**File**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Project... | Ctrl + Alt + N | Opt + Cmd + N |
| Sequence... | Ctrl + N | Cmd + N |
| Bin | Ctrl + / | Cmd + / |
| Open Project... | Ctrl + O | Cmd + O |
| Close Project | Ctrl + Shift + W | Shift + Cmd + W |
| Close | Ctrl + W | Cmd + W |
| Save | Ctrl + S | Cmd + S |
| Save As... | Ctrl + Shift + S | Shift + Cmd + S |
| Save a Copy... | Ctrl + Alt + S | Opt + Cmd + S |
| Capture... | F5 | F5 |
| Batch Capture... | F6 | F6 |
| Import from Media Browser | Ctrl + Alt + I | Opt + Cmd + I |
| Import... | Ctrl + I | Cmd + I |
| Export Media | Ctrl + M | Cmd + M |
| Get Properties for Selection... | Ctrl + Shift + H | Shift + Cmd + H |
| Exit | Ctrl + Q | Cmd + Q |

**Edit**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Undo | Ctrl + Z | Cmd + Z |
| Redo | Ctrl + Shift + Z | Shift + Cmd + Z |
| Cut | Ctrl + X | Cmd + X |
| Copy | Ctrl + C | Cmd + C |
| Paste | Ctrl + V | Cmd + V |
| Paste Insert | Ctrl + Shift + V | Shift + Cmd + V |
| Paste Attributes | Ctrl + Alt + V | Opt + Cmd + V |
| Clear | Delete | Forward Delete |
| Ripple Delete | Shift + Delete | Shift + Forward Delete |
| Duplicate | Ctrl + Shift + / | Shift + Cmd + / |
| Select All | Ctrl + A | Cmd + A |
| Deselect All | Ctrl + Shift + A | Shift + Cmd + A |
| Find... | Ctrl + F | Cmd + F |
| Edit Original | Ctrl + E | Cmd + E |
| Keyboard Shortcuts | Ctrl + Alt + K | Cmd + Opt + K |

**Clip**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Make Subclip... | Ctrl + U | Cmd + U |
| Audio Channels... | Shift + G | Shift + G |
| Audio Gain | G | G |
| Speed/Duration... | Ctrl + R | Cmd + R |
| Insert | **,** | **,** |
| Overwrite | **.** | **.** |
| Enable | Shift + E | Shift + Cmd + E |
| Link | Ctrl + L | Cmd + L |
| Group | Ctrl + G | Cmd + G |
| Ungroup | Ctrl + Shift + G | Shift + Cmd + G |

**Sequence**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Render Effects in Work Area | Enter | Enter |
| Match Frame | F | F |
| Reverse Match Frame | Shift + R | Shift + R |
| Add Edit | Ctrl + K | Cmd + K |
| Add Edit to All Tracks | Ctrl + Shift + K | Shift + Cmd + K |
| Trim Edit | Shift + T | Cmd + T |
| Extend Selected Edit to Playhead | E | E |
| Apply Video Transition | Ctrl + D | Cmd + D |
| Apply Audio Transition | Ctrl + Shift + D | Shift + Cmd + D |
| Apply Default Transitions to Selection | Shift + D | Shift + D |
| Lift | **;** | **;** |
| Extract | **'** | **'** |
| Zoom In | **=** | **=** |
| Zoom Out | **-** | **-** |
| Next in Sequence | Shift + ; | Shift + ; |
| Previous in Sequence | Ctrl + Shift + ; | Opt + ; |
| Snap in Timeline | S | S |
| Make Subsequence | Shift + U | Cmd + U |
| Add new caption track | Ctrl + Alt + A | Opt + Cmd + A |
| Add caption at playhead | Ctrl + Alt + C | Opt + Cmd + C |
| Go to next caption segment | Ctrl + Alt + Down | Opt + Cmd + Down |
| Go to previous caption segment | Ctrl + Alt + Up | Opt + Cmd + Up |

**Markers**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Mark In | I | I |
| Mark Out | O | O |
| Mark Clip | X | X |
| Mark Selection | / | / |
| Go to In | Shift + I | Shift + I |
| Go to Out | Shift + O | Shift + O |
| Clear In | Ctrl + Shift + I | Opt + I |
| Clear Out | Ctrl + Shift + O | Opt + O |
| Clear In and Out | Ctrl + Shift + X | Opt + X |
| Add Marker | M | M |
| Go to Next Marker | Shift + M | Shift + M |
| Go to Previous Marker | Ctrl + Shift + M | Shift + Cmd + M |
| Clear Selected Marker | Ctrl + Alt + M | Opt + M |
| Clear All Markers | Ctrl + Alt + Shift + M | Opt + Cmd + M |

