## Subject

**SOCIAL STUDIES** 

## **Prepared By**

[Instructor Name]

#### **Grade Level**

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# Overview

This lesson plan covers teaching content for:

- 1. Meaning of Responsible Parenthood.
- 2. Basic concepts of Responsible Parenthood.
- 3. Duties and Qualities of Responsible Parenthood.
- 4. Identifying problems associated with irresponsible parenthood.

#### **Objectives**

By the end of this unit, students should be able to:

- Explain the meaning of Responsible Parenthood.
- List various characteristics of responsible parenthood.
- Identify Values that can be developed to avoid irresponsible parenthood.

# **Activity Starter/Introduction**

- Ask students to explain what they understand by responsible parenthood.
- 2. Leading with this, ask students to list qualities of responsible parenthood.
- 3. Refine Student definition as needed.

#### **Teacher Guide**

## Day 1/Lesson 1-25Mins

- 1. Invite qualified health officer and social welfare officer as a resource person.
- Resource person should talk to students on the problems of irresponsible parenthood and the values that can be developed to avoid it.
- 3. Encourage students to ask as many questions as they like to the resource person.
- 4. Ask pupils to summarize their discussion with the resource person.

## **Activity Starter/Introduction**

 Announce to students that a resource person would be speaking to them on the topic of responsible parenthood.

#### **Guided Practice**

### Day 2/Lesson 2-15Mins

- Start the class by explaining basic concepts in responsible parenthood;
  - Family size
  - Emotional maturity
  - Availability
- 2. Guide the students through duties and qualities of responsible parenthood.
  - Father's role in the family
  - Mother's role in the family
  - Factors to consider when choosing a partner

# **Materials Required**

- Resource person
- Relevant cases
- Fliers and posters of AIDS patients
- Posters of localized areas of STDs/STIs

## **Additional Resources**

- http://www.schoolmattazz.com/2017/Cparenthood/
- https://passnownow.com/civic-education
   responsible-parenthood/

#### **Additional Notes**

	Day 3/Lesson 3–20Mins	Day 4/Lesson 3–10Mins
	<ol> <li>Introduce a relevant case study         <ul> <li>A teenage girl who gets impregnated while still in school</li> <li>A young teenage boy who contracts AIDS from irresponsible sexual activity</li> </ul> </li> <li>Guide students through recognizing behavior that result in irresponsible parenthood.</li> <li>Identify values they can cultivate to avoid irresponsible parenthood.</li> </ol>	<ol> <li>Teacher should do a recap of key concepts of responsible parenthood.</li> <li>Ask students to reflect and share on what they have learnt.</li> </ol>
Assessment Activity  1. Explain what responsible parenthood is.  2. List various characteristics of responsible	Assessment Activity  1. State 3 problems of irresponsible parenthood.  2. List any 3 values that should be developed to avoid becoming irresponsible parents.	