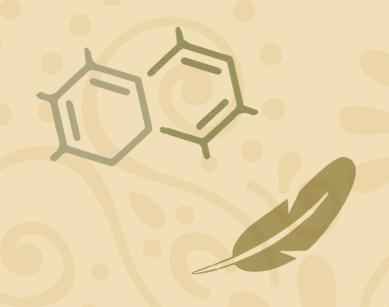




traditional plate



Safer than plastic and lighter than glass

Stainless steel that's easy to wash and won't leak chemicals or break easily

Borrowed from tradition

Great for kids meals and portion control

Use each plate section for a part of your meal



rice, grains or main dish



mains, rices, and grains