

30 Books To Read In Your 30s



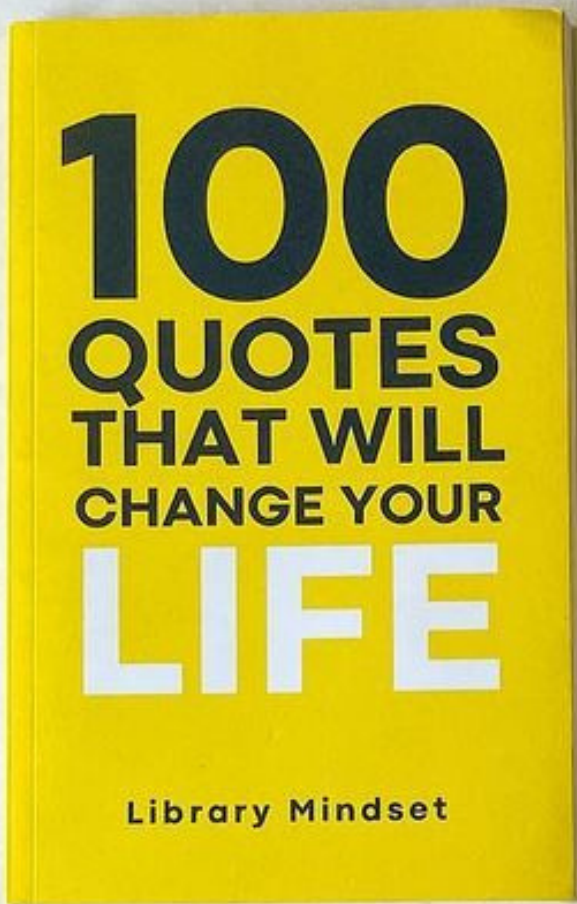
MARTIN MEADOWS

365 DAYS WITH SELF-DISCIPLINE

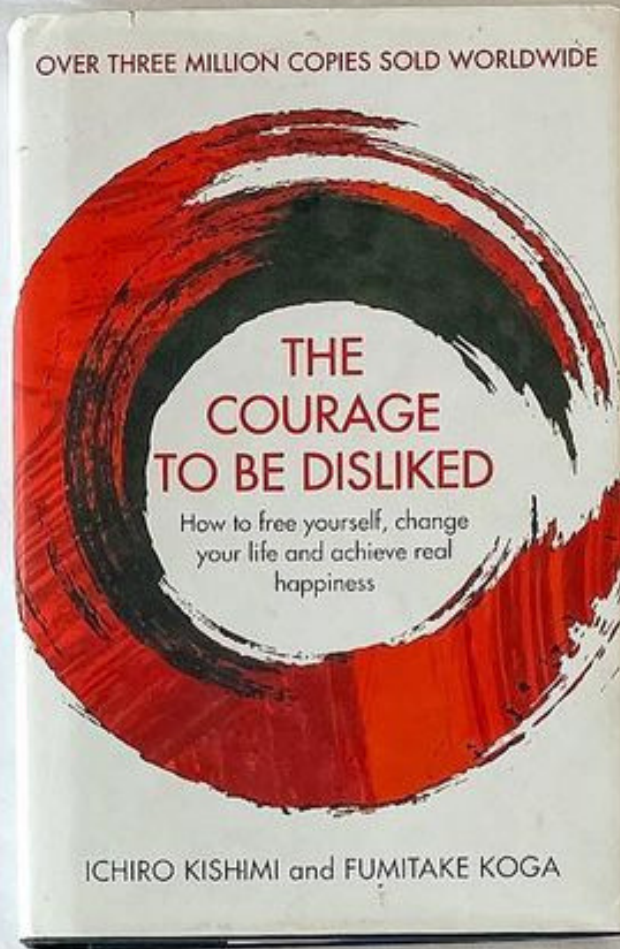
365 LIFE-ALTERING THOUGHTS ON
SELF-CONTROL, MENTAL RESILIENCE, AND SUCCESS



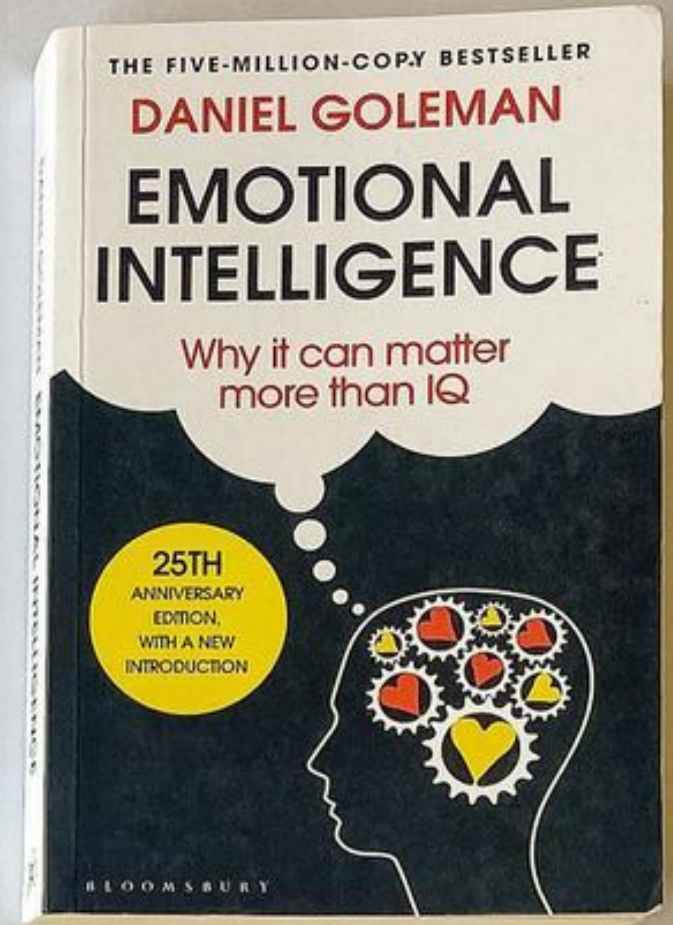
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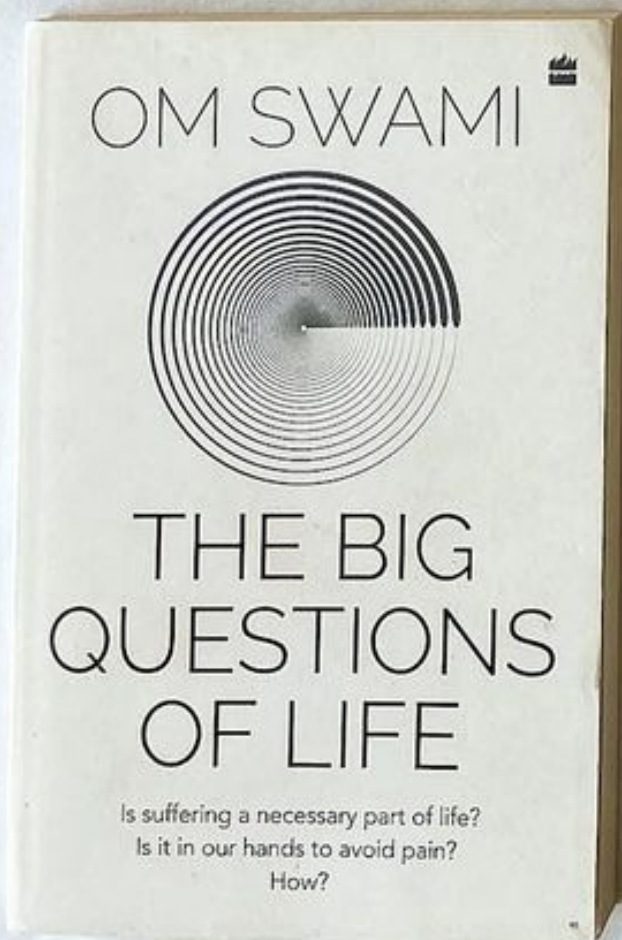
