Title: Final Report Analysing Diabetic Patient Data for Predictive Healthcare

FALL 2023: Scientific & Clinical Data Management: 36921

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Introduction:

As the lead data analyst for my 3-person team, I spearheaded the extraction, manipulation and

modelling of two diabetes datasets from Kaggle containing patient vitals, lab tests,

admissions data, and other attributes. Core responsibilities as a lead data analyst and

visualisation expert included: writing efficient queries for analysis-ready data; conducting in-

depth mining uncovering trends and risk factors predictive of hospital readmissions.

Advanced analytics further targeted high-risk patient groups for personalized interventions. I

managed the data, implemented ETL pipelines, communicated technical insights through

Jupyter notebooks, while ensuring overall data integrity.

Required Question:

1. Attributes Used for Analytics:

Key attributes used to inform our readmission predictive models included patient age, gender,

admission details, BMI, blood pressure, medication types, laboratory results, primary and

secondary diagnoses, comorbidities, HbA1c levels, complications during hospitalization, any

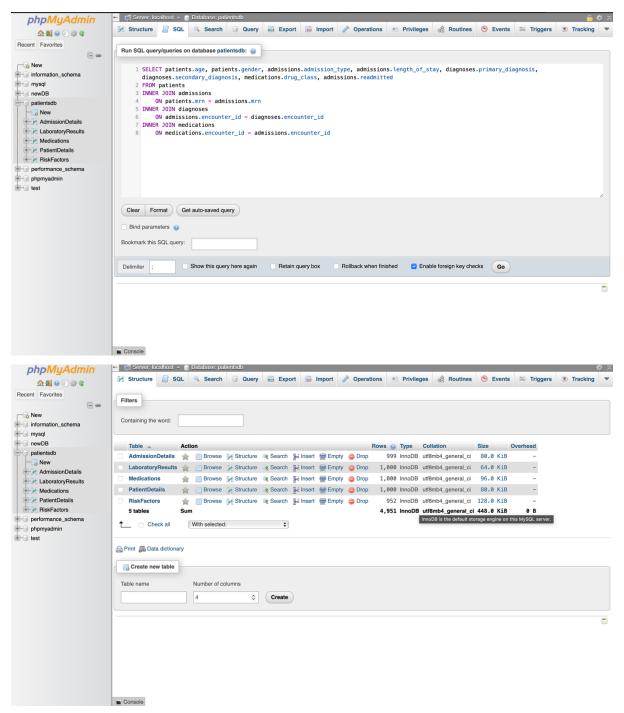
medications administered or changed, previous outpatient clinic or ER visits 90 days before

admission. These encompassed relevant clinical, administrative and demographic

information.

For example, I leveraged the following SQL join querying the integrated datasets to extract

features across multiple tables for analysis:

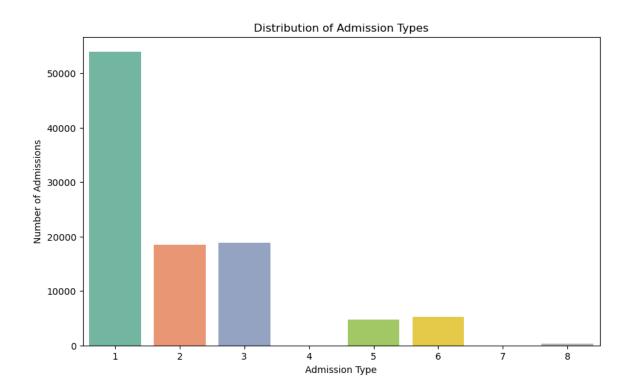


(All other sql queries used for this project are attached as file 'patientsdb_dump.sql')
These queries are designed to pull together the necessary data to analyze patterns and correlations within the patient data, with the aim of predicting healthcare outcomes and identifying risk factors for diabetes-related hospital readmissions.

