



Password Security & Authentication Analysis

Cyber Security Internship – Task 4

1. Introduction

Password security plays a crucial role in protecting user accounts and sensitive data from unauthorized access. Most systems store passwords in a secure form to prevent attackers from directly viewing them. However, weak passwords and poor authentication practices can still lead to security breaches.

This task focuses on understanding how passwords are stored, how weak passwords can be cracked, and how strong authentication methods such as Multi-Factor Authentication (MFA) can prevent attacks.

2. What is Hashing?

Hashing is a one-way cryptographic process used to convert a plain-text password into a fixed-length string called a hash.

Once a password is hashed, it cannot be converted back to its original form.

Key points:

- Same input → same hash
- Small change in password → completely different hash
- Used for secure password storage

3. Difference Between Hashing and Encryption

Hashing	Encryption
One-way process	Two-way process
Cannot be reversed	Can be decrypted using a key
Used for passwords	Used for data protection
Example: MD5, SHA-1	Example: AES, RSA

4. Types of Password Hashes

- **MD5**
Fast but weak and vulnerable to dictionary and brute force attacks.
 - **SHA-1**
Slightly stronger than MD5 but still considered insecure today.
 - **bcrypt**
Very secure, slow by design, and includes salting, making it resistant to cracking.

5. Password Cracking Techniques

Dictionary Attack

- Uses a list of commonly used passwords
 - Very effective against weak passwords
 - Faster than brute force

Brute Force Attack

- Tries all possible character combinations
 - Time-consuming but powerful
 - Works even if password is not in a dictionary

6. Practical Password Hash Analysis

1. Tool Installation

The required tools (Hashcat and John the Ripper) were installed on Kali Linux for password analysis.

```
Kali-Linux-2024.2-VirtualBox-amd64 [base-20260106] [Running] - Oracle VM VirtualBox
File Machine View Input Devices Help
Session Actions Edit View Help
kali@kali: ~]
$ sudo apt update
[...]
Get:1 http://mirror.freerid.org/kali kali-rolling InRelease [34.6 kB]
Get:2 http://mirror.freerid.org/kali kali-rolling/main amd64 Packages [208.7 MB]
Get:3 http://mirror.freerid.org/kali kali-rolling/main amd64 Contents (deb) [52.1 kB]
Get:4 http://mirror.freerid.org/kali kali-rolling/main/gpg Signing/Non-Free Packages [190 kB]
Get:5 http://mirror.freerid.org/kali kali-rolling/contrib amd64 Packages [105.6 kB]
Get:6 http://mirror.freerid.org/kali kali-rolling/contrib amd64 Packages [115 kB]
Get:7 http://mirror.freerid.org/kali kali-rolling/contrib amd64 Contents (deb) [254 kB]
Fetched 74.4 MB in 6min 37s (208 kB/s)
802 packages can be upgraded. Run 'apt list --upgradable' to see them.

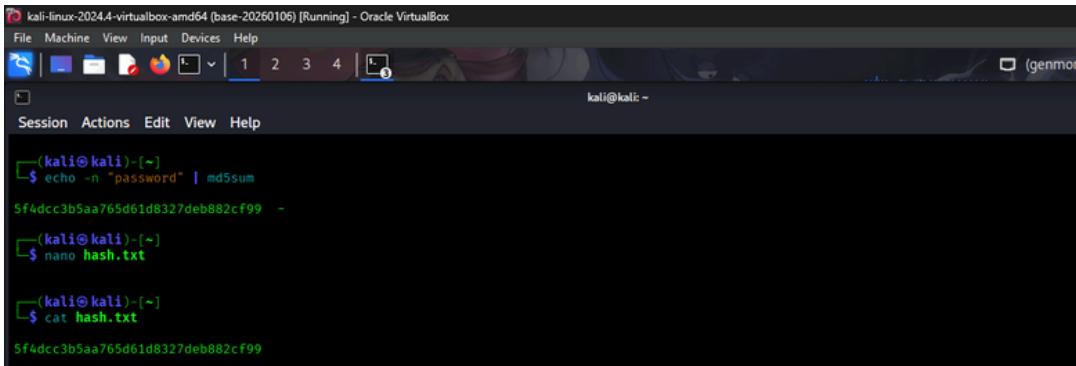
[kali@kali: ~]
$ sudo apt install hashcat john -y
hashcat is already the newest version (7.1.2+ds1-3).
hashcat is already installed.
john is already the newest version (1.9.0-Jumbo-1+git20211102-0-kali10).
john set to manually installed.

The following packages were automatically installed and are no longer required:
  libdisplay INFO libibus-1.0-0 libladrare-5.0.0t64 libmutil16 python3-xulpts
  libfirmware-1.0-0 libinput13.0-0 libmagnetiis-2.1-0t64 libsm�base3t64 linux-image-6.11.2-7md64 python3-xlw
  girl2-greipstore-2.0 libigdal37 libmpeg2encpp-2.1-0t64 libsslcipher1 mesa-vdpau-drivers tini
  liblarmadillo4 libgeos-3.14.0 libpimx-2.1-0t64 libswscaled pocketsshin-en-us vdpau-driver-all
  liblazlib120 libgdalinfo1 libproxy-1.0-1 librsvg2-2.44.2 libvdpau1 python3-multipart
  liblawnmower1 liblawnmower1 libspiceclient3 libwiredtinc18 python3-nest
  liblconfig-inifiles-perl libspicegpept64 libpostproc58 libwiretap15 python3-xrd
Use 'sudo apt autoremove' to remove them.

Summary:
Upgrading: 0, Installing: 0, Removing: 0, Not Upgrading: 401
```

