

DRUG ABUSE

3.20.2019

Subject

SOCIAL STUDIES

Prepared By

[Instructor Name]

Grade Level

2

Overview

This lesson plan covers teaching content for:

1. Introduction to drug abuse.
2. Ways to know someone who has abused drugs.
3. How to help someone who has abused drugs.

Objectives

By the end of this unit, students should be able to:

1. Learn how an individual's drug abuse can affect friends and family and become a public health problem for society at large.
2. Identify risk factors and protective factors associated with substance abuse (drugs and alcohol).
3. To discuss what addiction is and the consequences of it.
4. Describe a variety of treatment plans for drug abuse.
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Activity Starter/Introduction

1. Tell the students about the topic and why you are there to talk to them. Tell students that in today's class, they will talk about substance abuse, its impacts and ways they can deal with peer pressure related to substance use and abuse.
2. Additionally, different supports to help them deal with the issue will be addressed
3. Why is understanding the physical effects of drugs important information for teens to have?
4. Are children less likely to abuse drugs when they know the health effects?
5. Students will learn about various drugs (including short and long-term health impacts).

Teacher Guide

Day 1/Lesson 1–10Mins

1. Provide some examples of how abusing drugs harms the brain and body.
2. Excluding the impact of drugs on the body, how else does drug abuse harm a person? Other people?

Guided Practice

Day 2/Lesson 2–20Mins

1. Students will discuss how addiction can impact a person's lifestyle.
2. Ask students to define what addiction is as well as the substances a person can become addicted to.
3. Make sure to include that both drugs and alcohol can be addictive.
4. Students do goal planning and learn how alcohol, tobacco, and other drugs would interfere with completion of these goals or be an obstacle to achievements.
5. Students learn to assess a situation quickly and say no to involvement in activities that are illegal, irresponsible, or contrary to their personal values and beliefs.

Materials Required

- Poster board
- Markers
- Pencils,
- Markers
- crayons
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Additional Resources

- <https://www.canada.ca/en/health-canada/services/use/controlled-illegal-drugs/methamphetamine.htm>
- <https://classroom.kidshealth.org/3to5/problems/drugs>
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Additional Notes

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3. Where do students get their information about the effects of drug abuse?
 4. Explain to students that addiction is an ongoing process. Addiction may present its challenges at different times over many years in a user's life.

Day 3/Lesson 3–20Mins

1. Instruct students to study the poster and information contained on the printable worksheets and then to use this information to complete each activity and participate in class discussions.
2. Explain to students that the poster and printable worksheets present information about how drugs can affect their brains, bodies, and lives.
3. To prevent students from inadvertently using drugs, students are taught about drug names, appearance and harmful effects.

Day 4/Lesson 4–20Mins

1. Students use teacher-supplied materials to create posters illustrating the negative effects of drug abuse.
 2. Students will identify trusted adults to whom they can turn for help with problems.
 3. Students will identify safe ways to deal with situations in which medicines are involved.
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		<div>4. Students will role-play and discuss situations in which they would need to make a decision about medicines</div> <div>5. Students learn the importance of helping others and volunteering in the community.</div>
Assessment Activity <div>1. How are communities affected by individual actions?</div> <div>2. How can society respond to problems that arise from increased drug abuse?</div>		
Summary		