PENETRATION TESTING

HANDS ON

VULNERABLE TARGETS

The OWASP foundation provides a directory of vulnerable targets for training

https://owasp.org/www-project-vulnerable-web-applications-directory/

They are all worthy being considered, but consider that

- Not all are regularly maintained
- Not all are designed for educational purposes
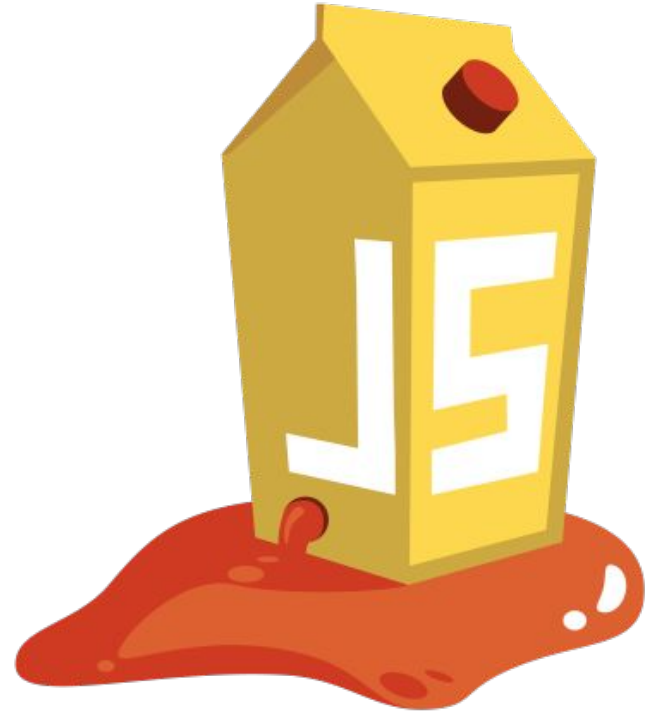
JUICE SHOP

OWASP-developed vulnerable target

Designed and maintained to be a training environment

Not very realistic, but curated and open source

Includes a scoreboard for measuring progress

All in all, DVWA on steroids

INSTALL AND RUN

Instructions https://github.com/juice-shop/juice-shop?tab=readme-ov-file#setup

1. `docker run --rm -p 127.0.0.1:3000:3000 bkimminich/juice-shop`

2. http://localhost:3000