

File Carving using Foremost

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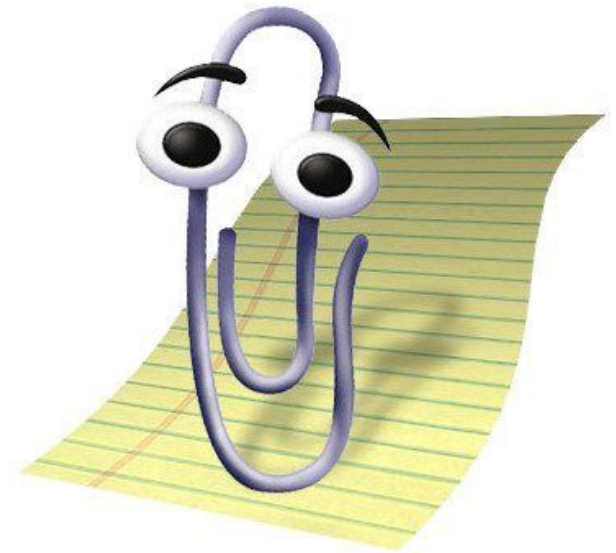
What is File Carving?

- Process to recover deleted or fragmented files
- Recovery technique
 - Contents and structures > file system structures
- Commonly used in digital forensics
 - Best for cybercrimes
 - *Collecting and restoring evidence*
 - *Recovering corrupt or missing files*



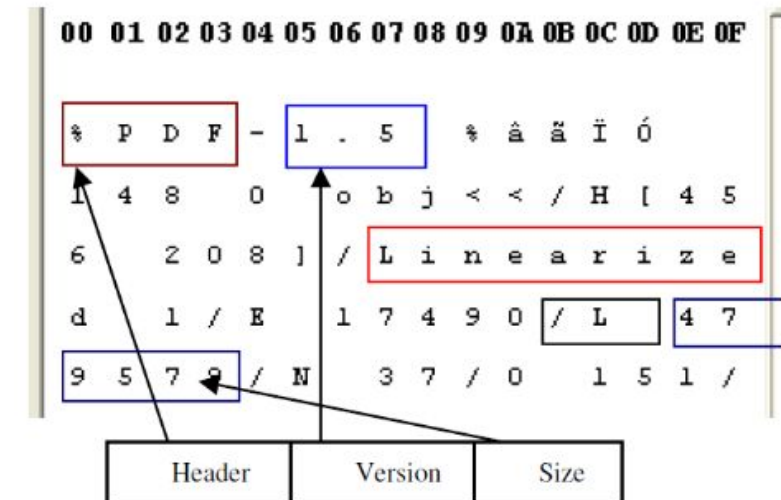
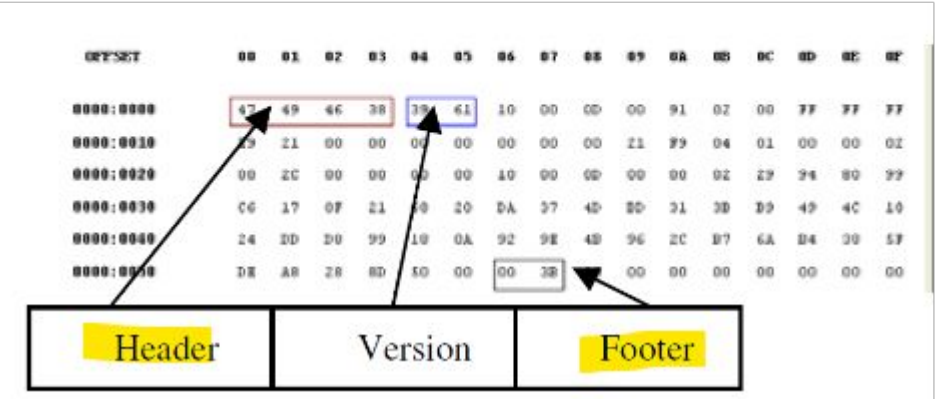
Common Techniques

