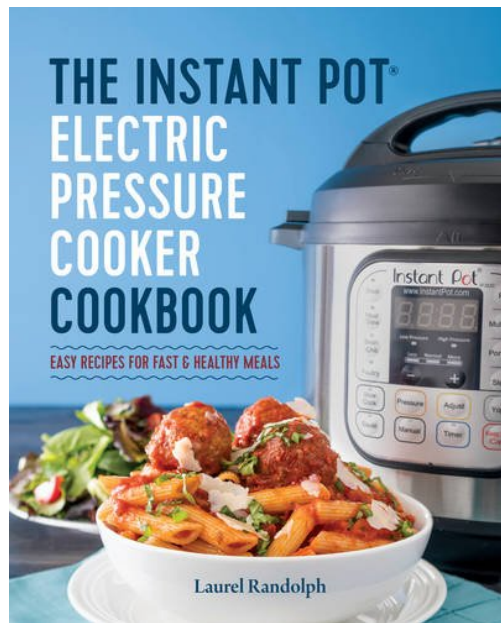


Epub Download The Instant Pot® Electric Pressure Cooker Cookbook: Easy Recipes for Fast Healthy Meals Read Online

Read or Download Now by Click Image below,!



Book details

- Author : Laurel Randolph
- Pages : 176 pages
- Publisher : Rockridge Press 2016-04-06
- Language : English
- ISBN-10 : 1623156122
- ISBN-13 : 9781623156121

Book Synopsis

Make Meal Planning A Cinch With Healthy, Family-Friendly Pressure Cooker Recipes Maybe you already own an Instant Pot®•but do you realize all that your pressure cooker can achieve? Are you ready for the perfect electric pressure cookbook companion for your Instant Pot®? With The Instant Pot® Electric Pressure Cooker Cookbook, you™ll explore an inspiring variety of healthy, easy-to-make pressure cooker recipes•from savory breakfasts to hearty stews to decadent desserts, and more. Packed with nutritious, family-friendly pressure cooker recipes•plus vegetarian, gluten-free, and Paleo-friendly options•The Instant Pot® Electric Pressure Cooker Cookbook is your go-to guide for fuss-free, all-in-one cooking. Unlock the endless possibilities for creating a wide range of delicious one-pot dishes, with:

- No-fuss meals: discover 100+ pressure cooker recipes using only wholesome, healthy ingredients
- Low-maintenance: prep times, pressure levels, and cooking times accompany each recipe
- Handy prep labels: from super-fast meals (20-minutes-or-less) to longer prep times (45-minutes-or-less to one-hour-or-longer) to kid-friendly dishes
- No pressure pressuring tips: Instant Pot® tips and techniques help you master your skills