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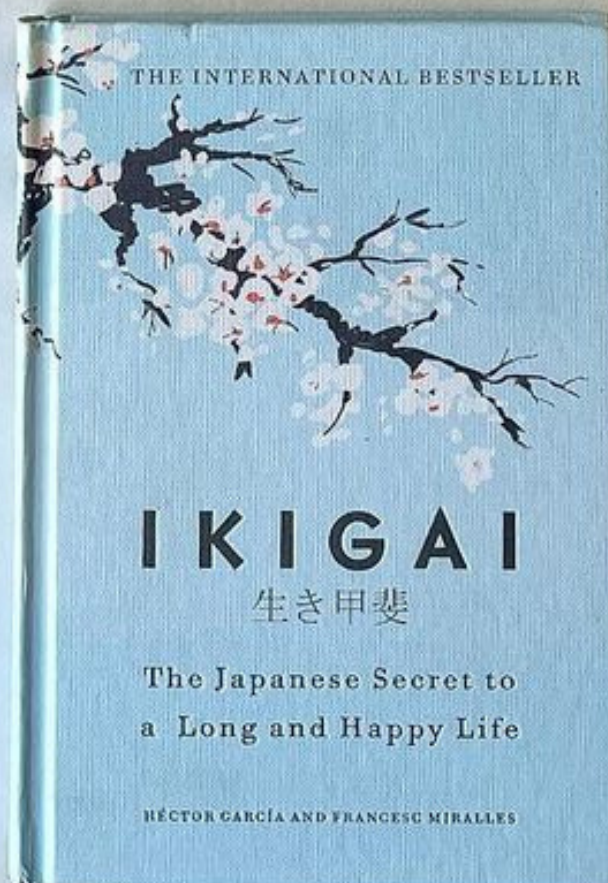
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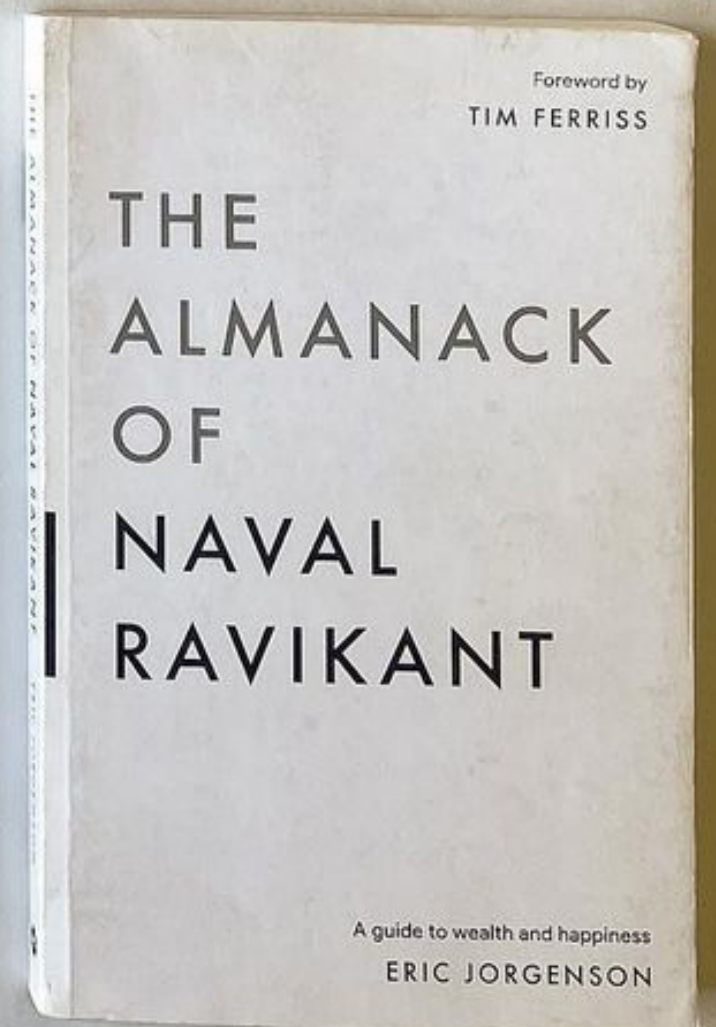
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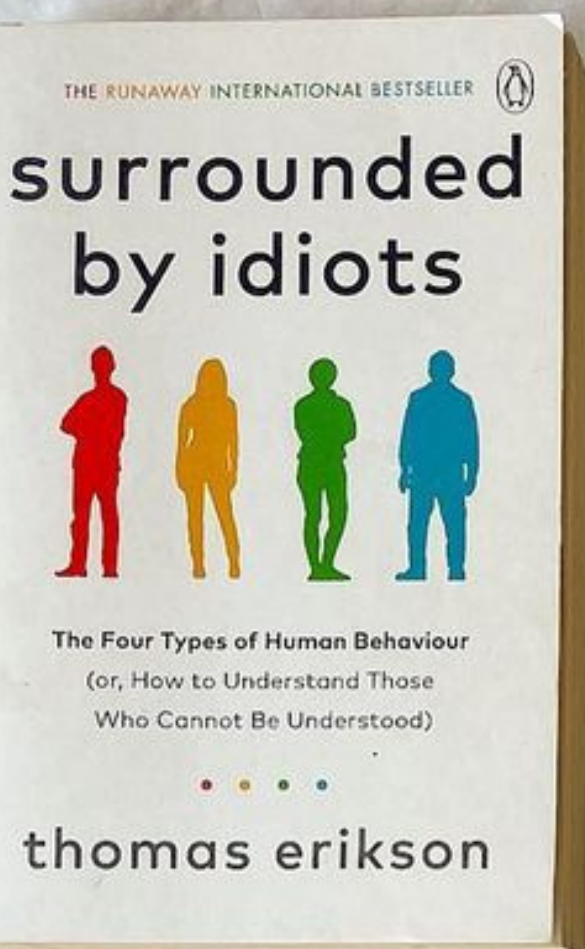
