

# **SUCCESSFUL MENTORING**

**ASEAN Summer School for Emerging Library Leaders** 





- O1 Introduction to Mentoring
- Establish strong foundation for effective mentorship
- O3 How does mentoring work
- 04 Questions & Answers



# WHAT IS MENTORING

Some Definitions of Mentoring Mentoring vs Coaching





"One of the greatest values of mentors is the ability to see ahead what others cannot see and to help them navigate a course to their destination."

John C. Maxwell

John C. Maxwell (2015). "The Leadership Handbook: 26 Critical Lessons Every Leader Needs", p.212, Thomas Nelson Inc



## **Definition of Mentoring**

A mentor is a **more experienced** individual willing to **share knowledge** with someone less experienced in a **relationship of mutual trust**. <sup>1</sup>

Mentoring is a **learning relationship**, generally focused on **long term** career development. The primary purpose is to drive **personal growth**; **building skills**, **knowledge** and **understanding**. <sup>2</sup>

Mentors may use coaching skills in their conversations, but usually the mentor **role is wider than that of a coach** and may include opening doors, making connections and sharing experiences. <sup>3</sup>

<sup>1 |</sup> Source: Clutterbuck, D. (2019, October 4). "What Is the Difference between Coaching and Mentoring?" Clutterbuck Coaching and Mentoring International, https://clutterbuck-cmi.com/briefings/what-is-the-difference-between-coaching-and-mentoring/. Accessed 20 June 2024.
2 & 3 | Source: "Definition of Mentoring?" ART OF MENTORING, 8 Nov. 2015, https://artofmentoring.net/what-is-mentoring/.



# MENTORING vs COACHING

### **Mentors**

Usually someone more senior who knows the organisation/role or profession; or someone who has experience or expertise

Concentrate on the **individual's development needs and goals** based on their **professional or career aspirations** 

Can form **formal or informal** mentoring relationship with mentee(s), based on desired development goals and outcomes

Use their organisational or professional knowledge, experience and skills to **guide and advise the individual.** 

May use their influence, resources and network to support individual's development and career opportunities, e.g. jobshadowing, etc.

**Convey and instil the values, goals and standards** of the organisation or profession.



# MENTORING vs COACHING

# Coaches

Do not necessarily need to have specific experience, expertise or technical skills in the same field as the coachee.

Concentrate on identified issues with clear goals to develop specific skills and behaviors

Typically adopt **structured** and **time-bound** coaching approach with **clear outcomes** 

Ask **open questions** to encourage individuals to **set their own goals** and generate their **own solutions**.

Encourage the individual to **set and plan their own career goals** and **development opportunities** 

Ask open questions to help explore and clarify the individual's own values, goals and standards



## **Benefits of Mentoring**

# **Benefits to the Mentee**

- Accelerates professional development and growth
- Broadens perspective and thinking
- Gains practical knowledge and experience through learning from mentor(s)
- Enhances self-esteem and confidence
- Expands own professional network
- Increases job satisfaction and effectiveness

# **Benefits to the Mentor**

- Drives self-awareness and personal development
- Expands the mentor's professional network
- Enhanced visibility and profile within own professional area
- Re-energises and improves leadership skills
- Refreshes own perspectives and current ways of thinking
- Increased job satisfaction, sense of value and positive impact



# ESTABLISH STRONG FOUNDATION FOR SUCCESSFUL MENTORSHIP

Mentoring Pitfalls

Key Tenets of Successful Mentorships



# MENTORING PITFALLS DISCUSSION

Lack of clear goals Misaligned expectations Mismatch in mentor-mentee pairing Poor communication Over-dependence of mentee on mentor Lack of commitment or follow-through Not providing feedback, esp constructive feedback Not respecting boundaries Inadequate preparation for mentoring sessions



# **Key Tenets of Successful Mentorship**

### **Ownership**

While the Mentee is responsible for initiating and driving the mentoring relationship, the Mentor/ Mentee must remain engaged for it to be successful. If the relationship does not appear to be working, either party can discuss and agree on a way forward.

#### **Mindset**

Having an open mind and willingness to listen and take feedback on board is key to the mentoring relationship. Mentoring should be non-judgmental and mutually respectful. Prepare sufficiently, be punctual and honour your commitments.

## **Confidentiality**

The Mentor-mentee relationship is confidential and what is discussed stays within the relationship unless it is in breach of ethical boundaries. It is recommended that mentoring stays outside the reporting or management chain.