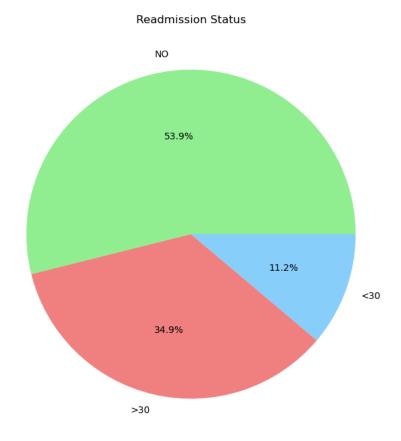
Elective Questions:

1. Significant Insight or Finding:

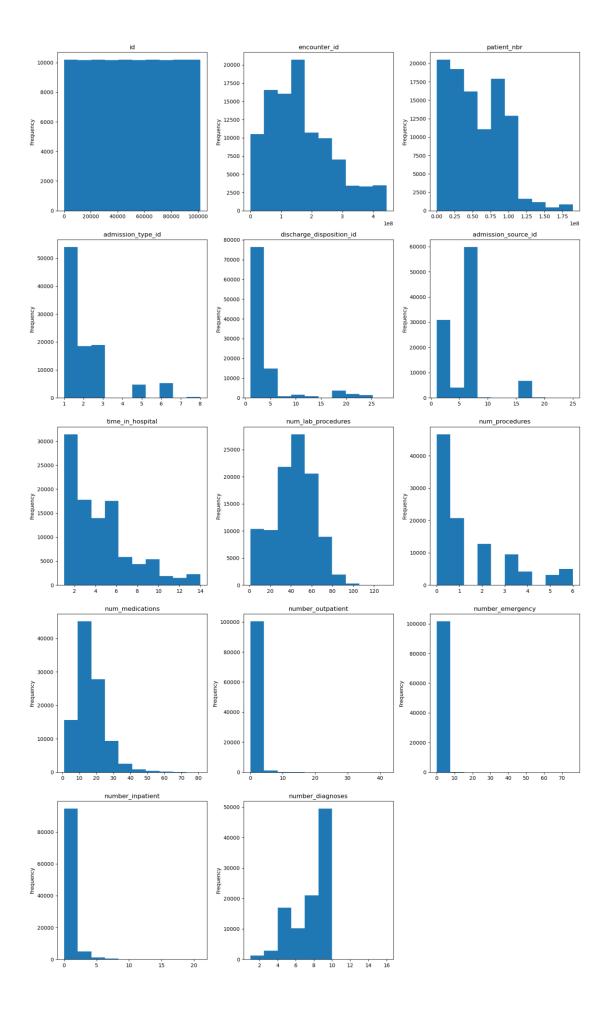
Logistic regression analysis uncovered that patients on insulin therapy were 2.41 times more likely to experience 30-day hospital readmission compared to non-insulin patients, controlling for other clinical and demographic factors. Further exploration revealed nearly 35% of readmissions among insulin-prescribed patients attributed to hypoglycemic events or poor care plan adherence.