2.Password Hash Generation

A sample password was converted into an MD5 hash using Linux commands to understand how passwords are stored internally.



A screenshot of a Kali Linux terminal window titled "kali-linux-2024.4-virtualbox-amd64 (base-20260106) [Running] - Oracle VirtualBox". The terminal shows the following session:

```
(kali㉿kali)-[~]
$ echo -n "password" | md5sum
5f4dcc3b5aa765d61d8327deb882cf99
(kali㉿kali)-[~]
$ nano hash.txt
(kali㉿kali)-[~]
$ cat hash.txt
5f4dcc3b5aa765d61d8327deb882cf99
```

3. Cracking Weak Password Hash

The generated hash was cracked using John the Ripper with a dictionary attack. The original password was successfully recovered, proving that weak passwords are insecure.

```
(kali㉿kali)-[~]
$ john --format=raw-md5 hash.txt
Using default input encoding: UTF-8
Loaded 1 password hash (Raw-MD5 [MD5 128/128 SSE2 4x3])
No password hashes left to crack (see FAQ)

(kali㉿kali)-[~]
$ john --show --format=raw-md5 hash.txt
?:password
1 password hash cracked, 0 left
```

7. Why Weak Passwords Fail

Weak passwords fail due to:

- Short length
- Use of common words
- No symbols or numbers
- Reuse across multiple platforms
- Presence in public wordlists

Attackers can easily crack such passwords using automated tools.

8. Multi-Factor Authentication (MFA) and Its Importance

Multi-Factor Authentication adds an extra layer of security by requiring more than one verification factor.

Examples:

- Password + OTP
- Password + fingerprint
- Password + authenticator app

Even if a password is compromised, MFA prevents unauthorized access, making it a critical security measure.

9. Recommendations for Strong Authentication

- Use passwords with 12–16 characters
- Combine uppercase, lowercase, numbers, and symbols
- Avoid using personal information
- Never reuse passwords
- Use password managers
- Enable MFA on all critical accounts
- Store passwords using bcrypt or salted hashes

10. Conclusion

This task helped in understanding how passwords are stored, how attackers exploit weak passwords, and how strong authentication practices can prevent security breaches. Practical analysis demonstrated the importance of using strong passwords and enabling Multi-Factor Authentication for improved security.