## Outcomes/ Accountability

To maximize the value of mentoring, it is important that clear objectives and expectations are set and agreed upfront. Review the relationship regularly against the objectives and revise accordingly can help to ensure mentoring outcomes are achieved.



# Effective Practices and Behaviours of Mentees Receptiveness to learning, developing a Faming Ownership

relationship with a mentor

- □ Openness to new discoveries and possibilities that result in a higher level of potential for self
- ☐ Willingness to discuss ideas, goals and aspirations, and to welcome constructive challenge of views or beliefs
- □ Listen actively and contribute ideas, insights or feedback to others in the mentoring circle.
- □ Commitment to bringing positive energy and 'cando' spirit to the relationship

■Accept that you as mentee drive the relationship, e.g. planning meetings, setting the focus or goal for the discussions, and taking action

- □ Recognise the boundaries of your relationship and not expect your mentor to be the manager, 'patron', trainer or to provide answers
- ☐ Guard against becoming dependent on the mentor
- ☐ Step up to facilitate or contribute to the learning of colleagues in your learning circle.

Outcomes
Understand what you want

- to achieve from each meeting and the overall relationship
- ☐ Willingness to set goals and develop an action plan in collaboration with the mentor
- ☐ Be respectful of time and schedule of mentor
- □ Approach each meeting fully prepared, e.g. agree to regular meetings, do the pre-work, and review of progress
- □ Apply learning and follow up on action items identified during development conversations

#### **Confidentiality**

- □ Take responsibility for trust-building behaviours
- ☐ Recognise that all discussions are confidential (even after closing the mentoring relationship)
- □ Strict confidentiality to be maintained unless safety or ethics are at risk; or otherwise agreed by all involved in the mentoring conversations.



# Types of Mentoring Relationships



## **Formal Mentoring Programmes**

Formal mentoring programmes provide structured guidance and pairing of mentors and mentees. SMU does this for our management and leadership development programmes



## **Peer Mentoring/ Upward Mentoring**

Peer mentoring involves individuals at similar levels supporting each other, fostering collaboration and shared learning experiences.

Upward mentoring involves more senior level colleagues learning from junior level colleagues to build knowledge and

# Organic, Informal Relationships

Informal mentoring relationships develop organically and can provide personalized support and guidance outside of structured programmes. One-to-one mentoring relationship self-organised through the SMU Mentoring Platform [Chronus]



# **Some Roles Mentors Play**

Key Roles	Effective Behaviors	
Advisor	<ul> <li>Acts as a sounding board and facilitator</li> <li>Guides mentee in developing career and development plans</li> <li>Models professional and organizational values and ethics</li> </ul>	
Developer	<ul> <li>□ Gives structure and direction to guide learning of mentee</li> <li>□ Provides guidance based on observations during interactions with mentee</li> <li>□ Identifies skill or competency gaps through a "third party" lens</li> <li>□ Initiates and facilitates development opportunities for mentees</li> </ul>	
Confidenc e-builder	<ul> <li>Empowers mentee to handle his/her problems independently</li> <li>Supports and provides is a safe environment to make change and take risks</li> <li>Maintains privacy/confidentiality</li> </ul>	
Challenge r	<ul> <li>Positively pushes toward highest standards</li> <li>Questions current practices, thinking, attitudes and assumptions</li> <li>Helps mentee break out of comfort zones and to explore potential career opportunities</li> </ul>	
Affirmer	<ul> <li>□ Gives needed support, enhances self-esteem</li> <li>□ Exhibits empathy and understanding</li> <li>□ Helps mentee recognise, and celebrate effective practices</li> </ul>	
Sponsor	<ul><li>□ Provides visibility and recognition of mentee</li><li>□ Helps mentee open doors and establish network</li></ul>	



## HOW DOES MENTORING WORK

Mentoring Framework for ASEAN Summer School

4-Stage Mentoring Process

Typical Pattern of mentor-mentee meetings

Starting and sustaining the mentorship



# **4-Stage Mentoring Process**

#### 4. REVIEW AND CONCLUSION

Review actual outcomes and learning Goal completion and celebration Share learning and ideas for sustaining progress Renegotiating a new focus (if continuing)
Review and feedback on mentoring

#### 2. GOAL

#### NAVIGATION &

Es**DEVELOPMENT**t position and assumptions

Clarify goals and desired outcomes.