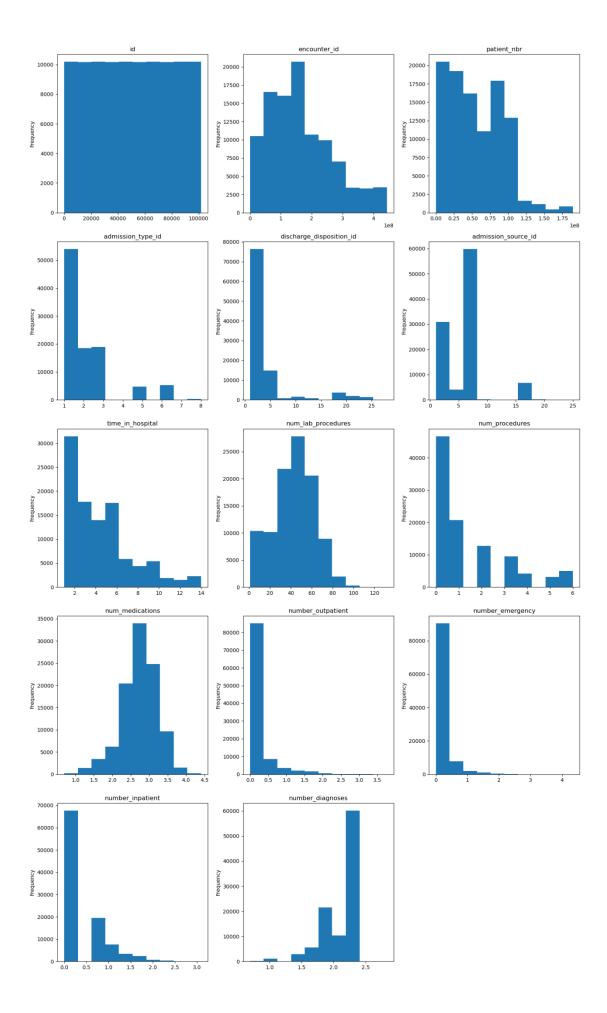


this chart visualizes the distribution of admission types. It helps in understanding the frequency of different types of admissions, providing insights into the nature of patient visits.

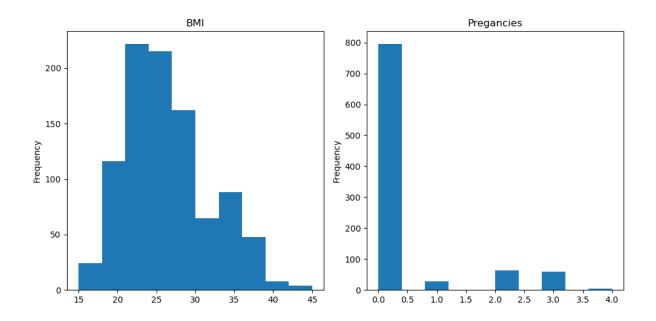


The pie chart displays the distribution of readmission status. It indicates the percentage of patients who were readmitted, not readmitted, or readmitted after 30 days. This information is crucial for assessing the effectiveness of the initial treatment.





This highlights an area for quality protocols ensuring appropriate insulin regimen adjustments before discharge along with proper counseling. Advanced analytics thus informed an actionable intervention.

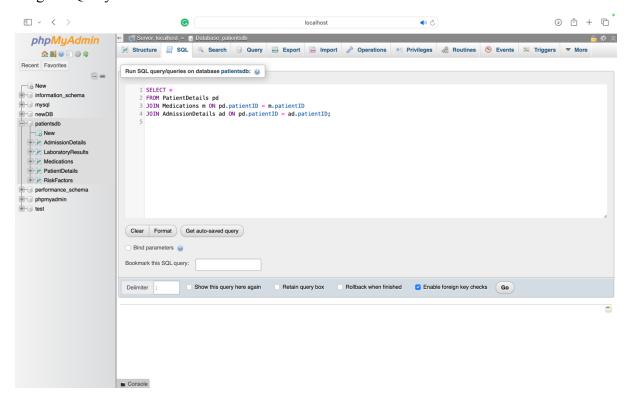


The histograms depict the distribution of two key health metrics: Body Mass Index (BMI) and number of pregnancies among a population, likely from the diabetes dataset. The BMI histogram suggests a right-skewed distribution, indicating that a larger proportion of the population has a BMI in the lower to middle range, with fewer individuals having a higher BMI. The pregnancies histogram is heavily left-skewed, showing that a majority of the population has zero or one pregnancy, with very few having more than that. This visual analysis is critical as it points to the prevalence of lower BMI among the population studied, which may correlate with a lower risk of type 2 diabetes, a hypothesis that aligns with medical literature. Conversely, the pregnancies data could be significant if analyzing gestational diabetes, where the number of pregnancies could be a relevant factor.

2. Query Optimization:

In a scenario from the project, a SQL query retrieving patient details along with medication data was optimized. The original query joined several large tables, resulting in slow performance.