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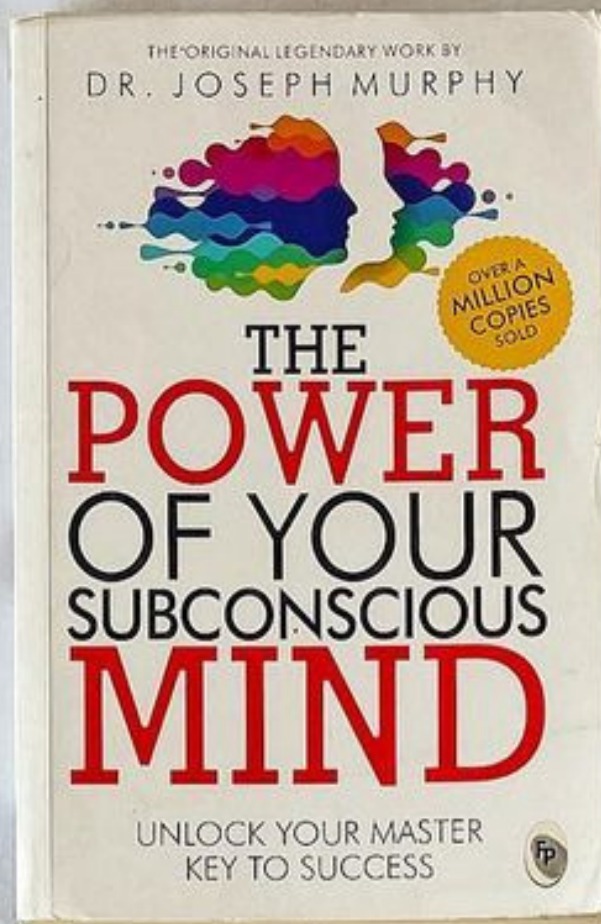
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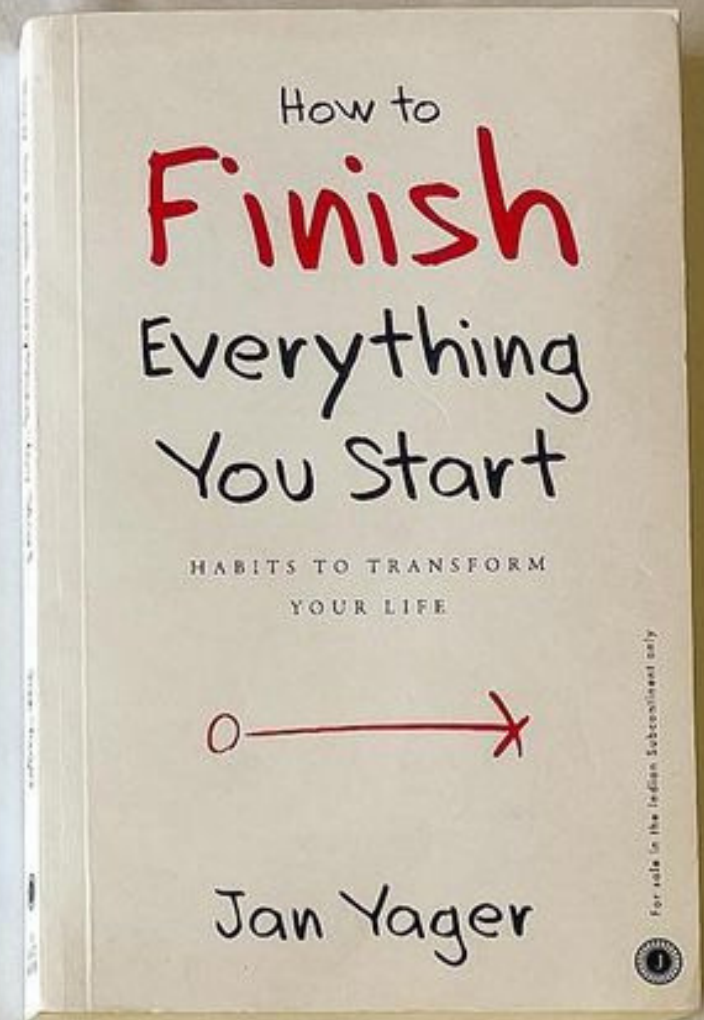
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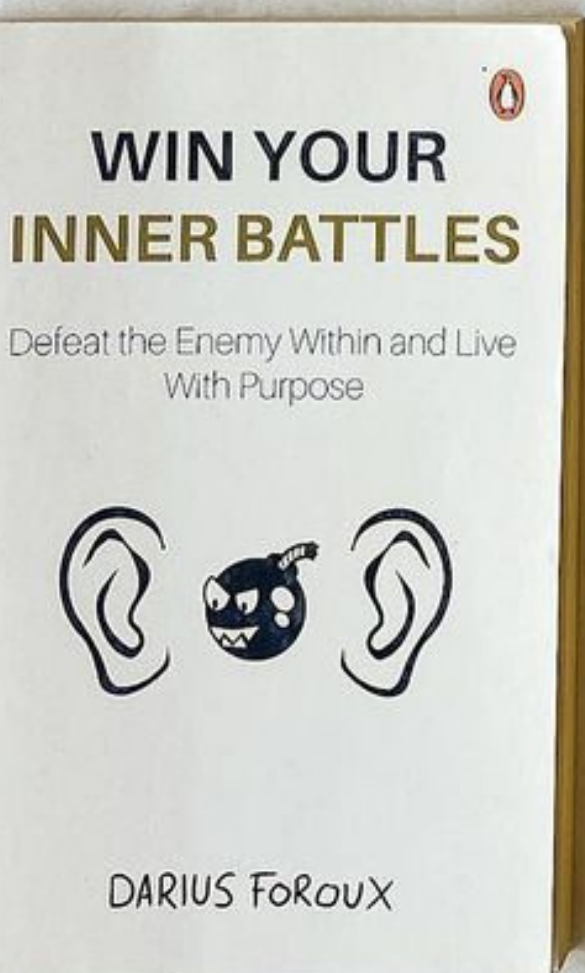
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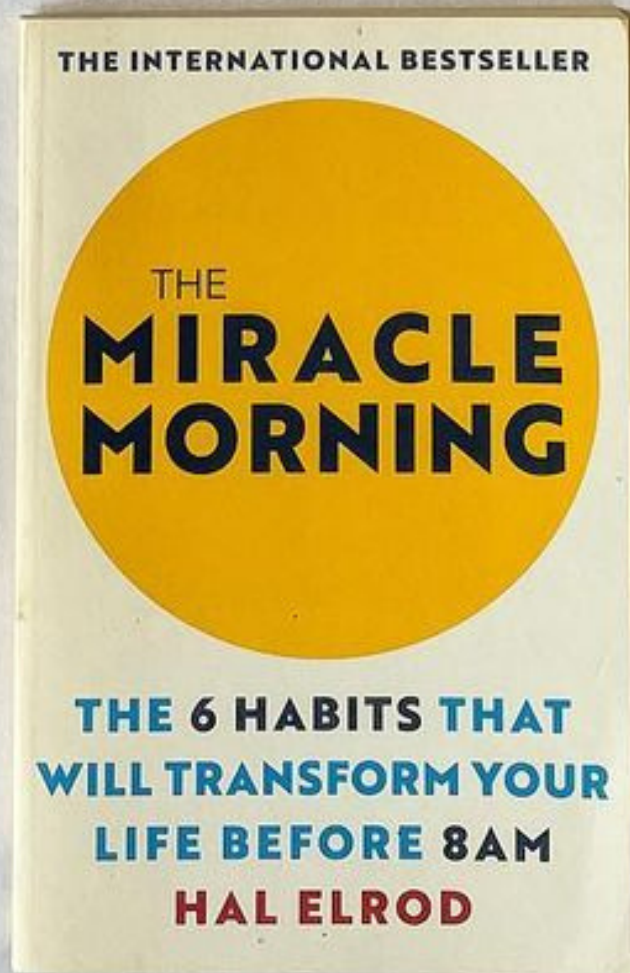