Develop perspectives and strategies

Discuss and agree actions

## 3. PROGRESS AND

RECINEMENTARY the goal

Review and reflect on actions taken and feedback

Refine and recalibrate goals and strategies Deal with issues and obstacles Support, relationship and trust building

1. RELATIONSHIP FOUNDATION

03

[DDSCOVERY] table mentor/ mentee Establish rapport and build trust Agree ground rules, boundaries and set expectations

#### Mndset | Ownership | Confidentiality | Outcomes

01

02



# **Mentoring Framework for ASEAN Summer School**

#### JULY



#### ISSUE IDENTIFIED

Mentee identifies issue to work on





# MENTOR-MENTEE INTRODUCTION

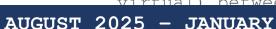
Mentee contacts mentor to set up initial meeting

#### **AUGUST**



# INTRODUCTORY MEETING [DISCOVERY]

Introductory meeting (F2F or virtual) between mentor and mentee





# **6**

# GOAL NAVIGATION & DEVELOPMENT

Mentor and mentee agree goal, focus and timeframes for mentoring



#### PROGRESS & REFINEMENT

Mentee undertakes development actions to make progress on goals; regular meetings between mentor and mentee [recommended at least once a month]



# MID-POINT CHECK-IN [NOV 2025]

Programme team will conduct a check-in on progress of mentoring programme and address any issues; mentor and mentee conducts a mid-cycle



# P 2

# PROGRAMME REVEW/ EVLUATION [JAN 2026\*]

Mentor and mentee completes mentoring programme by completing a review

\*Programme review date will depend on mutually agreed mentoring duration



# **Setting Clear Goals and Expectations**

#### Importance of Clear Goals

Establishing clear goals is essential for effective mentorship, as it sets a direction for the relationship.

#### Alignment in Relationships

Clear expectations ensure that both mentors and mentees are aligned and understand their roles in the relationship.

#### **Sustaining Commitment & Tracking Progress**

Regularly revisiting goals helps in tracking progress and making necessary adjustments to stay on course.

#### Timelines for Progress

Setting clear timelines helps track progress and ensures that the mentorship stays on course and meets its objectives.





## **Introductory Meeting [Discovery] – 3 Areas to Cover**

#### BUILD RAPPORT

Spend some time getting to know one other to build a rapport. Some areas to discuss include

- Career history, professional experience, career highlights/lowlights
- Your motivational drivers or what you enjoy about being a mentor
- Explore personal hobbies or likes to explore what both of you may have in common

# PURPOSE & EXPECTATIONS OF MENTORING/ MENTORSHIP

What you hope to gain from the mentoring process and mentorship Discuss mentoring styles or approaches that will support the development goals of this partnership

Discuss where you may be of help or support

Share what both parties (mentor and mentee) can bring to the learning partnership Discuss about confidentiality, including what is and isn't acceptable to share with others.

Understand what success looks like for both parties

# MENTORSHIP PRACTICALITI ES

This is where you establish the foundation and ground rules of successful mentorship. Do be clear about the following:

- Mentoring goals or focus for this partnership
- Agreement on length or duration of mentorship
- Communication and meeting logistics, incl frequency of meetings
- Mutual expectations (refer to Mentoring Tenets) and ground rules (e.g. openness of mentor to being contacted out of scheduled meetings, confidentiality, etc.)
- Managing issues and risks in mentorship, e.g. what to do when one party is unable to continue the partnership



