

Day	Date	ARP Day	Notes
	Tuesday, June 19, 2012		Indian Passport holders arrive in Delhi
	Wednesday, June 20, 2012		Indian Passport holders take Tibet + China Visa in Delhi
1	Thursday, June 21, 2012		All Pilgrims arrive in Kathmandu. Everyone must arrive this day to get next day Tibet Visa. Even if one traveller misses the visa we won't have 121 count. So please arrive on this day.
2	Friday, June 22, 2012		Kathmandu Acclimatization, Get Tibet Visa
3	Saturday, June 23, 2012	1	Kathmandu, ARP Starts @ Pashupatinath Temple, Tibet Visa. Morning after breakfast sightseeing tour to Pashupatinath , Jal Narayan and Swayambhunath after lunch preparing for kailash Yatra . Meal plan(B/L/D)
4	Sunday, June 24, 2012	2	Drive Kathmandu -Kodari - Nyalam (137 Km) At Kodari (border) After immigration and customs formalities on both sides (Nepal & China). We drive to the small town – Nyalam O/N Hotel with attach bathroom (3700m). Meal plan (B/L/D)
5	Monday, June 25, 2012	3	Rest day for altitude acclimatization at Nyalam. Meal plan (B/L/D)
6	Tuesday, June 26, 2012	4	After breakfast Drive to Saga250kms(-4500m) Enjoy grand view of Mt. Shishapangma(8021mt High) Gauri Shankar and other high mountains from Lablung - LaPass(5050mt.high) another attraction will be a sacred lake Pikusto, Overnight New Sanga Hotel at Saga. Meal plan (B/L/D)
7	Wednesday, June 27, 2012	5	Drive to - Lake Manasarovar 385km (4500m).Very auspicious day for all people who will have first glimpse of Holy Manasarovar and view of Mt. Kailash from Horchu Pass. Overnight stay Lodge at Chhu Gompa at the shore of lake Manasarovar. Meal plan (B/L/D)
8	Thursday, June 28, 2012	6	The abode of god will be a lifetime - achievement. Puja, Havana worship, meditation, holly bath etc. Afternoon drive to Darchen (30km) 4560m.O/t New hotel. Meal plan (B/L/D)
9	Friday, June 29, 2012	7	Parikrama Day1. Darchen to Diraphuk 18km.Kora (circuit) begins drive 10 km. cover to Tarboche and trek up to walk approximately about 04 / 05 hour Diraphuk (4890m). Overnight stay at Camping. Meal plan (B/L/D)

10	Saturday, June 30, 2012	8	Parikrama Day 2. Trek to Zuthulphuk (4790m) 22km. walk approximately 08 / 10 hours - Parikarma continues, this is the day every pilgrims talks about, the most difficult journey through out the trip, Trek up to Dolma La pass (5600m). We will offer very short prayers at Dolmala and move towards Gaurikunda. They programmed in the same as usual, Zuthulphuk overnight stay at camping. Meal plan (B/L/D)
11	Sunday, July 1, 2012	9	Parikrama Day 3. Zuthulphuk to Paryang via Manasarovar Horchu. After Breakfast, we will trek around 8 km. We will be reaching at the point, where our jeeps will be waiting to drive us to Darchen, parikarma (Circuit) ends. After Lunch we will drive to Paryang via Manasarovar Horchu O /N Guest Gueat House . Meal plan (B/L/D)
12	Monday, July 2, 2012	10	Stay in ManasSarover
13	Tuesday, July 3, 2012	11	ManasSarover, Gurupoornima, End of ARP
14	Wednesday, July 4, 2012		Return Journey. Drive back to Nylam / Zhangmu. Meal plan (B/L/D)
15	Thursday, July 5, 2012		Return Journey. Nyalam to Katmandu transfer to Hotel. Meal plan (B/L/D)
16	Friday, July 6, 2012		Fly out of Kathmandu