**Graphics and Titles**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| **New Layer** | | |
| Text | Ctrl + T | Cmd + T |
| Rectangle | Ctrl + Alt + R | Opt + Cmd + R |
| Ellipse | Ctrl + Alt + E | Opt + Cmd + E |
| **Arrange** | | |
| Bring to Front | Ctrl + Shift + ] | Shift + Cmd + ] |
| Bring Forward | Ctrl + ] | Cmd + ] |
| Send Backward | Ctrl  + [ | Cmd + [ |
| Send to Back | Ctrl + Shift + [ | Shift + Cmd + [ |
| **Select** | | |
| Select Next Layer | Ctrl + Alt + ] | Opt + Cmd + ] |
| Select Previous Layer | Ctrl + Alt + [ | Opt + Cmd + [ |

**Window**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Reset to Saved Layout | Alt + Shift + 0 | Opt + Shift + 0 |
| Audio Clip Mixer | Shift + 9 | Shift + 9 |
| Audio Track Mixer | Shift + 6 | Shift + 6 |
| Effect Controls | Shift + 5 | Shift + 5 |
| Effects | Shift + 7 | Shift + 7 |
| Media Browser | Shift + 8 | Shift + 8 |
| Program Monitor | Shift + 4 | Shift + 4 |
| Projects | Shift + 1 | Shift + 1 |
| Source Monitor | Shift + 2 | Shift + 2 |
| Timelines | Shift + 3 | Shift + 3 |

**Help**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Premiere Pro Help... | F1 | F1 |

**Audio Track Mixer Panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Show/Hide Tracks | Ctrl + Alt + T | Opt + Cmd + T |
| Loop | Ctrl + L | Cmd + L |
| Meter Input(s) Only | Ctrl + Shift + I | Ctrl + Shift + I |

**Capture panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Record Video | V | V |
| Record Audio | A | A |
| Eject | E | E |
| Fast Forward | F | F |
| Go to In point | Q | Q |
| Go to Out point | W | W |
| Record | G | G |
| Rewind | R | R |
| Step Back | Left | Left |
| Step Forward | Right | Right |
| Stop | S | S |

**Effect Controls panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Remove Selected Effect | Backspace | Delete |
| Loop During Audio-Only Playback | Ctrl + L | Cmd + L |

**Effects panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| New Custom Bin | Ctrl + / | Cmd + / |
| Delete Custom Item | Backspace | Delete |

**Essential Graphics panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| New text layer | Ctrl + T | Cmd + T |
| Rectangle | Ctrl + Alt + R | Opt + Cmd + R |
| Ellipse | Ctrl + Alt + E | Opt + Cmd + E |
| Bring to Front | Ctrl + Shift + ] | Cmd + Shift + ] |
| Bring Forward | Ctrl + ] | Cmd + ] |
| Send Backward | Ctrl + [ | Cmd + [ |
| Send to Back | Ctrl + Shift + [ | Cmd + Shift + [ |
| Select Next Layer | Ctrl + Alt + ] | Cmd + Opt + ] |
| Select Previous Layer | Ctrl + Alt + [ | Cmd + Opt + [ |
| Clear Selection | Backspace | Delete |
| Increase Leading by One Unit | Alt + Up | Opt + Up |
| Decrease Leading by One Unit | Alt + Down | Opt + Down |
| Increase Leading by Five Units | Alt + Shift + Up | Opt + Shift + Up |
| Decrease Leading by Five Units | Alt + Shift + Down | Opt + Shift + Down |
| Increase Font Size by One Unit | Ctrl + Alt + Right | Opt + Cmd + Right |
| Decrease Font Size by One Unit | Ctrl + Alt + Left | Opt + Cmd + Left |
| Increase Font Size by Five Units | Ctrl + Alt + Shift + Right | Opt + Shift + Cmd + Right |
| Decrease Font Size by Five Units | Ctrl + Alt + Shift + Right | Opt + Shift + Cmd + Left |

**History panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Step Backward | **Left** | **Left** |
| Step Forward | **Right** | **Right** |
| Delete | **Backspace** | **Delete** |

**Media Browser panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Open in Source Monitor | **Shift + O** | **Shift + O** |
| Select Directory List | **Shift + Left** | **Shift + Left** |
| Select Media List | **Shift + Right** | **Shift + Right** |

**Metadata panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Loop | **Ctrl + L** | **Cmd + L** |
| Play | **Space** | **Space** |

