

Alexis Stanley

Details

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Skills

- Advanced breastfeeding knowledge
- Lactation nutrition
- Prenatal and postpartum care
- Excellent communication skills

Profile

Passionate and experienced lactation consultant with five years of experience helping women succeed in their breastfeeding journeys. Dedicated to promoting awareness of the importance of breastfeeding and committed to providing clients with the necessary education and resources to reach their breastfeeding goals. Adept at coordinating lactation services in maternity settings and serving as a consultant to medical professionals and patients.

Employment History

Lactation Consultant, Radcliffe Medical Center, Radcliffe (May 2015 - April 2022)

May 2015 - April 2022

- Worked with pregnant women and new mothers to educate them on breastfeeding and mother-infant nutrition.
- Performed daily lactation visits to provide instruction and support to new mothers.

- Served as an important resource for medical staff in the maternity ward.
- Developed individualized breastfeeding plans for patients.
- Assisted mothers dealing with lactation-related problems due to cesarean deliveries, NICU assignments, mastitis, and breast engorgement.
- Held breastfeeding workshops at the medical center.
- Provided new mothers and families with resources and follow-up support regarding progress.
- Created and distributed quarterly breastfeeding newsletters containing pertinent information and lists of resources for mothers and families.
- Played a critical role in the development and implementation of the hospital's breastfeeding program, which received national recognition for its excellence.

Lactation Consultant, Auburn Midwives Center, Auburn (June 2010 - April 2015)

June 2010 - April 2015

- Served as a consultant and mentor to expectant and new mothers choosing to breastfeed their infants.
- Provided patients with knowledge regarding the benefits of breastfeeding and fundamental aspects as well.
- Worked one-on-one with patients who needed to address breastfeeding concerns.
- Made home visits to new mothers experiencing feeding difficulties and offered ideas, techniques, solutions, and remedies.

Education

Master of Science in Nursing, Frontier Nursing University, Hyden

August 2007 - May 2010

Bachelor of Biology, University of Rhode Island, Kingston

August 2003 - May 2007