|  |  |
| --- | --- |
| **Course No:** | PSY451A |
| **Title:** | PSYCHOLOGY OF ADJUSTMENT |
| **Course Details:** | The course content, along with lecture wise breakup, is given below.Examinations: Choice of format of the examinations is left to the instructor.Laboratory content: As of now, the time table does not provide an option of introducingthe students to laboratory practices. Hence, some demos might be used to enrich theunderstanding of the course content. |
| **Course Reference :** | I. Wayne Weiten, Dana S Dunn, and Elizabeth Yost Hammer (201 1). PsychologyApplied to Modem Life: Adjustment in the 21st Century. Wadsworth publishing(I oth edition).2. Robert C. Carson, James Neal Butcher, Susan Mineka (2000). Abnormalpsychology and modem life. Allyn & Bacon (I I th edition).3. W.S. Paine (Ed.) (1984). Job stress and burnout. Sage. |

***NOTE:****OARS section updated these details and content what ever the best possible record was available to them, if you think that the content for the same course was change, and if you have any approved document please send it to OARS Office, we will change it.*

[**Close**](http://172.26.142.75:4040/Common/Coursedetail.asp?Course=PSY451A)

s