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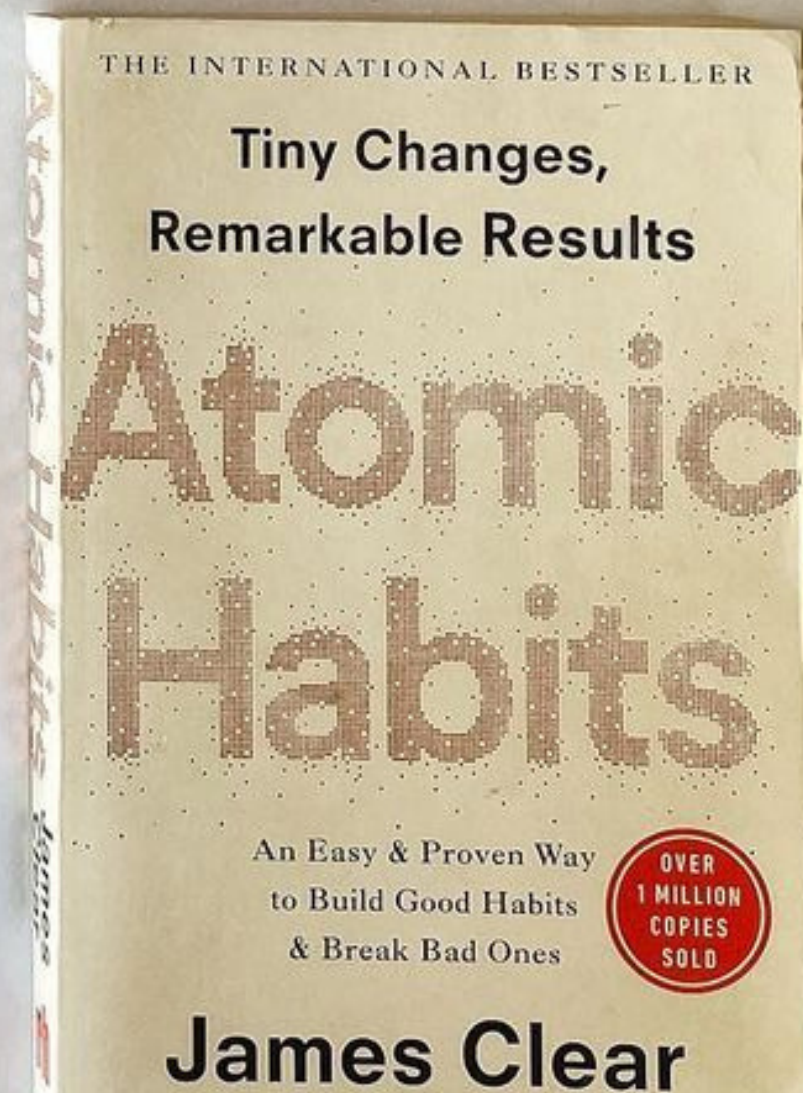
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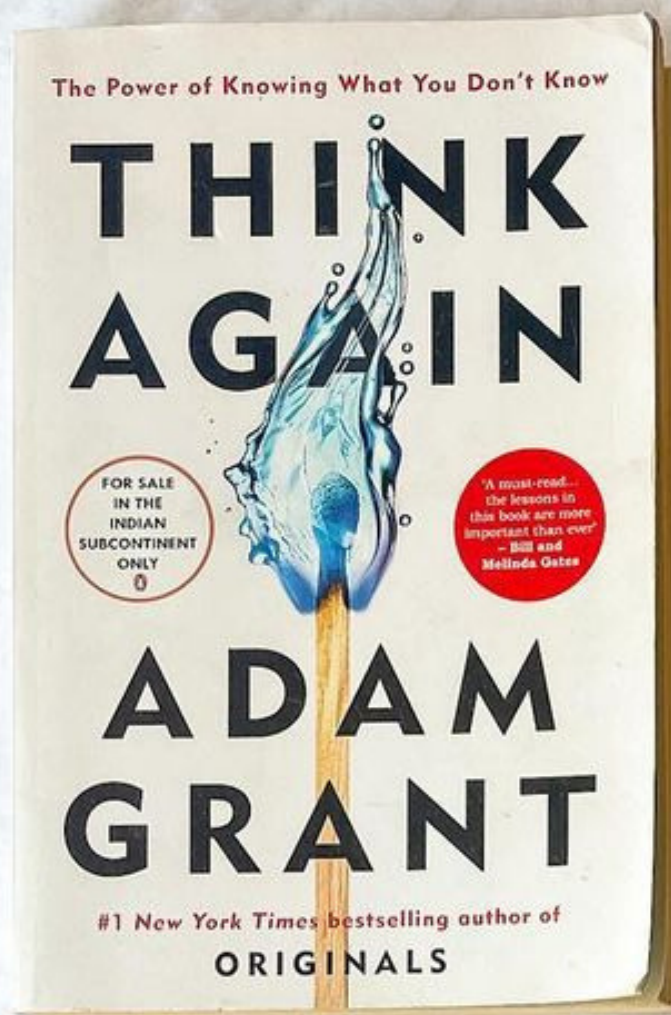
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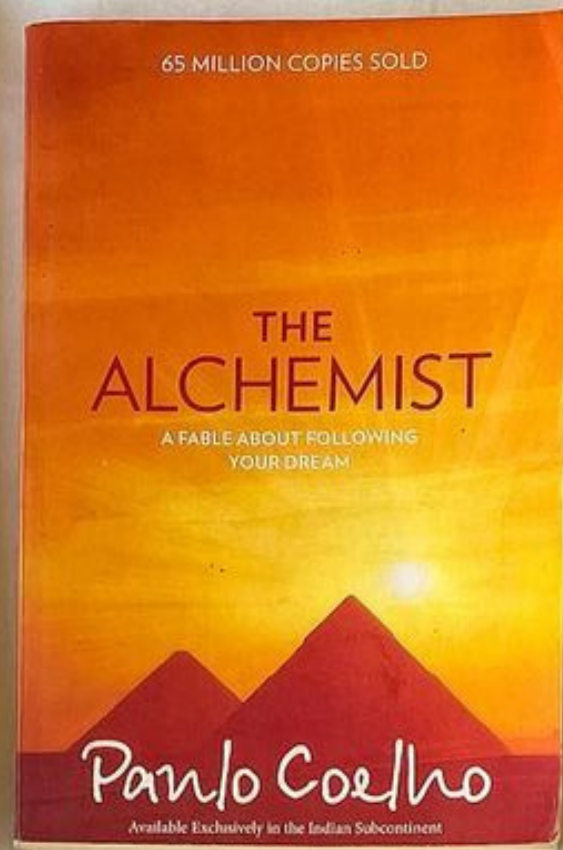
