool. "I had to question the mermaids," replies March drily. Of course he learns nothing from this underwater exchange on account of being the world's worst detective, but if The Nice Guys teaches us anything, it's that sometimes it's just good to go along for the ride.

Q. Russell, was there any special technique to piling on the weight?

Crowe: I just stopped exercising. All my workouts, all my walking – gone. And I kept eating. Simple as that!

Q: Ryan, what do you think of your 'Hey Girl' meme?

Gosling: I don't know how it started, I don't know why it started... I never said that! I understand if you're in a movie and you say "I'll be back" you have to own it, but I never said it!

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Coming Events

Noosa Long Weekend Festival

When: Friday 15 - Sunday 24 July 2016
Where: Around Noosa
Price: Free and various ticketed events
www.noosalongweekend.com

The Noosa Long Weekend Festival is 10 days and nights of arts, literature, forums, food and fun in intimate venues around Noosa.

Head to Noosa for a winter escape where talented performers from around Australia and overseas will deliver hot entertainment to warm up the nights, celebrating the festival's 15th year.

Noosa Strade Bianche

When: 13 and 14 August 2016
Noosa Marina & Noosa Hinterland
www.noosa-stradebianche.com.au

The Noosa Strade Bianche Gran Fondo and Vintage Bicycle Festival celebrates vintage and retro steel-framed bicycles with rides through the Noosa hinterland and a popular bicycle show and shine.

The Noosa Strade Bianche is a gravel "fondo" for vintage steel-framed bicycles, with 3 rides from the Noosa Marina through the beautiful Noosa hinterland. It is in the vein of the famed L'Eroica in Italy (L'Eroica means 'heroic', a celebration of the heroic era of cycling).

The Vintage Bicycle Show and Swap Meet is at Noosa Marina, 2 Parkyn Parade, Tewantin, on Saturday 13 August, 10-3

.

Noosa Jazz Party

When: 26 August - 4 September 2016
Where: The J and other Noosa venues
Price: Free and ticketed events
www.noosajazzparty.com

Some of Australia's leading jazz musicians will perform at the Noosa Jazz Party, presented by Noosa Heads Jazz Club - 10 days of indoor and outdoor performances around Noosa.

The centrepiece of the Noosa Jazz Party is a program of improvised jazz at The J, Noosa Heads, from Thursday 1 to Sunday 4 September with six hours of entertainment each night, 5-11pm. There will be table seating, a dance floor, scrumptious meals, fully licensed bar, lounge area and shuttle bus from some Noosa accommodation to The J. Tickets are now on sale for The J concerts: $40 per night or a 4-night early bird ticket for $135.

Performers for the Noosa Jazz Party include Bob Barnard AM, Jo Bloomfield, John Braben, Geoff Bull and Dave Burrows.

Noosa Country Show

When: Friday-Saturday, 9-10 September
Where: Pomona Showgrounds
www.noosashowsociety.org.au

The Noosa Country Show is one of Queensland's premier traditional shows with horse, cattle, dogs and poultry; classic cars; art and craft; rides and sideshow alley; live entertainment; fireworks; rodeo; ute muster; kids' workshops; and historic speedway cars.

There are 2 full days of horse events, a poultry section, stud beef and dairy cattle plus a highly rated dog section, horticulture, cookery, wood and leather craft, animal nursery, Grand Parade both days, sheep shearing, reptile awareness and kids' activities.

Noosa Beach Classic Car Show

When: Sunday 2 October 2016
Where: Noosa Heads Lions Park
Price: Adult $10, child free
www.noosacarclub.com.au

Experience one of Queensland's best classic car shows at one of Australia's favourite holiday destinations - Noosa Heads.

More than 250 cars of all ages and makes will be on display at Lions Park in Noosa Heads, with a backdrop of the Noosa waterways and Hastings Street.

Food, drinks and shuttle bus will be available.

Marque of the year is Ford and this year will see some rare and famous cars including entries from the Bowden Collection.

There is more than $3000 in trophies and prizes. This is a charity fundraising event held by the Noosa Beach Classic Car Club which has donated more than $170,000 to local charities and worthy causes.

Carnivale comes to Hastings Street...

To celebrate 15 fabulous years, the Noosa Long Weekend festival will be kicking off this year's festival with the biggest and best 'street party' ever. Musicians, dancers, drummers, floats, fire eaters, feathers and glitz - all culminating in a precision landing of five sky divers on Noosa main beach.

Bring the kids and join in the fun as Hastings Street transforms into 'Rio' for two fun filled hours.

In what promises to be the best festival ever, over 250 artists will descend on Noosa, providing 88 performances over 10 magical days and nights of music, theatre, food and fun!

Commenting on this years gala opening, festival President, Johanne Wright said "The NLWF is a major community event. It is our gift to Noosa and we hope the local business community will continue to support us in bringing world-class artists to this iconic part of Australia."

3 easy ways to book tickets:

- ***Online at www.thej.com.au***
- ***Counter bookings –***

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POETA on Hastings

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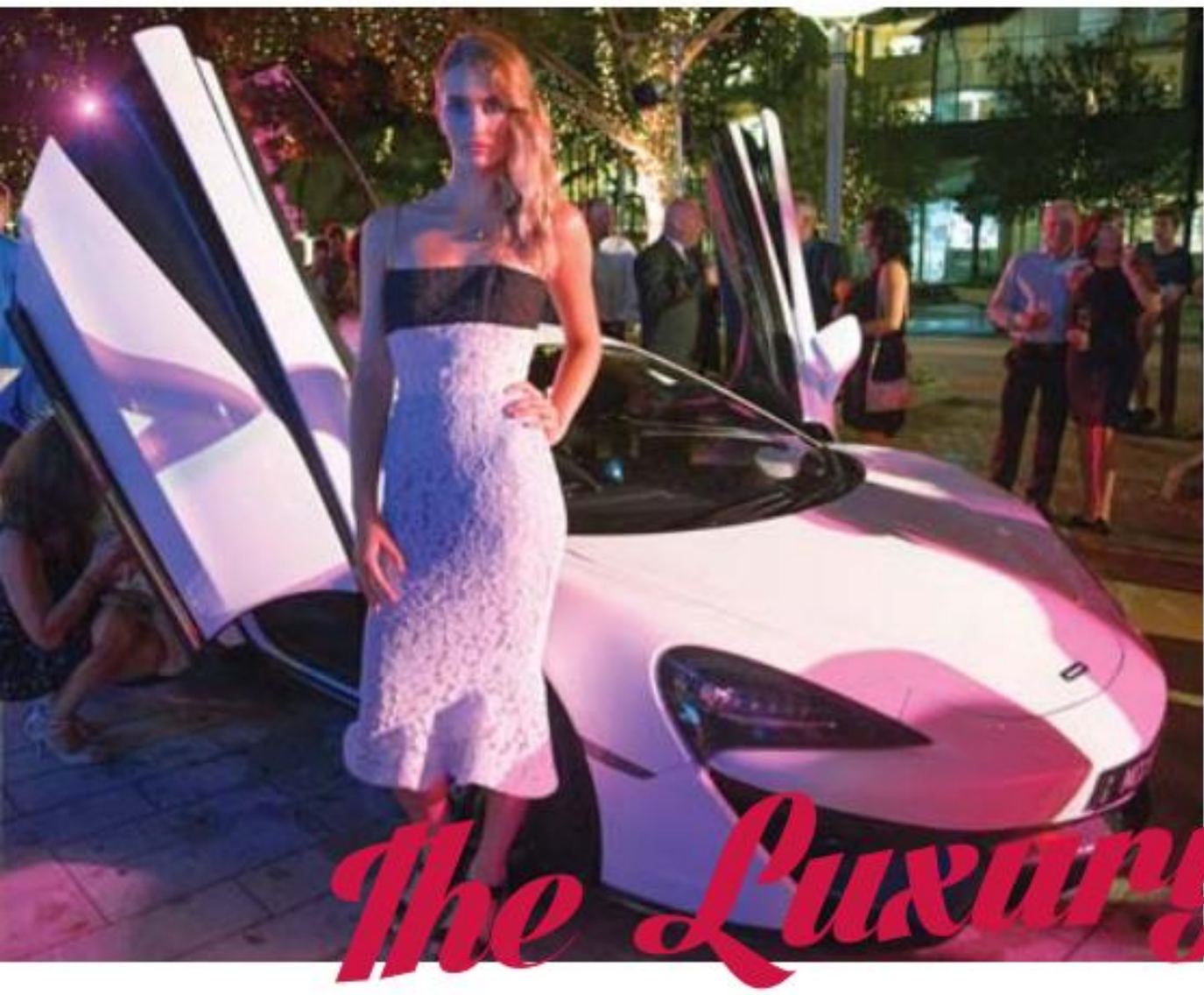


The Luxury Life...

Lights...cameras...cars...action! Noosa hosts three of the best car brands in the world...

In what was billed as the "Best of British" on Hastings Street... The Queensland dealership for Rolls Royce, McLaren and Aston Martin delivered almost $3million of luxury and performance cars into the heart of Noosa.

In a night of unparalleled glamour, the forecourt of the Mantra French Quarter in Hastings Street, Noosa Heads, was ensconced in subtle coloured hues and twinkling fairy lights as 100 VIP guests, all dressed to impress, were ushered into the cordoned area that displayed three of the world's most luxurious cars, lovingly nicknamed the 'Best of British' under silken cloaks.

Hosted by Sunshine Prestige, the Queensland dealership for these awe-inspiring masterpieces of motoring excellence, and facilitated by Noosa Style Magazine, the event was designed to be a memorable one for Noosa.

As magnums of Veuve Cliquot were poured into signature glasses, and barmen manning the illuminated bar prepared fresh Apple Martinis, Pimms No 1 cocktails and the obligatory Gin & Tonics for guests, as well as boutique beers and wines - there was no chance of anyone going home thirsty.

Orchestral scores of the most famous James Bond themes, and select British beats from the Beatles to the Rolling Stones gently filled the night air, as hostesses meandered through the crowd offering an impressive selection of 'British' themed canapés.

As the momentous sounds of Goldfinger started to crescendo, all guests eyes were turned to Hastings Street as a gleaming white limousine circumnavigated the roundabout and pulled to the curb... and three stunningly clad models alighted to join the crowd.

The models were dressed by the three boutiques in the French Quarter; Toscani, The Bowery 475 and D'Albo, and adorned with diamonds and pearls by Poeta Herford on Hastings.

Sunshine Prestige dealership General Manager, Paul Hewitt introduced each of the vehicles in succession, as each vehicle's designated model gently swept the silken wrapping from the car to present it to the eager audience.

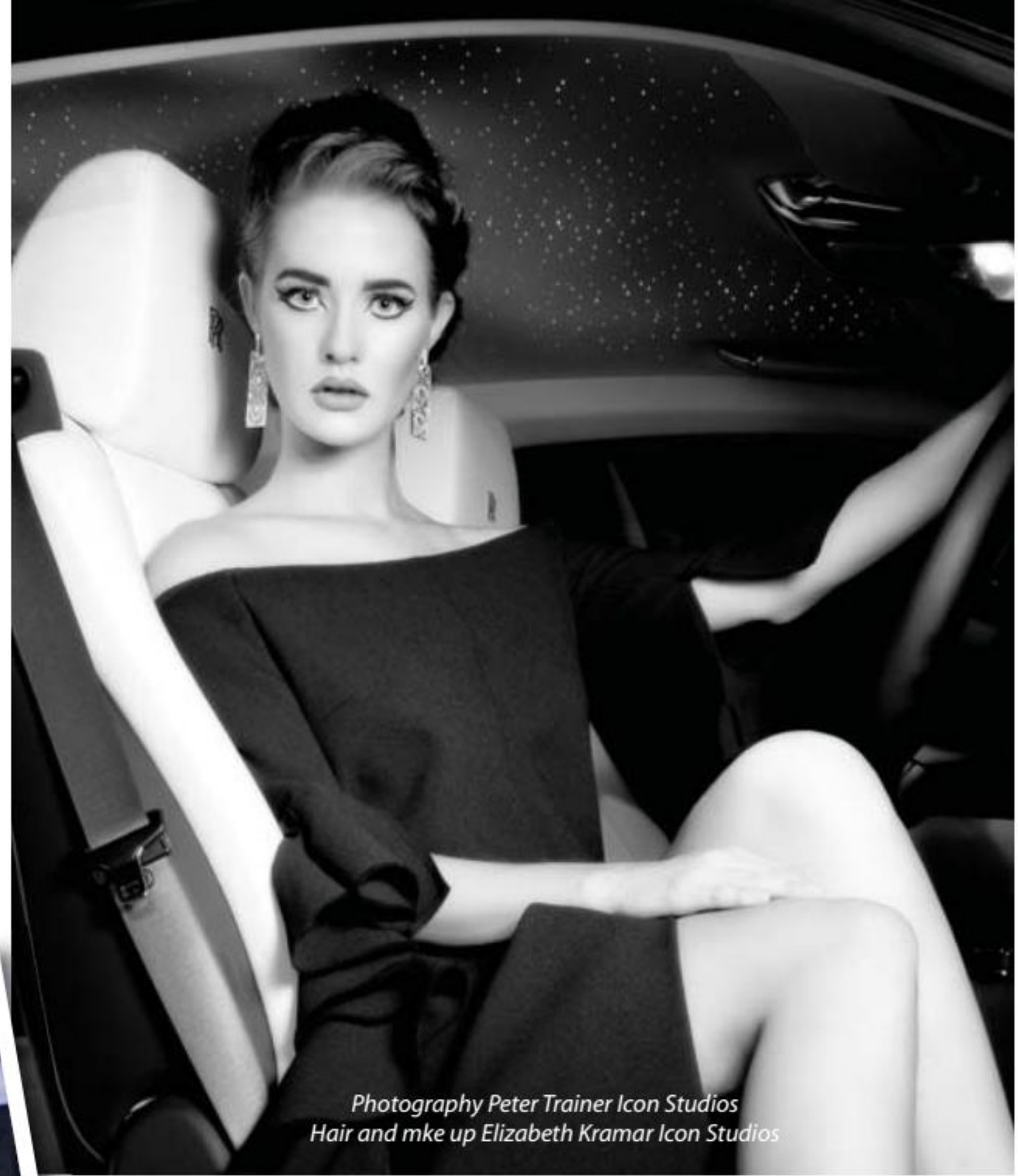
The huge screens within the area throbbed with the images of each high performance vehicle in action, to add even more excitement to the unveilings.

Firstly the uber chic Rolls Royce Wraith; then the high performance McLaren 570S, which in a major coup for Noosa was the first time that the new model had been seen by anyone in Australia, then the super sleek, silver Aston Martin Vanquish was exposed to the throng of guests awaiting a chance to slip into the luxurious leather encased interiors.

The Rolls Royce Wraith was a particular favourite with it's stunning two tone colour scheme and magnificent coach doors that open backwards and twinkling hood lining featuring thousands of LED lights.

The three cars were on display for four fabulous, sunny days, which gave locals, tourists, car enthusiasts, and prospective purchasers the opportunity to get 'upclose and personal' with three of the world's most prestigious cars.

www.sunshineautomotive.com.au



Photography Peter Trainer Icon Studios
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Models featuring fashion from Toscani - D'Albo, - The Bowery 475 - Jewellery Poeta Herford on Hastings

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If we think negative thoughts on a regular basis, that is how we come to view the world and we then attract more unwanted negative experiences into our life. If we think positive thoughts, we emit a happy, joyful vibration which attracts more of that same energy into our lives. This is called the Law of Attraction and it is as consistent as the Law of Gravity.
So how can we improve our state of mind to have a more positive outlook?
Instead of focussing our attention on our problems, we can change our perspective by focussing on the great things we already have in our lives and feeling appreciation. Find at least 3 new things to be grateful for every day. Try this

simple exercise for 21 days. This trains our minds to be happy and to look for more good things. Happiness really is a state of mind and a choice. Our words are also as powerful as our thoughts, so choose them wisely and use affirmations as a reminder to help maintain a positive mindset.
Jo McAlinden of Earth Jewel Creations is strongly influenced by the Law of Attraction and a belief in our own innate ability to create the life we desire through our thoughts and words. She shares this concept with others by hand stamping inspirational words on charms to promote positive thoughts, happy feelings & to remind you of your dreams & goals. You can choose from motivational words such as Love Every Moment or custom design your own word charms for yourself, family, friends or your business team. Jo designs the jewellery in her design store which is located in Arcadia St Noosa Junction. ***Learn more at www.EarthJewelCreations.com***
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in Style... indulge

Strands of beautiful white pearls at the White House. Noosa Wharf Tewantin

Above: Saffron Homewares A selection of gifts, babywear and homewares - Gympie Tce Noosaville

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TWIN-SET

SIMONA BARBIERI

CRUISE ATTITUDE…… The season opens with a romantic yet strong look . Shades of infinite blue and mother of pearl and hints of pastels. Oriental print palazzo pants paired with cornflower blue all over sequin camis trimmed with lace and gorgeous embellished crochet poncho in pearl white. Fluid and versatile palazzo pants paired back to metallic laminated knits again in that beautiful icy blue gives a hint of the gypsy couture that Twinset has on offer for the season.

HIPPY GLAM…… Has a 70's boho chic feel for women who love to have fun with style. Vintage patchwork of printed scarf prints, pinks, opal and white, lustrous tobacco / gold fringed ponchos, pants and dresses. Floral embroidery of beautiful colours on tops camis and dresses. Longline Tshirts with side splits in mercerised cotton with jewelled embellishment and dresses to match with pants bootleg and cropped as the latest catwalk require. Both fluid and versatile to give that carefree, glam update to the 70's feel.

CASUAL BUT CHIC…… Sophisticated crisp cotton dresses in white and black with that touch of style and individuality. Sometimes sporty and yet with a deconstructed elegance, the cotton poplin gives a fresh approach and clean look that looks fabulous with cute trainers , espadrilles or a bejewelled sandal. The black and white theme continues with Paisley printed silk tops , embroidered knits and chic poplin pants and a spot puffer jacket to round out the contemporary graphic yet ultimately feminine ethos that consolidate the international allure of the Twinset brand.

Twinset Spring '16 now in store

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Just ask R U OK?

R U OK? Day is a national day of action to be held on 8th September, 2016

An exciting partnership between suicide prevention not-for-profit charity R U OK? and luxury activewear brand THE UPSIDE, will culminate in the launch of the brand's unisex tank top in support of the initiative.

THE UPSIDE founder Jodhi Meares said her team were honoured to be asked to support the suicide prevention initiative, R U OK? "When we first started working on our own Be You campaigns, our team realised many people struggle with personal battles and stopping to ask this simple question, R U OK?, could be enormously effective.

"We have designed a unisex tank as part of our new Spring collection that will be available in our stores, online and also via The Iconic from June 27, with 100 per cent of the proceeds going to R U OK?"

THE UPSIDE tank Designer Ash Holdsworth said R U OK? goes hand-in-hand with health and wellness.

"Both THE UPSIDE and the R U OK? logo are well known and I wanted to merge them both and flip them into a smile. I wanted the design to be nothing but positive,

"Having a child myself, I'm very conscious there needs to be more awareness around mental health,

"I loved working on this collaboration, I'm so happy I could contribute."

CEO of R U OK? Brendan Maher gave a big thumbs up to the initiative. "We're thrilled Jodhi and THE UPSIDE team have donated their time and talents to help spread the R U OK? message."

"The tank is a great way for us to reach a younger, health conscious audience and get them starting important conversations. That's not to say the tank's not for the young at heart, as well!" he said.

"Helping create awareness and getting people asking R UOK? can help save a life."

R U OK? is a not-for-profit organisation that aims to inspire Australians to have regular, meaningful conversations throughout the year to help anyone who might be struggling with life.

For more info, visit ruok.org.au

Facts:

More than 2,500 Australians suicide each year
65,000 people attempt suicide each year in Australia
Suicide is the biggest killer of Australians under 44 years

R U OK? x THE UPSIDE unisex tanks RRP $49.95 available at ruok.org.au, theupsidesport.com and theiconic.com.au

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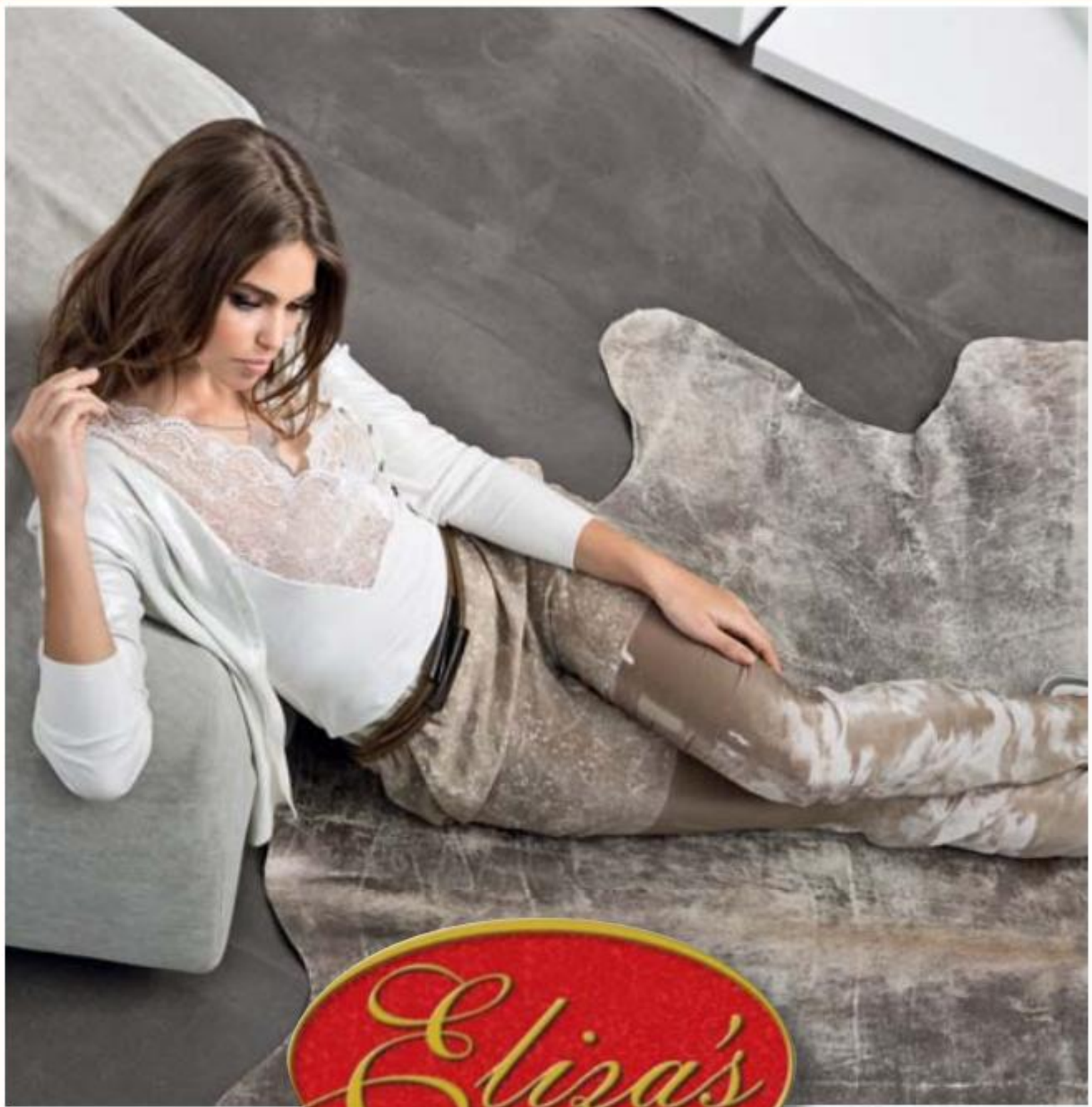

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SPRING/SUMMER 2016 KEY LOOKS and STYLES:
What's on trend in fashion for the Spring/Summer 2016 season.