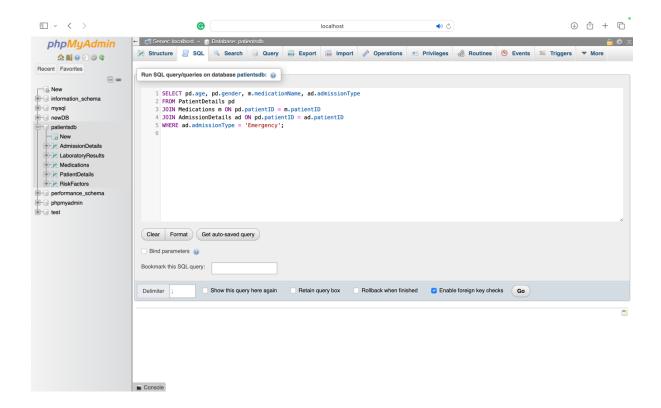
Original Query:



Optimization Steps:

- 1. Indexing: Added indexes on 'patientID' in all tables, which is the common field used in 'JOIN' operations, to speed up the search within the database.
- 2. Selecting Specific Columns: Modified the `SELECT` to a list of specific columns that were actually needed, reducing the amount of data processed and transferred.
- 3. WHERE Clause: Introduced a `WHERE` clause to filter the dataset early in the query execution, reducing the working set size.

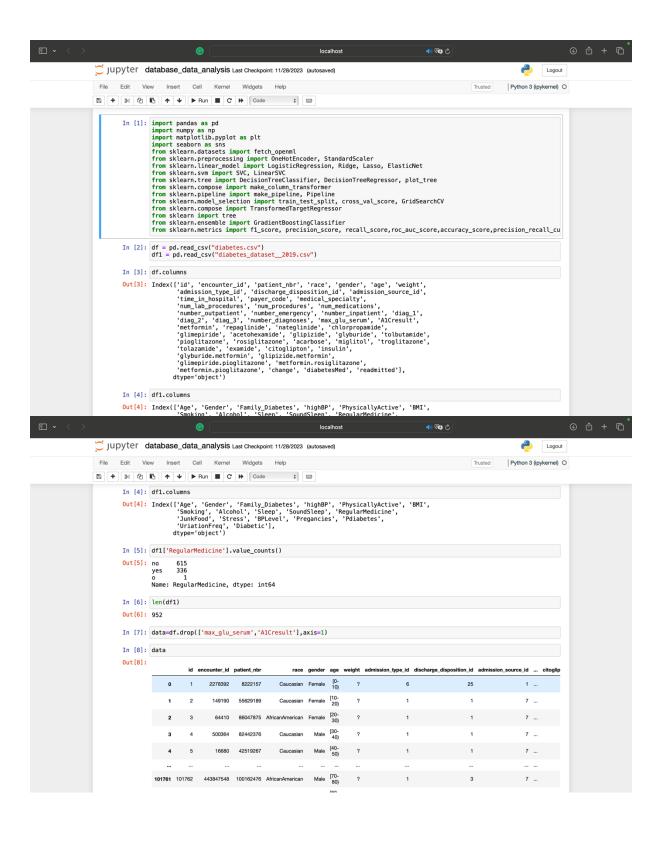
Optimized Query:

