

FIRST AID TREATMENT

3.20.2019

Subject

SOCIAL STUDIES

Prepared By

[Instructor Name]

Grade Level

2

Overview

This lesson plan covers teaching content for:

1. Objects found in a first aid box.
2. Steps involved in first aid treatment

Objectives

By the end of this unit, students should be able to:

1. Define 'first aid'
2. identify different types of injuries
3. Identify various items in a first aid kit.
4. Outline the appropriate first aid measures for several different types of injuries.

Activity Starter/Introduction

1. The first step in any emergency is the recognition of the problem and providing help.
2. It is the provision of immediate care to a victim with an injury or illness, usually effected by a lay person, and performed within a limited skill range.
3. First aid is normally performed until the injury or illness is satisfactorily dealt with (such as in the case of small cuts, minor bruises, and blisters) or until the next level of care, such as a paramedic or doctor, arrives.
4. First aid may help the person to survive till the doctor comes and saves his/her life.

Teacher Guide

Day 1/Lesson 1–10Mins

1. Introduce the topic. You can begin with: First aid is the quickest and correct medical help given soon after an accident ahead of a medical professional's help. It can often save a life and reduce injury.

Guided Practice

Day 2/Lesson 2–20Mins

1. Students will recall 'safety rules'.
2. Students will explain the meaning of 'first aid'.
3. Have them list the 3 P's in first aid?

One set of goals of first aid is called the "Three P's":

- Preserve life – stop the person from dying.
- Prevent further injury – stop the person from being injured even more. If possible, an injured person should not be moved. ...
- Promote recovery – try to help the person heal their injuries.

Day 4/Lesson 4–20Mins

1. Have students write about a time they needed or gave first aid.
2. Provide time the opportunity for them to share their stories.
3. Have them list out the items and equipment that were used in the treatment process

Materials Required

- A first aid kit
- soap
- manikins
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Additional Resources

- [https://www.google.com/url?sa=i&source=images&](https://www.google.com/url?sa=i&source=images&https://www.google.com/url?sa=i&source=images&)
- <https://www.google.com/url?sa=i&source=images&>
- <https://youtu.be/aft2RqR-Fh0>
- <https://youtu.be/laZKPG1OsHM>
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Additional Notes

Assessment Activity

1. List five objects found in a first aid box.
2. Describe how simple first aid can be applied to an injured individual.

2. Ask the students to form two concentric circles.
3. Show the kit and ask them to identify the various items.
4. Ask questions like:
 - When do we use this?
 - Name the materials that are kept inside.

Day 3/Lesson 3–20Mins

1. As briefly explain about first aid as applied to minor accidents and injuries.
2. Include the following points in your instructions: *It is important to stay calm and act fast when you give first aid. Do as required for:*
 - Simple cuts/ wounds: wash the cuts or wounds with water. Clean with cotton soaked in antiseptic solution like Dettol. Cover cuts with clean bandages or gauze.
 - Insect stings: remove stinger with a sharp object. Never pinch it as more of the poison will enter the body. Put ice pack for 10 minutes till burning is reduced. Apply some soothing cream.
 - Nose bleeding: allow the person to calm down. Make the person sit down and lean forward. Hold the nose tightly with fingers. Keep it tightly closed like this for 5-10 minutes.

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4. Students will demonstrate basic first aid for minor accidents
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Summary		