- Modern bohemian, romantic, effortless, prints, maxi, chains, crochet
- 70's fashion - suede, leather, lace-up, fringe & ruffles, flares, orange, khaki
- 90's - minimal, sporty, strappy, silky, linens, naturals, mesh, pastel

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A PLA

If there is one thing that rolls off the tongue after the words 'Noosa', it's 'Bistro C'. Renowned internationally as THE place to go in our beautiful locality, it's a haven of design, good times and salty vibes, with Lorraine ('Loz') and her daughters roaring from the helm, as Coco Seymour-Griffin discovers.

Born in Lancashire, Lorraine ('Loz') Banks is smart, sassy and sexy. The owner of the much-loved Bistro C on Hastings, with the view of Noosa Main Beach that we locals and tourists alike see in our dreams when forced to leave, Loz is the epitome of Noosa style.

CE IN THE SUN

Profile 'Loz' & Chloe Banks

Far left: Lorraine Banks
LEFT: CHLOE BANKS

Matriarch of a family of three girls, Loz is a hard-working grafter by her own admission, with a devotion to Noosa and her family that radiates from every bronzed pore. "I left Britain to travel the world many moons ago, and never went back," smiles Loz. "After living in Sydney, we then decided to move to Noosa in 1989, 27 years ago. The plan was to retire (early), but after arriving and settling, I couldn't sit still. I was no good at doing nothing! So I started a restaurant – Eduardos."

continues next page...

A PLACE IN THE SUN

Chloe Sarnoski

Profile: Loz, 3

continued from previous page...

Taking up the reigns where Seasons now is, Eduardos was a raging success, but it wasn't long before Loz expanded her empire further up the road to incorporate a failing business by the name of The Rusty Pelican in the location of … Bistro C.

"We already owned the freehold to the property, but the tenants of The Rusty Pelican there were struggling and going broke. So it made sense for me to move into it to see if I could make it work."

With a commitment to design and interiors, Loz injected her own unique sense of style and atmosphere into the eatery, creating a fresh new vibe of contemporary promise where the young, cool, senior and sassy came to dine with sand in their hair. And so Bistro C was born. Little did Loz know it was to become such a Noosa icon.

"It was hard work," admits Loz. "But it was worth it. At one point, I was running three restaurants and a nightclub (including Eduardos and Bistro C), which was a little insane. So, ultimately, I let go of my ego and worked out what it was that I wanted to put all my energy into. And of course, it was Bistro C."

Supported by her close knit family of daughters, Chloe, Hayley and Cassie, as well her 'family' of staff, some of whom have now been working at Bistro C for over 14 years (which is unheard of in the industry), Loz never looked back.

"I believe that you mustn't block your energy. You have to put it out there and know that whatever you want to happen, WILL happen. And so, I did."

Redesigning the restaurant (and committing to do so every two years to keep it feeling fresh and inspirational), working as a team with a tight staffing crew of believers (there have been over 10 marriages now between Bistro C staff such is the vibe!), and making sure everyone who encounters Bistro C, whether staff or customer, has fun and leaves feeling happy, Loz soon carved out a name for herself.

And when her daughter Chloe graduated from the Whitehouse Institute of Design, the aesthetics of Bistro C stepped up to a whole new level, including the recent redesign.

"We aim to create a truly welcoming space for Bistro C, using a combination of textures and layering, with clear inspiration from our beach location," explains Chloe. "A setting is integral to making people feel a certain way, and we want to evoke an emotion so that all who come into Bistro C feel it climb under their skin."

And climb under their skin, it has. With families returning to Bistro C year on year from all over the country, if not the world, repeating their own childhood experiences of Bistro C with their own kids, this is a space of chic coastal abundance and smart casual relaxation which certainly seeps into the psyche of all who enter the dining mecca, whether invited or not. When Richard Branson lists your restaurant as one of his top 5 all-time favourite places in the world, you know you're doing something right.

"We've been very lucky," adds Loz. "Success is about health, happiness, and freedom. Trust that the universe will deliver, and it will."

DID YOU KNOW?
Bistro C takes it name from its vista of the 'sea'.

Baby fashionista

Ambassador
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Always something special & unique...
Available from The White House
Homewares Noosa Wharf Tewantin

Baby dreams

Sleep Well

Paediatric Sleep Consultant - Cheryl (The Sleep Coach) offers professional advice to parents...and gentle sleep solutions for babies and toddlers.

Before your baby sleeps in your bed, keep the following safety tips in mind:

Make sure your mattress is firm, as your baby could suffocate or overheat on a soft mattress. If your bed has a frame, a headboard, or is against a wall, make sure the mattress fits snugly, so your baby can't fall into any gaps. This risk is highest when your baby is between three months and 10 months.

Keep the bedding light and minimal, and don't use a duvet if you are co-sleeping. If your baby is less than a year old, use lightweight covers, and use them sparingly to prevent overheating or suffocation. This risk is highest during his first three months of his life. Check every now and then to make sure he hasn't wriggled down and covered his head.

Never sleep on a sofa with your baby, as he could become wedged in the cracks between the sofa cushions or between you and the back of the sofa. Don't co-sleep on a waterbed as these are too soft and may have deep crevices around the frame where your baby could get trapped.

Keep your baby warm, not hot, and dress him lightly for sleep. Contact with your body will raise his skin temperature. As a rule of thumb, if you're a comfortable temperature, then your baby probably is, too.

Don't let your baby and toddler sleep next to each other in bed. Toddlers don't understand the risks, and could roll over onto your baby, or put an arm across his mouth or head. You or your partner should always sleep between the children if you want them both in your bed.

Your baby should never be left alone on the bed, as he could easily fall out, even if you've just nipped to the loo. Don't let your baby sleep on a pillow, or put one either side of him, as he may roll off it or be smothered in the folds.

Buy a rail to attach to the side of the bed or put him in a safe place, such as a bassinet or cot, while you are out of the room.

When is co-sleeping not safe?

Because of the increased risk of cot death, you shouldn't co-sleep if:

- You or your partner smoke.
- Your baby was premature or had a low birth weight.
- You or your partner have been drinking alcohol, or have taken medication or drugs. This may affect your memory and you could forget that your baby is in

Little People Love Beautiful Things Too…

Beautiful frames for kids and adults from Eyecare Plus Optometrists Gibson Road Noosaville

your bed and roll over onto him. You may also sleep so soundly that you are unaware that you've rolled on to him.

• You are extremely tired, or have a sleep disorder, such as sleep apnoea. You may be in such a deep sleep that you don't wake up if you roll onto your baby.

How can I make co-sleeping comfortable?

Bed size is important if you plan to have your baby in bed with you. It won't be as enjoyable, or safe, if your bed is too small. King-size is best, but if that's a no-no for your budget (or bedroom), buy a cot that you can attach to the side of your bed. Or try putting a normal cot next to your bed with the side down.

You'll have an easier time touching or soothing your baby if you can adjust his mattress to the same height as yours. This approach works well if your baby is a wriggler. He's still at arm's length, but not kicking you in the night.

There's no one-size-fits-all model when it comes to sleeping arrangements for you and your baby. Some parents like to sleep with their babies, and some don't. And some babies need more night-time comfort and companionship than others.

As your baby grows, he might not want to sleep all night, every night, with you. With a bit of trial and error, you'll eventually find a method that works for you, your partner, and your baby.

Cheryl (The Sleep Coach) works with families across a range of areas, including settling and sleep techniques, establishing a good routine, discipline in the home, transition from cot to bed, potty training, safe co-sleeping, and identifying signs of post-natal depression.

For further information: visit www.thesleepcoach.com.au

Baby Pip Eats

By: Amie Harper

Published by: Murdoch Books RRP $24.99

Introduce your baby to nutritious food that the whole family will love to eat.

You only have one chance to introduce your little one to food, and in Baby Pip Eats, nutritionist, recipe developer and stylist Amie Harper transforms this rite of passage into a vibrant learning experience for both you and your bub.

Featuring an A-Z of nourishing recipes that are quick, easy and perfect for the whole family. This book is full of delicious ideas for feeding your baby and toddler.

You will see your child become a passionate, petite foodie with this charmingly styled collection of a new family's food moments.

Ice Cream Softie Rattle

A perfect gift for the new arrival. 13.5cm high x 9cm wide. Soft rattle with removable wooden teething ring.

Little ones will love the array of teething rattles available. RRP $30.00

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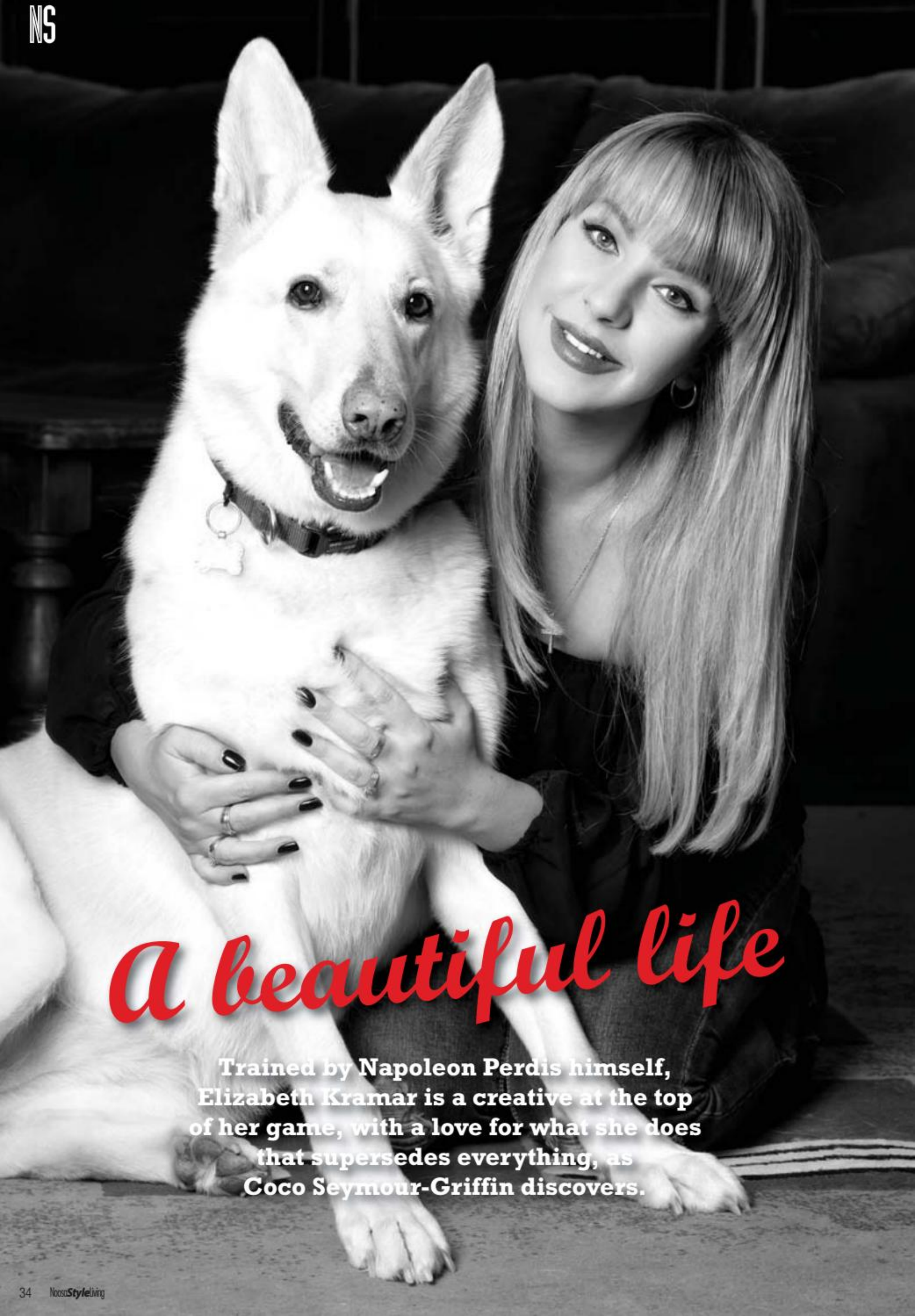
Stockists: www.lilaandharry.com



A beautiful life

Trained by Napoleon Perdis himself, Elizabeth Kramar is a creative at the top of her game, with a love for what she does that supersedes everything, as Coco Seymour-Griffin discovers.

With an eye for detail, a feisty spirit and a passion for people that is evident from the moment you meet her, Elizabeth Kramar is an award-winning grand make-up artist and hair stylist with a difference, for not only is she smashing it up on the international scene, but is flying the flag for Noosa talent in the process.

Co-owner of Icon Studios, and sought-after globally, Elizabeth finds it easier to list the publications she has not worked for, than those she has (her worked has been published in over 250 magazines around the world), with Elizabeth having been listed as one of the top 10 make-up artists by the Australian Beauty Industry Awards three years in a row, no less.

Specialising in photographic hair and beauty, fashion, glamour, advertising, editorial, modelling portfolios, film, and bridal hair and make-up, Elizabeth embodies the flexible mindset that has seen her grow and evolve, a skill that breaks her away from many of her peers.

"I began my career as a hairdresser 23 years ago, and from day one, it was my ambition to be both a make-up artist and a hairdresser. I immediately loved everything about being creative. In the second year of my apprenticeship, my make-up artistry dreams were realised when I enrolled to do my make-up diploma part-time over two years, allowing me to complete my hair styling apprenticeship at the same time. From there, I worked solidly with everything I had."

A persona of focus fused with a paradoxical edge of fire and spontaneity, Elizabeth set her mind to working her way up, making a name for herself and attracting more of the work she wanted to do. Trained by Napoleon Perdis himself, soon ACP and Pacific Magazines came knocking, including such publications as FHM, Marie Claire and Woman's Day, while high profile brands such as L'Oreal and Fernwood also joined the queue.

"Suddenly, I was able to wake up and do what I loved everyday," smiles Elizabeth. "This is success to me. I still feel like this when I go to work."

Originally based in Canberra and then Sydney, Elizabeth soon met her partner, photographer and now-Icon Studios co-owner Peter Trainer, and life shifted.

"Meeting Peter was a huge turning point in my life as he understood my industry, and was equally as passionate and driven. Pete lived on the Gold Coast and so we agreed we would move to somewhere neutral to both of us. Noosa was Pete's choice, and so we headed there. That was 14 years ago. At the time, I had never been to Noosa, but on arriving, I immediately fell in love. How couldn't you?"

With Icon Studios next on their agenda, Elizabeth soon built a thriving local business with Pete by her side, taking on more commercial work creating images for campaigns for companies, while also continuing to fly around Australia and New Zealand on shoots. When she was home, Icon Studios became her base and sanctuary of creative inspiration, remaining so to this day.

"There is no better feeling than making another person feel like a million dollars. Every face to me is a beautiful blank canvas waiting to be created, and I love the challenge. The confidence you give a client, as well as the excitement I receive from being creative has made this my dream career. I continue to educate myself with every opportunity presented to me. I believe you can never know enough. You can always learn more. You can always improve. This attribute keeps me both hungry and tenacious in developing my skills year after year."

And next for this sassy creative?

"I have recently been given a role as beauty editor for a new international magazine, and I am also working on our own personal photographic make-up line, which I hope to be released in the next six months," smiles Elizabeth. "Life is certainly beautiful."

A sample of Liz's artistery skills

Photography Peter Trainer Icon Studios
Hair and make up Elizabeth Kramar Icon Studios
Models Kat White

Where the boys are...

WHY DRAG?
Published by: Chronicle Books RRP $89.99

British photographer, Magnus Hastings is based in Los Angeles and London. His work has been published by magazines such as GQ, Glamour, Cosmopolitan, US Weekly, The Observer, The London Magazine and The Hollywood Reporter. Hastings has photographed celebrities in both the music and acting worlds, as well as following in the cabaret circuit photographing the best of the genre.

For over a decade Hastings has been photographing the world's greatest drag superstars and asking each of them a simple question: Why drag? The result is this mesmerising collection, in which the queens strut their stuff in gorgeous full-colour photographs and reflect on their shared passion through a mixture of quips and philosophising.

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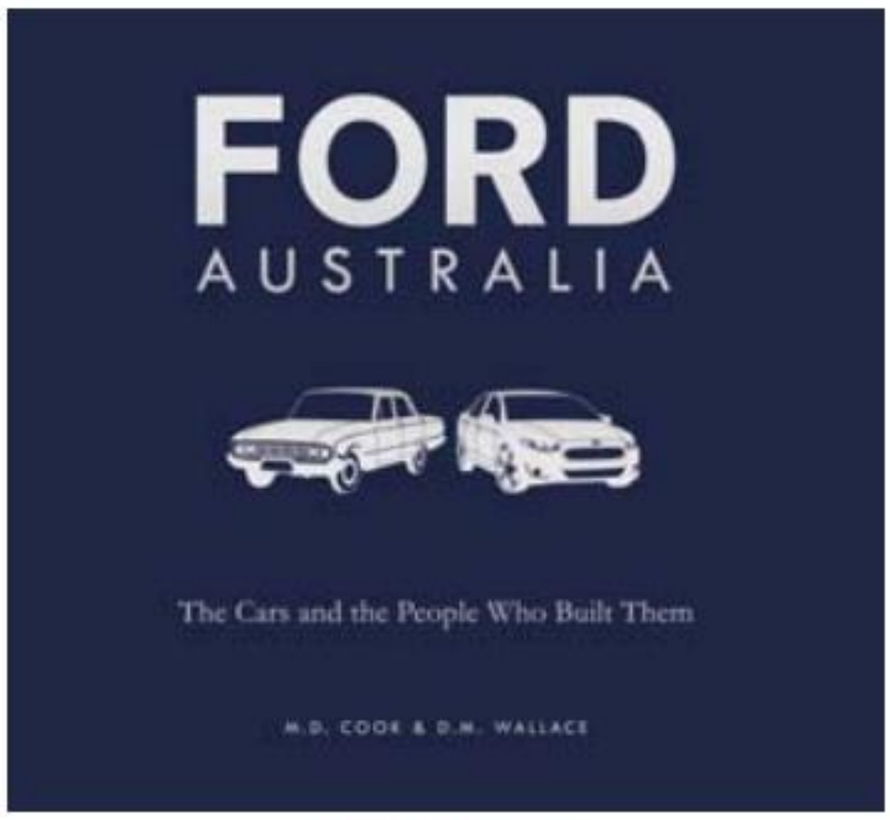
IT'S NOT ALL ABOUT THE WOMEN...

World renowned Essential Oils Company, Young Living has recently launched its new Thieves line of products bringing safe alternatives to your home, so you can replace harsh chemicals with naturally derived formulas that work effectively and smell amazing.
Young Living is proud to set the standard for essential oil purity and authenticity by carefully monitoring the production of its oils through their unique Seed to Seal process. From the time the seed is sourced until the oil is sealed in the bottle, Young Living applies rigorous quality controls to ensure that you are receiving essential oils exactly the way nature intended.

Plenty of winter denim and chambray at Mofo mens apparel, Noosa Junction



FORD Australia
The cars and the people who built them
By: M. D. Cook and D. M. Wallace.

Published by: New Holland RRP $60.00
Celebrating the 88 years in which Ford has built cars in Australia, this new coffee table book constitutes the complete history of Ford production in this country with many rare images and essential production statistics.
From the early days in Geelong in 1925 through to the present day, Ford Australia is a fascinating visual look into the history of the cars that were built

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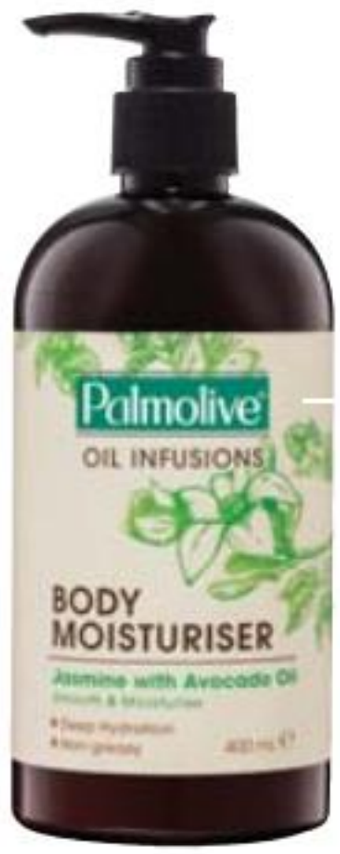

Palmolive Oil Infusions

Core Data research has shown that 89% of women say there are parts of their body they think they should moisturise more regularly, but don't due to lack of a routine. In answer to this, Palmolive is aiming to put body moisturising back on the agenda for Australian women with the launch of the Oil Infusions Body Moisturiser. Inspired by the essential oils trend exploding in health and beauty, the range is enriched with an infusion of essential oils and botanical extracts.

The three expertly crafted variants include:

Jasmine with Avocado Oil to soothe and nourish; Citrus with Jojoba Oil to stimulate and rejuvenate; and Rose with Macadamia Oil to uplift and revitalise.

The moisturisers have been launched as part of a complete Oil Infusions skincare range, including Liquid Hand Wash, Body Wash and Body Bar, and are available widely.

New Gordon Smith range available at Distinctions Boutique, Tewantin

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JIMMY CHOO WOMEN EAU DE TOILETTE

Known globally for its range of women's shoes, Jimmy Choo also produce a range of outstanding fragrances for both men and women. This fragrance is for the woman who is confident, intelligent and with a sense of fashion and fun. A fragrance that is warm, rich, woody in depth.

UNDONE IS THE NEW GLAMOUR...

You'd be hard pressed to find a girl who didn't want to know the secrets to an 'I woke up like this' look.
Natural, effortless style, all achieved with minimal time spent in front of the mirror…could it really be true? With Schwarzkopf Professional's OSIS+ Glamination, the answer is yes!
While conventional styling ranges tend to focus on texture and strong hold, too often this results in over-styled looks. Women today seek fabulous hair that is understated and authentic, messy yet elegant, looks made all the more covetable by style stars, such as Alexa Chung and Kate Moss, as well as countless fashion week runway shows.
The range includes Prime Prep Spray a lightweight, multitalented detangler and bodyfier;Plumping Shine Mousse, to enhance hair texture and extend hairstyle life; and Strong Glossy Hairspray offering a strong, dry finish.
Available in selected hair salons nationally. RRP $28.95

New Spring collections arriving in store daily!

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109 Poinciana Ave, Tewantin

Physio Plus Pilates Noosa

Michelle Perkins and the team from Physio + Pilates Noosa have been operating in Noosaville for the last 11 years, and have recently moved to a new studio at 30 Mary St, Noosaville. Hands-on Physiotherapy treatment will help to relieve pain, stiffness and muscle tightness, enabling you to move more freely and return to your normal activities with education regarding how to avoid re-injuring yourself. Pilates may be part of your treatment, or an exercise programme on it's own. Pilates exercises train several muscle groups at once in smooth, continuous movements. By developing proper technique, you can actually retrain your body to move in safer, more efficient patterns of motion – invaluable for injury recovery, sports performance, good posture and optimal health. In our new space we provide Physiotherapy and exercise rehabilitation and Studio Pilates equipment classes, using the traditional Pilates Reformers, Cadillac, and Wundachairs. These classes have a maximum of 3-4 clients, with close supervision and individual programming to help you achieve your health and fitness goals.

We have now also expanded our business and joined forces with Paula Magrani, Exercise Physiologist and owner of Hatha Clothing, to develop Hatha Yoga +Pilates Noosa . Hatha is the balance between the body and the mind .Hatha Yoga classes include physical postures (asana), breath control (pranayama), relaxation and meditation. We now offer both Yoga and Pilates matwork classes of up to 12 people in our new, light-filled space. Our class timetable offers classes for everyone, regardless of experience or fitness level, from the beginner to the elite athlete. Our highly-qualified staff believe that we now are the "go-to" place in Noosa for your health and fitness needs.

"Balance your body,
balance your mind"

Physio+Pilates Noosa

providing physiotherapy treatment for all musculoskeletal conditions, from acute sprains and strains, to more complex, long-term aches and pains.