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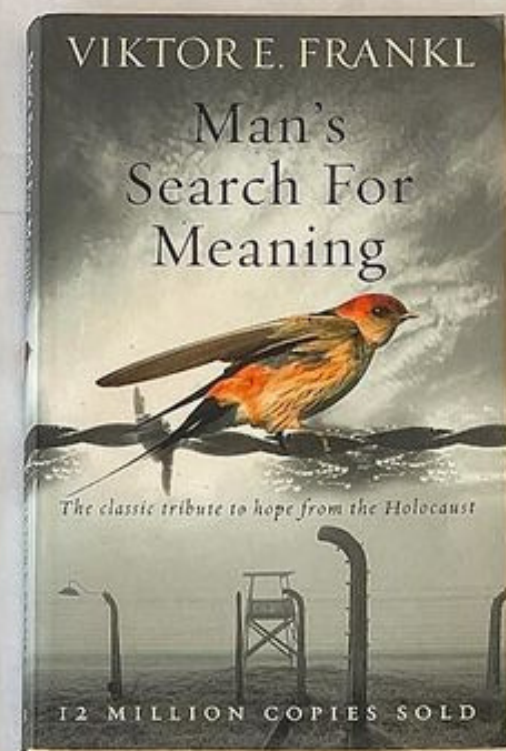
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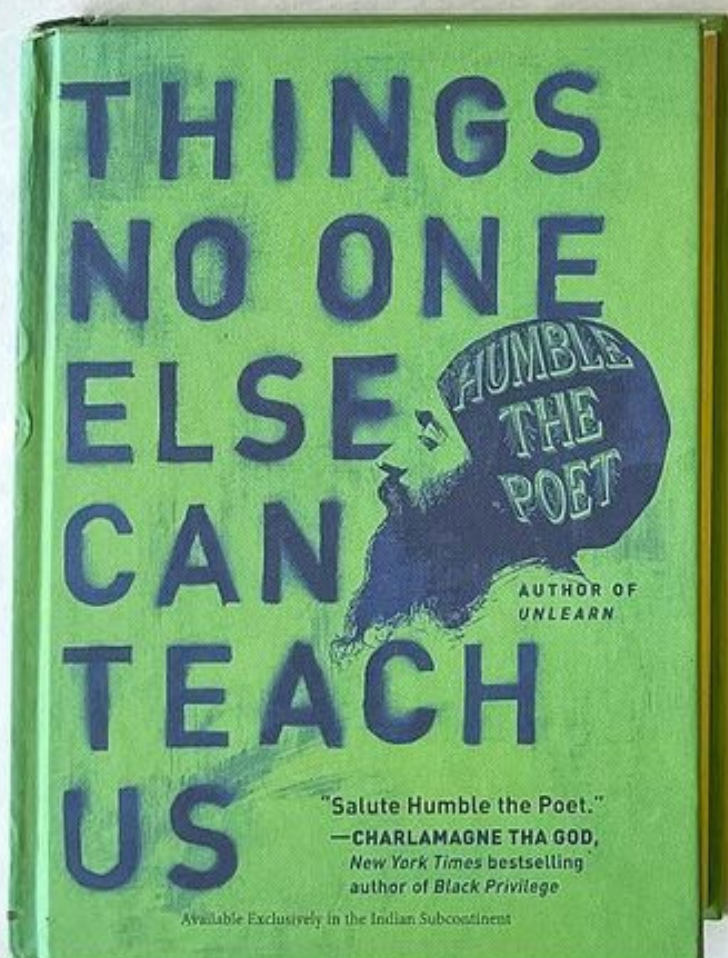
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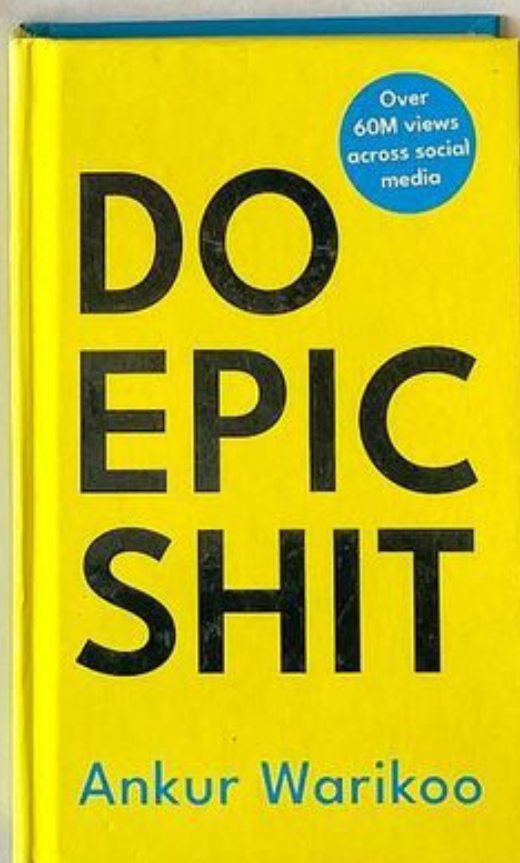
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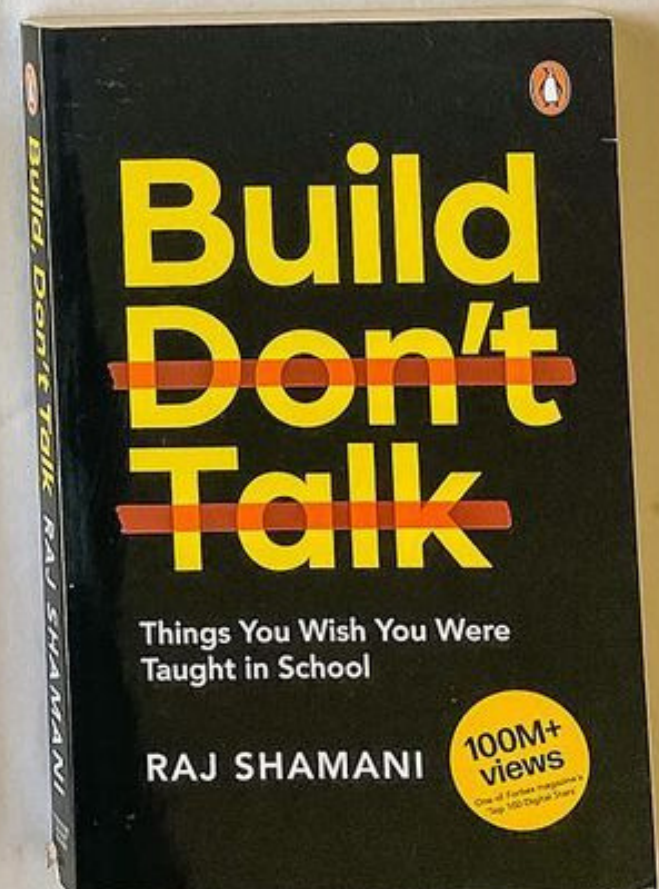