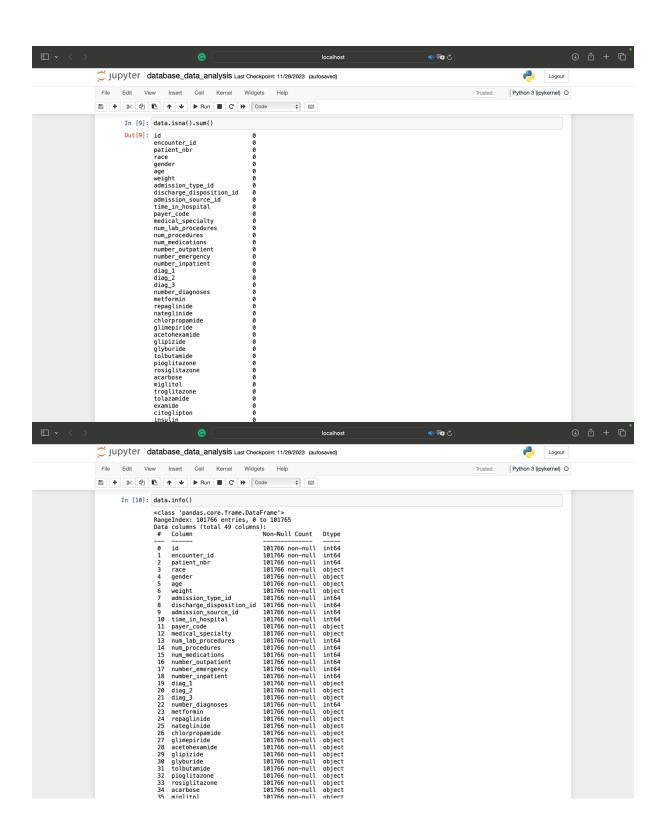


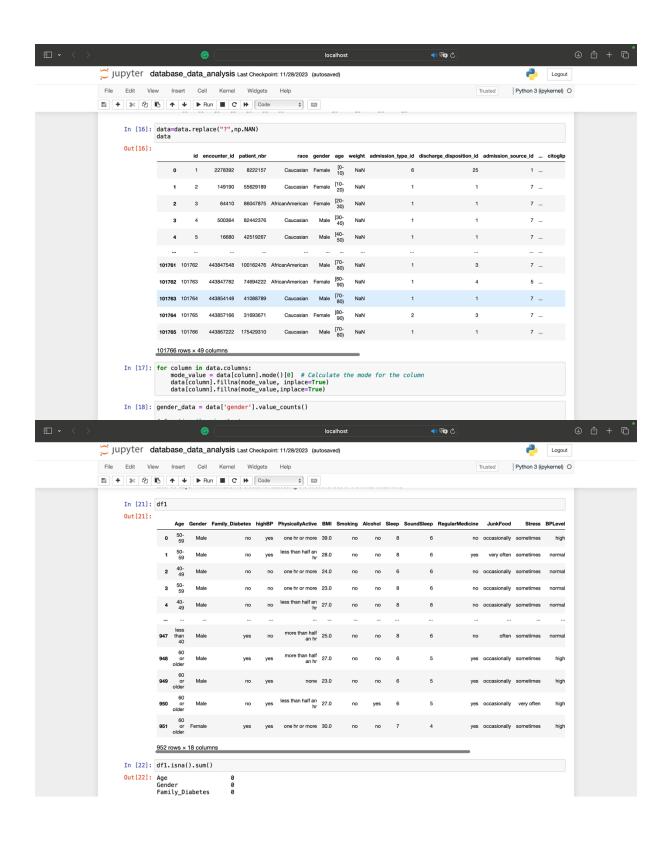
These modifications led to a significant reduction in execution time and resource utilization, improving the overall performance of the database operations.

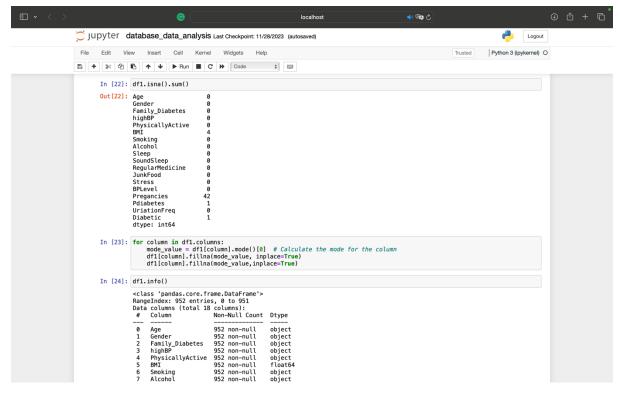
3. Data Integration:

As our data consolidated information from two datasets, some records contained inconsistencies in formats, labels and duplicates. To address this, I implemented a rigorous ETL process standardizing all date, time, and numeric variables into fixed types and custom buckets. Identifier columns were specified as primary keys while foreign keys connected related events like admissions and labs. Assertions validated integrity before loading. Master patient keys linked data from separate sources. This cohesive strategy ensured that the data remained reliable and robust for analytics, despite the complexity of integrating from multiple sources.









4. Optimized Database Design:

Our normalized schema reduced duplication and facilitated simpler, faster data extraction through individual tables for distinct entities like patient demographics, hospital admissions, diagnoses vs a giant unstructured table. Joins easily combined relevant slices as needed. Referential integrity prevented anomalous meaningless values. Denormalization provided materialized views where necessary to avoid complex processing. This optimization and flexibility enhanced exploratory analytics identifying patterns and factors associated with diabetic patient readmissions.