With our highly qualified and experienced physiotherapists, we aim to get you back to work or play as quickly as possible.

Physio+Pilates Noosa

offers individual, small group and mat classes in a fully equipped studio with Reformers, Caddilac and Wunda Chairs all positioned in a welcoming and light filled space. Our fun and friendly atmosphere and passionate and caring staff will keep you excited about your classes and looking forward to your next visit.

physio+ pilates noosa

Unit 1&2 - 30 Mary Street NOOSAVILLE

www.physiopluspilatesnoosa.com.au

Ph: 07 54743450 - info@physiopluspilatesnoosa.com.au

Shop, Dine &

No trip to Noosa is complete without a visit to the famous Noosa Marina in Tewantin. The heartbeat of the Noosa River and a firm favourite with locals all-year-round. During the holiday season, the Wharf is bustling with visitors enjoying the views, the food, the wine, and the company that makes this part of Noosa such a great place to spend time.

Situated on the picturesque Noosa River, which is the lifeblood of this beautiful shire, it is just a short drive by car from Hastings Street. Or take a leisurely sightseeing trip on the Riverlight Ferry, stopping at many points along the Noosa River. It is one of the most relaxing ways to see and arrive at Noosa Marina.

Although the forty-berth marina is suitable for boats from small tinnies to forty-foot catamarans, it is much more than just a harbour. It plays host to music and festivals throughout the year. Boasting an array of eateries including the award-winning restaurants, Rump House Steak & Seafood along with The River Deck; not only an award-winning wedding venue but also one of the best north facing dining locations in town. Sit back and enjoy the views of bobbing boats and clear skies from the health-conscious Café VinCino, or visit Italian Marina, an Italian delight and the perfect place to go for traditional wood-fired pizzas prepared in full view of the diners.

Many a local will direct you to the Noosa Marina for some weekend fun. The place truly comes alive on Friday nights with diners tucking into fish and chips from the Noosa Harbour Fish Market, while wine glasses are clinking away to the beat of live music on offer at The Harbour Wine Bar. On Sundays, the Sunday Markets (from 8am to 2pm) attract visitors from all over to its 75 stalls brimming with jewellery, arts, crafts, natural therapies and much more.

While the men go looking for the one that got away, the girls can indulge in Noosa Marina's delightful boutiques, lifestyle and homeware shops. Tangerine Beach and Noosa Stylz have a stunning range of womens clothing, accessories and shoes, while The Whitehouse have everything you need in homewares, hand-made furniture and unique gifts. Hearts & Minds is a delightful art & furniture gallery, that's a must see. Tired feet will enjoy the soothing feel of Birkenstock shoes, while enjoying a little indulgent Belgian chocolate from Chocolarté to the Max. There are many other shopping options on offer that are too numerous to list.

The Works will care for your holiday looks, allowing ladies and men to look their smartest for that night on the town. But for the ultimate rejuvenation The

Relax...

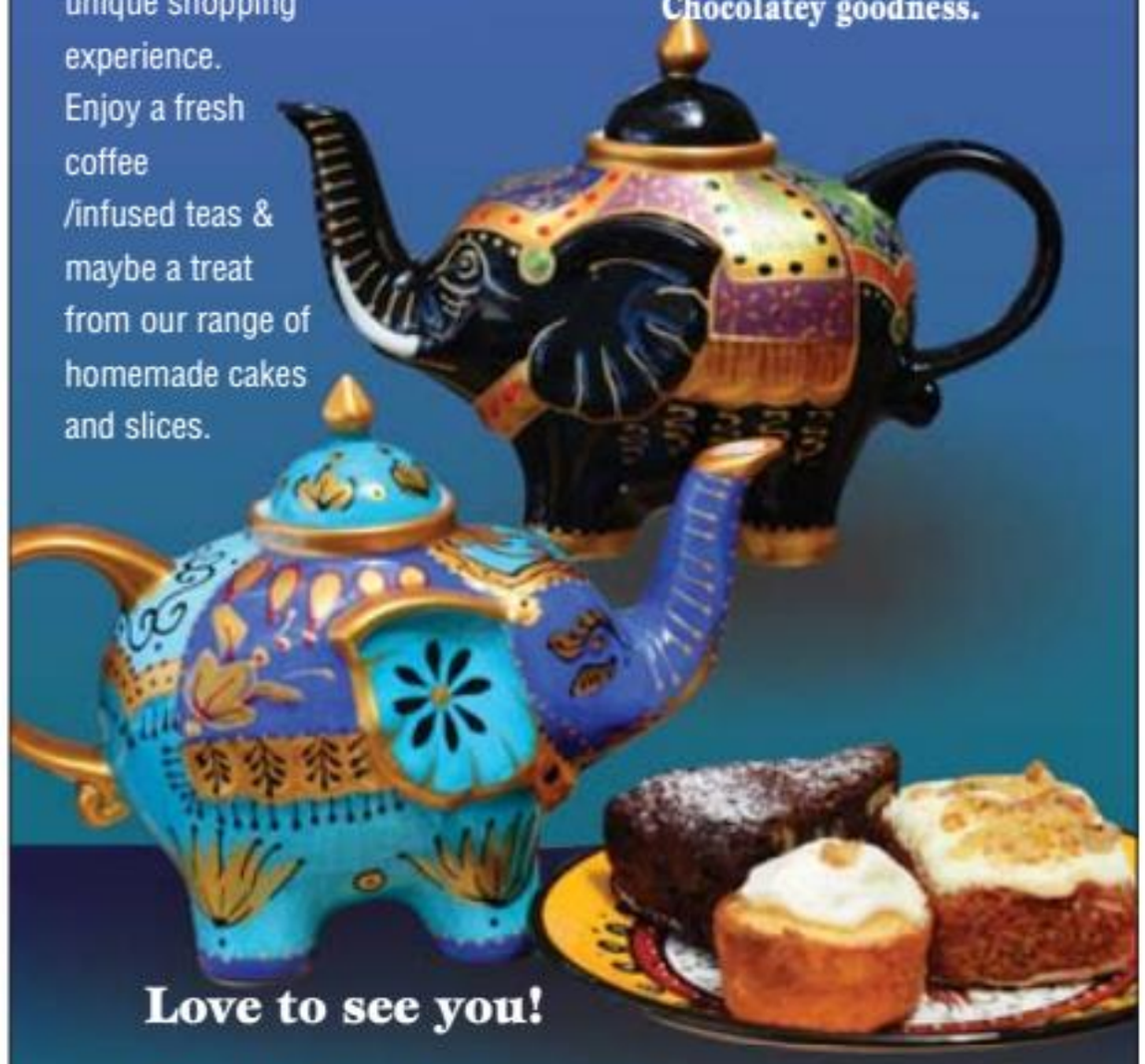
Sheer Bliss Day Spa can offer a complete make over.

The Noosa Marina offers a family-friendly, happy atmosphere where visitors are encouraged to visit and locals love to go. If you have any questions about the area, its Visitor Information Centre can help you find your way around or phone 54305000. Visit our website www.noosamarina.com.au

Chocol'arte
To the Max

Styled and decorated with bright cushions, exotic wares and rustic influences. Pop in for service with a smile and a unique shopping experience.
Enjoy a fresh coffee /infused teas & maybe a treat from our range of homemade cakes and slices.

'Chocol'arte to the Max', infused with the smell of deep Chocolatey goodness.



Love to see you!

Catch the Ferry from Sheraton or anywhere along the river to: NOOSA MARINA 2 Parkyn Parade Tewantin.
P: 5455 6788 E: Chocolarte@bigpond.com
See us on Facebook - 'Chocolarte to the Max'

Noosa Marina open all season

unique retail
art & photography
beauty spas
restaurants
fishing & cruises
sunday markets

relax & unwind

follow the river to Tewantin
Parkyn Crt Tewantin

Like Ph 5473 0166 **www.noosamarina.com.au**

noosa marina

swimwear

NEW... NOW OPEN... Classy Lady on Gibson

Swimwear, Resort Fashion, Homewares & Designer Decor

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BEACHFASHION

homewares

Visit our NEW swimwear, casual clothing, home design and decor store...

Featuring beautiful European swimwear to suit from young to the elegantly young!...
Our designer homewares, cushions, accessories and furniture complement the relaxed Noosa Beach lifestyle...
drop in and be inspired...

Classy Lady...
on gibson

New Store CLASSY LADY ON GIBSON 2/11Gibson Road Noosaville (next to Highgrove Bathrooms Ph 07 5474 3886

Winter looks....

Mela Purdie - Ruffle Collar T in Chantilly Spot $335 and Brogue Pant in black $299 available at Zambezee Noosa Heads & Mooloolaba

Mela Purdie - Arc Hem Dress in Track Stripe $280 available at Zambezee Noosa Heads & Mooloolaba

Olsen available at Minx & Max, Noosa Junction

PUROLINO

If you desire to be Elegant, cool, relaxed and naturally dressed, then here comes Purolino's latest imports direct from Italy. You will find the European summer feel in Purolino's garments. The garments flow over and fit the body in an uncomplicated manner, easy to wear in layers with the elegant natural fibres of 100% linen from Italy. Established in 1991 on the Sunshine coast QLD. Purolino provides stock service, cash and carry to retailers AUSTRALIA wide. For our Qld retailers You can contact: Yvonne on 0405 512 064. Other states contact our Sydney agent: Yannick on 0422548141

www.purolino.com.au

NOOSA CLASSY LADY at Noosaville is a favourite for ladies of all tastes, Casual to classy fashion , shoes and accessories - Located at Gympie Terrace

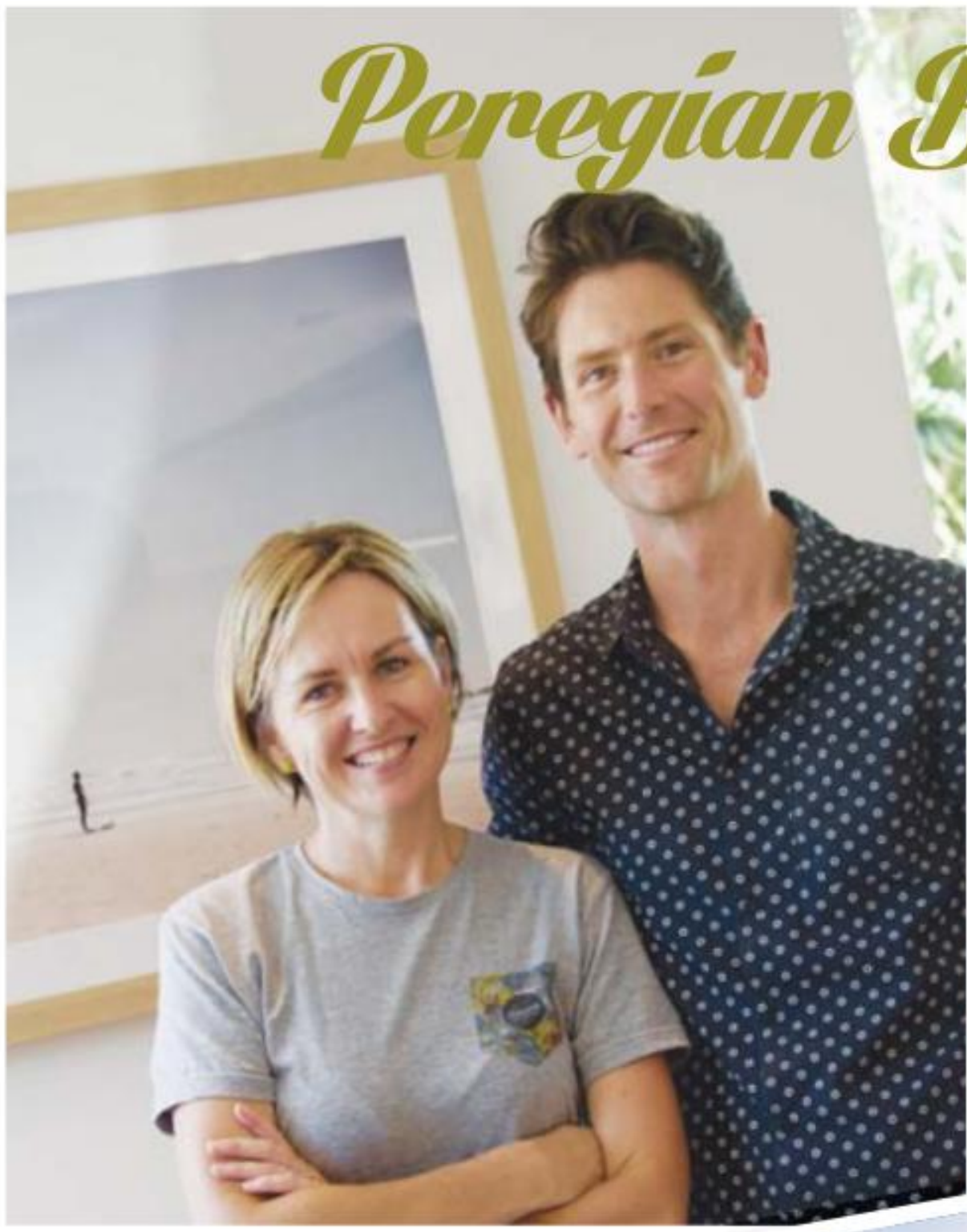
Cooper by Trelise Cooper 'Dot your I' and 'Lay it on me' dresses in store now at Minx & Max, Noosa Junction

Left:& right...
Stuart Weitzman New York shoes
Available at DIANAS Shoes - Bay Village - Hastings St Noosa

Left:
Bandinini Shoes from Italy..
Available at DIANAS Shoes - Bay Village - Hastings St Noosa

Peregian Beach Village...

The fashion, food & homeware village!!



Family owned & operated The Peregian Beach Hotel is loved by locals and visitors for its friendly welcoming staff, hosts Kylie and Sam invite you to drop in and enjoy their hospitality.

Recognised by a cluster of tall Norfolk Pine trees and surrounded by National Parks that make up the world-recognised Noosa Biosphere Reserve, is Peregian Beach.

With its friendly village atmosphere and laid-back feel, Peregian Beach is a favourite with savvy locals and tourists, who are seeking a quiet shopping experience away from the big crowds, and dining options to suit all tastes.

With restaurants, bars, cafés and take-aways dotted around the walking streets, visitors can enjoy a seated coffee, lunch or dinner, and beachgoers can pick up goodies for a picnic at the beach or in the shoreline parks.

It's an extremely popular family destination.

The Peregian Beach Hotel offers sensational food for all the family ....

The Village Square, the heart of the beachside town has interconnecting lanes and pathways to everything and provides a shady area for locals and visitors. Picnic tables designed by Richard Newport are popular with families and friends to enjoy take-out fare from the nearby eateries and for shoppers who are in need of a coffee and momentary respite from retails therapy.

Market Day is held on the 1st and 3rd Sundays of the month, when live music attracts large crowds to the lawn in front of the Peregian Beach Surf Club. "We've built an amazing live music scene here, thanks to some dedicated local musicians who set up Peregian Originals," says Ange Takats, a Peregian Beach-based author, journalist and musician. "There is no regular community music festival of its kind anywhere else in Australia and this makes me proud as punch."

Just over the sand hills at the southern end of the beach you'll find Peregian Environmental Park, an area of wallum heath which bursts into a colourful profusion of wildflowers in spring. On the western side of Peregian Beach is Lake Weyba National Park, and Lake Weyba, which feeds into the estuary at Noosa Heads. Nearby, too, is the southern extension of the Noosa National Park with a rich mix of coastal heath and scrub and stately rainforest which provides sanctuary and support for a wealth of native flora and fauna.

Peregian Village has all the charm of a coastal village. Stores are stocked with classy homewares, stationary, office essentials, quirky and must-buy gifts and of course must-have accessories, beautiful boutiques for him, her and baby too, trendy surf fashion, beauty therapists who fully understand the meaning of serene relaxation and many cafes, all renowned for fresh, exciting fare.

The Peregian Beach Hotel
a little slice of tropical magic, nestled in the heart of the beachside village of Peregian Beach.

It's open-plan dining areas blend inside and outside dining seamlessly, offering diners a welcoming environment with a relaxed 'beach' feel. The light filled bars and outdoor beer garden gives diners the chance to kick-back and enjoy a sunny afternoon that most times will extend into night. The menu offers a generous selection of tantalising dishes and wood fired pizzas that will have you coming back for more, and a tapas and small plate menu that sings with possibilities.
The chefs make good use of their wood-fired oven to produce an exciting array of new age and traditional pizzas…and a selection of tempting tapas and share plates, such as wood fired olives, wood-fired Mooloolaba Prawns; Sea salt and triple pepper Squid; Fire-roasted smokey Chorizo with caramelised Spanish onion, and char-grilled locally baked ciabatta; and an Asian Pork belly Fusion Pizza with twice roasted asian master stock pork belly, fresh chilli, wilted bok choy, house made napoletana sauce, mozzarella, oyster sauce, fresh coriander and fried rice noodles.
The menu also includes a wide selection of high quality, traditional dishes including Cape Grim beef, seafood, chicken, pastas and salads, and the prices amazingly diner friendly.
With a wine list that offers imported and craft beers, and a good selection of Australian wines, as well as a yummy cocktail menu, you will find it easy to complement your choices from the exciting bistro menu.
There's live entertainment on Friday nights and theme dining nights all week, it pays to check out the website for upcoming events.
This family friendly bistro is the perfect place to meet with friends and family, or dine with a loved one.

www.peregianbeachhotel.com.au

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Noosa Junction... fashion & food central

From galleries, specialty and department stores, a plethora of fabulous boutiques, supermarkets, delis and providores of fresh food, restaurants and cafes to suit all tastes,
The Junction is the beating heart of Noosa.

Noosa Junction Twilight Market

Sample a little local flavour at the Noosa Junction Twilight Market third Friday of every month.
There's something for everyone…
with a focus on local artists and artisan stalls, laid-back live music, great food and the Flava Bar. Enjoy the village vibe of fun, funk, fashion and folk.

Arcadia Street, Noosa Junction

You'll find everything from stunning jewellery and beautiful boutiques to exciting homewares and gifts-with-a-difference, boogie boards, bikinis and board shorts, shells, cappuccinos - and crayfish to cocktail wear and candelabras.

Noosa's hub and central business precinct stretches from the post office and bowls club, along Sunshine Beach Road, into Lanyana Way and is intertwined with interesting arcades, sidewalks and a veritable treasure trove of diverse options and an eclectic mix of shopping, dining and entertainment choices.

What a remarkable change from the 50s when according to local Col Wheeler "These were times when Tewantin was better known than Noosa, and the dirt road that joined them, sometimes made travelling dangerous. David Low Way did not exist."

The Junction houses banks and lending institutions, professional, medical and government offices, radio stations, cinema complex, the J, the Junction Station, a transit centre for bus services. There are over 200 businesses in the area to assist with most needs.

With the influx of new dining establishments like Padstow's, Village Bike and Noosa Boulangerie & Patisserie, the area is constantly evolving and reenergising its persona to meet the needs of all.

With it's annual Junction Festival and other family events planned for 2016, Noosa Junction is definitely the place to keep watching.

WINTER
CLEARANCE IN STORE

CHALICE
[standing]
VERGE
Morrison
PrettyBallerinas
0039
ITALY
sandwich_
olsen
LUXE
DELUXE
COOPER
Pepito's
BRAEZ

Minx & Max

Shop 3/18 Lanyana Way NOOSA JUNCTION (across the road from Coles, Noosa Fair)
Mon-Fri 9am-5pm / Sat 10am-2pm - Tel: 5447 3366
www.minxandmax.com.au

Noosa Junction... fashion & food central

Unique driftwood homewares and furniture at the shop with sand on the floor..! Tres Noosa at the Junction

Minx & Max

Owner of Minx & Max, Deborah Chilman has a passion for fashion and sourcing the very best in labels and seasonal trends. New shoppers will be impressed with the diversity of top shelf labels to suit a range of size and taste. The boutique's signature labels include Verge, LTB Jeans, Jean Paul, Morrison, Pepito, 0039 Italy, Meredith, Bouvier & Blacky Dress.

Minx & Max is conveniently located across the road from Noosa Fair in Noosa Junction

Symbolic Journey is a gorgeous shop, with an uplifting atmosphere to inspire you whilst browsing. There is an ever changing variety of crystals, jewellery, books and much more. Psychic readings are also available – bookings advisable. We've become a bit of an icon with locals and tourists alike, having just celebrated our 20th birthday! If you're looking for a meaningful gift, or want to enliven your senses, this is the place to go!

I Cherry Shoes has the latest range of beautiful imported Italian, Brazilian, French and Spanish designs ranging from casual, comfort, daytime to evening plus hats, fascinators and bags for race wear, weddings and formal occasions.

Très Noosa It's the talk of the town!!

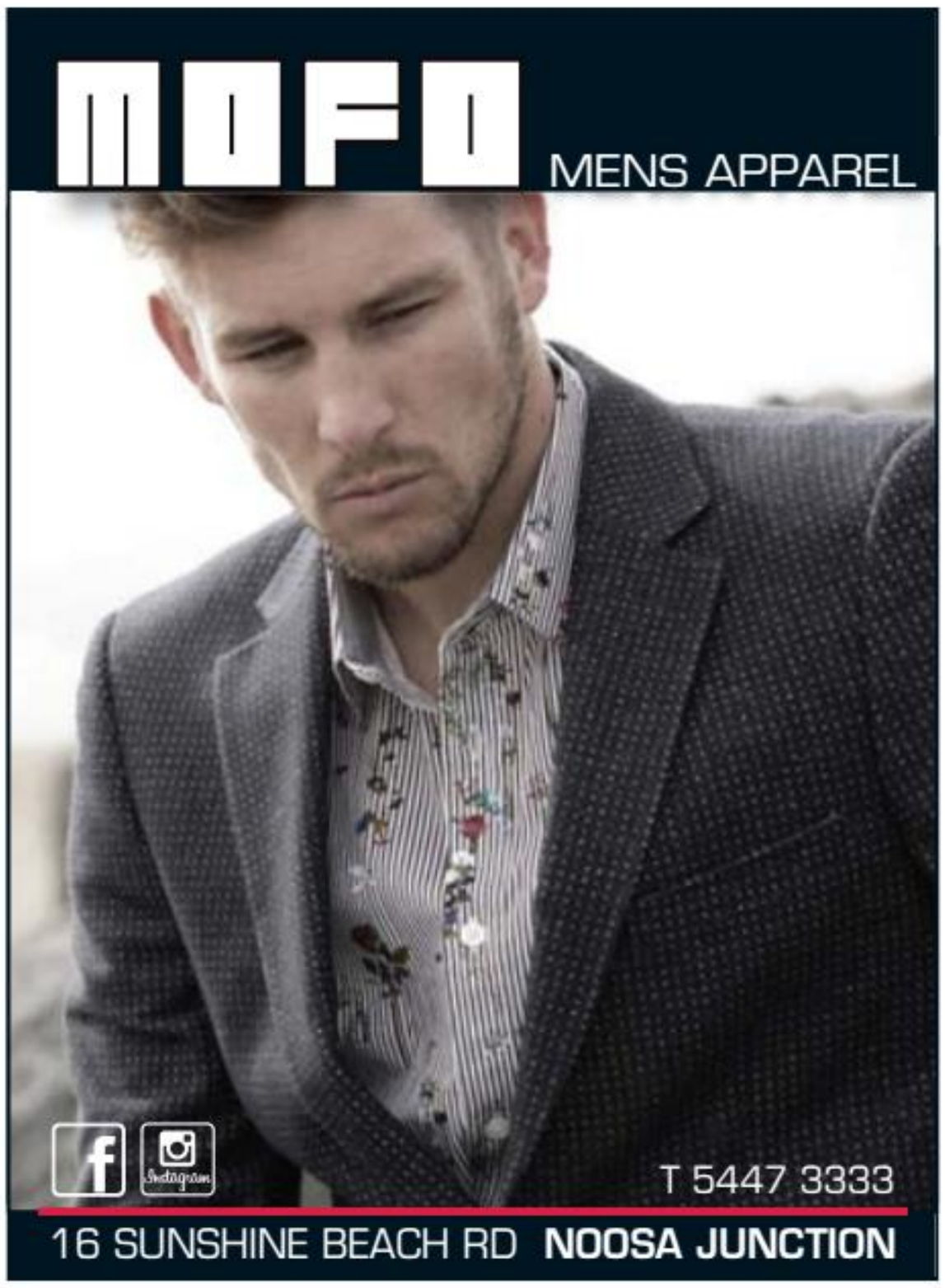
We would like to welcome you to iconic "Très Noosa", your one stop for all unique beach and Noosa gifts, art and homewares. Beach Wedding hiring and styling service and our famous shell art workshops for kids and adults. It's the shop with sand on the floor and Noosa's best kept secret.

