

COMMON ILLNESSES IN THE COMMUNITY

3.20.2019

Subject

SOCIAL STUDIES

Prepared By

[Instructor Name]

Grade Level

2

Overview

This lesson plan covers teaching content for:

1. Names of common illnesses.
2. Symptoms of common illnesses.
3. Causes of common illnesses.
4. Prevention of common illnesses

Objectives

By the end of this unit, students should be able to:

1. Know and describe the common transmission mechanisms for infectious diseases.
2. Identify common infectious diseases.
3. Describe types of prevention and treatment methods for infectious diseases.

Activity Starter/Introduction

1. We all want to live a long, healthy life.
Having a health issue will make it harder for anyone to stay healthy and strong.
2. Eating right, exercising more often, and making the right choices will help you stay healthy.
3. One of the first steps to a healthier life is to understand how certain health issues are a result of unhealthy lifestyle choices.
4. Let the pupils know that they will be learning more about the different diseases and illnesses that are impacting our communities.

Teacher Guide

Day 1/Lesson 1–10Mins

1. Ask the pupils what they know about common diseases.
2. Identify common means of transmission of infectious disease
3. Mention the major classifications of infectious disease and provide one examples each.

Guided Practice

Day 2/Lesson 2–20Mins

1. Ask pupils to write out names of common illnesses and describe anyone that has infected them in the past.
2. Let them also describe the symptoms they had during those periods of illness.
3. Also let them write out what they think might have been the cause of the illness.
4. Have some of them come to the front of the class to present their work.

Day 4/Lesson 4–20Mins

1. Ask the students to show how germs make us sick, how our bodies fight infection, and how vaccines work.
2. In small groups of three, invent a sickness and present the following:
 - Draw what a germ looks like under the microscope.

Materials Required

- Pictures
- Charts
- Community resources
- Health Education Standards
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Additional Resources

- <https://www.youtube.com/watch?v=3phZfvOFcHE>
- <https://www.google.com/url?sa=i&source=images&to-keep-common-monsoon-diseases-easily-at-bay%2>
- <https://www.malariasite.com/life-cycle/>
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Additional Notes

4. Mention the most common diseases to them like:

- Malaria
- Diarrhea
- Cholera
- Dysentery

Day 3/Lesson 3–20Mins

1. Teach them the *“Hand Washing Concept”*.
2. Provide instruction on various aspects of hand washing, including instruction on the spread of bacteria and possible use of hand sanitizers.
3. Encourage students to create reminders of ways to prevent infectious disease and to post them on sticky notes in areas of the home where infectious diseases may be spread (e.g., bathrooms, kitchens, handrails).
4. Teach students the effectiveness of hand sanitizers for preventing the spread of infectious disease.
5. Explain what hand sanitizer products contain, how they work, how to use them, and what their limitations are.

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- Draw how the germ is transmitted or spread. Draw the symptoms of the infection.
 - Explain how the disease can be prevented by the use of a vaccine

3. Ask the pupils questions like:

- Why should we wash our hands?
 - When to wash our hands.
 - How to properly wash hands.
 - What can be done when we are unable to wash our hands properly
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Assessment Activity

1. Identify three common diseases in your community.
2. What are the causes of those illnesses?
3. Explain the symptoms that accompany those illnesses.
4. List some preventive measures taken against those illnesses

Summary
