Life cycle of Thread
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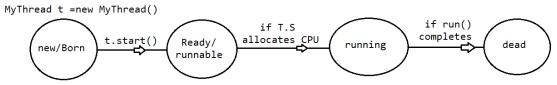
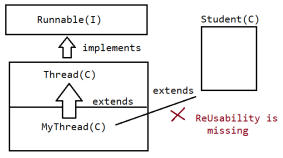


(not suggestible)

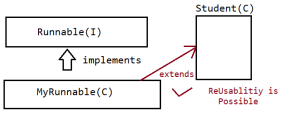
1st Approach: Extending Thread class




```
MyThread t =new MyThread();
   t.start();
```

Good Approach

2nd Approach: implementing Runnable




```
MyRunnable r = new MyRunnable();
Thread t =new Thread(r)
 t.start()
```