Shop 1A, 1 Arcadia Walk (Sunshine Beach Road), Noosa Junction

Lotus Rose Emporium is a Noosa based, family-owned and operated business offering customers designs that are above all stylish, practical,relaxed,comfortable and affordable!

Close attention is paid to all body shapes with special attention paid to the larger woman and man to assure comfort and style are still maintained while creating the perfect look and feel . The range is produced in cotton, linen, silk and rayon.

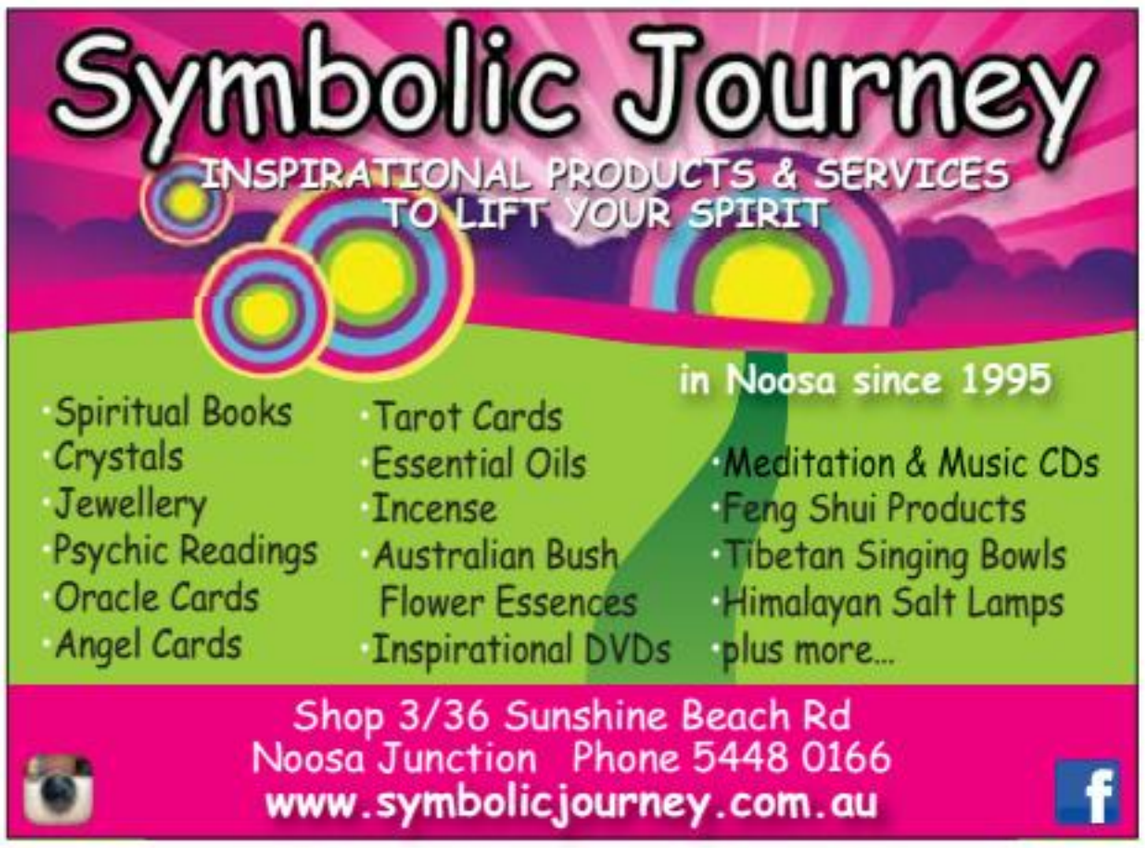
Women and men's sizes up to XXXL . Lotus Rose are confident that you will find that special and individual look that will suite your personality and lifestyle . This summer season they offer wonderful, breathable fashion that will take you from beach to restaurant in style.



Mofo Men's Apparel has re-located to Sunshine Beach Road right in the heart of the shopping precinct.

This stylish and independent men's boutique stocks internationally recognised brands, alongside smaller independent labels. Which include Cutler & Co, Duck and Cover, No Excess, Deus Customs, Stitch & Co and many more. With quality shoes and accessories to complement your new outfit, you will be ready for the party season. Mofo prides itself on their attention to customer service. Drop in and check out the new store fit out and latest designs on offer for the summer season.

The Collection Gallery New to The Junction, at the end of the street on , The Collection art gallery is a must visit for lovers of fine art. With over 300 major works on show to tempt collectors and excite those who may never have seen some artists early works. Owner Leigh Murphy is a fountain of information about art and loves the opportunity to have a chat to other art lovers.



Mela Purdie - Ruffle Overshirt in white $355 and Straight Pant in black $189 available at Zambezee Noosa Heads & Mooloolaba

Bella Lido Winter range now available at Tangerine Beach, Noosa Marina

European designs with the latest styles & colours just arrived at...
TOOTSIES Shoes - 1st floor Sunshine Plaza Shopping Centre - Maroochydore

Fashion for all seasons...

SUNFLAIR SWIMWEAR
A style and colour for every age at CLASSY LADY on GIBSON - Gibson Rd Noosaville (next to Highgrove)

ABOVE & BELOW:
French & Italian Spring Collection
Available at Eliza's, Noosa Heads

DODO BAR OR is the latest label to join Toscani's exclusive portfolio of brands. Israeli designer Dorit Bar Or describes her brand as a modern take on beachwear. Buyers, Maxine and Erin McMaster says DODO BAR OR is perfect for the relaxed coastal lifestyle combining vibrant colours and sophisticated prints.
Other new brands include Chinti & Parker, Thurley, Sea NY, Self Portrait and White Story.
Shop in-store or online www.toscani.com.au
Or stay up to date with the latest via Instagram @toscaniaustralia
TOSCANI - French Quarter Hastings Street

European designs with the latest styles & colours just arrived at... TOOTSIES Shoes - 1st floor Sunshine Plaza Shopping Centre - Maroochydore

Something relaxed and stylish always at: Saffron Homewares - Gympie Tce (next to newsagent) Noosaville

Style Tasty morsels...

Winter Dining Sensations...

Our region is home to many of Australia's finest restaurants and cafés, where the chefs are adept at creating the perfect dish from produce sourced from our own 'backdoor'.

Left: ITALIAN MARINAS owners Michangelo and Beatrice Cecconi

Coffee & German pastries at IZZY CHAI Weyba Road

Bites Food

Izzy Chai Coffee & German pastries

A great new location for coffee on Weyba Road... Not only great coffee but fabulous German pastries baked inhouse by two young Germans bakers.

New Southeast Asian Izzy Chai Restaurant has opened. Specialising in a selection of the best southeast Asian Bea Cuisine including Thai, Chinese, Malaysian, Vietnamese and Filipino with over 30 years experience. A range of great

Australian & International beer and wine is also available. Lunch Specials From $10.90 A collection of Asian groceries arealso available.

Keeping it HOT at Red on Thomas…

Red on Thomas is sure to warm the cockles of your heart this season, as chef Jamie Lethborg offers diners a scintillating selection of culinary delights. With the heaters cranked up to ward off the winter chills, it's time to take the whole family out for a fabulous day or night of food and entertainment.

Time to moor your boat at Noosa Boathouse…

They will be holding a Floating Street Food Market on Sunday 17th July. Commencing at midday, the park will be transformed into a street food market, showcasing a wonderful selection of dishes, boutique beers, wines and cocktails, as well as chilled-out music which will entertain patrons until late.

Entry $49 and includes 6 tokens.

New Look…

The ever-popular Rock Salt restaurant in Quamby Place has had a transformation. Be sure to check out the new look and the new Winter menu. Luckily chef/co-owner Stuart Webster still offers my favourite Crispy Roast Duck on the new menu!

Moving spaces…

Mad Megs hasn't gone…it's just moved to Gympie Terrace, next door to Little Humid.

Now with a bright new look , new name (Mad Megs + Co) and newly expanded menu, owners Damir and Marja Mikletic have also welcomed ex-Sirocco chef Emmet Malone and his wife Lorraine to their team.

Sirroco

has welcomed a new chef to the crew, Alethea Timms, who is shaking up the menu and putting new taste sensations on the table for happy diners.

Happy birthday

Popular eatery Mooshka in Sunshine Beach has just celebrated their 7th Birthday. My how time flies!

Cool Cocktails

Diablo Cocktail

45ml Tequila
15ml Creme de Cassis
whole fresh lime cut
15ml sugar syrup
fresh mint leaves

Muddle the lime pieces and mint leaves in metal cocktail shaker.
Add ice and liquid ingredients then apply lid and shake, shake, shake?
Strain into a mason jar - top with mint leaves and enjoy!

Japanese Slipper

30ml Midori
30ml Cointreau
30ml Fresh lemon juice

Shake ingredients with ice in a cocktail shaker and strain into a martini glass.
Garnish with a maraschino cherry.

IS BAR
*TAPAS *COCKTAILS *WINE
NOOSAVILLE

What a great weekend...

From the Opening night cocktail party to the exciting Spanish themed street party at Rococo, from the open air Hastings Street luncheon to the fine luncheons and dinners at local restaurants...everything was go, go, go at his year's event.

Photo top
Emily and partner Melbourne chef Frank Camorra with Chris & John Pritchard
Below: Noosa Shire Councillor Ingrid Jackson with our Editor Kaylene Murray enjoying the evening.

Opening Night on the beach under the Tippi…

It was a shoes off policy if you wanted to stay standing for the ladies, as guests mingled on the foreshore of Main Beach to herald in the new food and wine event.

With Asashi Beer and wine flowing, and waitstaff meandering throughout the Tippi offering guests an array of interesting goodies designed by all the chefs involved in the weekend, it was all tastebuds at attention!

And, a glimpse of the food and wine fun to enjoyed and savoured over the weekend.

You're Better on Beef BBQ by the River

What a wonderful way to spend a bright, blue Sunday… by the river with live entertainment and the wafting aromas of beef cooking on the grills - not just burgers and steaks, but exciting adaptations to fill hungry diners with a sense of adventure.

Chefs, Shane Bailey, Alastair McLeod, Sunny Gilbert, Matt Golinski and Sammy & Bella all putting their skills to the test, while the boys from IS Tapas whipped up an extremely tasty vegetarian paella for those looking for a change from meat!

Local legend Carl Wockner, and Brisbane powerhouse band Honey kept the festival crowds dancing in their seats, on their feet and even in their minds (for those that are dancing compromised!).

And, it was lovely to see the multi-generational crowd all enjoying themselves immensely.

NOOSA FOOD & WINE 2016

Peppers Noosa Resort & Villas hosts... Queensland Produce on Show

Brokenwood winemaker, Iain Riggs & Peppers Resort GM Steve McPharlin enjoying the ambience.

Chefs: Andreas, Alistair and Matt looking confident on the night.

Queensland Produce on Show Menu:

Complemented by wines chosen by Iain Riggs, Chief Winemaker and part-owner of Brokenwood Wines.

ENTREE by: Alastair McLeod
Cobia Sashimi, avocado, cuttlefish and seaweed.
Served with 2014 Brokenwood Hunter Valley Semillon

MAIN by: Matt Golonski
Bendele Farm Duck, forbidden figs, fennel soubise, walnuts and truffled honey.
Served with 2013 Brokenwood Beechworth Pinot Noir

DESSERT by: Andreas Nielsen
Bittersweet Chocolate Roulade, Amamoor roasted macadamias, Cooloolah berries.
Served with 2013 Brokenwood Sticky Wicket

It was a fitting introduction to the dining establishment, when Pepper's Noosa Resort & Villas new Executive Chef Andreas Nielsen headed the line-up of celebrity chefs, Alastair McLeod and Matt Golinski at the Queensland Produce on Show dinner, during this year's Noosa Food & Wine 2016.

At 6'4" (old school measurements) - Danish born Andreas poses a formidable presence on the dining scene (only rivalled by Executive Chef, Cameron Matthews at Spicers Clovelly Estate). His introduction to the culinary world began at a tender age - with both his mother and grandmother working as chefs at the famous Hotel D'Angleterre, reserved for Danish royals and socialites. The perfect mentors for a budding chef!

In Australia, Andreas honed his formal skills in the kitchen at John Kilroy's Char Char Char and Sun Bar in Brisbane; then Andreas travelled back to Europe to learn new techniques and styles of cooking. Then back to Brisbane again with a renewed passion, that he would showcase at Rydges Southbank, then another Kilroy award-winning restaurant Jelly Fish.

After two years back in Denmark he returned to Brisbane again before finding that Noosa was the perfect place to introduce his fresh new ideas and concepts into the Peppers restaurants.

At the dinner over 200 guests happily supped on the best that Queensland had to offer and vowed to want more!

is bar

tapas+cocktails+wine

overlooking the river - noosaville

With 7 beers and ciders on-tap, a great cocktail list and wines to suit any dining option

Open: Mon - Thurs 3pm till late
Friday - Sunday 12 midday till late

LIVE ENTERTAINMENT
FRIDAY, SATURDAY & SUNDAY
Check us on Facebook: istapas -

Ph: 5447 1818
Overlooking the river - 249 Gympie Terrace, Noosaville - www.istapas.com.au

Embassy XO

MODERN ASIAN DINING & LOUNGE BAR

Delicately fusing together modern Asian & Chinese fine dining, Embassy XO in Sunshine Beach overlooks the picturesque surf beach & village

Yum Cha • Dinner
Lounge Bar • Cellars

(07) 5455 4460 www.embassyxo.com.au
Cnr Duke & Bryan St, Sunshine Beach

Cheese Therapy was in good hands, with co-founders Helen Shadforth and Sam Penny eager to bare the weight of the brie and share the love of the cheese!

Cheese therapy

An exciting evening of cheese therapy…

The J was the place to be for the launch of Cheese Therapy, a new cheese club that offers members a unique service.

They will deliver four mixed styles of cheeses from around the world overnight straight to your door. The chilled hamper comes complete with tasting notes and wine matching suggestions. You can add items from the CheeseTherapy deli to be included in your hamper with no additional freight charges.

The sold-out event gave guests the opportunity to taste four oozing brie's from around the globe matched with sparkling wines from Spain, Italy, France and Australia, and anticipate a monthly delivery of cheese.

COSTA NOOSA
Espresso
ROASTERY & ESPRESSO BAR

WINNERS
2015/2016
Bronze - Australian Milk Based
2013/2014
Bronze - Australian Grown Coffee
Silver - Decaffeinated Coffee
2012
Aust Bronze - Espresso Bronze
Syphon Bronze
2011
Aust Bronze - Single Origin Bronze
2010
Espresso Silver - Australian Bronze
2009
Australian Bronze - Filter Bronze

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Italian Marina

RESTAURANT & PIZZA

Ph 0434 190 573 2 Parkyn Court, Noosa Marina Tewantin www.italianmarina.com www.facebook.com/italianmarina

Don't forget to book us for your next function

Essential ingredients to a perfect meal…

What you'll be cooking with this season…

It's time to hit your local Farmers Market or local providore.
All the comfort food essentials are plentiful: parsnips, carrots, celery, pumpkins, swedes, turnips, cauliflower and horseradish.
I can hear both my soup and stew pots calling me now!

Even better, they want to help - and become part of the food process.

Local farmers markets:

Noosa Farmers Market - food & local musicians at Noosa Aust Rules Football Club - every Sun 7am - 12pm
Noosa Marina Markets - local produce, locally made craft. Noosa Ferry stops here - every Sun 8am - 2pm
Peregian Beach Market - local produce & crafts - 1st, 3rd & 5th Sun 7am - 12.30pm
Eumundi Market - sustainable shopping, incl food, clothing & artworks, local entertainers, located under heritage listed Fig trees - Wed 8am - 1.30pm & Sat 7am - 2pm
The Big Pineapple - Fresh local produce,food & local musicians every Saturday Bruce Hwy Nambour

bistro c

BEACHSIDE DINING

ABSOLUTE BEACHFRONT – AWARD-WINNING CUISINE RELAXED AND STYLISH ATMOSPHERE

Take in the view of Noosa's Laguna Bay over breakfast, lunch or dinner at Bistro C. Chef Dayle Merlo created each menu inspired by the amazing local produce our region has to offer. His team's passion for food is evident in the award-winning cuisine.

Our relaxed, light filled space offers the perfect setting for a leisurely breakfast, long lunch, afternoon cocktail, or moonlit dinner. Bistro C is also the ideal venue for weddings, functions and corporate events.

Bistro C is open from 7.30am until late, seven days. We are looking forward to meeting you.

Bistro C - On the Beach- 49 Hastings st, Noosa Heads (07) 5447 2855 | www.bistroc.com.au

Fresh

Belmondos is a must visit for anyone shopping organic

Belmondos Organic Market is the award-winning organic market located in the Noosaville industrial precinct that has become home to a range of businesses focusing on providing organic produce and a healthy lifestyle. From fresh coffee, to 100% organic meals, fruit and vege, a natural pharmacy and more,.

award winning marketplace specialising in organic foods and well-being.

Bio Shop Noosa is Noosa's every day organic grocer specialising in everything organic and their quality fruit and vegetables offer a wide variety of fresh produce including great winter veges as pictured. They also stock a wide variety of grocery items sourcing their products from only the best organic producers.

Chef Nilla Tomkins has created a huge following on the Coast for her 100% organic meals available for breakfast, lunch and takeaway. Winter is the perfect time to try some of her delicious freshly made soups such as her pumpkin soup pictured here or her white sweet potato and rosemary soup is also a great treat in Winter!

Yukti Botanicals offers a Natural Pharmacy, Day Spa and Treatment Centre offering an unrivalled mix of natural supplements, therapies and traditional Ayurvedic medicine to the market. Try their own Yukti Botanicals Calming Tea – it's perfect for winter having a natural affinity for the lungs and includes beautiful warming digestive spices including cinnamon, clove, ginger. Akshara Day from Yukti says it's a great tea to get in the habit of drinking daily in Winter.
"The calming tea also features an adaptagenic herb which is traditionally used to strengthen and energise during the day while helping with sleep at night." The Yukti Botanicals Calming Tea is $24.95 a jar with refills for $14.95.

Belmondos is also the home to Eumundi Meats the Sunshine Coasts leading organic and free range butcher. Specialising in certified organic and pasture raised beef and poultry, organic and free range lamb, Bangalow 'sweet' pork, gluten, preservative free and paleo sausages, Eumundi Meats also boasts the Coast's most impressive range of charcuterie products.

Clandestino Roasters Roast onsite and feature a cafe offering a range of single origins, single estates and blends, which can be customised to suit a customer's palate. Home to the Sunshine Coast's first Brew Bar, Clandestino Roasters showcases a range of coffee brewing methods including V60, Syphon, Clover, Cold drip and Aeropress, some of which have been used for centuries in other countries. The Roastery also features a training facility where clients or members of the public can attend one of our many barista courses from beginner through to advanced.

If you are searching for Australia's first certified organic unpasteurised cold press juice company then you have come to the right place, home of
Noosa Cleanse Certified Organic Cold Press Juices and Cleanses. Their juices and broths designed to give your insides a rest from breaking down heavily processed, difficult to digest, nutritionally black foods. Cleanses include organic meat broth, coldpressed nutmilks and coldpressed juices.

Tanglewood Bakery is an artisan bread company where all breads are hand kneaded and use a 20 hour slow fermentation to break down acetic and phytic acid which aids digestion and increases the natural flavour and character of each loaf. Their organic sourdough range incorporates ancient grains, sprouted grains, activated nuts, fresh milled flour and gluten free breads.

Visit Belmondos Organic Market at 59 Rene Street, Noosaville

Belmondos Organic Market Frittata

Chef Nilla Tomkins has created a huge following on the Coast for her 100% organic meals available for breakfast, lunch and takeaway.
A great selection of salads, juices and ever changing array of tempting hot and cold dishes....

Winter is the perfect time to try some of her delicious freshly made soups such as her roasted pumpkin soup, or her white sweet potato and rosemary soup is also a great treat in Winter!

clean green vegan cuisine

by Scott Mathias, author of International bestseller 'Lets Eat Raw' recipe book:

- Vegan - Gluten Free
- Dairy Free -
- No processed food
- No white sugar

Crafted living foods in a Bento Bar
Made fresh daily...
Beautiful desserts
Organic Little Cove Coffee

go vegan deli

#govegandeli

6 Thomas Street NOOSAVILLE
Tel 5473 0920
9:00am to 4:00pm 7 days a week - Takeaway/sit in

Franchise inquiries welcome

Getting with your 1 step personal health program this Winter

Scott Mathias CHHC. AADP – Author & GoVegan Deli Founder

No doubt you'd be familiar with the saying 'Get with the program'. The millennial generation often use the phrase when talking with everyone other than those born in the 90's and 2000's.

What program you might ask?

'Yes I am totally with my program – my food and health program, thank you', which raises the question; are we not just biological computing devices putting into our bodies nutritional data in the form of food particles?

The need to identify food data destined for the body comes from developing a sixth sense when you are putting any food near your lips. 'Is this food going to kill me or cure me?'

Becoming food aware is a key part of healing the body. For much of our earlier lives, we are just told to eat what is put in front of us.

The 50's were my formative years and they were marked by boring, over cooked, nutrition-less dead animal protein, day in and day out. Sometimes meat three times a day – mince on toast for breakfast, corn silverside with piccalilli between two slabs of white bread for lunch and dinner would be chops or stew with mushy pot boiled vegetables and mashed potatoes. In between times there was always a slab of cheddar in the fridge, a pint of milk to slurp from and mum's flour based fruitcake to gnaw on. Oh, and throw in the half pint of school milk we were forced to consume.

I began to suffer from chronic reflux at the age of 8 years old; my body rebelling against the absolutely out of control abundance of animal protein. I look back on these 'food times' with a great deal of sorrow and physical pain, which only subsided when I nearly died from reflux 9 years ago, turned a corner and went on to heal myself, not only of this, but a myriad of other chronic symptoms.

Now, my diet is vegan (no animal products whatsoever) and I eat only plant-based foods. My program runs very smoothly each day and my health is simply amazing. I am thankful I made it through.

I had to get with my program otherwise I would not be writing this today. An easy choice when it was a matter of life or death.

Please do come and visit my GoVegan Deli. Ask if I am around and I'd be delighted to answer any of your questions.

Photos: Cleo Ignacio.
ABOVE: Vegan Veggie Burgers for optimum gut and heart health. The tastiest in Noosa !!! TOP: Savoury Tarts filled with house made cashew cheese and topped with salsa. A top seller.

Italian Marina
Wagyu
Wagyu eye round
with broccolini
and soft truffle
polenta.
ITALIAN
MARINA
NOOSA WHARF
LAVANTIN

Foodie Books

WHOLEFOOD FROM THE GROUND UP

By: Jude Blereau

Published by: Murdoch Books

Long before 'whole food' was a buzzword, Jude Blereau was cooking and teaching this simple and nourishing way of eating. Her new book takes you through the techniques of stocking the pantry, preparing the basic and creating easy delicious meals from sunrise to sunset.shop. A companion for travellers looking for something special.

THE VEGETARIAN ITALIAN KITCHEN

By: Veronica Lavenia

Published by: New Holland Publishers RRP $40.00

Italian born Veronica Lavenia is passionate about the beauty and goodness of healthy homemade recipes, believing that the true charm of Italian cuisine lays in the luxury of simplicity. Her recipes encapsulate the delectable culture on a small village where the dishes you enjoy satisfy both today and soul.