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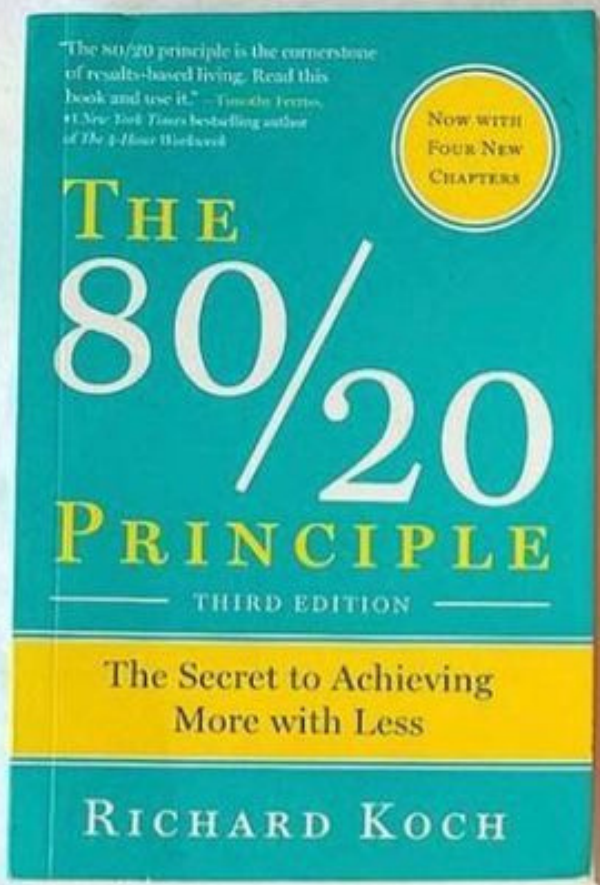
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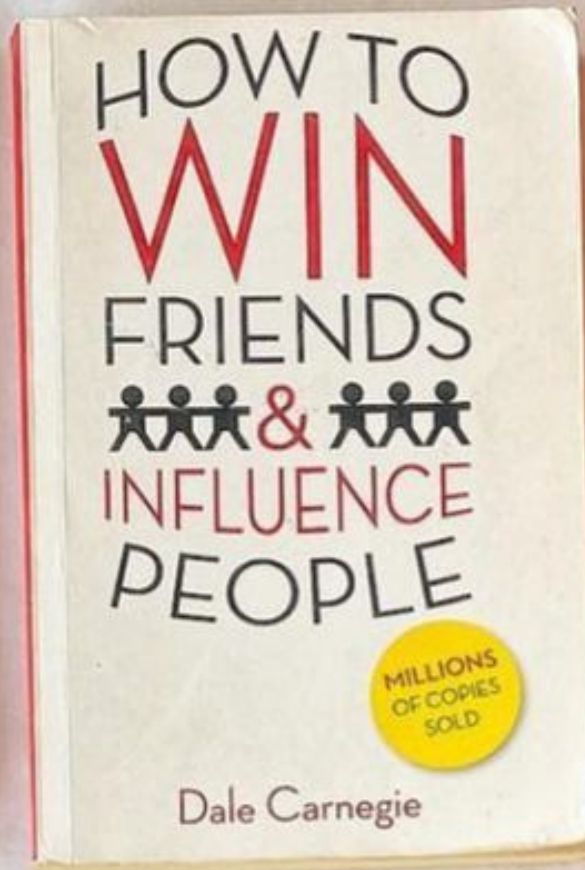
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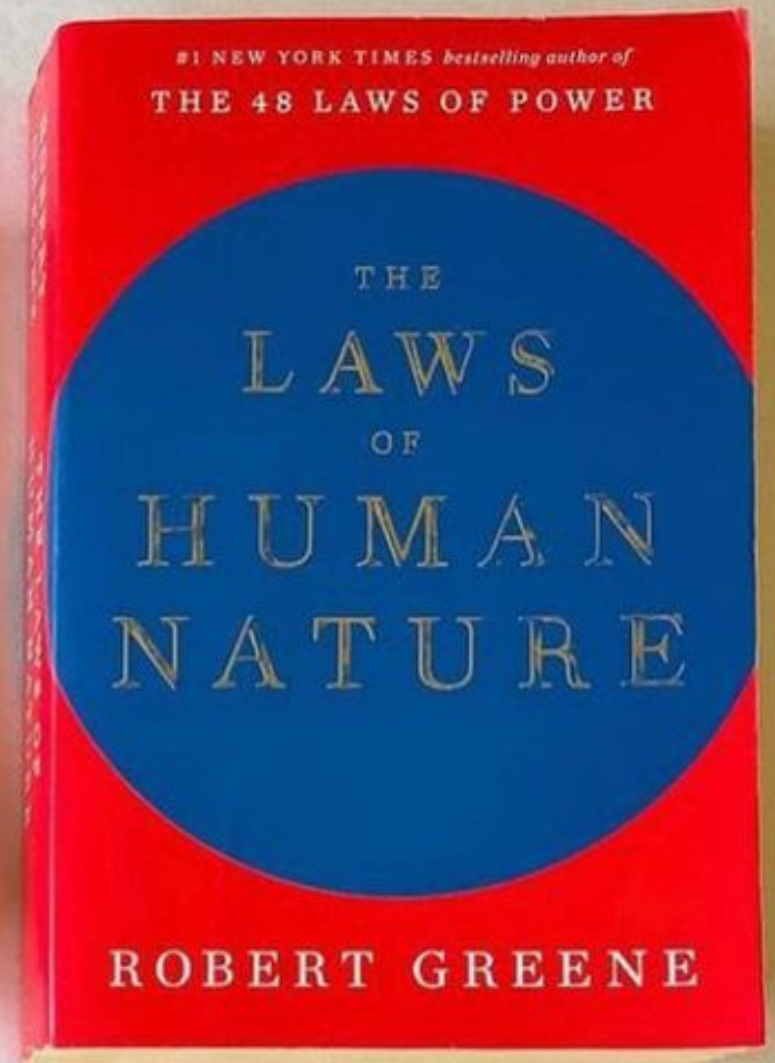