**Multi-camera**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Go to Next Edit Point | **Down** | **Down** |
| Go to Next Edit Point on Any Track | **Shift + Down** | **Shift + Down** |
| Go to Previous Edit Point | **Up** | **Up** |
| Go to Previous Edit Point on Any Track | **Shift + Up** | **Shift + Up** |
| Go to Selected Clip End | **Shift + End** | **Shift + End** |
| Go to Selected Clip Start | **Shift + Home** | **Shift + Home** |
| Go to Sequence-Clip End | **End** | **End** |
| Go to Sequence-Clip Start | **Home** | **Home** |
| Increase Clip Volume | **]** | **]** |
| Increase Clip Volume Many | **Shift + ]** | **Shift + ]** |
| Maximize or Restore Active Frame | **Shift + `** | **Shift + `** |
| Maximize or Restore Frame Under Cursor | **`** | **`** |
| Minimize All Tracks | **Shift + -** | **Shift + -** |
| Play Around | **Shift + K** | **Shift + K** |
| Play In to Out | **Ctrl + Shift + Space** | **Opt + K** |
| Play In to Out with Preroll/Postroll | **Shift + Space** | **Shift + Space** |
| Play from Playhead to Out Point | **Ctrl + Space** | **Ctrl + Space** |
| Play-Stop Toggle | **Space** | **Space** |
| Reveal Nested Sequence | **Ctrl + Shift + F** | Ctrl + Shift + F |
| Ripple Trim Next Edit To Playhead | **W** | **W** |
| Ripple Trim Previous Edit To Playhead | **Q** | **Q** |
| Select Camera 1 | **1** | **1** |
| Select Camera 2 | **2** | **2** |
| Select Camera 3 | **3** | **3** |
| Select Camera 4 | **4** | **4** |
| Select Camera 5 | **5** | **5** |
| Select Camera 6 | **6** | **6** |
| Select Camera 7 | **7** | **7** |
| Select Camera 8 | **8** | **8** |
| Select Camera 9 | **9** | **9** |
| Select Find Box | **Shift + F** | **Shift + F** |
| Select Clip at Playhead | **D** | **D** |
| Select Next Clip | **Ctrl + Down** | **Cmd + Down** |
| Select Next Panel | **Ctrl + Shift + .** | **Ctrl + Shift + .** |
| Select Previous Clip | **Ctrl + Up** | **Cmd + Up** |
| Select Previous Panel | **Ctrl + Shift + ,** | **Ctrl + Shift + ,** |
| Set Poster Frame | **Shift + P** | **Cmd + P** |
| Shuttle Left | **J** | **J** |
| Shuttle Right | **L** | **L** |
| Shuttle Slow Left | **Shift + J** | **Shift + J** |
| Shuttle Slow Right | **Shift + L** | **Shift + L** |
| Shuttle Stop | **K** | **K** |
| Step Back | **Left** | **Left** |
| Step Back Five Frames - Units | **Shift + Left** | **Shift + Left** |
| Step Forward | **Right** | **Right** |
| Step Forward Five Frames - Units | **Shift + Right** | **Shift + Right** |
| Toggle All Audio Targets | **Ctrl + 9** | **Cmd + 9** |
| Toggle All Source Audio | **Ctrl + Alt + 9** | **Opt + Cmd + 9** |
| Toggle All Source Video | **Ctrl + Alt + 0** | **Opt + Cmd + 0** |
| Toggle All Video Targets | **Ctrl + 0** | **Cmd + 0** |
| Toggle Audio During Scrubbing | **Shift + S** | **Shift + S** |
| Toggle Control Surface Clip Mixer Mode |  |  |
| Toggle Full Screen | **Ctrl + `** | **Ctrl + `** |
| Toggle Multi-Camera View | **Shift + 0** | **Shift + 0** |
| Toggle Trim Type | **Shift + T** | **Ctrl + T** |
| Trim Backward | **Ctrl + Left** | **Opt + Left** |
| Trim Backward Many | **Ctrl + Shift + Left** | **Opt + Shift + Left** |
| Trim Forward | **Ctrl + Right** | **Opt + Right** |
| Trim Forward Many | **Ctrl + Shift + Right** | **Opt + Shift + Right** |
| Trim Next Edit to Playhead | **Ctrl + Alt + W** | **Opt + W** |
| Trim Previous Edit to Playhead | **Ctrl + Alt + Q** | **Opt + Q** |

**Program Monitor panel**

**Note:**

To use nudging for graphic layers, make sure that:

* You have at least one layer selected (blue box) in a single graphic
* The Program Monitor or the Essential Graphics panel is in focus

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Show Rulers | Ctrl + R | Cmd + R |
| Show Guides | Ctrl + ; | Cmd + ; |
| Snap in Program Monitor | Ctrl + Shift + ; | Shift + Cmd + ; |
| Lock Guides | Ctrl + Alt + Shift + R | Opt + Shift + Cmd + R |
| Nudge Selected Object up by five frames | Shift + Ctrl + Up | Shift + Cmd + Up |
| Nudge Selected Object right by five frames | Shift + Ctrl + Right | Shift + Cmd + Right |
| Nudge Selected Object left by five frames | Shift + Ctrl + Left | Shift + Cmd + Left |
| Nudge Selected Object down by five frames | Shift + Ctrl + Down | Shift + Cmd + Down |
| Nudge Selected Object up by one frame | Ctrl + Up | Cmd + Up |
| Nudge Selected Object right by one frame | Ctrl + Right | Cmd + Right |
| Nudge Selected Object left by one frame | Ctrl + Left | Cmd + Left |
| Nudge Selected Object down by one frame | Ctrl + Down | Cmd + Down |

