

DRUGS

Subject

Social Studies

Prepared By

[Instructor Name]

Grade Level

1

Overview

This lesson plan covers teaching content for;

1. The meaning of Drugs
2. The categories of Drugs.

Teacher Guide

Day 1/Lesson 1 – 15Mins

1. Start the class by giving a brief explanation on what a drug is.
2. Drug is any substance other than food which when taken can change the body function.
3. Explain that the ability to get the right description of drugs to use during sickness or illness is a prerequisite of proper healing.

Day 3 /Lesson 3 – 20Mins

1. Explain to the class the different categories of drugs.
2. Lead the pupils by stating the classes and their examples.
3. Lead as follow; there are 3 categories of drugs namely;
 - Legal Drugs
 - Socially acceptable drugs

Guided Practice

Day 2/Lesson 2- 15Mins

1. Ask the class some questions about drugs and have a class discussion.
2. What are the drugs that are good for your body and help you when you are sick?
3. What are the drugs that are bad for your body and can make you very sick?
4. Why do people take drugs? What do drugs do to your body?
5. How do you use medicines safely?
6. What would you do if someone asked you if you wanted to try, a drug that you knew was bad for you?
7. Who can you ask for help in this situation?

Day 4/Lesson 4 -10 Mins

1. Have pupils look at pictures of different categories of drugs, identify them and differentiate between legal and illegal drugs.
2. Pupils watch a video clip of a particular drug as it heals particular sickness.
3. Ask them to mention the benefit of drug based on what they saw in the video.

Materials Required

- Real drugs
- pictures of drugs
- resource person
- video clip

Additional Resources

- <https://www.addictionisreal.org/blc-drugs-with-kids-in-elementary-scho>
- <http://headsup.scholastic.com/teac>
- <http://www.strongbonds.jss.org.au/>
- <https://www.bestdrugrehabilitationresources/lessons-activities-teachin-abuse/>
- <http://headsup.scholastic.com/teac-education-activities>

Additional Notes

Objectives

Students will be able to:

1. Define a drug.
2. Mention at least three (3) categories of drugs.
3. Identify safe ways to deal with situations in which medicines are involved.
4. Role-play and discuss situations in which they would need to make a decision about medicines.

Information/Instruction

1. A drug is a chemical that is used to treat, cure, or prevent a disease or sickness.
2. Many drugs, or medicines, are good for you when you

	Teacher Guide	Guided Practice
<p>need them.</p> <p>3. There are many other drugs that are illegal or can make you sick if you don't take them properly.</p> <p>4. There are varieties of drugs for the cure of different sicknesses or illness.</p> <p>5. Getting the best benefits for each drug and its ability to tackle illness requires knowledge of what each drug does.</p>	<ul style="list-style-type: none"> • Illegal drugs <p>4. Have a resource person e.g. pharmacist give a lecture on the categories of drugs and how it is important to know when to use a particular type of drug.</p>	
<p>Assessment Activity</p> <p>1. Explain the meaning of drug.</p> <p>2. Mention categories of drugs.</p>	<p>Assessment Activity</p> <p>3. What is the prerequisite for proper healing?</p> <p>4. How should you use drugs?</p>	
<p>Summary</p>		