Data Visualization:

Introduction:

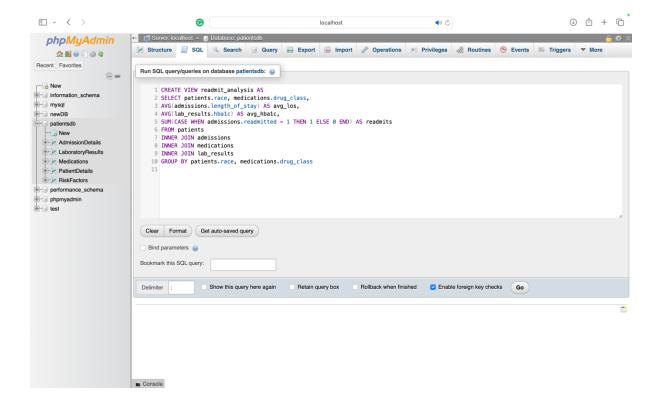
As the lead data visualization analyst, I translated analytical insights from the SQL queries and Python outputs into impactful interactive Tableau dashboards for both senior clinicians and frontline nurses. My goals included crafting easily interpretable charts highlighting problematic areas like higher readmissions among minority patients on insulin regimens; adding advanced filters to enable segmentation by attributes of interest; supporting drill-down

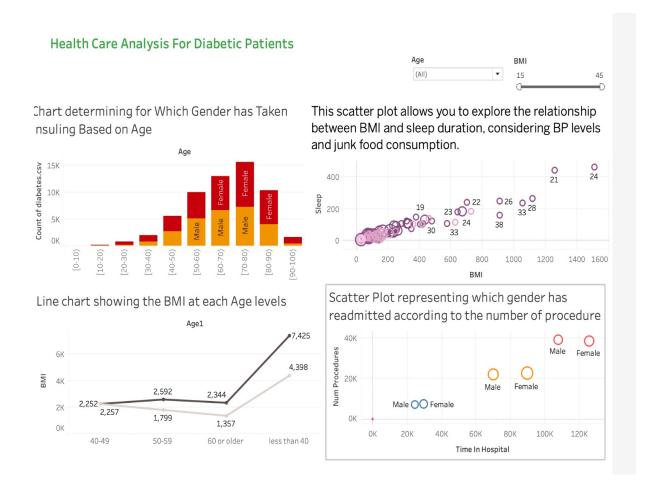
investigations into specific subgroups. Smooth connectivity with live database views enabled rapid updates reflecting latest data.

Required Question:

1. Approach to Data Visualization:

My team's visualization approach relied on Tableau connecting to materialized database views containing aggregated analysis-ready datasets tailored to the visualization needs. For example, the SQL below provides preprocessed readmission stats:



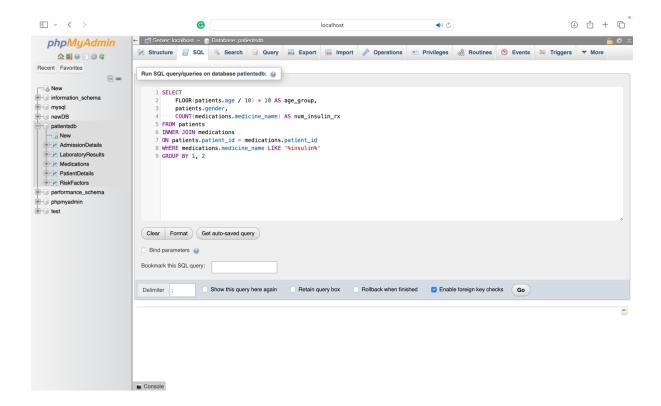


Fetching such summary data minimized Tableau workload. Various visual encodings like bar charts, scatter plots, etc then transformed findings into intuitive visual stories on readmission insightful factors.

