



Says

What have we heard them say?  
What can we imagine them saying?



Thinks

What are their wants, needs, hopes, and dreams?  
What other thoughts might influence their behavior?



I have him say,is correct. You heard in the past,but during that past time he was saying it in the present.

I saw him give an envelope to the women.

According to Oxford,it is the faculty or action.

Writers are always creating something that was not the before.

It can be anything.it can be everything have you seen who you're going to be 5 years from now

Behavior is affected by factors relating to the person,including physical factors age,health,illness,pain culture, friends, life events.

That's pretty much me right now.my hope is to become a remote developer and go back to my village

But i know that I want to keep learning, growing, and exploring new opportunities who knows,maybe one day ill develop an app

I have a fixed plan for my life for the new few years. I am very well aware that plans change but it does help to have a list of goals to achieve

My biggest commitment to my self is,makes no promise or goals but deliver my best in any situation

This helped me tremendously as I do not feel pressured by the goals, to me, goals are like a cage,you any obstacle.

If you are trying to save money while being in debt,it can feel overwhelming,but with some small changes in savings even if you have debt.

Postures,movement, nonverbal and verbal behavior all can be observed, watching people, seeing their behaviors,lookin at their performance many reasons.

Self observation is a person's ability to isolate aspects of themselves from Emerson in their ongoing life, the observer and the observed.

Cognitive scientists hypothesize that our ability to imagine is the result of something called a mental workplace a neural network of the brain

You use your thoughts to imagine a certain out come,and what you will do to get itvisualation is an important element of the law of Attraction your life whatever you focus on.



Does

What behavior have we observed?  
What can we imagine them doing?



Feels

What are their fears, frustrations, and anxieties?  
What other feelings might influence their behavior?