This user-friendly cookbook represents the true contemporary culture of Italian homemade cooking that is both healthy and affordable for everyone. Within its pages is a collection of vegetarian recipes uniquely divided into seasons and then further into savoury and sweet sections.

POSH EGGS

Over 70 recipes for wonderful eggy things

Posh Eggs makes the humble egg the star of the show, with recipes that make a meal out of this easy ingredient. Can there be anything more pleasing than the tap-tap and the crack that heralds the morning boiled egg, when you open it's lid to dunk hot buttered toast into the golden yolk within?

However, they offer so much more culinary magic to those ready to learn. Their neutral rich flavour provides an ideal background for a huge array of ingredients, both savoury and sweet. Combine with mustard, salty bacon, fresh herbs, mature cheddar, anchovies, spiced cayenne, smoked fish, celery salt, bitter salad leaves and warm lentils. And that's just the beginning… there's also lemon, cream, sharp apples, chocolate and cinnamon, to consider.

Now you can truly have your eggs any which way you want.

DÉLICIEUX - THE RECIPES OF FRANCE

By: Gabriel Gaté

Published by: Hardie Grant & SBS Book RRP $49.99

Long before there was a Manu Fiedel there was a Gabriel Gaté… the French favourite of the daytime television cooking scene.

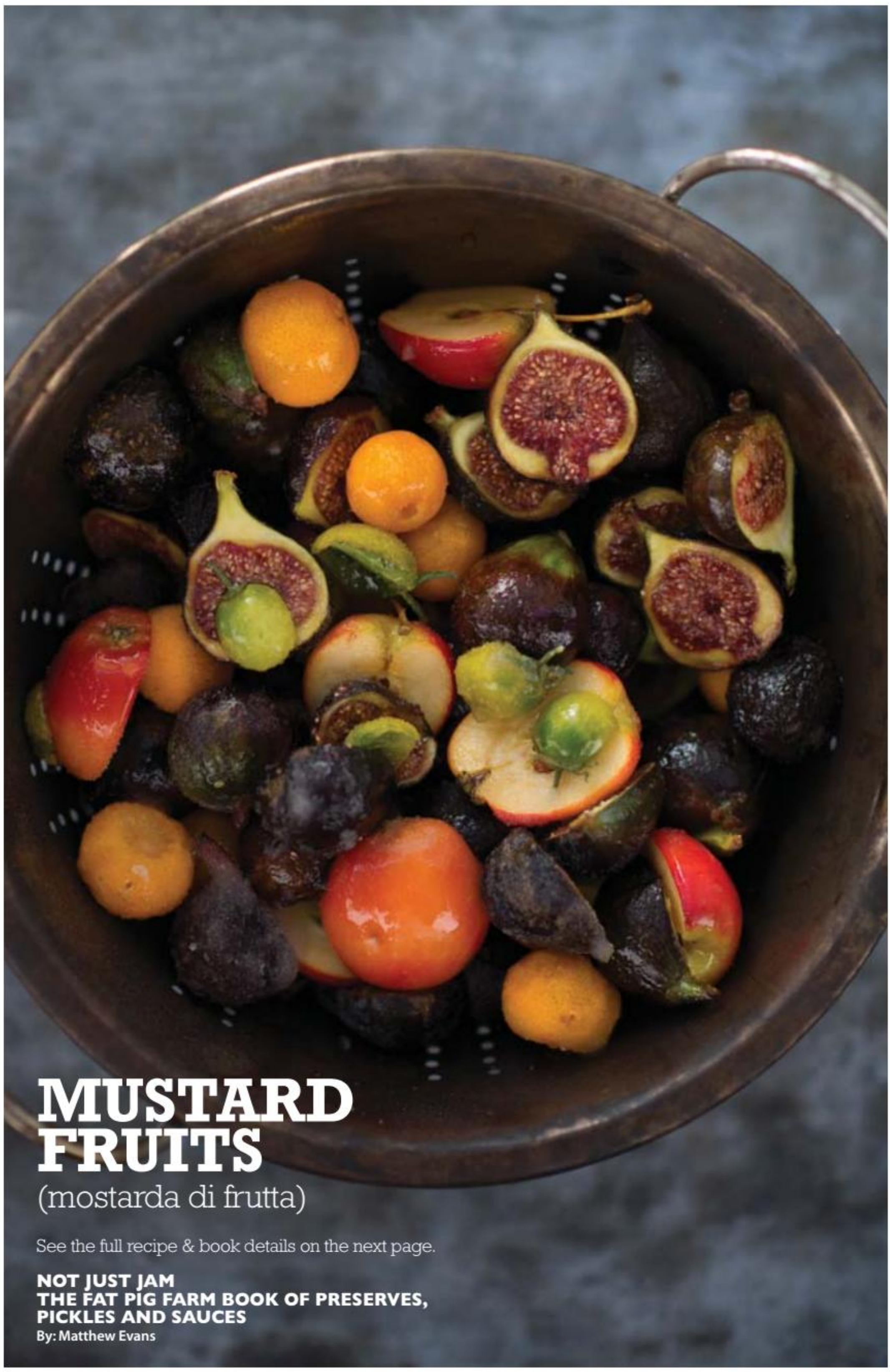
In his new book Délicieux, Gabriel presents a broad selection of the many wonderful dishes he has collected during his time as a chef, cookery teacher and lover of French food and travel. With more than 200 recipes adapted for the home cook, you can feel confident in preparing them successfully. Délicieux brings to life the seasonal dishes allowing the warmth of rural and urban France into your home.

Gabriel was born in the picturesque Loire Valley in France. His family grew their own vegetables and had a small vineyard and an orchard of stone fruit and pear trees. His maternal grandmother, Pascaline, who had been a chef in her youth, was the family cook. The village cuisine inspired Gabriel to become a chef and he trained and worked in Michelin-starred restaurants, where his passion for fine French cuisine was ignited.

This inspired Gabriel to select dishes from every corner of France, to provide a comprehensive view into regional cuisines, replete with recipes used over generations that will enchant the armchair traveller, as well as provoke a visit to the many different regions of France.

Délicieux is filled with charming travel photography of France that will transport readers to this idyllic world where Gabriel Gaté is the perfect host.

Good reads



MUSTARD FRUITS

(mostarda di frutta)

See the full recipe & book details on the next page.

NOT JUST JAM
THE FAT PIG FARM BOOK OF PRESERVES, PICKLES AND SAUCES
By: Matthew Evans

Events

What Is Taste Port Douglas?

Taste Port Douglas is an annual celebration of the tropical North Queensland food culture &lifestyle.

The three day foodie fest brings together & highlights the region's produce, farmers, indigenous culture, restaurants & chefs, with the help of an Inspiring line up of guest chefs and presenters from some of the most prestigious restaurants in the country.

Guest chefs include: ***Adam D'sylva -*** Coda And Tonka Restaurants, ***Adrian Richardson -*** Laluna Bistro, Melbourne, ***Alastair Mcleod -*** Al Freshco Catering,Tv chef, ***Alla Wolf-Tasker*** Am **-** Lake House, ***Alex Herbert -*** Bird Cow Fish, ***Ben Williamson -*** Gerard's Bistro & Gerard's Bar, ***Cameron Matthews -*** The Long Apron, Montville, ***Colin Fassnidge -*** 4 Fourteen, Surrey Hills

Over Three Days, guests will enjoy collaboration lunches and dinners in stunning locations ccross Port Douglas, however the main event of the Taste Port Douglas Food & Wine Festival weekend Is the Two Day bustling Festival Grounds at Rex Smeal Park. Active on Sat 13 & Sun 14 August, overlooking the Coral Sea and Daintree Rainforest. Guests will enjoy unrivaled views of the region's natural beauty, while enjoying everything else that is on offer in this Foodie's Paradise. In the Culinary Classroom, get your hands dirty in a Gardening Workshop In The Grow Zone. If relaxing is more your thing, grab a tasty treat and a cold drink from one of the Taste Pop Up Food Stalls and pull up a rug In The Picnic Patch, where Local Artist play Live Music all day. Our Guest Chefs share their trade secrets In Free To Watch Live Demos on the Status Plus Main Stage and lively discussions on all facets of the food & wine industry will entertain in the "What's Cooking", Industry Talks Tent. There is something for everyone and every budget over the two days, with a combination of free and ticketed activities within the grounds

For bookings or more information:
07 4099 4011
info@tasteportdouglas.com
http://www.tasteportdouglas.com

Call in for a Coffee & German pastries or Asian Cuisine lunch & dinner

Lunch Specials from $10.90 (between 11am - 3pm)

Modern Asian Cuisine Thai, Japanese, Vietnamese, Chinese, Malaysian and Filipino dishes.
Fully Licensed and BYO
(wine only. $3 corkage per bottle).

Take Away service and select Asian groceries available.
Perfect venue for parties, mothers' groups, club events, weddings and anniversaries.

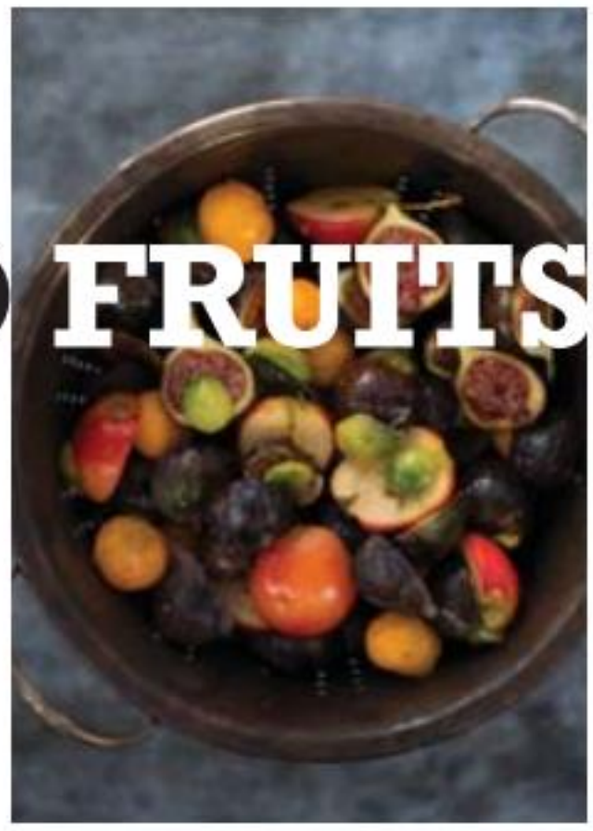
Izzy Chai Restaurant
Shop1 205 Weyba Road, Noosaville 5449 7598 - Licensed - Open Tuesday to Sunday 9am - 9pm

Recipe

MUSTARD FRUITS

(mostarda di frutta)

Makes 1kg (2lb 4 oz)



There's something quite delightful about the spicy, sweet, candied fruit of northern Italy. Mustard fruitsmake a perfect accompaniment to rich sausages, to chicken, even to corned beef. But be warned! This recipe takes four days to prepare.

Wash and sterilise four 500ml (17fl oz/2 cup) jars

DAY 1 Cut the fruit into halves or quarters, and it's best if they're all roughly the same size and can fit easily into a jar. Place the fruit in a large nonreactive (glass, ceramic or plastic) bowl and cover with the sugar and the orange juice and zest. Mix well, cover with a tea towel (dish towel) and allow to sit at room temperature for 24 hours.

DAY 2 The next day, strain all the liquid into a saucepan and bring to the boil, then reduce the heat and simmer for about 5 minutes. Add the fruit, bring back to the boil then quickly remove from heat, pour the mixture back into the bowl and cover again. Stand for another 24 hours.

DAY 3 Rep eat this process the following day, and let it sit for another 24 hours.

DAY 4 To finish the mostarda, strain the syrup into a saucepan and bring to the boil, then reduce the heat and simmer for 10 minutes. Add the fruits, simmer for 5 more minutes, and then stir in the mustard oil and the vinegar. Stir well and test for flavour. The mustard flavour will mellow a little, so add a little extra as you see fit.

Method:

Pour the fruit mixture into sterilised jars, pop on the lids straightaway, allow to cool and then store in the fridge.

1kg (2lb 4oz) mixed fruit (we used figs, cumquats, green cherry tomatoes and crabapples; you could use firm peaches, grapes, apples, apricots or any fruit that's in season really, or try a single variety such as figs.

500g (1lb 2oz) sugar juice and zest of 1 orange

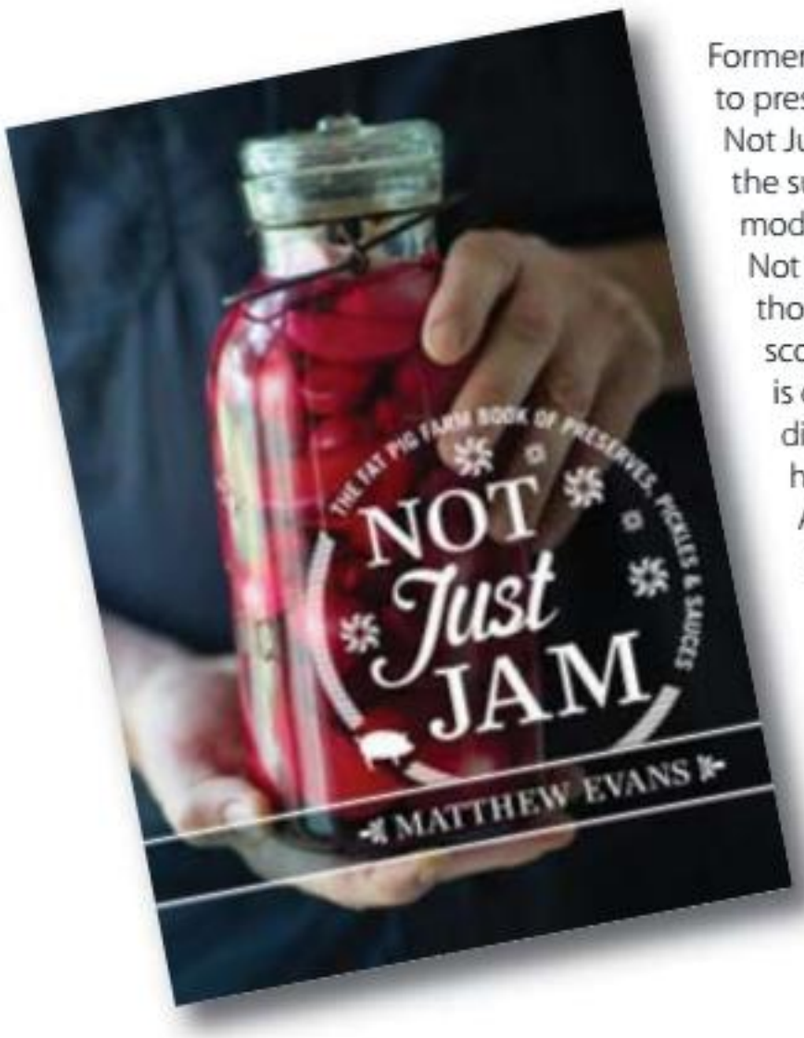
60-80 ml (2-21/2 fl oz/1/4-1/3 cup) pungent mustard oil (Italians use a really concentrated mustard essence which is very hard to buy outside of Italy)

2-3 tablespoons apple cider vinegar

NOT JUST JAM
THE FAT PIG FARM BOOK OF PRESERVES, PICKLES AND SAUCES

By: Matthew Evans

Published by: Murdoch Books RRP $35.00



Former chef and food critic Matthew Evans shows us how to preserve when the bounty is at its peak.

Not Just Jam is gourmet farmer Matthew Evans's ode to the surplus of the seasons -- a collection of more than 90 modern recipes for old-fashioned preserving methods. Not just for those with their own orchard, but also for those passionate about flavour. For the freegan, who scours the suburbs looking for fruit trees whose bounty is overlooked by others. For the cook, who wants their dishes to resonate with flavours borne from their own hands.

Anyone can make pear and cardamom jam to brighten morning toast or beetroot relish to use all year. Lunches made with apple cider mustard are always the better for the addition. A bowl of ice cream is transformed with a drizzle of homemade gooseberry and sour cherry syrup.

Use this book as your launching pad, then adjust the combinations to suit the place you call home. It's all about harnessing the harvest, making real food from scratch and feeling great about what you feed your family and friends.

NOOSA BEACH HOUSE
PETER KURUVITA

Innovative dining in the heart of Hastings Street

Enjoy acclaimed chef and restaurateur Peter Kuruvita's passion for creative cuisine and imaginative menus.

Open 7 days a week
Breakfast 6.30am to 10.30am
Dinner from 5.30pm
All Day Dining in the Bar
Private dining room available for special occasions

For bookings contact
Noosa Beach House Peter Kuruvita
T 5449 4754
E noosa.beachhouse@sheraton.com
14-16 Hastings Street, Noosa Heads
Visit noosabeachhousepk.com.au

Arrogant Frog gets a new look...

One of Australia's best-selling French wines, the irreverent Arrogant Frog has refreshed its label to reflect the brand's mis of old world roots and winemaking knowhow - as well as a new world attitude.
Launched in 2005 by Jean-Claude Mas, a 4th generation winemaker from Languedoc-Roussillon in Sthn France, Arrogant Frog paved a new path for French winemakers, rivalling new world wines that were dominating the market by adopting a fresh and fun approach to both brand and winemaking.

Arrogant Frog Cabernet Sauvignon - Merlot 2015
This rich ruby red wine offers elegant and complex aromas of ripe black fruits, blackcurrant leaf and spicy notes of liquorice and vanilla.
A well-balanced wine with smooth tannins and a long finish. RRP $9.99

Wine + Drink

Jim Barry Wines named 'Winery of the Year' by top UK wine writer...

The UK's top wine writer, Matthew Jukes has named South Australia's Jim Barry Wines 'Winery of the Year' as part of his annual 100 Best Australian Wines 2016-2017 list.
Jukes, who writes a weekly wine column for the Daily Mail and has over 9 million readers worldwide, said the award was recognition for the Clare Valley wine brand's 'stellar work' in 'all sectors of their portfolio'.
The list also featured three Jim Barry wines in his top 100 - the newly released The Veto Riesling 2015, Barry Brothers Shiraz Cabernet Sauvignon 2014, and the McRae Wood Shiraz 2012.
Second-generation winemaker and Managing Director, Peter Barry was onhand at the 13th launch of Jukes' famous list in London to receive the award, and said how truly honoured he was by the announcement.
"My family and I are extremely proud of this achievement and of our hard-working winemaking team". he said
"Without their dedication to crafting fine Australian wines from our Clare Valley vineyard, this accolade would not have been possible."

Hancock & Hancock McLaren Vale Shiraz Grenache 2014

This wine is restrained and supple, with lots of ripe dark plum, pepper and spice of Shiraz, complemented by the rose petal perfume lift and red cherry taste of Grenache. A lovely lightness and brightness to the back palate makes it a very special for drinking right now, but winemaker Chris Hancock say it will cellar nicely for 5-10 years Luscious

Four in Hand Barossa Shiraz 2014

Joint Winner of The Fesq & Co Perpetual Trophy for Best Medium Bodied Dry Red Table Wine of Competition at the 2016 Sydney International Wine Competition.
Winemaker Chris Hancock, created this mid-weight style of shiraz that shows definitive regional typicity. With moderate alcohol and very supple oak influence, the Barossa dark fruits and black chocolate characters rise to the fore.
This wine is generous and appealing, with soft, fine powdery tannins and lovely length of flavour.
Perfect to drink upon purchase but if you have patience, it will cellar comfortably for 5-7 years

Four Pillars Bloody Shiraz Gin

This exciting, new gin from Four Pillars is an incredibly rich, deep purple colour, which turns iridescent pink when mixed with tonic or soda. Aromatically it offers those lucky enough to garner a bottle, fresh pine needles, citrus and spice, and a clear peppery, dense raspberry character. The palate is lovely and sweet, with a long juniper and spice character on the finish.
Unlike sloe gin, the alcohol is 37.8% (rather than <30%) so it packs a punch and is ideal in a range of cocktails. Best consumed within two years of vintage. The gin is unfiltered and will develop secondary fruit characters beyond two years. RRP $85

Available from cellar door or www.fourpillarsgin.com.au

New Adult Ginger Beer...

Thanks to the beverage gods, Aussies are about to get their very own range of pre-mixed alcoholic Ginger Beer drinks, featuring universal favourites Ginger Beer & Vodka and Ginger Beer & Spiced Rum. Served in chilled, slimline 250ml cans, these newly launched sweet golden concoctions of ginger beer and alcohol can now literally be consumed in two easy steps; open and sip. Also known as a Moscow Mule (aka history's tastiest drink), the Ginger Beer & Vodka variant boasts the unique and perfectly matched flavours of Buderim Ginger and clean high-quality Vodka, paying homage to this classic cocktail.

And perhaps the most refreshing beverage of all time, the Ginger Beer & Spiced Rum combination is steeped in a rich history, dating all the way back to the late 1800's. Traditionally known as a 'Dark and Stormy', this delicious mix of Buderim Ginger and Spiced Rum delivers an extra smooth taste with a rich vanilla & spice character.

Proudly made on home-soil, Buderim Ginger's alcoholic Ginger Beer range is available from the fridges of First Choice Liquor and Vintage Cellars stores across Australia.

RRP: $20.00 per pack of 4

Yamazaki 12 year-old Whisky

Yamazaki Distillery sits in a beautiful location just outside Kyoto, in the Vale of Yamazaki. The area's varied climate, good humidity and pure waters, offered the perfect place to create a single malt that is now Japan's favourite whisky.

It's long history started in 1899, when Shinjiro Torii opened a store in Osaka, and named it Kotobukiya Liquor Shop. His passion for Western drinks saw him importing Spanish wines, when the Japanese alcohol market largely centred around Saké, Shochu and beer. In 1907 Shinjiro created and released a sweetened red wine called Akadama Port Wine, after experimenting with the flavouring and sweetening of Spanish wines. Three years later the distillery's products were mainly sold for their medicinal value. Shinjiro had always enjoyed whisky and by 1923 he had created the first whisky distillery in Japan.

A perfect example of how far his love of whisky advanced can be found in Yamazaki 12 year-old Whisky which offers drinkers aromas of dried fruit and honey, with a delicate mellow taste and a lingering woody dry finish.

The perfect Scotch for drinkers looking for something a little different. 700ml RRP $99.99

Available at good liquor outlets - sometimes a little hard to find but well worth the effort.

Penfolds Grange 2002

From humble beginnings in the early 1950s to the icon that it has become today, Penfolds Grange is the Australian wine that many winemakers strive to emulate. Listed as a Heritage Icon for South Australia.

The 2002 vintage is intensely concentrated, with silky textures and wonderful blackberry, cedar, mocha and spice flavours complemented by supple, dense tannins. The wine offers drinkers the perfect indulgence to enhance the winter chills.

Available at all good liquor outlets, and Dan Murphy's RRP $600.00

Rarely do properties that combine true architectural brilliance and a premium location that fully compliments their design become available. This is one of those opportunities you could wait years for.

Property Profile 41

Mossman Court is one of Noosa's favorite addresses, sought after for its close proximity to Noosa Beach and Hastings Street, and the ambiance of the peaceful neighborhood. Number Forty One is beautifully sited in a quiet cul-de-sac, and is fringed with a white sandy beach and an outlook across a wide section of the river to a densely vegetated pristine riverbank opposite. It has a picture perfect and private outlook, alive with bird and marine life.

Your relaxation options are many, whether it's just kicking back and enjoying the view or something more active like stand up paddle boarding, this can be your gateway to the spectacular Noosa River system, beaches, & lakes. With a boat on your deepwater pontoon you will have a passport to Noosa's offshore fishing grounds and beyond. The rarity and tightly held nature of this location will underpin its value and forever reward the new owner into the future.