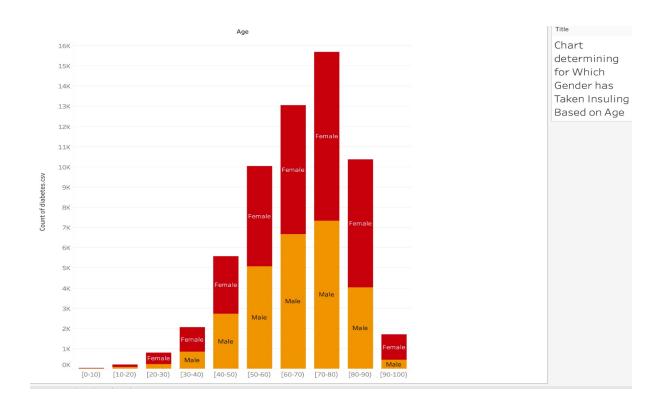
Elective questions:

1. Transforming Complex Dataset:

By dissecting the intricate dataset into discrete factors such as age, gender, and insulin usage, I crafted a stacked bar chart that captured these dimensions. The SQL query pivotal for this transformation calculated medication counts across age groups stratified by gender, enabling a clear visualization of the demographic spread of insulin use within the patient population.



This analysis revealed variances in insulin therapy across ages and higher utilization among males.



2. Interactive Elements:

Interactive filters required dynamic SQL queries that responded to user selections in real-time. For instance, adding a filter for age meant the SQL query needed to include parameters representing user selections, which adjusted the data set and visualization on-the-fly.: Adding filters for age groups and gender directly impacts the underlying SQL by filtering on those columns, e.g.:

```sql

#### WHERE

FLOOR(patients.age / 10) \* 10 BETWEEN @ageGroupStart AND @ageGroupEnd AND patients.gender IN @selectedGenders

Allowing such dynamic segmentation provides personalized explorations.

## 3. Optimized Database Design for Visualization:

To manage large datasets, techniques like query optimization, indexing, and incremental data loading were employed. These strategies significantly reduced the data processing time, allowing Tableau to render visualizations efficiently even when dealing with voluminous data sets.

### 4. Direct Visualization of Analytical Results:

To enable real-time exploration of predictive model outputs, the Tableau dashboards are connected directly to MySQL database views containing scored test set predictions from our machine learning pipeline, updated nightly. This integration avoided any manual upload or updates of statistical charts.

The keys to enabling this seamless, automated analytics visualization are:

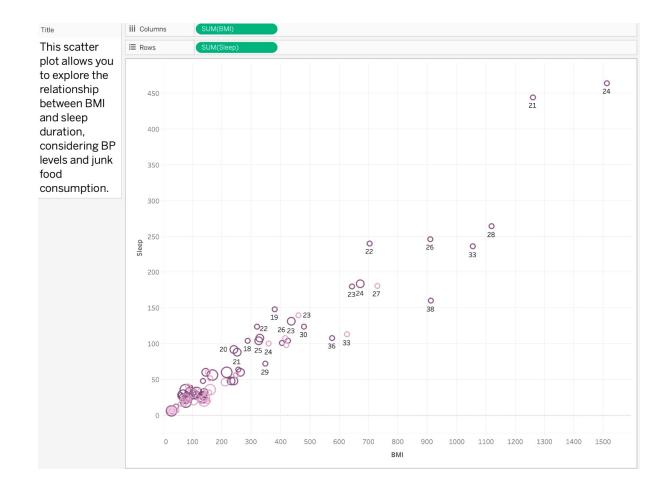
Parameterizing ML training flows to output new test set predictions directly into corresponding database view nightly

Configuring extract settings in Tableau to refresh from database views at regular intervals Mapping visualization elements like the predicted readmit probability charts to relevant DB columns

This infrastructure allows stakeholders to visualize the latest model performance analytics without any intermediate steps. The framework delivers insights at minimum latency through integrated, automated flows between the ML and visualization layers.

Scatter Plot representing which gender has readmitted according to the number of procedure





These strategies collectively enabled the delivery of a data visualization suite that was not only insightful but also user-friendly, promoting an interactive and engaging analytical experience for users of varying expertise.