

Privacy Policy

I. General

We take the protection of your personal data very seriously and treat it confidentially and in accordance with the statutory data protection regulations as well as this privacy policy. This privacy policy applies to the web application called “Gesund App” (<https://gesund.amaharjan.online>) (hereinafter "APP"). It explains the nature, purpose, and scope of data collection in the context of APP use. We point out that data transmission on the Internet can have security gaps. Complete protection of data against access by third parties is not possible.

Function of the app

The APP was developed as part of a master thesis project titled "Introducing Gamification to overcome employee's health-related risks in work from home (WfH) settings" at the University of Koblenz-Landau. It offers the following functionalities:

- Create, Read, Update, and Delete operations on various “apps” within the APP.
- A dashboard page view with individual performance and statistics.
- A history page view on the user's history.
- An "export my data" functionality to export one's data.
- Presentation of the ranking list amongst users (users are anonymized in the list).
- Presentation of one's Experience Points (XPs).

The data is stored on a server hosted in USA. The APP operates on MySQL database within the same APP server. The data connection between the device and the server is secured using state-of-the-art SSL encryption.

Responsible party

The responsible party for data processing within the scope of this APP is:

Ashish Singh Maharjan

University Strasse 1, 56070 Koblenz

E-mail: info@gesund.amaharjan.online

"Responsible entity" is the entity that collects, processes or uses personal data (e.g., names, e-mail addresses, etc.).

Personal Data

Personal data is information that can be used to discover your identity. Information that is not associated with your identity (such as number of users of the APP or anonymized behavioral data of users in the APP) is not included.

The personal information we collect may include the following:

- Full name
- Email address
- Job title
- Date of Birth
- Height
- Username
- Password

Sensitive Information

We process the following categories of sensitive information:

- Health data, only in the form of weight (kg), i.e., for calculation of user's Body mass index (BMI).

All personal information that you provide to us must be true, complete, and accurate, and you must notify us of any changes to such personal information.

The processing of this personal data is necessary to ensure the functionality of the APP. The legal basis for this data processing is our legitimate interest within the meaning of Art. 6 (1) lit. f DSGVO, your consent within the meaning of Art. 6 (1) lit. a DSGVO and/or - if a contract has been concluded - the fulfillment of our contractual obligations (Art. 6 (1) lit. b DSGVO).

General storage period of personal data

Unless otherwise stated or specified within this privacy policy, the personal data collected by this APP will be stored until you request us to delete it, revoke your consent to store it, or the purpose for storing the data no longer applies. If there is a legal obligation to store the data or another legally recognized reason for storing the data (e.g., legitimate interest), the relevant personal data will not be deleted until the respective reason for storing the data no longer applies.

Legal basis for the storage of personal data

The processing of personal data is only permitted if there is an effective legal basis for processing this data. If we process your data, this is regularly done on the basis of your consent in accordance with Art. 6 Para. 1 lit. a DSGVO (e.g., when you voluntarily provide your data in the registration mask or as part of the contact form). The relevant legal basis in each case will be specified separately in the context of this privacy policy, if applicable.

Encryption

This APP uses encryption for security reasons and to protect the transmission of confidential content, such as requests that you send to us as the APP operator or communication between APP users. This encryption prevents the data you transmit from being read by unauthorized third parties.

Changes to this privacy policy

We reserve the right to change this privacy policy at any time in compliance with legal requirements.

II. Your rights

The GDPR grants certain rights to data subjects whose personal data is processed by us, which we would like to inform you about at this point:

Revocation of your consent to data processing

Many data processing operations are only possible with your consent. We will explicitly obtain this from you before starting data processing. You can revoke this consent at any time. For this purpose, an informal communication by e-mail to us is sufficient. The legality of the data processing operations carried out until the revocation remains unaffected by the revocation.

Right of complaint to a supervisory authority

In the event of violations of the GDPR, data subjects have a right of appeal to a supervisory authority. The right of appeal is without prejudice to other administrative or judicial remedies.

Information, deletion and correction

You have the right at any time to free information about your stored personal data, their origin and recipient and the purpose of data processing, as well as a right to correction or deletion of this data. For this purpose, as well as for further questions on the subject of personal data, you can contact us at any time at the address given in the imprint.

Right to restriction of processing

You have the right to request the restriction of the processing of your personal data. To do this, you can contact us at any time at the address given in the imprint. The right to restriction of processing exists in the following cases:

- If you dispute the accuracy of your personal data stored by us, we usually need time to verify this. For the duration of the review, you have the right to request the restriction of the processing of your personal data.
- If the processing of your personal data has happened / is happening unlawfully, you can request the restriction of data processing instead of deletion.
- If we no longer need your personal data, but you need it to exercise, defend or assert legal claims, you have the right to request the restriction of the processing of your personal data instead of erasure.
- If you have lodged an objection pursuant to Art. 21 (1) DSGVO, a balancing of your and our interests must be carried out. As long as it has not yet been determined whose interests prevail, you have the right to request the restriction of the processing of your personal data.
- If you have restricted the processing of your personal data, this data may - apart from being stored - only be processed with your consent or for the assertion, exercise or defense of legal claims or for the protection of the rights of another natural or legal person or for reasons of an important public interest of the European Union or a Member State.

Right to data portability

You have the right to have data that we process automatically on the basis of your consent or in performance of a contract handed over to you or to a third party in a common, machine-readable format. If you request the direct transfer of the data to another responsible party, this will only be done insofar as it is technically feasible.

III. Access rights of the APP

In order to provide our services via the APP, we require the access rights listed below:

- Cookies and Cache Storage to access or store information.

Cache Storage is used for only caching static resources of the APP.

Access to the device functions is necessary to ensure the functionality of the APP. The legal basis for this data processing is our legitimate interest within the meaning of Art. 6 (1) lit. f DSGVO, your consent within the meaning of Art. 6 (1) lit. a DSGVO and/or - if a contract has been concluded - the fulfillment of our contractual obligations (Art. 6 (1) lit. b DSGVO).

IV. Data analysis

When you access our APP, certain analysis tools may statistically analyze your behavior anonymously. This is done as part of the evaluation of the use of the APP for users' behavior during the pilot test. No external service providers are commissioned for the analysis.

V. Hosting

Namecheap

We host our APP on Namecheap. The provider is Namecheap 4600 East Washington Street, Suite 305, Phoenix, AZ 85034, USA.

For more information, please see Namecheap's privacy policy:

<https://www.namecheap.com/legal/hosting/privacy-policy/>

The use of Namecheap is based on Art. 6 (1) lit. f DSGVO. We have a legitimate interest in the most reliable presentation of our APP.

VI. Plugins and tools

Bootstrap v5.2

Bootstrap is a free and open-source CSS framework. The APP uses Bootstrap v5.2 for the responsiveness of the site. Bootstrap v5.2 is installed on the APP server, and connection to the external server does not occur.

jQuery v3.6.0

jQuery is a JavaScript library that makes things like HTML document traversal and manipulation, event handling, animation, and Ajax much simpler with an easy-to-use API that works across many browsers. The App uses jQuery v.3.6.0, installed on the APP server, and connection to the external server does not occur.

jQuery UI v1.13.2

jQuery UI is consists set of user interface interactions, effects, and widgets which is built on top of the jQuery JavaScript library. The APP uses jQuery UI v1.13.2 for interactive web design. It is installed on the APP server, and connection to external server does not take place.

Font Awesome v6.1.1

The APP uses Font Awesome for the uniform display of fonts. Font Awesome v.6.1.1 is installed on the APP server, and connection to external servers does not take place.

Status: August 2022