The house was designed by renowned architect Tim Ditchfield and completed by highly respected Calty Constructions late in 2014. It's a home designed to take

True architectural brilliance...

advantage of Noosa's amenable year round climate with ample covered outdoor decks and a lush central lawn courtyard with water features. A swimming pool and heated spa are cleverly incorporated to take advantage of the river views.

Wide oak floor boards and exclusive finishes exude relaxation and refinement. Every modern convenience has been considered and catered for, so it's just one of those rare houses that you walk into and know you have arrived to a place of comfort and serenity.

The sumptuous master bedroom occupies the entire top floor, flooded with light and mesmerizing views. Waking up happy in a room like this is a given. A separate guest wing provides independence and comfort for those you allow to share this idyllic property.

If you can picture your family on the jetty enjoying the sun set after aanother great Noosa day, then you should take the first step today and arrange your introduction to 41 Mossman Court.

TOM OFFERMANN
REAL ESTATE

41 Mossman Court
Noosa Sound
3 bed / 3 bath / 2 car / pool
Riverfront, Sandy beach, pontoon, pool, spa

Price: $5,900,000

Tom Offermann Real Estate
92 Noosa Parade Noosa, Heads
Ph. +61 7 5449 2500
www.offermann.com.au

Tom Offermann 0412 711 888

With scarcity comes exclusivity...

Property Preview

A rare acquisition of land deserves an outstanding residential product. Luxury apartment living at Sunshine Beach Introducing Indigo

Seldom is such a superb address secured in the much-coveted Sunshine Beach precinct. This event called for a considered response from the design team, resulting in a collection of boutique apartments of exemplary architecture and refined finishes.

This offering of only six opportunities embodies the hallmarks of coastal real estate excellence – Expansive views from an elevated position, perfect northerly aspect, an outstanding sought-after location enveloped by world-class beaches, and most importantly, design and finishes executed to the most exacting standards.

IMMACULATE DESIGN DISCERNING STANDARDS MET

The brief for both award-winning architects, Blackburne Jackson, and the interior design team was for a marriage of key defining elements – Low maintenance and relaxed beachside living, delivered in timeless, elegant design created with superior craftsmanship and executed in the finest finishes and inclusions. Luxury products are steeped in custom and exacting standards, and this discipline of detail also defines the approach to Indigo. The result sets a new benchmark in exceptional luxury apartment living at Sunshine Beach.

STAND ALONE

The apartments have been individually configured to capitalise on their best aspects, resulting in differing floor plans and tailored interiors for each. No two apartments are exactly alike.

THE FINER DETAILS

From marble and porcelain stoneware and tiles sourced from abroad, through to solid oak features and premium contemporary tapware, Indigo epitomises luxury. The result is a tonal aesthetic delivered in a clean, neutral palette of white, grey, and textural stone and timber.

Every element was considered, from the intimate to the grand, with clever bespoke touches throughout.

RESTREAT OUTDOORS RESORT LIVING AT HOME

With the outdoor experience as paramount as the luxury within, the pool and recreational space design at Indigo was delivered with a resort-style elegance and a focus on functionality and entertaining. Drawing on inspiration from world-class hotel destinations, the pool area boasts bespoke Moroccan hand made tiles and a spectacular garden wall. The dedicated barbecue pavilion features a well-appointed kitchenette, powder room and outdoor shower, while the decks are furnished with a contemporary aesthetic in mind.

info@indigosunshinebeach.com.au
http://www.indigosunshinebeach.com.au

SUNSHINE BEACH
LUXURY APARTMENTS

NOW SELLING
COMPLETION 2017

Effortless beachside living

- No two apartments are exactly alike
- Immacualte design with luxurious inclusions
- Apartment 1: 3 bed terrace **SOLD**
- Apartment 2: 3 bed terrace **SOLD**
- Apartment 3: 3 bed ocean view **$1.85M**
- Apartment 4: 3 bed ocean view **$1.8M**
- Apartment 5: 3 bed Penthouse **$2.6M**
- Apartment 6: 2 bed ocean view **$1.25M**

Indigo
SUNSHINE BEACH

FIND OUT MORE AT:
www.indigosunshinebeach.com.au

Century 21
CONOLLY HAY GROUP

EXCLUSIVE AGENT:
Mike Hay **0417 624 059**
or David Conolly **0438 259 956**

ALTUM CONSTRUCTIONS

DEVPORT
DEVELOPMENT PORTFOLIO PTY LTD

Photographs and artists' perspectives of buildings and interiors are indicative only and are subject to change without notice.

Aston Martin DB11 a design winner...

Like every Aston Martin, the heart of the DB11 is found beneath the bonnet, though unlike any Aston Martin before it, the DB11's heart is a 5.2-litre twin-turbocharged V12. Designed in-house this new engine develops 608PS1 (600BHP1) and 700Nm1 of torque, making DB11 the most powerful production DB model ever. Naturally, it's the most dynamic and most accelerative too, with a top speed of 200mph1 and a 0-100km time of just 3.9sec1. Thanks to intelligent bank activation and stop-start technology that potency is matched by greatly improved efficiency.

DB11 is the absolute embodiment of what an Aston Martin should be and they have worked tirelessly to ensure that DB11 combines both exceptional design with the latest technology throughout.

Heralding a new design era for Aston Martin, DB11 is the latest landmark in a remarkable aesthetic journey; one that gave us icons such as the DB2/4, DB5 and, most recently, the DB10 developed specifically for James Bond. DB11 re-imagines the relationship between form and function with a series of fresh design signatures. Foremost amongst these are the front-hinging clamshell bonnet, distinctive LED headlights and accentuated lines of the iconic Aston Martin grille. The profile is equally dramatic, thanks to the roof strakes that flow uninterrupted from A-pillar to C-pillar. The clean lines continue at the rear, with a sloping decklid that smoothly blends into boldly sculpted tail-lights to create a new and unmistakable graphic.

Innovative aerodynamics play their part in this aesthetic revolution with clever management of airflow both over and through the bodywork aiding stability while preserving the DB11's uncluttered surfaces. Front-end lift is reduced by the gill-like Curlicue which releases high-pressure air from inside the wheel arch via a concealed vent within the redesigned side-strake. Meanwhile, rear-end lift is reduced by the Aston Martin AeroBladeTM; a virtual spoiler fed by discreet air intakes located at the base of each C-pillar. Air is ducted through the bodywork, before venting as a jet of air from the aperture in the rear decklid.

For more information contact: Aston Martin Queensland General Manager Paul Hewitt 0425 001 964

Motoring

Prestige

The must have accessory...

The distinct style of Rolls-Royce Motor Cars accompanies the discerning traveller on any epic voyage. The Spirit of Ecstasy, the flying lady figurine that has graced the bonnet of each Rolls-Royce motor car since 1911, is elegantly embossed onto the exterior of each bag.

Self-righting wheel centres featuring the Rolls-Royce double-R emblem adorn the Grand Tourer, offering a fitting reflection of Wraith itself. The strategically placed wheels, specially designed on a wide

continues over page...

Very desirable...

When it comes to desirability, few cars can match the new C-Class Coupe. In taking design cues from the luxury S-Class Coupe, Mercedes-Benz has come up with a much sleeker look for this generation. That swooping rear end also means the Coupe now stands out from the standard C-Class saloon.

Sitting on a totally new platform that's shared with the C-Class, you get the same level of comfort as the four-door saloon but the C-Class Coupe has a bespoke suspension and steering set-up.

With a low centre of gravity and stiffer suspension, as well as the traditional rear-wheel drive Mercedes-Benz set-up, the C-Class Coupe handles very well, inspiring plenty of confidence in its ability, all the time offering unflustered performance. This is no frantic racer, rather a refined and effortless coupe.

The C-Class Coupe is still practical with a decent boot and plenty of storage. There's also lots of cabin room for the front passengers, although the rear seats are little tight you can fit a car seat in.

The interior is a sleek and minimalist design with a high quality finish. Similarly the engine range is impressive. The C 200 is the entry-level model and with 184PS from its turbocharged 2.0-litre engine, along with a new six-speed manual gearbox, it makes the C-Class Coupe fun to drive. The diesels are excellent too - especially the C 250 d which comes with a 9G-Tronic automatic as standard - yet offers low emissions and impressive economy, almost 70mpg according to the official figures.

Priced from $65,900, the latest C-Class Coupe offers a more focussed driving experience than its sedan equivalents,

For a test drive contact: Mercedes-Benz Sunshine Coast, Maroochydore

The all new C-Class Coupé.
Instantly thrilling.

Experience a rush of motoring adrenalin with the all new C-Class Coupé. The latest evolution of the iconic Coupé style with beautifully poised, athletic design that will take your breath away. While the perfect combination of exhilarating driving dynamics and 9G-TRONIC* transmission will set your heart racing. To experience an instant thrill for yourself, visit Mercedes-Benz Sunshine Coast today.

www.mbsunshinecoast.com.au

*Only available on C 250 d coupé model.

Mercedes-Benz
The best or nothing.

Mercedes-Benz Sunshine Coast 65-73 Maroochy Blvd, Maroochydore, Qld, 4558 07 5409 0100 www.mbsunshinecoast.com.au

Rolls Royce luggage...

track to provide a high level of stability, provide an effortless transfer from ground to luggage compartment, ensuring the bag glides into position seamlessly in the rear of the motor car.

Carbon fibre has been selected for its light weight and durable properties rather than for the commonly used contemporary aesthetics of the material. It has been formed into the frame of the case, complemented by a wide-set handle and a high-sided design, optimising the stowage capability of the luggage.

The Wraith Luggage Collection, which takes luggage to a new realm of luxury, was constructed by master craftspeople adorning white gloves so as to preserve and protect the leather of unequalled quality. Designed in a choice of mono or a striking two-tone leather finish, the collection embodies the design principles of Wraith, as well as enabling customers to personalise their luggage to harmonise with the interior of their motor car. The Rolls-Royce leather is hand-stitched using the same colour thread as featured in the owner's motor car and lined with a monogrammed lining discreetly featuring the Rolls-Royce emblem.

The Wraith Luggage Collection is available from Rolls-Royce Dealerships. The pieces can be bought individually;

For more information contact: Rolls Royce Motor Cars Queensland, Brand Manager James Staniforth 0450 638 046

Prestige Motoring

'Best Performance Car'
in the 2016 UK Car of the Year Awards

As the covers are removed from the 570GT at the Geneva Motor Show, the model that launched the Sports Series – the 570S Coupé – has been named 'Best Performance Car' in the 2016 UK Car of the Year Awards (UKCotY).

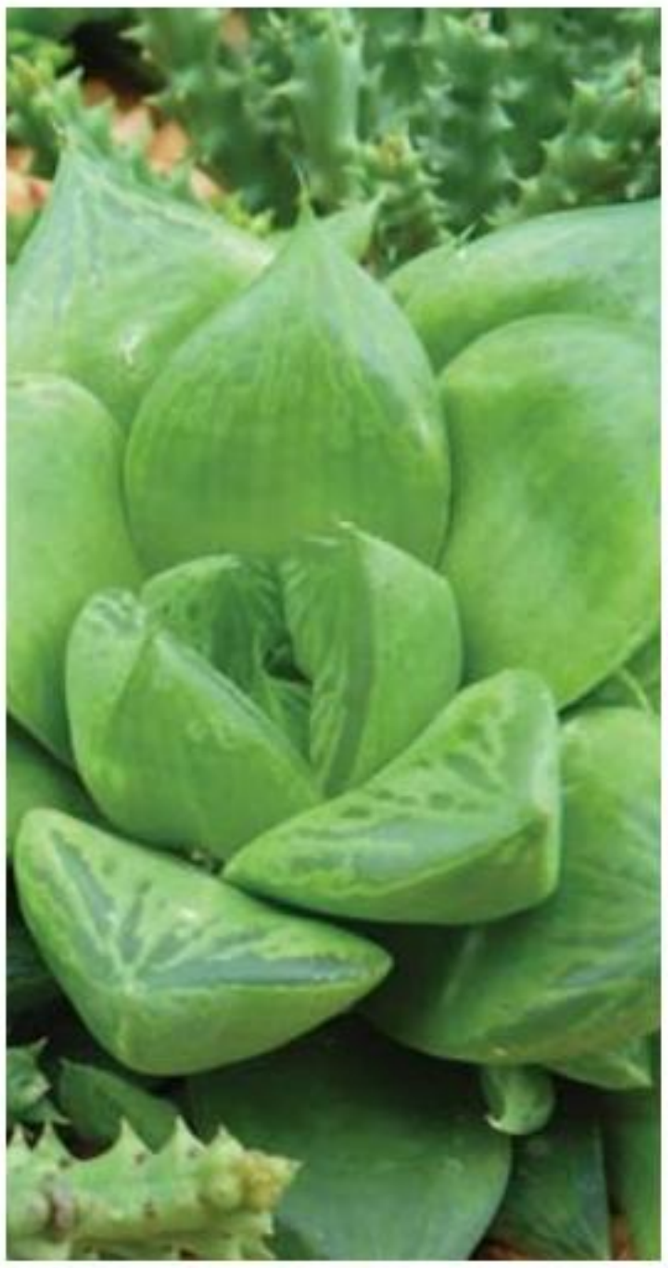
Since launch, the first model in the Sports Series has received wide-spread praise and won accolades from media the world over. This prestigious award was judged by an independent judging panel of 27 leading UK media, and is a significant milestone for the 570S Coupé. The Sports Series will play a key role in increasing global sales.

On selecting the 570S Coupé as the Best Performance Car of 2016, freelance journalist and UKCotY jury member Richard Bremner commented: 'The 570S is McLaren's best car yet – a sensational blend of all that you want from a supercar, including a drivetrain that's not overpowered. Easier to live with than many of its rivals, too.' Fellow juror Simon McBride added: 'This may be a niche car when it comes to UK sales but that is not the point. The McLaren a masterpiece, it has serious road presence while its head-turning ability is undoubted. This is what makes Britain great - it is an engineering triumph.'

Andy Palmer, Director of Sports Series at McLaren Automotive explained: 'The launch of the Sports Series has been one of the biggest challenges for McLaren. It has opened up a new market segment for the brand, which is dominated by well-established and extremely strong rivals, but the 570S Coupé has proved to be up to the challenge. It was important that the 570S, and the Sports Series as a whole, lost none of the excitement or engagement that marks out a McLaren as a McLaren. This latest award is testament to the team behind the car, who have designed and developed a true British sports car.'

The 570S Coupé is powered by a 3.8-litre twin turbo V8 generating 570PS (562bhp) and 600Nm (443 lb ft) of torque. Acceleration from 0-100km/h (0-62mph) takes 3.2 seconds, 0-200km/h (0-124mph) in 9.5 seconds and on to a top speed of 328km/h (204mph). Weighing more than 140kg less than its nearest rival, at just 1,313kg (2,895lbs), thanks in part to the unique lightweight carbon fibre MonoCell II chassis, the 570S Coupé boasts a power-to-weight figure of 434PS, while benefitting from a luxuriously equipped interior tailored towards day-to-day usability and optimised access.

For more information contact: McLaren Gold Coast, Brand Manager James Staniforth 0450 638 046



Gardening ideas

Succulents, this year's ga

They're uniting seasoned green thumbs, hipsters and first-time gardeners alike, and according to horticulture expert and Queensland Garden Expo speaker Annette McFarlane, succulents are the latest 'must-have' decorator item.

Succulents have made a real comeback and you can now see them gracing the covers of the most glamourous interior design magazines," Ms McFarlane said.
"Novice gardeners recognise just how easy they are to grow - and experienced gardeners have become addicted collectors, inspired by the variety available. Children are intrigued too, thanks to the shapes, sizes and patterns of succulent plants, not to mention those incredible blooms."

With the Queensland Garden Expo only weeks away, Ms McFarlane expects that succulents will be one of the hot favourites on offer. Annette happily shares why these trendy and colourful plants make the perfect addition to any home or garden.

Suitable for any space, anywhere...
If you think succulents are just for sunny spots, think again. Some thrive in complete shade; others in full sun, indoors or outdoors. Name your most challenging site and you will find a succulent that is perfectly suited.

Low maintenance...
Forgetful when it comes to watering? Thick and fleshy leaves, stems and tubers ensure succulents can withstand long periods without water. Some indoor varieties cope perfectly well with no water for three months or more.

Perfect for up cycling...
Succulents make it easy to create your own unique living work of art. Plant them in recycled containers like cups and saucers, teapots or just about anything you want to reuse.

Clean and green...
Research proves just how effective plants are at absorbing toxic gases given off by paint, carpet and computers in our indoor environment. A succulent is the perfect, no fuss, air-filtering plant to have around the home.

Quirky and colourful...
Whether rounded, ruffled or spiky, or a shade of burgundy, blue-green or even black, succulents are fascinating plants that capture attention and make bright and attractive focal points around the house and garden.

Annette McFarlane is the host of Gardening Talkback on ABC 612, as well as a horticulturalist, teacher, sustainability educator, garden writer and author; and she will join fellow gardening experts Graham Ross, Sophie Thomson, Costa Georgiadis, Jerry Coleby-Williams, Noel Burdette, Claire Bickle and Phil Dudman on the speaker line-up at the 2016 Queensland Garden Expo being held at the Nambour Showgrounds on Queensland's Sunshine Coast between 8 - 10 July. One of her presentations throughout the event will look at stylish ways to grow and display the best sun and shade-loving succulents.

To find out more about the 2016 Queensland Garden Expo or purchase tickets online, please visit www.qldgardenexpo.com.au.

Where: Nambour Showgrounds, Coronation Avenue, Nambour on Queensland's Sunshine Coast.
Gates open 8:00am daily.
Gates close 5:00pm Friday and Saturday. 4:00pm Sunday.

Noosa Botanic Gardens Plant Fair

SUNDAY 4 SEPTEMBER 2016
9AM – 3PM FREE Entry
A FAMILY FATHER'S DAY TREAT

Over 2000 visited the inaugural one last year
In 2016 Bigger and Better
Range of rare and interesting collectible plants; edible vegies, herbs and fruit trees,
diverse native and non native plants, and fragrant fresh cut flowers.
Guest Speakers on all things 'gardening'
All proceeds for the Noosa Botanic Gardens
Come for breakfast/brunch or a picnic in the Gardens.
Food and Beverages available for purchase

More info:w:noosabotanicgardens-friends.org.au
e: jill@creativedialogue.com
p: 0412 053281

rdening trend...

Stylish, individual and unique...

There's something for every room and gifts for everyone, but you have to be careful when you visit The White House as you could easily come home with boatloads of gorgeous things!

There is lots of things to bring good feeling and comfort into your life and home, but be warned – our favourite colour is **WHITE!**

The White House
Furniture, Homewares & Gifts

Noosa Marina – Tewantin 5474 2377 www.thewhitehousenoosa.com.au

The warmth of nature...

Be it your kitchen, bathroom, lounge or your bedroom, natural products will work...

Timber, even different colours or species still blend together and create a organic feel that is hard to beat. Stone, marble, granite and sandstone combined with timber creates a warmth that stands alone...

These examples show the magic of good design and natural materials at their finest.

Design Ideas

KOSTER Easy Chair Design: Marc Sadler

Timeless shapes that combine past and future...

Italy has presented the marketplace with a dynamic restructured chair that harks back to the 50s, passing through periods of history and fashion. Nowadays it's absolutely á-la-page - fitting perfectly into the contemporary styling of any architecture designed to accommodate people.

The Koster easy chair has a matt bronze painted metal base as well as a metal structure, but it is also available with a wooden brackets in walnut coloured or heat treated chestnut veneered plywood. The removable upholstery is in fabric or leather, or in an art deco version with a combination of fabric and leather.

The Koster ranked third place at the i-NOVO Design Award 2016 by Archiexpo.

Black, white, silver and grey...

A classic look that stands the test of time.... choose from a unique collection of homewares, furniture, fabrics and gifts available at...
Classy Lady on Gibson Homewares - Gibson Road Noosaville
next to Highgrove Bathrooms

DESIGNER LOOKS

Decor ideas

Above:
Always interesting retro furniture or new lounge design with fabric choices now available at Vintage Beach Shack Gateway Drive Noosaville

Ceramic girl featuring copper wire hair. Approximately 50cm high. Artists: Shirley Marais

Latitude Gallery now also features selected art including ceramics

Featured artist Shirley Marais

Shirley is an internationally recognised painter, sculpture and ceramic artist. Her expressive use of colour and light on rough and smooth surfaces are portrayed in her paintings and sculptures. Her paintings grace the walls of the Prince's Palace in Dubai and Australia wide. Her first love is ceramic art, hand-built original copper haired ladies, which have found homes internationally, namely Dubai, Singapore, South Africa, USA, Greece, New Zealand and Australia.

Shirley has travelled extensively having lived in East and Southern Africa for most of her life, and has now made Australia her home, residing on the Sunshine Coast,

Left & far left: Something relaxed and stylish always at: Saffron Homewares - Gympie Tce (next to newsagent) Noosaville

Left & Right: Homewares, gifts & casual clothing... The White House - Noosa Wharf - Tewantin

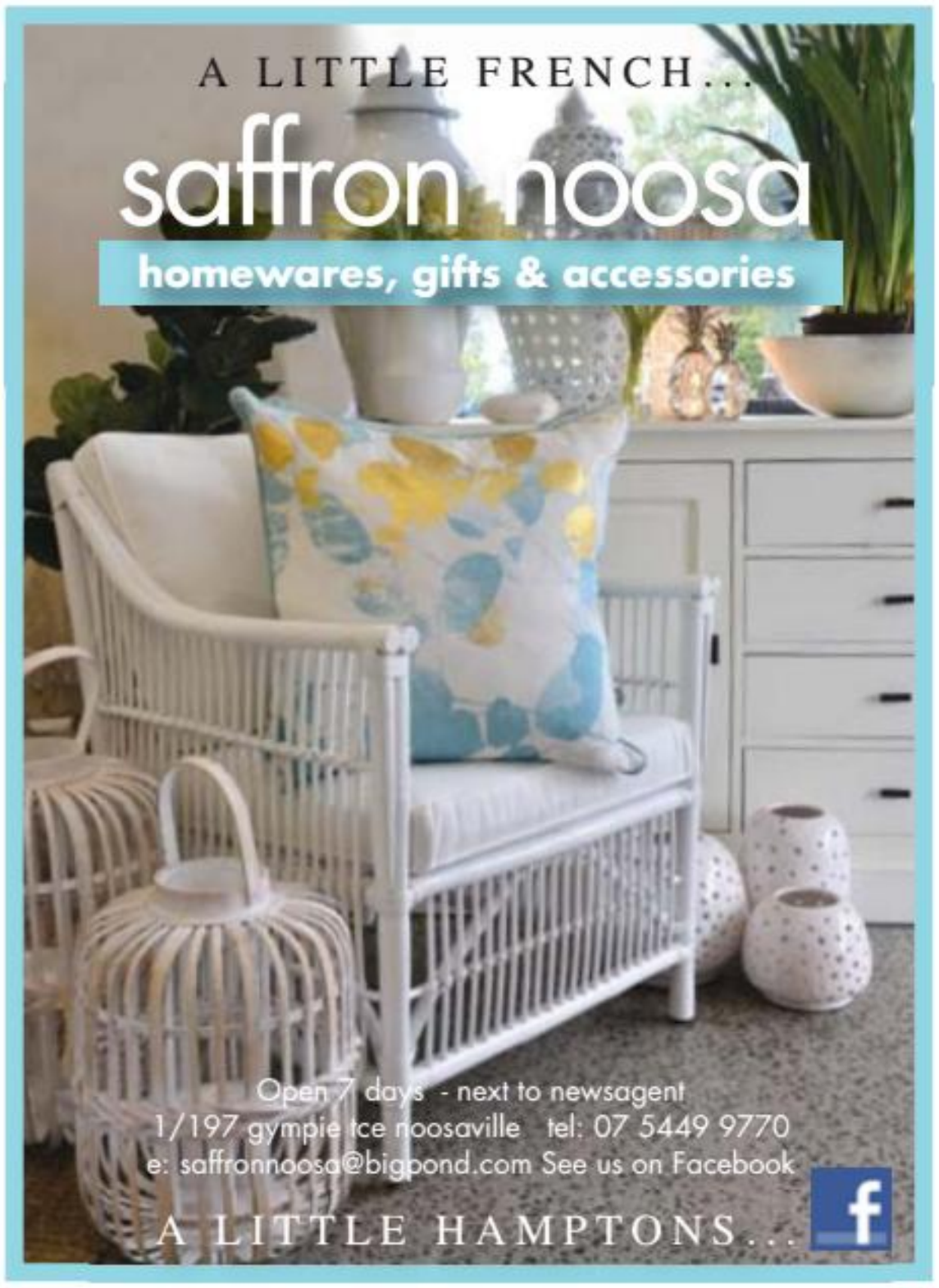
Queensland.

