

# PREVENTION OF DRUG ABUSE

3.20.2019

## Subject

SOCIAL STUDIES

## Prepared By

[Instructor Name]

## Grade Level

3

## Overview

This lesson plan covers teaching content for:

1. Health promoting behaviors
2. Life coping skills

## Objectives

By the end of this unit, students should be able to:

1. Research and study factual information about the dangers of cigarette smoking.
2. To provide students with information on how to recognize harmful situations and substances.
3. Improve decision-making skills.
4. Demonstrate refusal and negotiation skills to enhance health
5. Comprehend concepts related to health promotion and disease prevention.

## Activity Starter/Introduction

1. Children need to be educated about tobacco, alcohol, and other drugs in order to make safe decisions.
2. Children who experiment with drugs put their health and safety at risk.
3. Help prevent Children drug abuse by talking to your students about the consequences of using drugs and the importance of making healthy choices.

## Teacher Guide

### Day 1/Lesson 1–10Mins

1. Identify the school and community resources involved in education, prevention, and treatment with respect to alcohol, tobacco, and other drugs.
2. Demonstrate and use both decision-making and assertion skills with respect to media influences and peer pressure related to alcohol, tobacco, and other drugs.
3. Demonstrate personal strategies to deal effectively with the social influences that contribute to the use and abuse of alcohol, tobacco, and other drugs.

## Guided Practice

### Day 2/Lesson 2–20Mins

1. Students will research community resources that deal with alcohol education, prevention and treatment with respect to alcohol. An excellent example that students may not be aware of is the presence of a police officer in their school.
2. Students will create their own scenarios of dealing with alcohol abuse
3. Students will extend the scenarios to include a conflict and a resolution
4. Once students present their scenarios, the class will decide which scenarios/resolutions were the most effective in dealing with various situations.

## Materials Required

- Handouts with statements to be completed
- Writing instruments
- Word cards that say, "NO"
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## Additional Resources

- <https://drugabuse.com/addiction/drug>
- <https://www.treatmentsolutions.com/>
- <http://www.uvm.edu/~glkenned/Webs>
- <https://www.teachervision.com/smoki>
- <https://www.gov.gd/egov/pdf/ncodc/d>

## Additional Notes

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**Day 3/Lesson 3–20Mins**

1. Describe the factors that lead to substance dependence.
2. Describe the physiological and sociological effects of substance use.
3. Demonstrate knowledge of the legal aspects of substance use and abuse (e.g., regarding under-age drinking, impaired driving, the Tobacco Control Act).
4. Analyze the impact of media and culture on decision making.

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**Day 4/Lesson 3–20Mins**

1. Study and discuss the **effects of tobacco use**.
  2. Have the children discuss the **warnings** placed on a packet of cigarettes. Ask students to complete statements about drugs and alcohol.
  3. Tell the students to answer the questions honestly because the teacher will not be collecting them. This will give the students more freedom to explore themselves because no one else will be seeing their answers.
  4. Students should complete statements with personal, value related answers.
  5. Statements to be completed:
    - For me, smoking is...
    - For me, drinking alcohol is...
    - If I saw another student using drugs, I would...
    - If I saw my best friend using drugs, I would...
    - Some people start drinking alcohol because...
    - Drugs are...
    - The best reason for not taking drugs is...
    - One thing I don't believe about drugs is...
    - If I made the laws about drugs, I would...
    - People who take drugs...
    - If I was offered drugs I would...
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**Assessment Activity**

1. What are the dangers of smoking.
2. Describe relationships between personal health behaviors, alcohol, tobacco, and other drug use, and individual well-being.

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**Summary**

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