



ASIFIM Service Catalog

Who We Are

ASIFIM is a company with over three decades of experience, dedicated to transforming lives through four main areas:

- Martial Arts
- Natural Therapies
- Artistic Disciplines
- Business Coaching

Founded in 1989 by Master Carlos Quezada Müller, 10th Dan Black Belt in the SANDA-QIGONG style, ASIFIM is a pioneer in integrating martial arts, holistic therapies, and personal development.

The ASIFIM Method

The ASIFIM Method combines body, mind, emotional, energetic, and spiritual self-exploration, using the disciplines we teach as a core tool. This approach allows practitioners to:

- Adapt and personalize the disciplines according to their own needs and goals.
- Develop a “personal discipline” based on innovation and adaptability.

Inspired by Eastern philosophies and modern techniques, the ASIFIM Method promotes self-discovery and holistic balance, helping participants unlock their full potential.

Our Masters

Master Carlos Quezada Müller

- 10th Dan Black Belt
- Chi Kung pioneer in Chile
- Founder of ASIFIM Chile
- Over 50 years of experience in holistic and martial disciplines

Activities offered:

- Group classes in ASIFIM Therapeutic Martial Art
- Traditional Martial Arts classes
- Personalized Martial Coaching
- Taoist Therapies
- Incoherent Art Workshop (painting and performance art)
- ASIFIM Instructor Course
- Canine Therapy Course

Master David Quezada Molina

- 4th Dan Black Belt
- Psychic, medium, and oracle
- Technical Degree in Business Administration
- Over 25 years of experience in holism, esotericism, and paranormal phenomena

Activities offered:

- Tarot and Aura Reading
- Esoteric Energy Therapies

- Tai Chi and Chi Kung Classes
 - Meditation Classes
 - Esoteric Magic and Psychic Skills Workshop
 - Integral Business Consulting
 - NLP Programs and Personalized Affirmations
 - Oriental Massage Workshop
 - Esoteric Oriental Sexuality Workshop
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Disciplines and Activities

Traditional Martial Arts and Combat Sports

Sanda (China)

Known as “Chinese boxing,” Sanda is a modern martial art developed from traditional Kung Fu techniques. It focuses on practical application, combining strikes, kicks, throws, and self-defense.

Benefits: Improves coordination, strength, and reaction time, while boosting self-confidence.

Kung Fu (China)

With centuries of history, Kung Fu includes various styles inspired by nature, such as the Tiger or Crane. Its practice combines technique, philosophy, and discipline.

Benefits: Strengthens body and mind, enhancing flexibility, balance, and focus.

Muay Thai (Thailand)

The “art of eight limbs” uses fists, elbows, knees, and legs. It is known for its effectiveness in sport and self-defense.

Benefits: Increases stamina, strength, and mental discipline.

Kickboxing (Japan)

A blend of Western boxing and martial arts, ideal for physical conditioning and combat skill development.

Benefits: Improves cardiovascular health, coordination, and explosive power.

ASIFIM Therapeutic Martial Art

Our unique ASIFIM Method allows each practitioner to develop a personalized technique adapted to their physical traits and needs. It promotes both physical and emotional well-being.

Beyond combat and martial skill development, the focus is on holistic wellness through a compilation of martial arts developed by us.

Holistic Disciplines

Qigong (China)

An ancient practice combining gentle movements, breathing, and meditation to balance vital energy.

Benefits: Relieves stress, improves general health, and enhances mind-body connection.

Tai Chi (China)

Known as “meditation in motion,” Tai Chi features flowing sequences that promote relaxation and internal balance.

Benefits: Increases flexibility, strengthens joints, and reduces anxiety.

Meditation (Global)

A universal mental focus practice to reach calmness and clarity.

Benefits: Improves emotional health, reduces stress, and fosters mindfulness.

Esoteric Magic

Study of psychic and energetic abilities for personal and spiritual transformation.

Benefits: Boosts intuition, develops psychic skills, and promotes self-awareness.

Holistic Therapies

Oriental Massage Therapy

Includes techniques such as Tuina, Shiatsu, and Qigong massage to release tension.

Benefits: Improves circulation, relieves muscle pain, and balances body energy.

Taoist Therapies

Ancient methods to harmonize body and mind through energy practices.

Benefits: Restores emotional and physical balance.

Aura and Tarot Reading

Tools for self-knowledge and spiritual guidance.

Benefits: Provide clarity in uncertain times and strengthen intuition.

Business Coaching & Personal Development

Integral Business Consulting (IBC)

Programs for entrepreneurs, covering areas such as:

- Administration, finance, marketing, and sales
- Digital strategies and sustainability
- Leadership, creativity, and applied Eastern philosophy

Benefits: Develops strategic skills and promotes business success.

Artistic Disciplines

Super Art Project

A fusion of performing arts, live music, and martial arts demonstrations, based on “Incoherent Art” created by our Founder and “Multidimensional Art” created by our Director.

Includes:

- Dance inspired by Tai Chi and Kung Fu
 - Theater
 - Painting
 - Instrument workshops and musical composition
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Special Programs

ASIFIM Canine Therapy and Instruction

A system based on ASIFIM Method principles to educate and heal through the human-canine bond.

Participation Options

All our activities are available in various formats to suit the needs and goals of our participants:

- **Workshops:** Ideal for introductory or short-term experiences in specific disciplines.
 - **Training Courses:** Designed for those seeking in-depth knowledge and certified skills.
 - **Therapies & Personalized Coaching:** Individual or group sessions tailored to specific needs.
 - **Jornadas (Intensive Days):** One-day or multi-day intensive activities, ideal for business groups, communities, or special events.
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Prices and Schedules

All prices and schedules are arranged according to the service type and the availability of the participants.

Contact

Carlos Quezada Müller: +56 9 7810 5685

David Quezada Molina: +56 9 3249 1679

General Email: asifimchile@gmail.com

Instagram: [@asifim.international](https://www.instagram.com/asifim.international)