

THE HUMAN BODY

10.3.2018

Subject

Basic Science

Prepared By

[Instructor Name]

Grade Level

1

Overview

This lesson plan covers teaching content for;

1. Parts of the Human Body
2. Functions of parts of the Human Body.

Teacher Guide

Day 1/Lesson 1- 30 Mins

1. Place the students in groups of two (2 students in a group).
2. Inform the students that they are going to make their own life-size body outline with 20 body parts drawn and labeled.
3. Pass out a large sheet of paper and pencil (approximately 4 ½ ft per child).
4. Ask each student to lie down on the paper while his/her partner traces the outline of his/her body.
5. Ask each student to cut out and label the outline of his/her body.
6. The students must work individually after the tracing is complete.

Day 3/Lesson 3- 15 Mins

1. With the use flashcards with images of the body parts, show the cards to your students.
2. Select flashcards randomly and have them identify each of the flashcards you displayed and explain their functions.

Guided Practice

• Day 2/ Lesson 2 1- 15 mins

1. Display each outline for each child to observe.
2. Ask students to write down about a body part that they have two of, e.g. eyes, legs (Do not tell them)
3. Ask them to write an example of what each body part is used for and to describe some of the things they do to take care of their body.
4. Assess their work and make corrections.

Day 4/Lesson 4- 15 Mins

1. Put some body part flashcards on the board
2. Make two teams in lines at the back of the classroom.
3. Say the name of one body part on the board.
4. One student from each team walks/runs to

Materials Required

- Pencil
- Students' notebooks
- 4 ½ ft large sheet of paper
- Body illustration
- Labeled picture of a human body

Additional Resources

- <https://www.themeasuredmom.com/body-activities-for-kids/>
- <https://www.educatall.com/page/25/Hbody.html>
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Additional Notes

Objectives

- Students will be able to;
1. Name and identify the various body parts of the human body.
 2. Give an example of what each body part is for (the functions of each body part).
 3. Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

Information/Instruction

1. Start the lesson by asking the students what parts of their body they already

know.

2. Show them a labeled picture of a full human body

3. Tell them the following functions:

- Tell them they have five fingers on both hands and both feet.
 - Tell them the heart is one of their vital organs, which means it helps keep them alive.
 - Parts of their arm include their hand, wrist and elbow.
 - Parts of their leg include their foot, ankle, shin and thigh.
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Assessment Activity

1. Have the students list out the human body parts
 2. Review their work to assess their understanding.
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Summary

Teacher Guide

3. Keep the cards away and ask them to mention up to 3 or 4 body parts off hand.
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Assessment Activity

1. Display students' work on the walls of the classroom.
 2. Have the students write in their book the different functions of the body parts described in the class.
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Guided Practice

- the board and touches the picture.
5. The first student to touch the picture of the correct body part wins a point for their team.
 6. For an extra point, ask the winning student to say one or two sentences about the body part, e.g. we use our mouth to eat and talk.
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