

Additional Notes

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2. The teacher is going to read a list of relationship situations. After each relationship situation, raise your red flag if you think the behavior is unhealthy in any way.
 3. First situation - A conversation with a friend who just confided that her boyfriend smacked her in anger last night. What would you say to her if she says it did not hurt that much and was no big deal? What would you say if she said it was her fault for making him angry? What would you say if she said her boyfriend said he was sorry and that it would not happen again?
 4. Second situation - Role-play a conversation between two male friends, one of whom saw the other yell at his girlfriend and push her against a wall at a party. Make it clear that the witness to the abuse does not approve of what his friend did.
 5. Let students give reasons for the raise of flags.
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to support him but Tasneem tells him that she can't come because she has a meeting that night. Kato is disappointed, and wishes that Tasneem would just forget about her meeting and come to the game anyway. But, he knows that the meeting is as important to Tasneem as soccer is to him. Kato tells Tasneem that it would really mean a lot to him if she came to the game, and Tasneem agrees to come to the second half, after her meeting is over. Kato is happy that she can come to the 2nd half and understand that Tasneem also has an important commitment on that same day".

6. Ask, "Do you think this is a healthy or unhealthy relationship? Why?"

Guided Practice

Day 3/ Lesson 4: 20mins

1. Explain the dangers of unhealthy relationships.
 2. List the dangers which includes:
 3. Involvement in risky sexual behaviours (especially premarital sex) can promote STDs (sexually transmitted diseases) like HIV/AIDS and gonorrhoea.
 4. It can lead to unwanted pregnancies.
 5. Children can be influenced into taking illegal drugs. They can also be used in selling these illegal drugs on the streets.
 6. It can lead to a sudden break in the boy or girl's education.
 7. Death or infertility can occur to those trying to terminate unwanted pregnancies.
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Assessment Activity

Assess if pupils can

1. List three characteristics of a healthy relationship.
2. List three ways to support a friend who is being abused.
3. List 2 dangers of unhealthy boy-girl relationship.

Summary

1. A healthy boy-girl relationship is a kind of relationship that will not put either the boy or the girl in social, health, psychological or physical problem now or in the future.
 2. It is a mutual relationship free of premarital sex.
 3. It ensures that they behave properly and understand the changes in their bodies and emotions as they move into puberty.
 4. It also prepares them for the future to become responsible adults and good partners when they are ready for marriage.
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