**Project panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| New Bin | Ctrl + B | Cmd + B |
| Delete | Backspace | Delete |
| List | Ctrl + Page Up | Cmd + Page Up |
| Icon | Ctrl + Page Down | Cmd + Page Down |
| Hover Scrub | Shift + H | Shift + H |
| Delete Selection with Options | Ctrl + Delete | Cmd + Forward Delete |
| Extend Selection Down | Shift + Down | Shift + Down |
| Extend Selection Left | Shift + Left | Shift + Left |
| Extend Selection Right | Shift + Right | Shift + Right |
| Extend Selection Up | Shift + Up | Shift + Up |
| Move Selection Down | Down | Down |
| Move Selection End | End | End |
| Move Selection Home | Home | Home |
| Move Selection Left | Left | Left |
| Move Selection Page Down | Page Down | Page Down |
| Move Selection Page Up | Page Up | Page Up |
| Move Selection Right | Right | Right |
| Move Selection Up | Up | Up |
| Next Column Field | Tab | Tab |
| Next Row Field | Enter | Return |
| Open in Source Monitor | Shift + O | Shift + O |
| Previous Column Field | Shift + Tab | Shift + Tab |
| Previous Row Field | Shift + Enter | Shift + Return |
| Thumbnail Size Next | Shift + ] | Shift + ] |
| Thumbnail Size Previous | Shift + [ | Shift + [ |
| Toggle View | Shift + \ | Shift + \ |
| Zoom In | = | = |
| Zoom Out | - | - |

**Source patching and Track targeting**

|  |  |  |
| --- | --- | --- |
| **Keyboard shortcut** | **Source patching** | **Track targeting** |
| **Click** | Toggle selected state | Toggle selected state |
| **Cmd/Ctrl + Drag** | Turn on/off as you click and drag, based on the first track | Turn on/off as you click and drag, based on the first track |
| **Drag** | Swap tracks | Not applicable |
| **Shift + Drag** | Move entire set of tracks up or down | Not applicable |
| **Shift + Scroll** | Uniformly change all video or audio track height | Uniformly change all video or audio track height |
| **Cmd + Scroll** | macOS: Scroll timeline  Windows: None | macOS: Scroll timeline  Windows: None |
| **Opt + Click** | Toggle "Gap" | Not applicable |
| **Opt + Scroll** | Change height of single track | Change height of single track |
| **Cmd/Ctrl + Opt + Drag** | Toggle "Gap" | Not applicable |

**Timeline panel**

|  |  |  |
| --- | --- | --- |
| **Commands** | **Windows** | **macOS** |
| Clear Selection | Backspace | Delete |
| Decrease Audio Tracks Height | Alt + - | Opt + - |
| Decrease Video Tracks Height | Ctrl + - | Cmd + - |
| Increase Audio Tracks Height | Alt + = | Opt + = |
| Increase Video Tracks Height | Ctrl + = | Cmd + = |
| Nudge Clip Selection Left Five Frames | Alt + Shift + Left | Shift + Cmd + Left |
| Nudge Clip Selection Left One Frame | Alt + Left | Cmd + Left |
| Nudge Clip Selection Right Five Frames | Alt + Shift + Right | Shift + Cmd + Right |
| Nudge Clip Selection Right One Frame | Alt + Right | Cmd + Right |
| Ripple Delete | Alt + Backspace | Opt + Delete |
| Set Work Area Bar In Point | Alt + [ | Opt + [ |
| Set Work Area Bar Out Point | Alt + ] | Opt + ] |
| Show Next Screen | Page Down | Page Down |
| Show Previous Screen | Page Up | Page Up |
| Slide Clip Selection Left Five Frames | Alt + Shift + , | Opt + Shift + , |
| Slide Clip Selection Left One Frame | Alt + , | Opt + , |
| Slide Clip Selection Right Five Frames | Alt + Shift + . | Opt + Shift + . |
| Slide Clip Selection Right One Frame | Alt + . | Opt + . |
| Slip Clip Selection Left Five Frames | Ctrl + Alt + Shift + Left | Opt + Shift + Cmd + Left |
| Slip Clip Selection Left One Frame | Ctrl + Alt + Left | Opt + Cmd + Left |
| Slip Clip Selection Right Five Frames | Ctrl + Alt + Shift + Right | Opt + Shift + Cmd + Right |
| Slip Clip Selection Right One Frame | Ctrl + Alt + Right | Opt + Cmd + Right |