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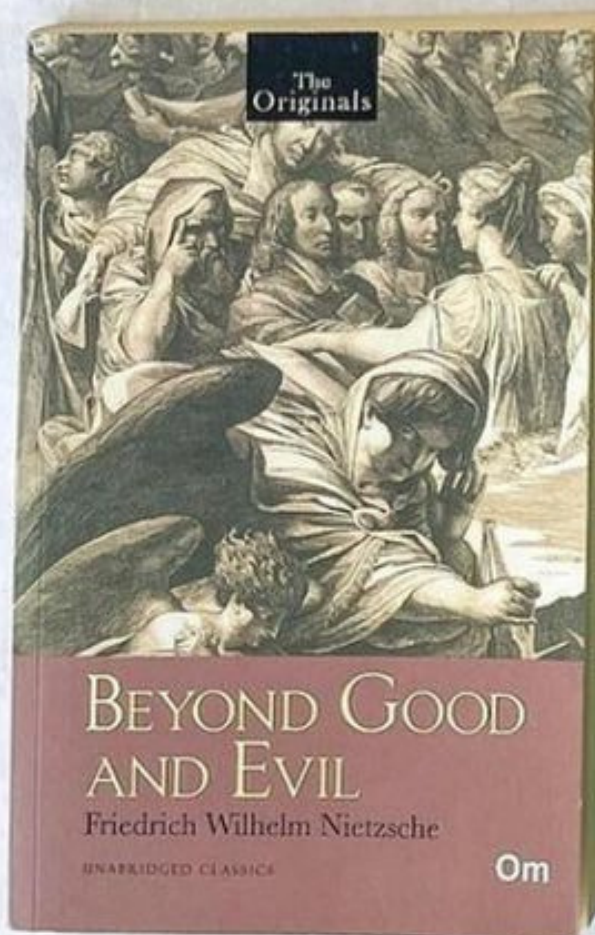
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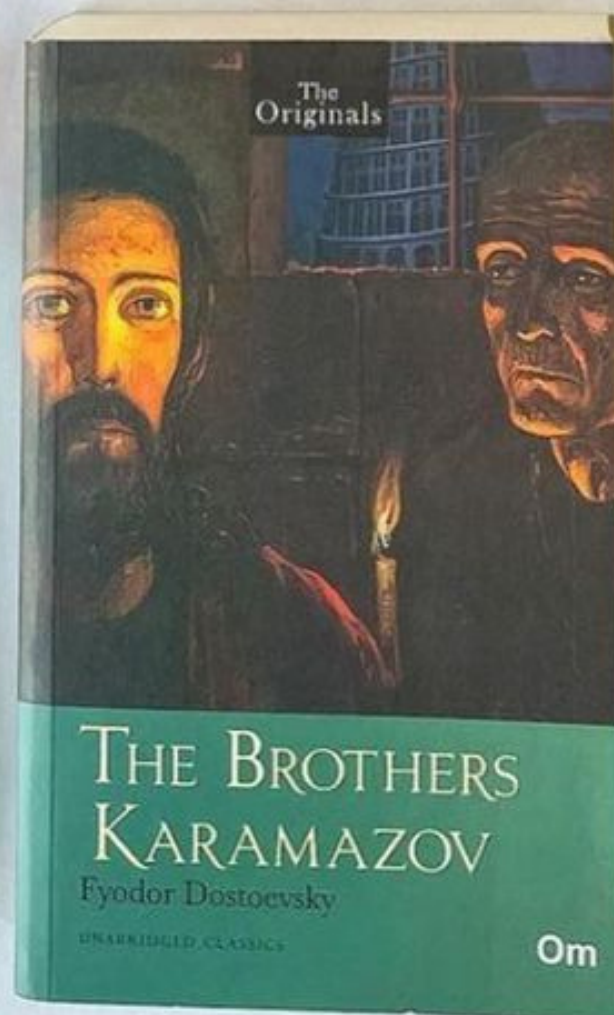
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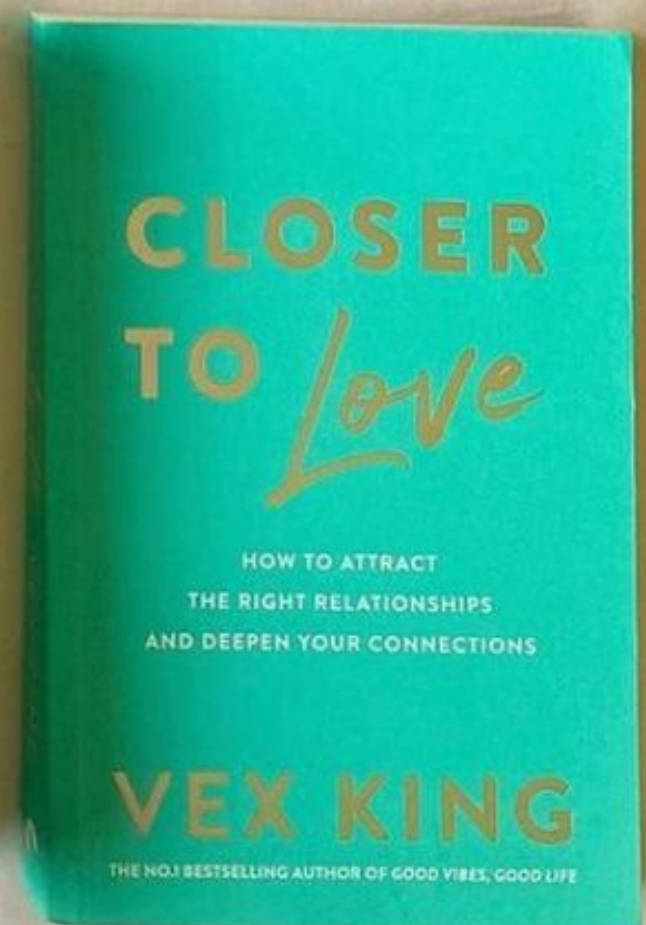
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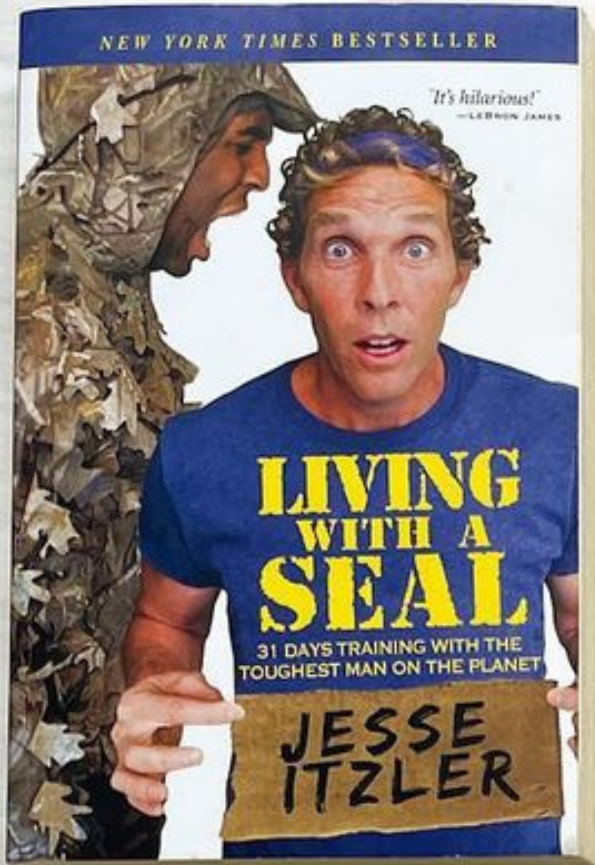
