

FOOD MENU (03/02/2020 to 09/02/2020)

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Milk with Bournvita, Utappam, Idli, Ginger Chutney, Ghee	Milk with Bournvita, Idli, Tomato Rice, Chutney, Ghee	Milk with Bournvita, Idli, Chapathi with Potato Curry, Ghee	Milk with Bournvita, Idli-Sambar, Upma, Ginger Chutney, Ghee	Milk with Bournvita, Idli, Bajji, Chutney, Ghee	Milk with Bournvita, Idli, Dosa, Ginger Chutney, Ghee	Milk with Bournvita, Bread & Jam, Upma, Chutney, Sugar, Ghee
LUNCH	Rice, Dal-Leafy Vegetables, Bottle Gourd, Yello Cucumber Pickle, Rasam, Ghee, Curd	Rice, Dal-Bottle Gourd, Cabbage Curry, Pickle, Rasam, Ghee, Curd	Rice, Dal-Leafy Vegetables, Meal Maker Curry, Tindoora Pickle, Rasam, Ghee, Curd	Rice, Dal-Yellow Cucumber, Ladies Finger Curry, Gonguka Pickle, Rasam, Fryums (Vadiyalu), Ghee, Curd	Rice, Dal-Leafy Vegetables, Potato Curry, Tindoora Pickle, Rasam, Ghee, Curd	Rice, Dal-Tomato, Carrot Curry, Bottle Gourd Chutney, Rasam, Ghee, Curd	Rice, Chicken Curry, Vegetable Biryani, Tindoora Fry, Rasam, Sweet (for vegetarians), Ghee, Curd
EVENING SNACK	Milk with Bournvita, Cornflakes, Watermelon	Milk with Bournvita, Bun, Apple	Payasam, Banana	Milk with Bournvita, Ribbon Pakodi, Papaya	Milk with Bournvita, Cake, Watermelon	Milk with Bournvita, Noodles, Currypuff, Banana	Biscuits
DINNER	Rice, Onion Soup, Egg, Carrot Curry, Sambar, Ghee, Curd	Rice, Tindora Curry, Sambar, Ghee, Curd	Rice, Onion Curry, Egg Fry, Bottle Gourd Fry, Sambar, Ghee, Curd	Rice, Banana Curry, Sambar, Ghee, Curd	Rice, Onion Curry, Egg Fry, Cluster Beans Curry, Sambar, Ghee, Curd	Rice, Cabbage Fry, Sambar, Ghee, Curd	Rice, Tomato Curry, Sambar, Ghee, Curd

Note - Menu is subject to change depending on availability of fresh food items.