### MENU



# HIGH PROTEIN MEAL BOX

Smoked Herb Grilled Chicken

> Peri Peri Chicken

Barbeque Chicken

Teriyaki Chicken

Greek Yogurt Chicken

Hot & Zesty Chicken

ADD ONS

Brown Rice Chicken Breast Veggies Whey Protein

## PROTEIN SALADS

Chicken Caesar Salad

Royal Chicken Salad

Hercules Power Salad

Protein Overdose Salad

Crunchy Chicken Salad

> Italian Flag Salad

# PROTEIN SMOOTHIES

Choco Banana

Minty Boost

Peanut Power

Lean Machine

Almond Oatmeal

Strawberry Blast

#### **Products available at Protein Bar outlets:**



Protein Bars



Juices



Protein Cookies