- Header-Based Carving
- File Structure Based Carving
- Content Based Carving



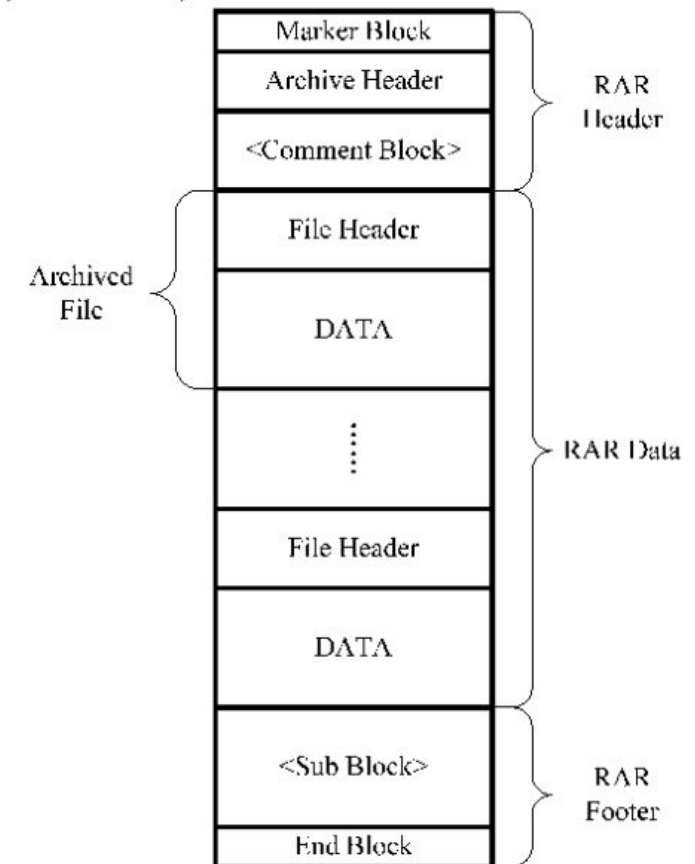
Header-Based Carving

- Header
 - First few bytes of data
- Footer
 - Last few bytes of data
- Header-footer based carving
- Header-maximum size carving
 - *If there is no footer, then a maximum file size is used*



File Structure Based Carving

- Internal layout of a file must be known
- Basic Elements
 - Header
 - Footer
 - Identifier strings
 - Size information



Content Based Carving

- Identification of files
- Headers, footers, or known file signatures are optional
- Characteristics
 - Character count
 - Text/Language Recognition
 - Information Entropy



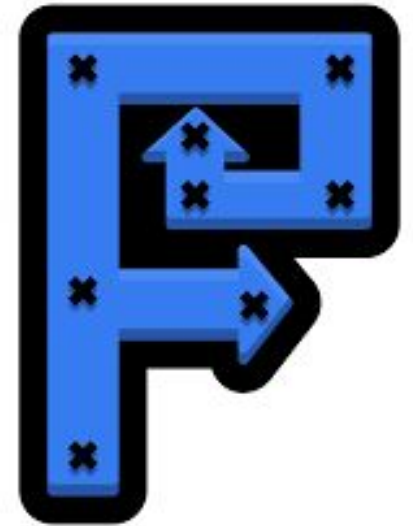
File Carving vs Data Carving

- File Carving
 - Specific in identifying and extracting known file types
- Data Carving
 - Broader approach for recreating deleted raw data



Foremost

- A Kali Linux tool used to recover files on their headers, footers, and internal data structures of a bit-stream image file of a drive or directly on a drive
- Designed for:
 - Digital forensics
 - Security auditing
 - Penetration testing
- Demonstration: using Foremost on a bit-stream image of a USB



Demo

```
FOREMOST(8)                      System Manager's Manual                      FOREMOST(8)

NAME
    foremost - Recover files using their headers, footers, and data structures

SYNOPSIS
    foremost [-h] [-V] [-d] [-vqwQT] [-b <blocksize>] [-o <dir>] [-t <type>] [-s <num>] [-i <file>]

BUILTIN FORMATS
    Recover files from a disk image based on file types specified by the user using the -t switch.

    jpg    Support for the JFIF and Exif formats including implementations used in modern digital cameras.

    gif

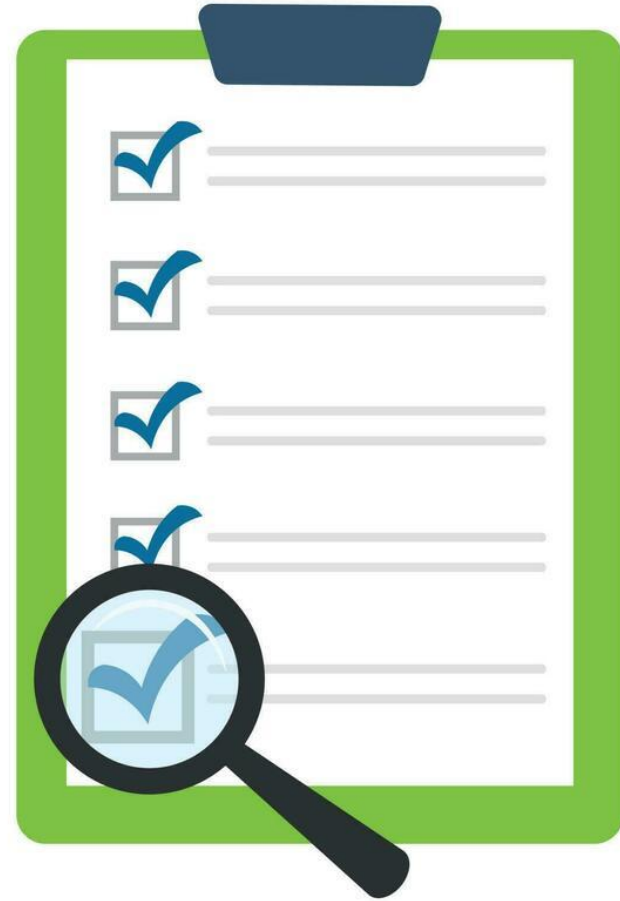
    png

    bmp    Support for windows bmp format.

    avi
```

Summary

- File Carving
- Common Techniques
 - Header-Based File Carving
 - File Structure Based File Carving
 - Content Based Carving
- File Carving vs Data Carving
- Foremost
 - Demo



Thank you!

Any questions?