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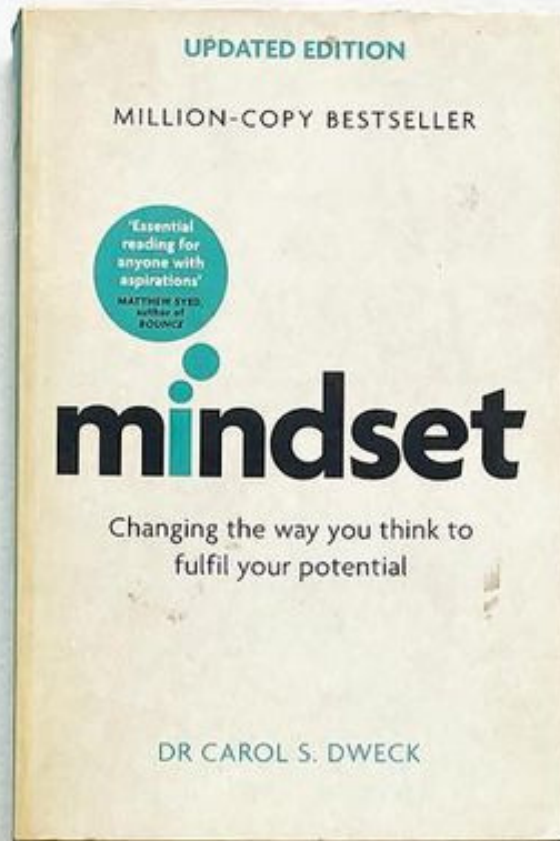
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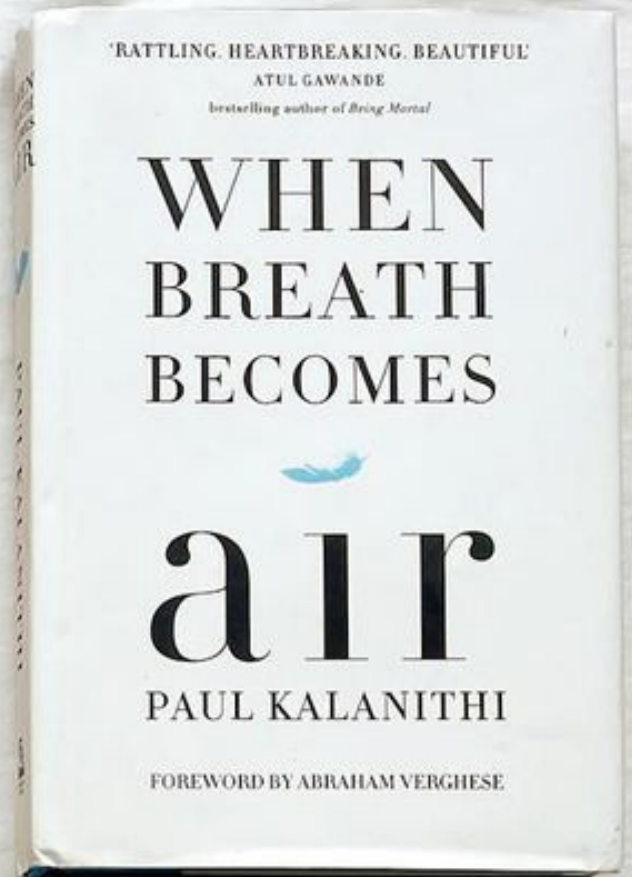
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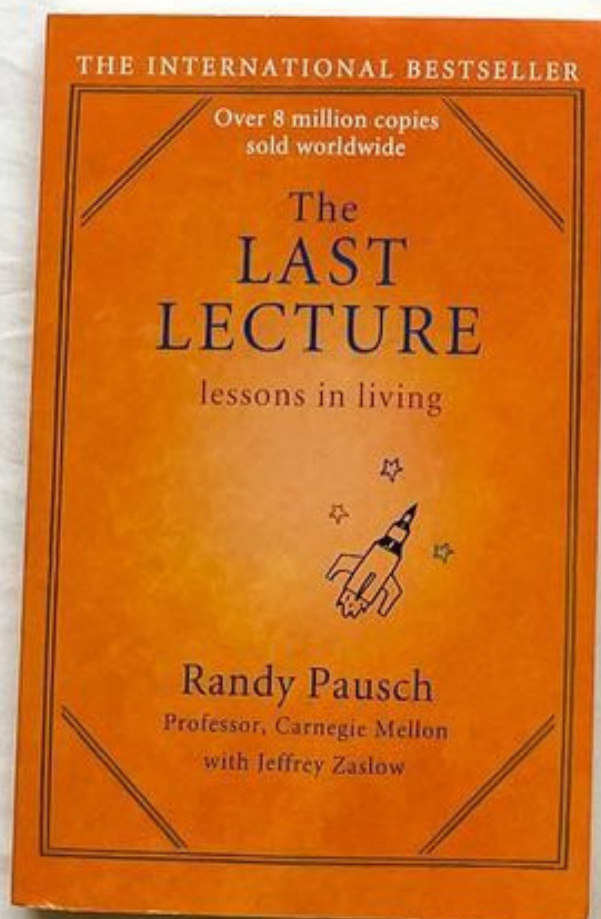
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