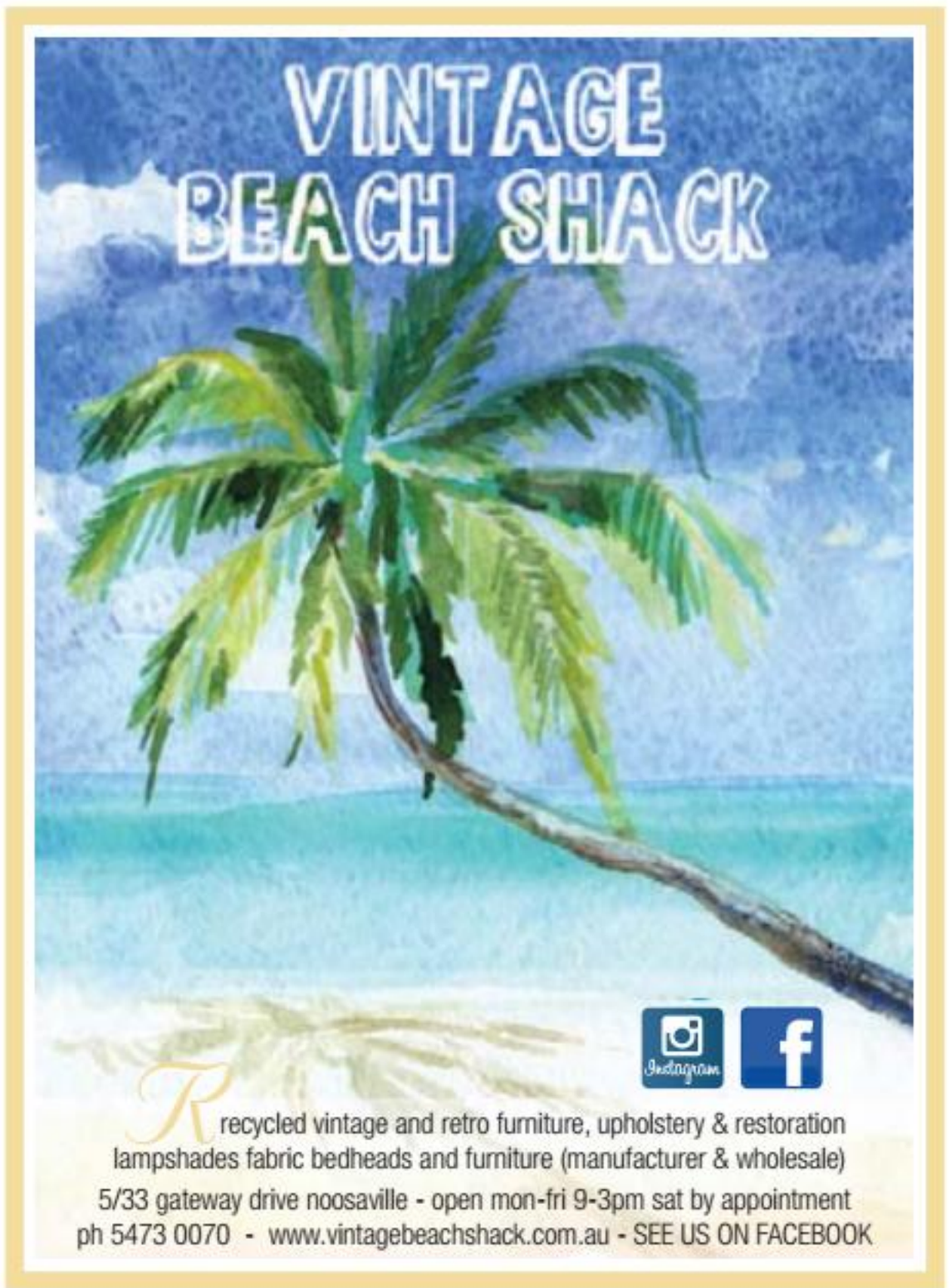
Taking time to do several courses in sculpture, pottery, water colours, oils, acrylics, stone & wood carving, fabric painting and Japanese air dry clay with various other styles and techniques, and having received certificates, diplomas and various awards along the way.

Shirley has done private tutoring in the arts and various individuals, as well as for disadvantaged people, enhancing encouragement and hope. She also financially supports children in Ethiopia, Senegal and India and various Christian Institutions.

Shirley says:- "Sculpture and painting is a reflection of life and hope, which is why composers agonise over a score and artists over a canvas believing some glimmer of beauty will emerge from the struggle."

Quote: "Do what you like to do most, if you do that you will be passionate about it and spend every waking minute doing it. The passion and the time devoted to it will make you the best at it, whatever it is, there is always a demand for the best"





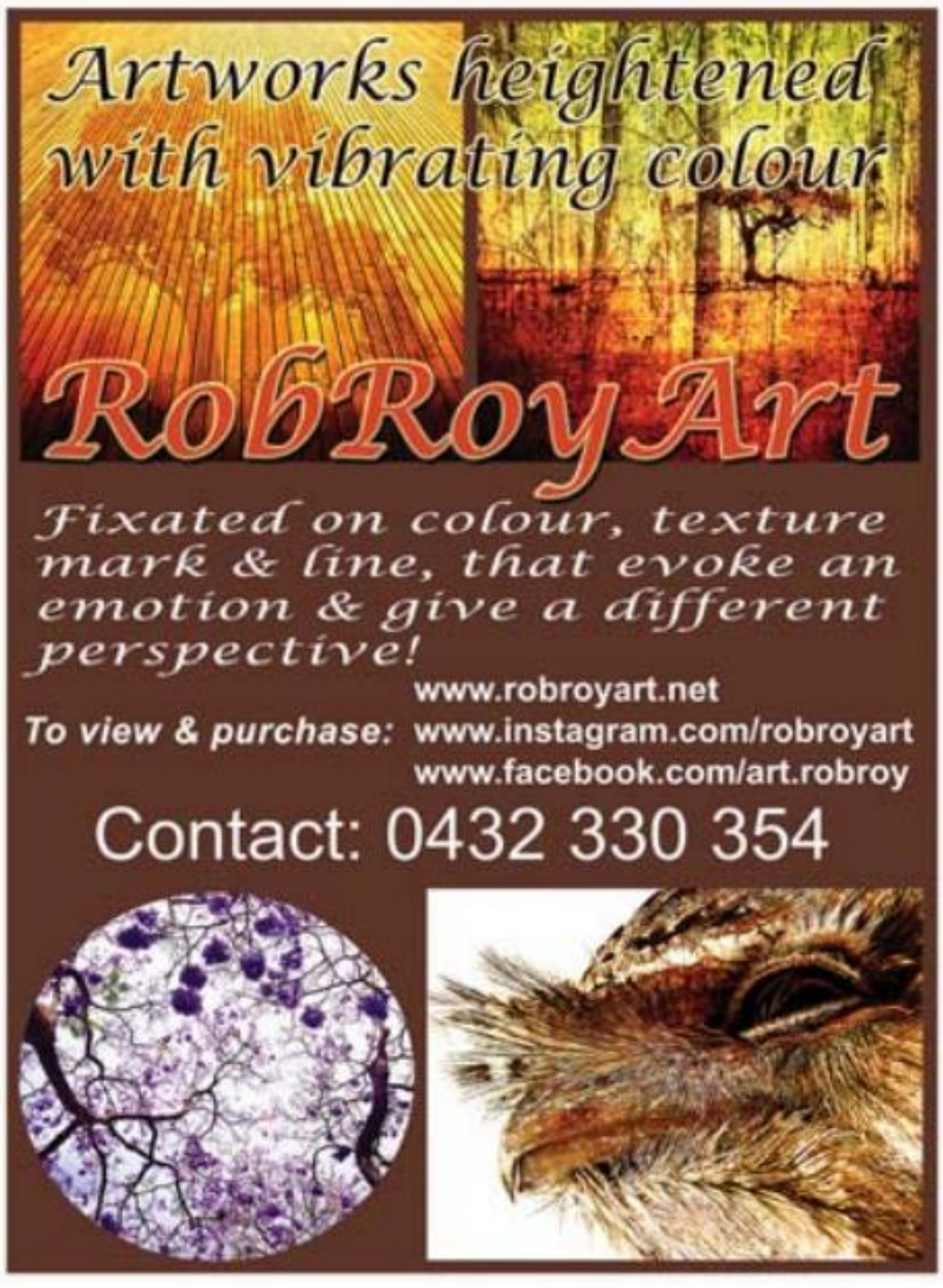
Noosa Open Studios Tour

Friday 19 – Sunday 21 August

Galleries

Michele Knightly Studio

Since its opening two years ago the Tweed Regional Gallery at Murwillumbah has enjoyed significant increase in visitation with the recreation of the home studio of Australian artist Margaret Olley. The studio recreation featuring the original architectural elements together with over 20,000 item has provided a rich and dynamic context for this artist's artistic life for Murwillumbah visitors.



But you don't have to travel to Northern NSW to have similar rich experiences with Australian artists.

In August the exceptional and award winning Noosa region artists and artisans are opening their eclectic personal studios as part of the 3 day Noosa Open Studios event – Friday 19th to Sunday 21st August.

More than 40 visual and creative artists in over 30 studios from the beaches of Noosa to its lakes and hinterland are offering the opportunity to talk to and experience their creative world, discover their passions and inspiration and share their knowledge.

"We want Noosa to be a place where people expect to engage with excellent visual and creative art and its makers; to explore what inspires artists to produce and present their distinctive works and to be enrichened by that experience", says Noosa Open Studios President, Christine Pritchard.

Like Margaret Olley's, the studios in the Noosa Open Studios event are as diverse as their owners. From purpose built nestling on the banks of a Monet inspired lily pond or in the bushland of Noosa's Biosphere to home garages reconfigured for potters wheels, blocks of clay, tubes of paint and easels. One hinterland property has separate studios for its three creative family members – a timber craftsman's shed with requisite machinery; a word artist's studio; and a separate pottery building. And to truly put new meaning to 'Open' Studio, a natural fibre weaver shall invite you to her studio 'in the open' under the spreading Moreton Bay fig trees.

Artist *Lynn Shaw* says, "I love my sunny studio overlooking the bushland, where the only distraction is the whipbirds foraging in the leaf litter outside."

Textile artist, *Karen Grady*, a 3rd generation Kin Kin farmer encourages Noosa Open Studios attendees to visit her at the purpose built studio on her alpaca property. "The alpacas are in their paddocks. The silkworms are waiting for spring to hatch. Lichen, parsley & passionfruit add natural colour. I dye, I spin, I weave. I

Judy Barrass

Karen Grady and her alpacas

create, luxurious wearable art - from my farm".

From her MuddyWaters studio, ***Sue Coburn*** added " I am very much looking forward to the Open Studio weekend, to share my space where I work and particularly for visitors to see beautiful Lake Cootharaba which has been an inspiration to me for more than 20 years"

And from ceramicist ***Wendy Britton*** "Being surrounded by native flora and fauna I find that these influence my ceramic work immensely. I use plants to impress some of my work and also like to create native animals. I am never short of models for some of these."

"A wide variety of artists working across a range of disciplines are opening their studios" says Chris Pritchard. "Painting, sculpture, printmaking, textiles, jewellery, photography, woodcarving, furniture, ceramics, weaving and multimedia".

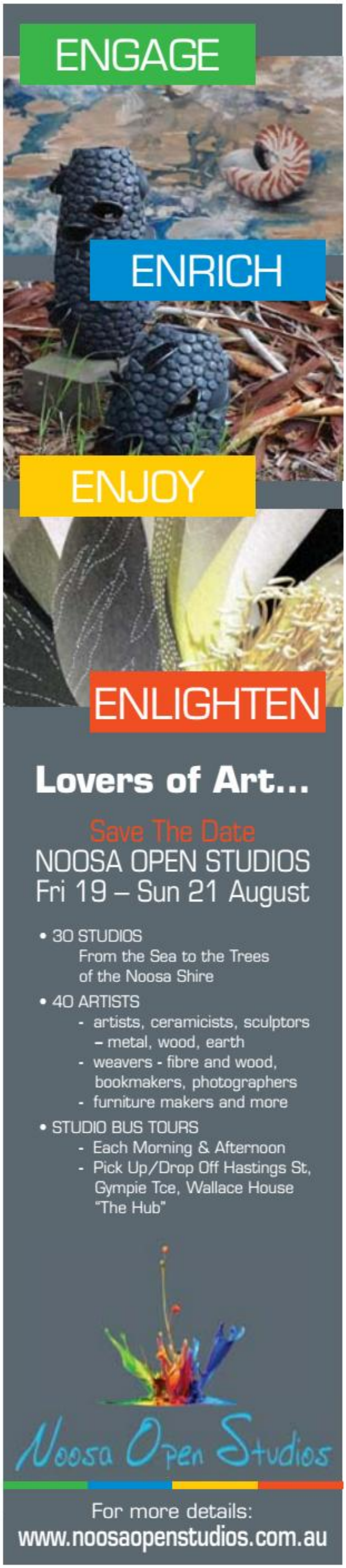
If you choose to self drive around these studios over the three day period, why not take a picnic or morning tea refreshments? A PopUp Café operated by local identity ***Judy Chipperfield*** of the 'Two Old Ladies Tea Rooms' fame will be at the event's Hub at Wallace House, Wallace Drive Noosaville. Judy shall be preparing some of her delicious home made goodies for ones to enjoy at The Hub cafe or take away on their studio journeys.

But why self drive when you can sit back and let someone else do that? Studio bus tours will depart each morning and afternoon from ***The Hub at Wallace House*** with pick up and drop off points in Hastings Street and Gympie Tce. To reserve a seat, best to prebook your tickets - $10pp/tour.

Highly recommend you visit ***The Hub at Wallace House*** 1 Wallace Drive, Noosaville, before heading out to the studios. In addition to the Pop Up Café, representative works of all participating artists plus a video shall be on display. Also at Wallace House, the Noosa Ceramic artisans have their studio open for this event and natural fibre weaver ***Rene Bahloo*** shall invite you to join her in her truly 'open' studio under the trees in the Wallace House grounds.

Friday 19 – Sunday 21 August
All studios shall be open from 10am to 4pm each day.
For further information:
w: noosaopenstudios.com.au
e: noosaopenstudios@gmail.com
t: 0411 244 304

RobRoy in front of his 3.8 metre "Fire 'n' Flood" Triptych which was voted People's Choice Winner recently in this years Immanuel Arts Festival 2016.



BEWITCHINGLY BEAUTIFUL RED-HAIRED ARTIST

Clara Southern was a farmer's daughter from Kyneton in Victoria, who as a boarder at Trentham State School, and later at the Minerva Academy for girls in Kyneton, showed an aptitude for both drawing and music.

"The Yarra at Warrendyte" - Clara Southern. - Oil on panel

At the age of 23, she attended the National Gallery School in Melbourne for four years under the direction of teachers George Folingsby and Frederick McCubbin.

As a tall, lithe and bewitchingly beautiful red-haired artist/violinist with a warm and welcoming nature, she was also a hit with the male students, and thus acquired the nickname of 'Panther'.

At the National Gallery School her pal was the artist Estelle (Jo) Sweatman, and at the age of 25, 'Panther' was admitted as a member of the Buonarotti Society, a Melbourne sketching club frequented by all of the great painters, writers and musicians of the day.

In 1888, while still at the Society she teamed up with Jane Sutherland, with whom she shared a studio in the stylish Grosvenor Chambers in Collins Street, which she sublet from artist Tom Roberts until 1900.

Here both Southern and Sweatman along with Jane Price painted and also taught painting.

From 1888, Southern, Sweatman and Sutherland were constant honorary visitors to the Impressionist camps around Melbourne. And, as such, they are now acknowledged as Australia's three 'lady Impressionists'.

In 1907, aged 47 years, 'Panther' ceased her cat-like prowl around the Melbourne art-world and married one John Arthur Flinn. Together hey moved to Warrandyte in the Yarra Valley near Heidelberg, where their cottage and her studio became instantly popular with a new wave of artists. This new colony attracted the likes of Harold Herbert, Louis McCubbin, Penleigh Boyd, Charles Wheeler and Frank Crozier amongst others, to the beauty of Warrandyte and the Yarra Valley.

Or was it the attraction of 'Panther'?

We may never know!

What we do know is that on the banks of the Yarra, Clara Southern painted some of the most charming and lyrical works of the great river. Works that reflected her love of the gentle beauty of the area that she would remain in for the rest of her life.

Her works are held mainly at the National Gallery of Victoria and the Ballarat Art Gallery, and in most private collections of note and taste.

Leigh Murphy - 2016

'The Rose' Watercolour - Frances Hodgkins

None of the above paintings have seen an Auction Room in the past 30 years and most have been bought privately.
All prices are below current Auction prices and all reasonable offers will be considered.

FINE ART GALLERY

Will Ashton
Rita Angus
Dorrit Black
Rupert Bunny
Nicholas Chevalier
William Dobell
Russell Drysdale
Bessie Davidson
Donald Friend
Bessie Gibson
Weaver Hawkins
Frank Hinder
Frances Hodgkins
Norman Lindsay
Percy Lindsay
Will Longstaff
Roy De Maistre
Arthur Murch
Margaret Olley
Margaret Preston
Thea Proctor
Tom Roberts
John Peter Russell
Arthur Streeton
Albert Tucker
Roland Wakelin
Brett Whiteley
Rita Angus

AND MANY MORE
Also British and European works

COLLECTOR
Fine Art
THE COLLECTION

4/41 Sunshine Beach Rd
Noosa Junction (beside H&R Block)
Open 7 days - Phone 0438 745 940

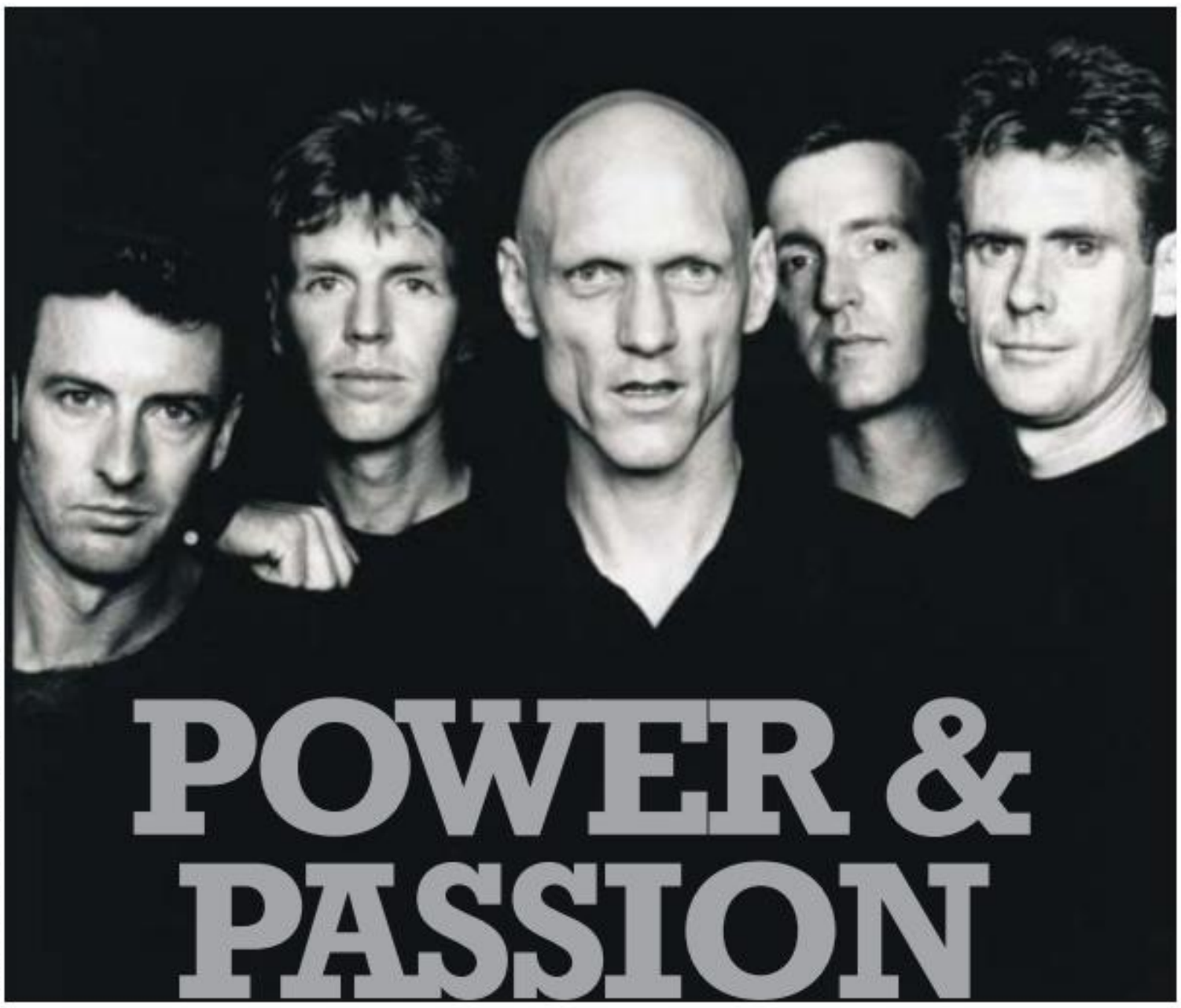


Photo: Midnight Oil Andrzej Liguz/moreimages.net

POWER & PASSION

With the exception of major exhibitions, the galleries often need to move from the concept of mainstream art and embrace the notion of 'artistic pluralism' reflecting a variety of artistic intentions and styles. Nowadays the curator seeks out exhibitions that may be influenced by or grounded in pop art, minimalism, conceptual art or video. And such exhibitions are transformational for art appreciators. They encourage viewers to ask questions such as *'Do I like the idea this artist presents?'* instead of 'Do I like how this looks?'.

Nina Shadforth, Director of Noosa Regional Gallery explains "the challenge is to ***diversify and disperse*** available resources to capture the imagination of a public attracted by ever evolving technological distractions and entertainments".

> In today's world the contemporary public art gallery has to exhibit works that are culturally diverse, technologically advanced, and multifaceted.

The work of Anna Glynn, winner of the recently announced ***2016 Noosa Art Award,*** reflects this. Her video 'Cane' references the underlying primal narrative of fire and man within the landscape. *"The trajectory of the fire is evocatively captured, the cataclysmic fireworks, the accompanying soundscape, and then the denouement, bringing to mind the cycle of day and night, the trajectory of other natural weather events, the human journey itself."* commented Award judge, Louise Martin-Chew.

Martin-Chew added the 'handsome' $10,000 prize had 'flushed out a potent body of work'.

"The prize pool has the ability to command artists who work in the national realm. That is a significant coup for Noosa!" Martin-Chew said. "I think what is particularly enjoyable is the range of media, subject choices, and the level of innovation on the theme," she said of the finalists' works.

'Cane' together with finalists in both this Award and the Lyn McCrea Drawing Award are on display at the Noosa Regional Gallery until June 26.