# **Introductory Meeting [Discovery] - Guide**

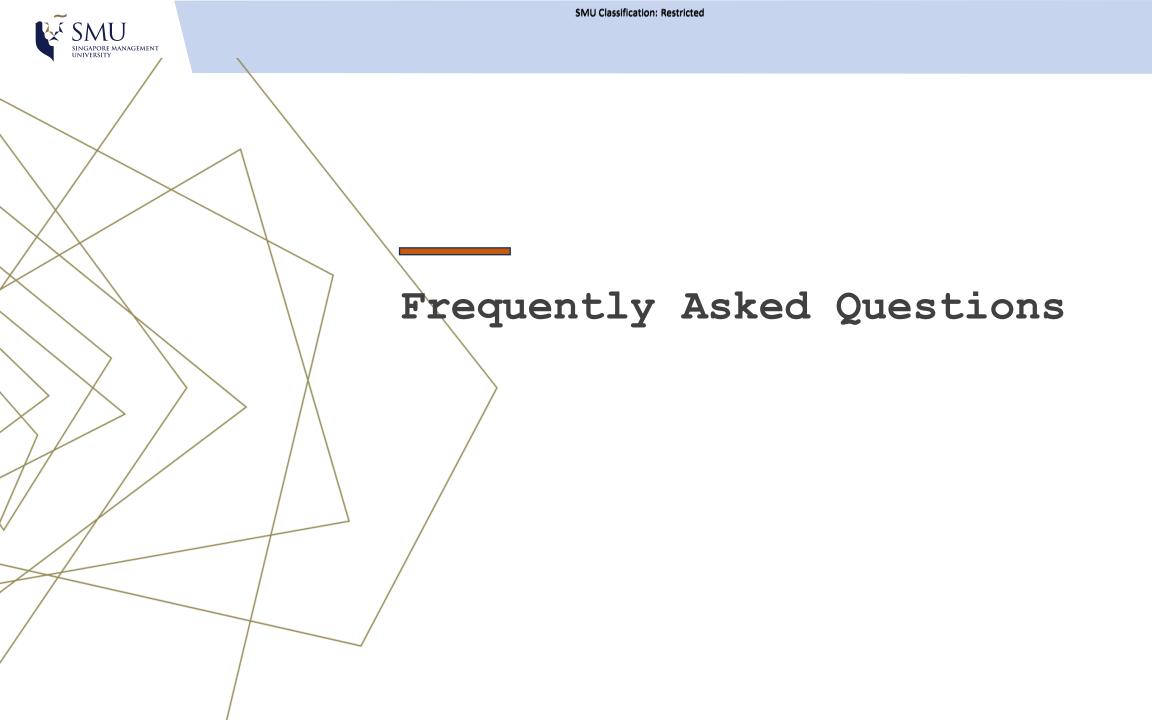
mentoring relationship

Here are some questions to help you prepare for the introductors

Here are some questions to help you prepare for the introductory  -meeting		
Mentors share	Mentees share	
• Your role in the organization	• Your role in the organization	
• Your career experiences and highlights	<ul><li>Your career experiences and highlights</li><li>The best part of your job</li></ul>	
• The best part of your job	• Your learning and communication preferences	
• Your experience of having a mentor (or even being a mentee)	• Questions you may have about the mentor and mentoring programme	
• What motivates/drives you or what do you typically do when things don't go your way	• What would you like to get from the mentoring relationship	
• What are some common problems/ challenges in the job; and how have	• Your learning and career development goals; incl long-term aspirations	
you dealt with them	• How would you like to go about achieving your learning or career goals	
<ul> <li>What you can contribute as a mentor</li> <li>What expectations or ground rules do you have for this partnership</li> </ul>	How you would contribute to the learning experience of the mentor	
• What you would like to get from the	• What success would look like for you	

• What would be the most valuable support a

Mentor can provide





# **Organizing Regular Check-Ins and Meetings**



#### Importance of Regular Check-Ins

Regular check-ins are crucial for maintaining momentum in mentorship, allowing for ongoing engagement and support.

#### Opportunities for Updates & Feedback

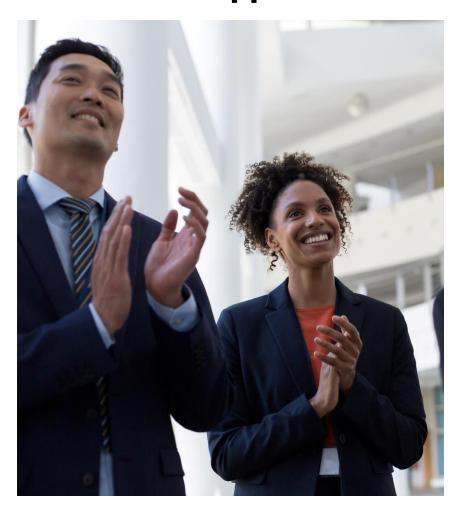
These meetings provide valuable opportunities to share progress updates and feedback, ensuring alignment on goals.

#### Adjusting Goals as Necessary

Regular meetings allow for adjustments to goals, ensuring they remain relevant and attainable throughout the mentorship process



# Reflection, Appreciation & Celebration



#### Importance of Regular Review & Reflection

Regular review and reflection are crucial to help mentees recognize their achievements and areas for further growth.

#### **Evaluate Progress on Goals Achievement**

Evaluate whether established goals have been met is key to understanding the success of the mentorship relationship. Adjust or set new goals for continued growth and motivation

#### **Celebrating Achievements**

Celebrating achievements and appreciation for the support of mentor/mentee can enhance enthusiasm and strengthen the mentor-mentee relationship.

#### Sustain Commitment to Continuing the Learning Journey

Continuing the learning journey ensures that individuals remain open to new experiences and knowledge, fostering ongoing development.





Thank you!

Please scan to provide feedback on this session.