From 1 July through to 21 August, the works of Sunshine Coast indigenous artist ***Hope O'Chin*** will be showcased in an exhibition entitled ***'Belongingness – identity to one's sense of place'.*** A Gubbi Gubbi/ Wakka Wakka woman, O'Chin was born into the dormitory systems of the aboriginal settlement of Cherbourg. With qualifications in education, the arts and communications, O'Chin's recurring themes connect her experiences of storytelling and Gubbi Gubbi philosophies and 'images reflecting our struggles, recognition, acceptance and acknowledgement'. In addition to this exhibition, two smaller shows include works by Aboriginal and Torres Strait Islander artists living with disability, the Nandjimadji Art Group, and artists from the Red Desert Gatherings Art Program, Alice Springs. Together, these exhibitions align with NAIDOC Week from 3 – 10 July – the 2016 NAIDOC theme being 'Songlines: the living narrative of our nation'.

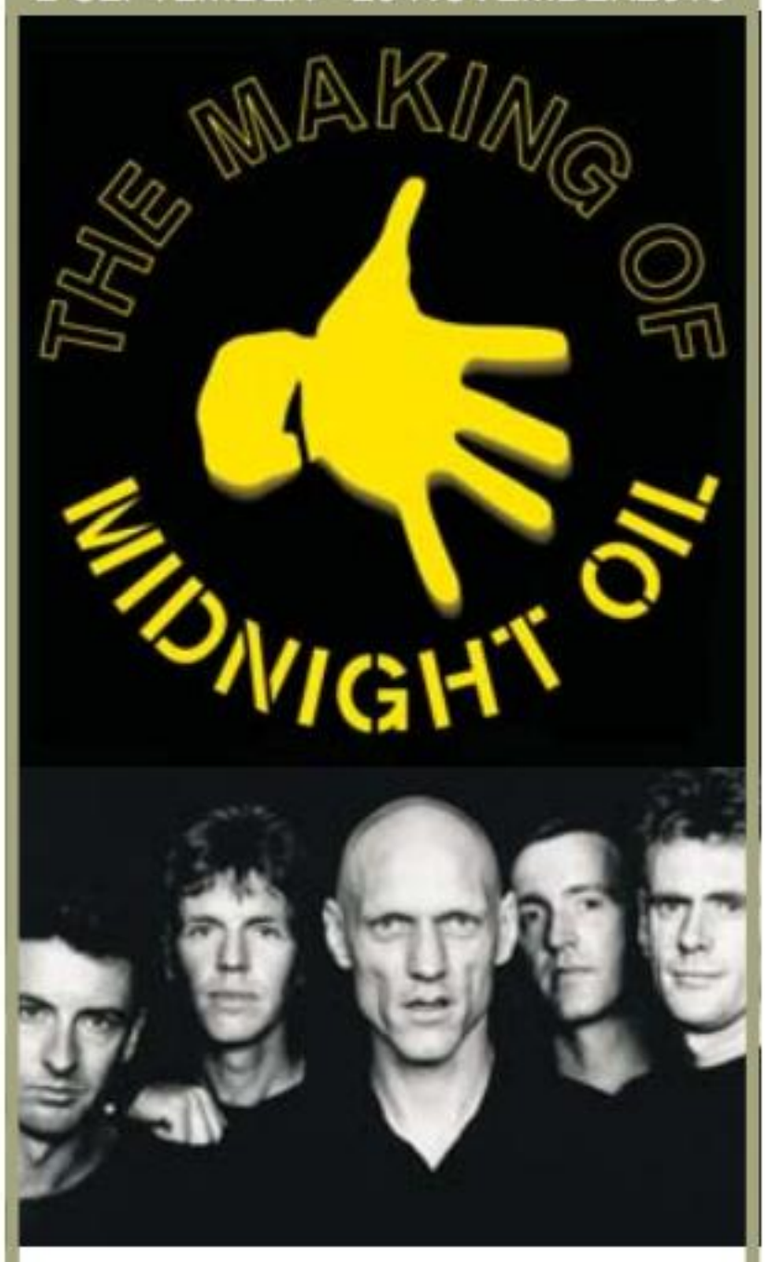
The exhibition includes works by Aboriginal and Torres Strait Islander artists living with disability, the Nandjimadji Art Group, and artists from the Red Desert Gatherings Art Program at Alice Springs. This exhibition aligns with NAIDOC Week from 3 – 10 July – the 2016 NAIDOC theme being 'Songlines: the living narrative of our nation'.

Continuing to reflect the diversity of exhibitions in a contemporary public art gallery, Noosa Regional Gallery as the only Queensland venue, will host the nationally acclaimed exhibition: ***'The Making of Midnight Oil' from 2 September through to 20 November.*** The exhibition showcases rare, exclusive footage and unreleased music, iconic items including stage props, instruments, protest banners, handwritten lyrics, photographs and posters sourced from public and private collections and the band's own archives.

Experience the ***'Power and the Passion'*** of Midnight Oil when ***The Making of Midnight Oil*** comes ***exclusive to Noosa Regional Gallery.***

NOOSA REGIONAL GALLERY

2 SEPTEMBER - 20 NOVEMBER2016



Noosa Regional Gallery *exclusive*
The Making of Midnight Oil

The nationally acclaimed exhibition, The Making of Midnight Oil celebrates: the 'power and the passion' of one of the world's most inspirational rock bands: Midnight Oil. Developed by Manly Art Gallery and Museum curator, Ross Heathcote in collaboration with Midnight Oil drummer Rob Hirst and exhibition design by Wendy Osmond. The Making of Midnight Oil will examine the band's impact on social and cultural history across a 40 year period. The exhibition will showcase rare and iconic items including stage props, instruments, protest banners, hand written lyrics, photographs and posters as well as rare and exclusive footage and unreleased music. Sourced from public and private collections as well as the band's own archives.

Gallery and Gallery Shop hours:
Tuesday to Friday 10am - 4pm
Saturday & Sunday 10am - 3pm

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The 39 Steps

SEPTEMBER 8-17th

Adults $31 | Conc $27
Mem/Group $25 | U17 $22

Nothing has been cut from this hilarious and spectacular version of Britain's most spell-binding thriller - the legendary scenes include the chase on the Flying Scotsman, the escape on the Forth Bridge, the first theatrical bi-plane crash ever staged and the death defying (or nearly) finale at the London Palladium!

"A joyous version of the Hitchcock classic" Sunday Times

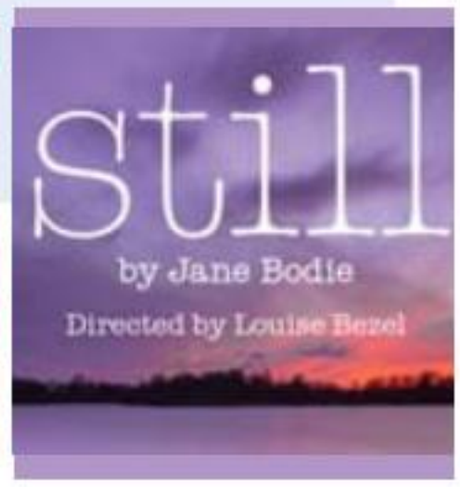
Director: Jane Rivers
Adapted by: Patrick Barlow
Novel by: John Buchan

SEPTEMBER 30, OCTOBER 1, 2

Adults $32 | Concessions $28 | Member/Group $26

Join Melony Brests and her Fabulette's for some pure Fabulosity, it's a gender bending drag extravaganza from beginning to end. The boys and girls of this diverse cast will take you on a twisting and turning journey through all things fabulous, from simply stunning to blatant stupidity. With fabulous frocks to tutu's and up-do's, prepare yourself for a hysterical fast paced musical ride from the current to the classic. There is something in Fabulosity for everyone.

Director: Matt Dunstan



OCTOBER 7, OCTOBER 8 at 7:30pm
Matinee: OCTOBER 9 at 2pm

Adult $25 | Concession $20

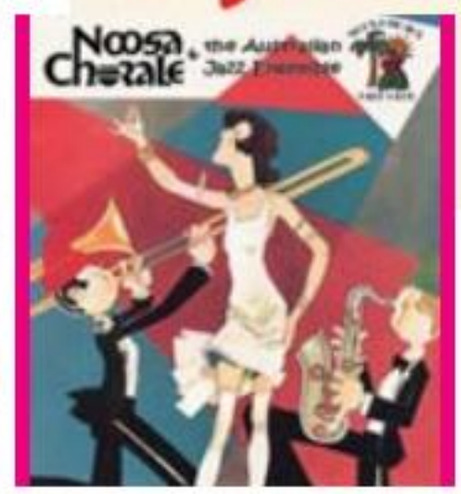
Still is a series of eight monologues exploring the nature of want. Each character has a private story of desire, need and pain. From the personal humiliation of a failed sexual conquest to the agonizing state of denial that bumping into your ex-lover and his new partner in the supermarket causes.

Still exposes the harsh truth and bloody mess of relationships with searing wit and empathy.

Director: Louise Bezel

Genre: Drama

NB: 16+ show with Coarse Language and Adult Themes



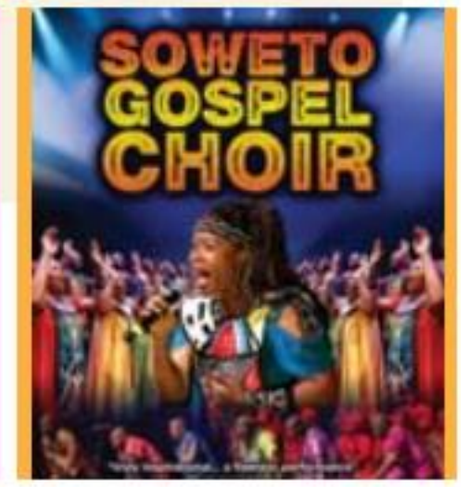
The Roaring Twenties

AUGUST 26-27
7pm and 2:30pm - $35 Entry

Shimmy on down to The J speakeasy and book now for the dazzling 'Roaring Twenties' featuring Noosa Chorale and The Australian Jazz Ensemble led by Australian legend Bob Barnard on trumpet and Melbourne chanteuse, Juliarna Clark, who returns to repeat her rapturous success of last year. It's time to 'Charleston' and relive happy memories as the Chorale sings Broadway classics by Jerome Kern, Irving Berlin and Cole Porter.

Plus something completely different – Bob Chilcott's surprising and highly original 'Little Jazz Mass'.

The 'Roaring Twenties' is the bee's knees, the ant's pants, and the cat's pyjamas.



AUGUST 31 - 7.30pm
Ad $89, Conc $84, Group $65e
Family of 4 (2 A, 2 C) $280.00

Soweto Gospel Choir is one of the world's greatest vocal ensembles. Since its formation in 2002 they have won 4 Grammys, an Emmy, performed for Nelson Mandela, Desmond Tutu, Presidents Obama and Clinton as well as the British Royal Family, and performed with Bono, Robert Plant, Stevie Wonder, Aretha Franklin, Celine Dion and Diana Ross.

Hailing from Soweto in Johannesburg, Soweto Gospel Choir brings together some of Africa's finest singers performing a repertoire that combines traditional African songs handed down through the generations, African Gospel, their unique renditions of international classics as well as South African freedom songs.

Fascinating female character studies at GOMA Cinema

To complement the major 'Cindy Sherman' exhibition at the Gallery of Modern Art (GOMA), the Gallery's Australian Cinémathèque will present 'In Character', a program of more than 65 films focussing on ideas and personas also reflected in Sherman's photography. As the exhibition of leading international artist Cindy Sherman features head-shots of Hollywood stereotypes, society portraits, fashion socialites and clowns, 'In Character' will present a selection of films exploring exaggerated expressions of female identity.

Head of Australian Cinémathèque at the Queensland Art Gallery | Gallery of Modern Art (QAGOMA), José Da Silva said the program would present a complex characterisation of women in cinema and revisit cinema's boldest female characters.

'Audiences will see some of Hollywood's most fearless actresses deliver unforgettable portrayals of women in art and daily life,' Mr Da Silva said.

'In addition, 'In Character' will present a special one-off cinema presentation of iconic TV sitcom Absolutely Fabulous 1992, the celebrated video montages of Australian artist Tracey Moffatt, and a series of live Variety Hours focussed around women, comedy and television.

'Many of the films in the program offer audacious depictions of female empowerment, autonomy, sexuality and filial responsibility.'

The scope of 'In Character' is wide and star studded. It includes seminal performances by actresses including Gloria Swanson in Sunset Boulevard 1950, Elizabeth Taylor in Who's Afraid of Virginia Woolf? 1966, Faye Dunaway in Mommie Dearest 1981, Isabelle Adjani in Possession 1981, and Scarlett Johansson in Under the Skin 2013.

One focus of 'In Character', Hollywood Babylon, considers ideas of fame and infamy with images of struggling actresses and fading stars; overbearing celebrity mums and female rivalry; obsessions with age, glamour and masquerade; and the allure of notoriety.

For more information on 'In Character' session times and to book tickets visit www.qagoma.qld.gov.au/cinema
Tickets are on sale now for the program which runs from 28 May to 28 August.

Oh! Manuel...

Fawlty Towers is coming to QPAC Live - on stage.

The original Fawlty Towers television series, was first broadcast on BBC Two in the UK in 1975 and is based on a real-life hotel owner. John Cleese came up with the idea for the character of Basil Fawlty when the Monty Python team stayed at the Gleneagles Hotel in Torquay. The owner of the hotel, Donald Sinclair, fascinated Cleese with his incredibly rude behaviour.

Manic, snobbish, condescending, sycophantic and rude, Basil Fawlty is without doubt one of the funniest, most iconic and most memorable British comedy characters ever written.

Basil is the proprietor and manager of a Torquay hotel, Fawlty Towers. Following a tipoff that hotel inspectors may be visiting and eager to impress, Basil attempts to ingratiate himself with guests that he suspects are there to critique the establishment. The situation is further plagued by a party of Germans, the deaf and dotty guest-from-hell, Mrs Richards, whose infuriating complaints prevent him from hiding a gambling win from the ever-vigilant Sybil – his wife and "nest-of-vipers". Together they run their hotel with a little help from the unflappable Polly, and very little help at all from Manuel, the trainee waiter from Barcelona who is the butt of Fawlty's frustration.

Adapted by John Cleese himself and utilising some of his own personal all time favourite moments, Cleese will bring his beloved characters to life on stage in an unmissable evening of hilarity.

Cleese personally chose Basil (Stephen Hall) for the iconic role, with Blazey West playing Sybil Fawlty.

Fawlty Towers – Live on Stage will be playing strictly limited seasons on its Australian tour with no extensions possible.
Brisbane: The Playhouse at QPAC, Southbank
Dec 28th - Jan 22nd
Tickets on sale now: Ph: 136246 or visit:
www.qpac.com.au
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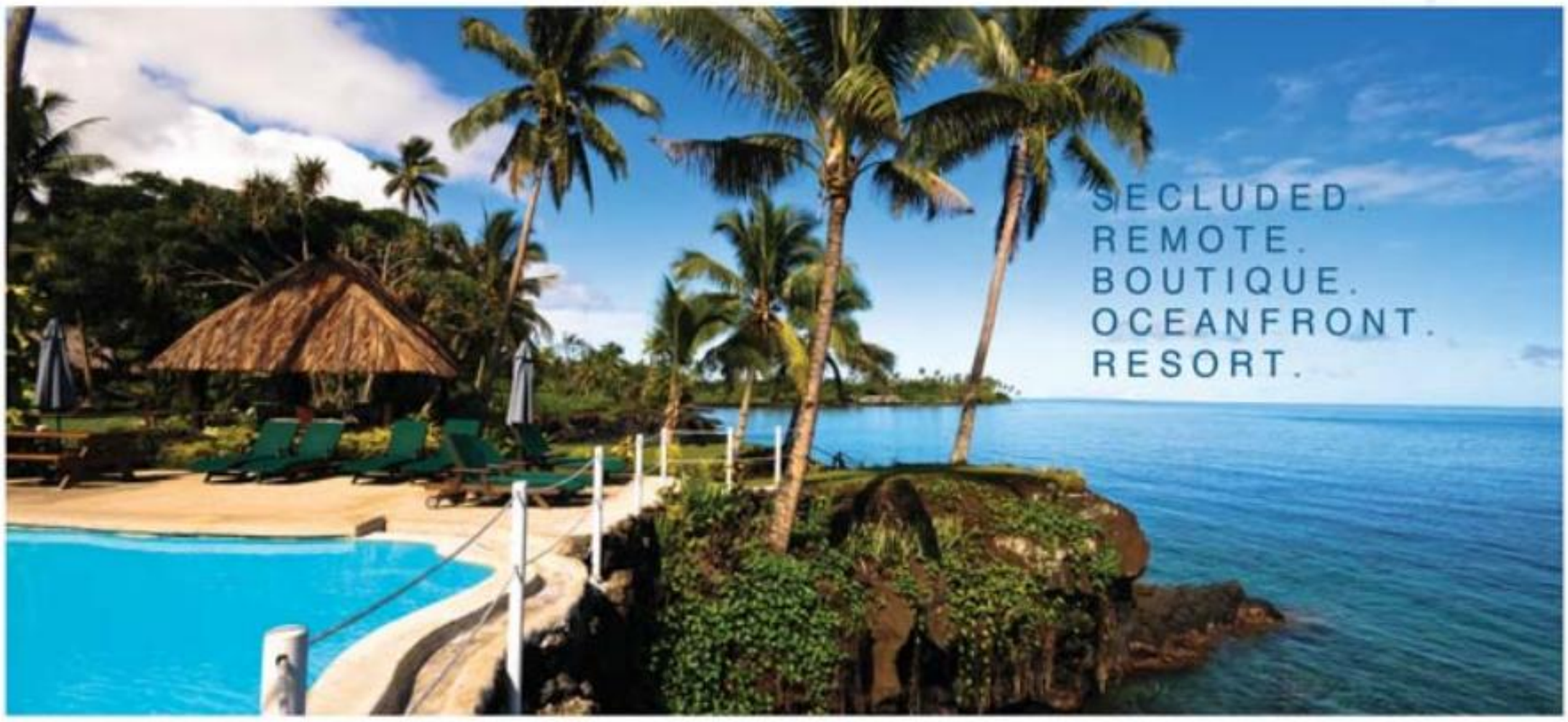

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Leaving our comforts and conveniences behind, our little family set off into the unknown. With just the three of us and one big backpack we boarded our flight to India.

By Rebekah Finzel and Ben Jackson
with Leilani Jackson

India by train...

Travel

TRAVELLING OVERSEAS FOR THE FIRST TIME WITH A SMALL CHILD, WE WERE FORCED TO LET GO OF OUR EXPECTATIONS, OUR ROUTINES AND WENT IN READY TO LEARN AND EMBRACE ALL THAT THE COUNTRY HAD TO OFFER.

The reality of this began to dawn early on with a seven-hour stopover in Kuala Lumpur airport in the middle of the night, before an onward flight to Kolkata. With our very exhausted but excited little girl, we went searching for a quiet corner to create a makeshift bed that consisted only of a yoga mat on the floor and a shawl sticky-taped to the wall. This was to be the first of many interesting places that Leilani would rest throughout our adventure.

Travelling as a young family saw us singled out for special treatment and Leilani would often make instantaneous friendships with local kids. Overwhelmingly, we felt warmly received by the people we met, many of whom went out of their way to help us navigate our journey.

In most cases though it was Leilani, with her big blue eyes and silky orange curls, that people were really interested in talking to. She became very good at communicating to people and would tell them, in not so many words, that 'no they may not pick her up or pinch her cheeks!' Once this was established she would happily pose for photos, make new friends and eat whatever sweet treats were on offer. When the attention all became too much she could climb up into her baby-carrier and snuggle in behind Mumma.

"Hey! Nice baby! Can I have one selfie?" was a phrase we became used to hearing around India which, like the rest of the world, has as embraced the age of social media. Once we had stopped for photos, a crowd would start to gather and within minutes we were inundated by people gathered to snap photos on their phones.

The most confronting place we travelled to was Varanasi, which is enriched with a vibrant energy that at times is completely

awe-inspiring. This ancient holy city is set along the Ganges and in her waters Hindus bathe and are cremated when they pass away. There are 24-hour musical sermons held along the river and the price you pay as a foreigner to participate in this never-ending ceremony is the constant bombardment by touts, beggars, city guides, trinket sellers and faux-holy men.

It was in another holy town, Pushkar in the state of Rajasthan, that we had a contrasting experience when we were so genuinely accepted in to the home of an older Indian couple, whose house doubled as a venue for cooking classes. Shivani and her huband Ashok became Leilani's surrogate grandparents for the evening as we undertook a crash course in cooking Indian cuisine.

Shivani showed Leilani how to knead naan and spoiled her with cookies while Ashok, an award-winning camel decorator (a very proud tradition in the region), joyfully gave Leilani a toy camel

dressed in Rajasthani regalia and Pushkar postcard in which he and his most finely dressed camel featured prominently.

Pushkar is eminently more peaceful than Varanasi and there is no hassle from merchants, but they do ask that before doing any sightseeing or shopping visitors participate in at least one Puja, a Hindu spiritual ritual, undertaken beside the holy lake which the town is built around.

One thing the two holy towns have in common are the ever present cows that happily roam the streets unconcerned by the bustling market activity and vehicles that surround them. Leilani loved to watch them and even pat them from time to time.

The cows, dogs, monkeys, peacocks, squirrels and other animals we spotted were an important part of our toddler's journey. Just as crucial to her were the new and exciting modes of transport that we used to make our way. Among the favourites were the trains, on which we travelled at all hours of the day and night, and the tuktuks that buzzed through the crowded, narrow lanes.

Best of all though was in Jaisalmer, near the border with Pakistan, where the Leilani's love of animals and vehicles collided as we set out in to the Thar Desert on camelback. That night, one of our last in India, we slept rugged up all together under the stars with only the sounds of snoring camels interrupt the peace.

We survived the journey and together created experiences that will always be with us. We also came to the realisation that although the things we have at home make life much easier, especially with a little one, there was a raw excitement in navigating our way through the challenges presented, and that what Leilani needed most was for us all to be together, living in the moment and enjoying this crazy, beautiful life.

Karl Stefanovic & Noel David on Noosa Beach

Noosa resident Noel David turns his talents to writing...

In his early twenties Noel David tussled between pursuing an arts based career or entering in a path that would eventually lead him to project management.

His early years saw him designing and building furniture, then undertaking renovations and alterations to houses, creating and installing shop fittings.

The pursuit of all things financial slowly replaced the application of paint on canvas, ink on paper and his long-held favourite photography (including developing his own black and white prints).

Money enabled travel, local and overseas. Journeys to locales considered exotic provided a great stimulus for collecting stories and observations. In all this, Noel managed to maintain some handle on creativeness by sketching rather than taking photographs.

His deep desire has always been to create a life from placing pen to paper, and for many years he felt he was achieving this calling in the hard-edged management of people and situations. This enabled the opportunity to arise for personal reflection, a process enabling Noel's deeply held desire to be fulfilled in a truer sense - the writing of his first book. A novel where many serious situations could be embraced in the guise of an outwardly simple life story.

The Clapping Man is the result.

The Clapping Man

By: Noel David

Self Published: RRP $19.99

An inspirational and evolving tale that follows the despair and disbelief of a young boy battling to make sense of a previously unrecognised curse, a curse that brings both personal physical and psychological misery. Amongst a caring and tight knit family Gerald is shocked that his young life is being forced by the curse to depart from his own sense of self, possibly to be removed from any aspirations created in his imagination.

Interwoven amongst a tapestry of personal challenges our young life traveller encounters a wide range of individuals all of whom provide their own insights, creating the possibility of change and ultimately the manner in which to dissolve the curse enabling the fulfilment of his reluctantly dreamed of career as an entertainer.

Born of and affected by the same curse his immediate family cope with their own generational repercussions as each party develop their own methods of survival and prosperity creating a myriad of eclectic and strong characters, none more exulted than Great Uncle Cornelius, a man of such vision and determination that his quiet accomplishments overshadow all others. His unforeseen advice and assistance to Gerald instil the potential of daring to dream.

A story that stimulates as each personal encounter blends with the essence of a young man who in his own powerful yet gentle manner returns the willing investments of others with an unheralded aura of camaraderie.

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